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Salt Lake City, UT 84112

PROFESSIONAL APPOINTMENTS

Assistant Professor

Cognitive Neuroscience
Department of Psychology
Colorado State University

Incoming January 2026

EDUCATION AND TRAINING

Postdoctoral Research Fellow

Cognition and Neural Science
Department of Psychology
University of Utah

2023-2025

Ph.D. in Psychology, Cognition and Neural Science

Designation in Teaching in Higher Education
University of Utah

2020-2023

M.S. in Psychology, Cognition and Neural Science

University of Utah

2018-2020

B.S. in Psychology, Neuroscience Concentration

Minor in Faith, Peace, and Justice
Boston College

2011-2015

RESEARCH INTERESTS

I study human cognition in the laboratory, technology-mediated, and real-world contexts. In one line of research, I utilize electrocardiography (ECG), scalp electroencephalography (EEG), intracranial electroencephalography (iEEG), and virtual reality (VR) to study the psychophysiological effects of immersion in nature on attention, affect, stress, and psychological well-being. In another line of research, I utilize ECG, EEG, driving simulation, and on-road, naturalistic methods to explore driver workload, arousal, and visual engagement when multitasking behind the wheel and operating autonomous vehicles. My work has significant implications for public health, urban design, environmental psychology, health psychology, human factors/engineering psychology, and human-automation interactions. I am interested in the continued development of mobile psychophysiological methods and data fusion techniques for reliably assessing cognition in the real-world and am passionate about translating my research into tangible impact in my community.

PUBLICATIONS

[†]Contributed equally

Garcia, L., **McDonnell, A. S.**, & Elmalaki, S. (In Press). Human modeling gaps: Safety, security, and privacy risks in automated driving. *Proceedings of the 3rd EAI International Conference on Security and Privacy in Cyber-Physical Systems and Smart Vehicles*, X-X.

Mahmoodzadeh, M., Sunil, S., Pillai, P., Biondi, F. N., Strayer, D. L., Cooper, J. M., **McDonnell, A. S.**, Balasingam, B. (2025). Temporal analysis of cognitive workload during manual and partial driving automation levels based on the detection response task. *Proceedings of the IEEE International Symposium on Industrial Electronics*, 1-5. <https://doi.org/10.1109/ISIE62713.2025.11124598>

