

### **Abstract**

This report addresses different numerical methods for solving a six-dimensional integral. The integral of interest is the energy between two electrons in a helium atom repelling each other due to the Coulomb interaction. We assume that the wave function for each electron can be modelled like the single-particle wave function of an electron in the hydrogen atom. The integral is solved with Gaussian-Quadrature with Legendre and Laguerre polynomials, as well as two approaches to the Monte Carlo method. The standard deviation of these solutions are also calculated. We find that while Gauss-Laguerre and Gauss-Legendre have different areas of performance, Monte Carlo integration is an overall better numerical integral solver - at least for multi-dimensional integrals.