## Abstract

This paper addresses different methods for solving a sixdimensional integral in a brute force way. The integral of interest is of the wave function for a helium atom in order to determine the ground energy between its two electrons. We will assume that the wave function for each elektron can be modelled like the single - particle wace function of an electron in the hydrogen atom. The function appears in several quantum mechanical applications and the methodes used to solve it are widley used when computing numerically.