- McDonnell, A. S.**, LoTemplo, S. B., Scott, E. E., & Strayer, D. L. (2025). Nature images are more visually engaging than urban images: Evidence from neural oscillations in the brain. *Frontiers in Human Neuroscience*, 19, 1-12. <https://doi.org/10.3389/fnhum.2025.1575102>
- Collins, S. A., **McDonnell, A. S.**, Scott, E. E., McNay, G. D., Shannon, M. F., Augustin, L., Hoffman, N., Johnson, S., Strayer, D. L., & LoTemplo, S. B. (2025). Nature imagery's influence on ERN amplitude: An examination of attention restoration theory using EEG. *Frontiers in Human Neuroscience*, 19, 1-15. <https://doi.org/10.3389/fnhum.2025.1567689>
- McDonnell, A. S.**, LoTemplo, S. B., Scott, E. E., McNay, G. D., Greenberg, K., Castro, S. C., & Strayer, D. L. (2025). Immersion in nature decreases neural sensitivity to extrinsic reward. *Journal of Environmental Psychology*, 102, 102546. <https://doi.org/10.1016/j.jenvp.2025.102546>
- McDonnell, A. S.** & Strayer, D. L. (2024). The influence of a walk in nature on human resting brain activity: A randomized controlled trial. *Scientific Reports*, 14, 1-12. <https://doi.org/10.1038/s41598-024-78508-x>
- Lohani, M., Cooper, J. M., **McDonnell, A. S.**, Erickson, G. G., Simmons, T. G., Carriero, A. E., Crabtree, K. W., Strayer, D. L. (2024). Reliable but multi-dimensional cognitive demand in operating partially automated vehicles: Implications for real-world automation research. *Cognitive Research: Principles and Implications*, 9(60), 1-9. <https://doi.org/10.1186/s41235-024-00591-5>
- Alley, J. C., **McDonnell, A. S.**, & Diamond, L. M. (2024). Early adversity and sexual diversity: The importance of self-reported and neurobiological sexual reward sensitivity. *Scientific Reports*, 14(8717), 1-13. <https://doi.org/10.1038/s41598-024-58389-w>
- McDonnell, A. S.** & Strayer, D. L. (2024). Immersion in nature enhances neural indices of executive attention. *Scientific Reports*, 14(1845), 1-15. <https://doi.org/10.1038/s41598-024-52205-1>
- Sanbonmatsu, D. M., Crabtree, K. W., **McDonnell, A. S.**, Cooper, J. M., & Strayer, D. L. (2024). Automated driving experiences, attention, and intentions following extensive on-road usage of a level 2 automation vehicle. *Journal of Safety Research*, 90, 199-207. <https://doi.org/10.1016/j.jsr.2024.05.002>
- Biondi, F. N., **McDonnell, A. S.**, Cooper, J. M., & Strayer, D. L. (2024). Using the ISO Detection Response Task to measure the cognitive load of driving four separate vehicles on two distinct highways. *Transportation research Part F: Psychology and Behaviour*, 102, 260-269. <https://doi.org/10.1016/j.trf.2024.02.013>
- Cooper, J. M., Crabtree, K. W., **McDonnell, A. S.**, May, D., Strayer, S. C., Tsogtbaatar, T., Cook, D. R., Alexander, P. A., Sanbonmatsu, D. M., & Strayer, D. L. (2023). Driver behavior while using Level 2 Vehicle Automation: A hybrid naturalistic study. *Cognitive Research: Principles and Implications*, 8(1), 1-19. <https://doi.org/10.1186/s41235-023-00527-5>
- McDonnell, A. S.**, Crabtree, K. W., Cooper, J. M., & Strayer, D. L. (2023). This is your brain on Autopilot 2.0: The influence of practice on driver workload and engagement during on-road, partially-automated driving. *Human Factors*, 66(8), 2025-2040. <https://doi.org/10.1177/00187208231201054>
- LoTemplo, S. B., **McDonnell, A. S.**, Nadkarni, N., Walker, S., Gallegos-Riofrio, C. A., Scott, E. E., Bettmann, J. E., Rojas-Rueda, D., Dahl, J., Tomasso, L. P., Lawler, J., Davalos, D., & Strayer, D. L. (2023). Healthy by nature: Policy practices aimed at maximizing the human health benefits of nature contact. *Policy Insights from the Behavioral and Brain Sciences*, 10(2), 247-255. <https://doi.org/10.1177/23727322231197578>
- Biondi, F. N., **McDonnell, A. S.**, Mahmoodzadeh, M., Jajo, N., Balasingam, B., & Strayer, D. L. (2023). Vigilance decrement during on-road partially-automated driving across four systems. *Human Factors*, 66(9), 2179-2190. <https://doi.org/10.1177/00187208231189658>

- LoTemplo, S. B., Lopes, C. L., **McDonnell, A. S.**, Scott, E. E., Payne, B. R., & Strayer D. L. (2023). Updating the relationship of the Ne/ERN to task-related behavior: A brief review and suggestions for future research. *Frontiers in Human Neuroscience*, 17, 1-21. <https://doi.org/10.3389/fnhum.2023.1150244>
- Scott, E. E.[†], Crabtree, K. W.[†], **McDonnell, A. S.**, LoTemplo, S. B., McNay, G. D., & Strayer, D. L. (2023). Measuring affect and complex working memory in natural versus urban environments. *Frontiers in Psychology*, 14, 1-11. <https://doi.org/10.3389/fpsyg.2023.1039334>
- McDonnell, A. S.**, Imberger, K., Poulter, C., & Cooper, J. M. (2021). The power and sensitivity of four core driver workload measures for benchmarking the distraction potential of new driver vehicle interfaces. *Transportation Research Part F: Traffic Psychology and Behaviour*, 83, 99-117. <https://doi.org/10.1016/j.trf.2021.09.019>
- McDonnell, A. S.**, Simmons T. G., Erickson, G. G., Lohani, M., Cooper J. M., & Strayer, D. L. (2021). This is your brain on Autopilot: Neural indices of driver workload and engagement under partial vehicle automation. *Human Factors*, 65(7), 1435-1450. <https://doi.org/10.1177/00187208211039091>
- Lohani, M., Cooper J. M., Erickson, G. G., Simmons, T. G., **McDonnell, A. S.**, Carriero, A. E., Crabtree, K. W., & Strayer, D. L. (2021). No difference in arousal or cognitive demands between manual and partially automated driving: A multi-method on-road study. *Frontiers in Neuroscience*, 15, 627. <https://doi.org/10.3389/fnins.2021.577418>
- Scott E. E., **McDonnell, A. S.**, LoTemplo, S. B., Uchino, B. N., & Strayer, D. L. (2021). Toward a unified model of stress recovery and cognitive restoration in nature. *Parks Stewardship Forum*, 37, 46-60. <https://doi.org/10.5070/P537151710>
- LoTemplo, S. B., Scott, E. E., **McDonnell, A. S.**, Hopman, R. J., Castro, S., McNay, G. D., McKinney, T. L., Greenberg, K., Payne, B. R., & Strayer, D. L. (2020). Nature as a potential modulator of the error-related negativity. *International Journal of Psychophysiology*, 156, 49-59. <https://doi.org/10.1016/j.ijpsycho.2020.06.014>
- Scott, E. E., LoTemplo, S. B. **McDonnell, A. S.**, McNay, G. D., Greenberg, K., McKinney, T. L., Uchino, B. N., Strayer, D. L. (2020). The autonomic nervous system in its natural environment: Immersion in nature is associated with changes in heart rate and heart rate variability. *Psychophysiology*, e13698. <https://doi.org/10.1111/psyp.13698>.
- Lohani, M., Cooper J. M., Erickson, G. G., Simmons, T. G., **McDonnell, A. S.**, Carriero, A. E., Crabtree, K. W., & Strayer, D. L. (2020). Driver arousal and workload under partial vehicle automation: A pilot study. *Proceedings of the Human Factors and Ergonomics Society Annual Meeting*, 64(1), 1955-1959. <https://doi.org/10.1177/1071181320641471>

BOOK CHAPTERS

- Strayer, D. L. & **McDonnell, A. S.** (2025). SPIDER 2.0: Driver Distraction and Visual Attention. In D. Brainard & J. H. R. Maunsell (Eds.), *Annual Review of Vision Science*. <https://doi.org/10.1146/annurev-vision-110423-025626>
- Strayer, D. L., Castro, S. C., & **McDonnell, A. S.** (2022). The Multitasking Motorist. In A. Kiessel, L. Johannsen, H. Mueller, & I. Koch (Eds.), *Handbook of Human Multitasking*. <https://doi.org/10.1007/978-3-031-04760-2>

TECHNICAL REPORTS

- Strayer, D. L., Cooper, J. M., Sanbonmatsu, D. M., & **McDonnell, A. S.** (2023). *A multi-method approach to understanding drivers' experiences and behavior under partial vehicle automation* (Technical Report).

Washington, DC: AAA Foundation for Traffic Safety. <https://aaafoundation.org/wp-content/uploads/2023/09/202309-AAFTS-ADAS-Exposure-and-Driver-Workload.pdf>

Strayer, D. L., Cooper, J. M., Sanbonmatsu, D. M., Erickson, G. G., Simmons, T. G., **McDonnell, A. S.**, Carriero, A.E., Crabtree, K. W., & Lohani, M. (2020). *Driver's arousal and workload under partial vehicle automation* (Technical Report). Washington, DC: AAA Foundation for Traffic Safety. <https://aaafoundation.org/wp-content/uploads/2020/03/1.-AAA-Foundation-Utah-Report-FINAL.pdf>

MANUSCRIPTS UNDER REVISION AND REVIEW

McDonnell, A. S., Scott, E. E., Jecmen, D., Crabtree, K., Hopman-Droste, R. J., Walker, S. E., Coane, J. H., Strayer, D. L., & LoTempio, S. B. (revise and resubmit). A conceptual comparison of the influence of nature images, sounds, and virtual reality on affect and working memory.

LoTempio, S. B., Euler, M. J., Scott, E. E., **McDonnell, A. S.**, McKinney, T. L., Castro, S. C., McNay, G. D., Greenberg, K., Payne, B. R., & Strayer, D. L. (revise and resubmit). A natural boost to cognitive control? Two pilot studies on nature exposure as a potential modulator of the anterior N2 component and midline frontal theta.

Scott, E. E., **McDonnell, A. S.**, LoTempio, S. B., McNay, G. D., Greenberg, K., Castro, S. C., & Strayer, D. L. (revise and resubmit). Prolonged immersion in nature modulates neural correlates of working memory.

GRANTS AND FELLOWSHIPS

FUNDED

REI Cooperative Action Fund (2024-2026) – \$47,752

Utilizing deep brain recordings to uncover nature's health potential for nature-deprived individuals. **Role: Co-Principal Investigator**

One Utah Data Science Hub Seed Grant (2024-2025) – University of Utah, \$41,206

Modeling the effect of artificial nature exposure on brain health in bed-bound populations using variational autoencoders. **Role: Co-Investigator**

Research Incentive Seed Grant (2024-2025) – University of Utah, \$20,000

Exploring the utility of virtual reality nature as a therapeutic intervention for neurosurgical patients in a hospital setting. **Role: Co-Principal Investigator**

Community Based Research: Partnership Formation Grant (2023-2024) – University of Utah, \$7,470

Exploring the impact of immersion in nature on the health and well-being of the Pasifika community in Salt Lake County, **Role: Co-Principal Investigator**

Graduate Research Fellowship (2022-2023), University of Utah, \$20,108

Exploring neural correlates of attention restoration in nature, **Role: Principal Investigator**

UNDER REVIEW

National Science Foundation (2026-2028)

Your Brain on Nature: Disentangling the Mechanisms of Environmental Effects on Attention and Cognitive Control

Social Sciences and Humanities Research Council of Canada: Connection Grant (2025)

Scientific Meeting of the Society for Nature and Cognition

NOT FUNDED

Investigating the intracranial neural computations of risk and reward related to anhedonia, Wellcome Mental Health Award, Role: Co-Investigator (2024)

Influence of Roadside Assistance Vehicle Lighting on Driver Behavior and Safety, AAA Foundation for Traffic Safety, Role: Co-Investigator (2023)

Bridging the Gap: Examining the neural correlates of cognitive control, utilizing invasive and non-invasive electroencephalographic techniques, One Utah Data Science Hub Pilot Seed Grant, Role: Co-Investigator (2022)

From the Lab to the Highway: A New Method for Detecting Lapses in Attention While Driving, Fulbright U.S. Scholar Program, Role: Principal Investigator (2021)

Co-registration of pupillometry and EEG to assess the influence of nature imagery on emotional response, NSF Graduate Research Fellowship Program (GRFP), Role: Principal Investigator (2019)

HONORS AND AWARDS

Women Tech Award for Research Excellence , Women Tech Council, Utah's Silicon Slopes	2025
Jerome H. Ely Human Factors Article Award for Best Article in the 2024 Volume of <i>Human Factors</i>	2025
Top 100 Authors of 2024 , <i>Scientific Reports</i> , Nature Portfolio	2025
Poster Winner at Mental Health, Brain & Behavioral Science Research Day, University of Utah	2023
Frederick T. Rhodewalt Award for Innovative Scholarship , University of Utah, \$1,000	2023
Utah Public Health Conference Scholarship , Utah Public Health Association, \$300	2023
Professional Development Award , University of Utah, Cognition and Neural Sciences, \$500	2022
B. Jack White Award , University of Utah, Department of Psychology, \$1,250	2022
Clayton Award for Research Excellence , University of Utah, Department of Psychology, \$2,700	2022
Professional Development Award , University of Utah, Cognition and Neural Sciences, \$500	2020
Qualifying Exams—Pass with Distinction , University of Utah, Department of Psychology	2020
Undergraduate Research Mentorship Certificate , University of Utah, Office of Undergraduate Research	2020
Emerging Leader , SHIFT Conference	2019

TEACHING EXPERIENCE

COURSES

Cognition in the Wild , Osher Lifelong Learning Institute, University of Utah	2024
PSY4130 Cognition in the Wild , University of Utah	2020, 2022, 2023

TEACHING ASSISTANTSHIPS

Data Science for Psychology Majors, Cognitive Psychology, Brain and Behavior, Introduction to Psychology

GUEST LECTURES

Neuropsychology, Biological Psychology, Survey of Statistical Packages, Data Science for Psychology Majors, Cognitive Psychology, Psychology as a Science and Profession, Cognition in the Wild

INVITED TALKS

86th Midwest Fish & Wildlife Conference , Fort Wayne, IN <i>Plenary Speaker</i> Title: <i>Your Brain on Nature</i>	January 2026
3rd EAI International Conference on Security and Privacy in Cyber-Physical Systems and Smart Vehicles , Salt Lake City, UT <i>Keynote Speaker</i> Title: <i>Modeling Driver Attention in Smart Vehicles Using Real-world Neuroscience</i>	December 2025
Jerome H. Ely Award Recipient Lecture , Human Factors and Ergonomics Society Title: <i>This is Your Brain on Autopilot</i>	November 2025

Vancouver Botanical Gardens Association: Teacher Series , Vancouver, BC, Canada Title: <i>Your Brain on Nature</i>	September 2025
Northwest Nature and Health Symposium , Seattle, WA Title: <i>Using neuroscience methods to understand the influence of nature the brain</i>	May 2025
Procter & Gamble Human Biology Symposium , Cincinnati, OH Title: <i>This is your brain on nature: The influence of exposure to nature on cognition</i>	March 2025
Vancouver Botanical Gardens Association , Vancouver, BC, Canada Title: <i>Your Brain in Nature</i>	January 2025
Center for Native Excellence and Tribal Engagement , Salt Lake City, UT Title: <i>The impact of nature on physical and mental health</i>	October 2024
American Public Gardens Association: Education Symposium , Salt Lake City, UT <i>Keynote Speaker</i> Title: <i>This is your brain on nature: The influence of exposure to natural environments on cognition</i>	August 2024
Hydrow , Boston, MA Title: <i>Nature, Cognition, and the Brain</i>	May 2024
Red Butte Garden , Salt Lake City, UT Title: <i>Environmental Neuroscience at Red Butte Garden</i>	February 2024
Macquarie University , Sydney, Australia Title: <i>Nature on the Brain</i>	April 2023
Southern Utah Wilderness Alliance , Salt Lake City, UT Title: <i>Nature in the Time of COVID-19</i>	April 2020
Emerging Leaders Program for the SHIFT Conference , Jackson, WY Title: <i>Outdoor Recreation and Health</i>	October 2019
Boston College TED Talks: Undergraduate Lecture Series , Chestnut Hill, MA Title: <i>How Neuroscience Can Save the Crisis in America's Prisons</i>	April 2015

CONFERENCE PRESENTATIONS

ORAL PRESENTATIONS

McDonnell, A. S., Landvatter, J., Lang, W., & Strayer, D. L. (accepted; November 2025). The influence of cellphone use on attention restoration and stress recovery in nature. Oral presentation at the 2025 Society for Nature and Cognition (SNAC) meeting in Denver, Colorado.

McDonnell, A. S., Cowan, R., Smith, E. H., Stefanucci, J. K., & Strayer, D. L. (June 2025). The influence of immersion in nature on the brain. Oral presentation at the 2025 Society for Applied Research in Memory and Cognition (SARMAC) meeting in County Kildare, Ireland.

McDonnell, A. S., LoTempio, S. B., Scott, E. E., Strayer, D. L. (April 2024). This is your brain on nature: The influence of exposure to natural environments on attention. Oral presentation at the 2024 Rocky Mountain Psychological Association (RMPA) Convention in Denver, Colorado.

McDonnell, A. S. & Strayer, D. L. (April 2023). This is your brain on nature: The influence of exposure to natural environments on cognition and mental health. Oral presentation at the 2023 Utah Public Health Conference in Salt Lake City, Utah.

McDonnell, A. S., Cooper, J. M., & Strayer, D.L. (October 2021). Assessing visual engagement during partial automation. Oral presentation at the 7th International Conference on Driver Distraction and Inattention (DDI) in Lyon, France.

McDonnell, A. S. & Strayer, D. L. (October 2021). Neurophysiological Effects of Exposure to Nature: Attention, Affect, And Integrative Role of the Anterior Cingulate Cortex. Oral presentation at the Nature and Health Conference in Seattle, Washington.

POSTER PRESENTATIONS

**Student or trainee author*

Huskey, E.* , Cowan, R., Stefanucci, J. K., Strayer, D. L., Smith, E. H., & **McDonnell, A. S.** (November 2025). Exploring the utility of stereoscopic, 360-degree VR nature to drive stress recovery. Poster Presentation at the 2025 Society for Nature and Cognition.

Lasko, C.* , Lang, W.* , Landvatter, J., Strayer, D. L., & **McDonnell, A. S.** (August 2024). The impact of cell phone usage on stress physiology in nature. Poster Presentation at the 2024 and 2025 Undergraduate Research Symposium.

McDonnell, A. S. & Strayer, D. L. (September 2024). Immersion in nature enhances mood and executive attention. Poster presentation at the 2024 Mental Health, Brain and Behavioral Science Research Day at the University of Utah.

Lang, W.* , Landvatter, J., Strayer, D. L., & **McDonnell, A. S.** (August 2024). The impact of cell phone usage on stress physiology in nature. Poster Presentation at the 2024 Undergraduate Research Symposium.

Sherman, H.* & **McDonnell, A. S.** (April 2024). Why do we benefit from immersion in nature? Poster Presentation at the 2024 Undergraduate Research Symposium.

Scott, E. E., **McDonnell, A. S.**, LoTemplio, S. B., Switser-Rae, C., Inghram, D., O'Neill, K., Strayer, D. L. (April 2024). Examining neurophysiological responses to environmental imagery. Poster presentation at the 2024 Rocky Mountain Psychological Association Convention in Denver, Colorado.

Scott, E. E., **McDonnell, A. S.**, LoTemplio, S. B., Switser-Rae, C., Inghram, D., O'Neill, K., Strayer, D. L. (March 2024). Examining neurophysiological responses to environmental imagery. Poster presentation at the 2024 Eastern Psychological Association Conference in Philadelphia, Pennsylvania.

McDonnell, A. S. & Strayer, D. L. (November 2023). Immersion in nature enhances neural correlates of human attention. Poster presentation at the 2023 Society for Neuroscience in Washington, D.C.

McDonnell, A. S., LoTemplio, S. B., Scott, E. E. & Strayer, D. L. (September 2023). Cognition in the wild: The influence of immersion in nature on the brain. Poster presentation at the 2023 Mental Health, Brain and Behavioral Science Research Day at the University of Utah. *Poster winner in the Medical Residents/Fellows category.*

Scott, E. E., **McDonnell, A. S.**, McNay, G. D., Strayer, D. L., & LoTemplio, S. B. (September 2023). Examining changes in physiological stress during exposure to environmental imagery. Poster presentation at the 2023 SHIFT Conference in Bend, Oregon.

Storie, M.* & **McDonnell, A. S.** (August 2023). Influence of nature on effortful processing of emotionally charged stimuli. Poster Presentation at the 2023 Undergraduate Research Symposium.

Macfarlane, M.* & **McDonnell, A. S.** (February 2023). Effects of natural and urban imagery on error-related negativity. Poster presentation at the 2023 Utah Conference for Undergraduate Research in Salt Lake City, Utah.

Silcox, J., **McDonnell, A. S.**, Strayer, D. L., & Payne, B., (November 2022). Driving under the influence of misperception: The effects of speech perception and false hearing on driving performance. Poster

presentation at the 2022 Psychonomic Society's 63rd Annual Meeting in Boston, Massachusetts.

- McDonnell, A. S.**, Crabtree, K.W., DePry, C., Cooper, J., & Strayer, D.L. (September 2022). The influence of trust on driver cognitive states during automated driving. Poster presentation at the 2022 Society of Psychophysiological Research 62th Annual Meeting in Vancouver, British Columbia.
- McDonnell, A. S.**, LoTempio, S.L., McNay, G.D., Scott, E.E., & Strayer, D.L. (September 2022). The influence of exposure to different dosages of nature on reward processing. Poster presentation at the 2022 Society of Psychophysiological Research 62th Annual Meeting in Vancouver, British Columbia.
- Shannon, M.F.* & **McDonnell, A. S.** (August 2022). The cognitive effect of nature imagery on reward positivity. Poster Presentation at the 2022 Undergraduate Research Symposium.
- Macfarlane, M.*, Quick, A.*, & **McDonnell, A. S.**, (August 2022). Effects of natural and urban imagery on error-related negativity. Poster Presentation at the 2022 Undergraduate Research Symposium.
- Schulz, C.*, **McDonnell, A. S.**, LoTempio, S.B., & Strayer, D.L. (April 2022). Effect of nature vs. urban imagery on the reward positivity. Poster Presentation at the 2022 Undergraduate Research Symposium.
- Jeong, S. *, **McDonnell, A. S.**, Silcox, J., Strayer, D. L., & Payne, B. (April 2022). The effect of listening to degraded speech on driving performance. Poster Presentation at the 2022 Undergraduate Research Symposium.
- Bennett, K.*, Jeong, S.*, Silcox, J., **McDonnell, A. S.**, Payne, B., & Strayer, D. L. (April 2022). The effects of driving on false hearing and cognitive load. Poster Presentation at the 2022 Undergraduate Research Symposium.
- McDonnell, A. S.**, Crabtree, K. W., Cooper, J., Strayer, D. L. (September 2021). Neural indices of driver workload and engagement during partial vehicle automation. Poster presentation at the 2021 Society of Psychophysiological Research 61st Annual Meeting.
- Augustin, L.*, Hoffman, N.*, **McDonnell, A. S.**, LoTempio, S. B., & Strayer, D. L. (August 2021). Assessment of Nature Imagery's Influence on Attention Restoration. Poster Presentation at the 2021 Undergraduate Research Symposium.
- McDonnell, A. S.**, LoTempio, S.B., Scott, E.E., McNay, D. Greenberg, K., Castro, C.C., & Strayer, D.L. (October 2020). Nature modulates neurophysiological correlates of reward. Poster presentation at the 2020 Society of Psychophysiological Research 60th Annual Meeting.
- Lohani, M. Cooper, J.M., Erickson, G.G., Simmons, T.G., **McDonnell, A. S.**, Carriero, A.*, Crabtree, K.W.*, & Strayer, D.L. (October 2020). Application of heart rate variability to assess arousal in semi-automated vehicles. Poster presentation at the 2020 Society of Psychophysiological Research 60th Annual Meeting.
- Lohani, M., Cooper J.M., Erickson, G.G., Simmons, T.G., **McDonnell, A. S.**, Carriero, A.E.*, Crabtree, K.W.*, & Strayer, D.L. (October 2020). Driver arousal and workload under partial vehicle automation: A pilot study. Virtual presentation at the Human Factors and Ergonomics Society 64th Annual Meeting.
- McDonnell, A. S.**, LoTempio, S.B., Scott, E.E., Castro, S.C., McNay, D. Greenberg, K., & Strayer, D.L. (October 2019). Reward Positivity as a Biomarker of Attention Restoration in Nature. Poster presentation at the 2019 SHIFT Conference in Jackson, Wyoming.
- Scott, E.E., **McDonnell, A.S.**, LoTempio, S.B., Castro, S.C., McNay, D. Greenberg, K., & Strayer, D.L. (October 2019). Prolonged Exposure to Nature Modulates Neural Biomarkers of Attention. Poster presentation at the 2019 SHIFT Conference in Jackson, Wyoming.
- LoTempio, S.B., Scott, E.E., **McDonnell, A. S.**, Hopman, R.J., McKinney, T.L., Payne, B.R., & Strayer, D.L.

(October 2019). Nature as a potential modulator of the error-related negativity. Poster presentation at the 2019 SHIFT Conference in Jackson, Wyoming.

LoTempio, S.B., Scott, E.E., **McDonnell, A. S.**, Hopman, R.J., McKinney, T.L., Payne, B.R., & Strayer, D.L. (November 2019). Nature as a potential modulator of the error-related negativity. Poster presentation at the 2019 Psychonomic Society 60th Annual Meeting in Montréal, Québec, Canada.

Crabtree, K.W.*, Scott, E.E., Hopman, R.J., McKinney, T.L., **McDonnell, A. S.**, Strayer, D.L., & Uchino, B.N. (November 2019). Virtual environments' effects on working memory and mood: A pilot study. Poster presentation at the 2019 Psychonomic Society's 60th Annual Meeting in Montréal, Québec, Canada.

UNDERGRADUATE RESEARCH SUPERVISED

Huskey, E. (Summer 2025 & Fall 2025). Effects of urban or nature virtual reality immersion on stress physiology. *Funded by the Undergraduate Research Opportunity Program (\$1,200), presented at the Society for Nature and Cognition, and presented at the Undergraduate Research Symposium.*

Lang, W. (Summer 2024 & Spring 2025). Effect of cellphone usage on stress, heart rate, and heart rate variability in a nature environment. *Funded by the Undergraduate Research Opportunity Program (\$2,400) and presented at the Undergraduate Research Symposium.*

Lasko, C. (Fall 2024). Impact of cell phone use on stress recovery and attention restoration in nature. *Funded by the Undergraduate Research Opportunity Program (\$1,200) and presented at the Undergraduate Research Symposium.*

Sherman, H. (Spring 2024). Effect of connectedness to nature and living environment on cognition and affect after exposure to nature. *Funded by the Undergraduate Research Opportunity Program (\$1,200), completed as part of an independent study in the undergraduate Computer Science major, and presented at the Undergraduate Research Symposium.*

Storie, M. (Spring 2023 & Summer 2023). Influence of nature on effortful processing of emotionally charged stimuli. *Funded by the Undergraduate Research Opportunity Program (\$1,200), presented at the Undergraduate Research Symposium, completed as part of the undergraduate Human Factors Certificate Program and published in the Undergraduate Research Journal (RANGE).*

Richins, J. (Fall 2022 & Spring 2023). Effects of natural and urban imagery on the brain's reward processes. *Funded by the Undergraduate Research Opportunity Program (\$2,400).*

Shannon, M.F. (Summer 2022). Influence of environmental imagery on neurophysiological correlates of attention. *Funded by the Odyssey Program for Undergraduate Research at Hendrix College (\$5,000) and presented at the Undergraduate Research Symposium.*

Quick, A. (Summer 2022 & Fall 2022). Effects of natural and urban imagery on error-related negativity. *Funded by the Undergraduate Research Opportunity Program (\$2,400), completed as part of the undergraduate Human Factors Certificate Program, presented at the Undergraduate Research Symposium, and published in the Undergraduate Research Journal (RANGE).*

Macfarlane, M. (Summer 2022 & Fall 2022). The influence of nature images on the neurophysiology of attention. *Funded by the Undergraduate Research Opportunity Program (\$2,400), presented at the Undergraduate Research Symposium, presented at the 2023 Utah Conference for Undergraduate Research and published in the Undergraduate Research Journal (RANGE).*

Schulz, C. (Spring 2022). Effects of natural and urban imagery on reward processing in the brain. *Funded by the Undergraduate Research Opportunity Program (\$1,200) and presented at the Undergraduate Research Symposium.*

Jeong, S. (Spring 2022). The effect of listening to degraded speech on driving performance in a simulator.

University of Utah. *Funded by the Undergraduate Research Opportunity Program (\$1,200) and presented at the Undergraduate Research Symposium.*

Augustin, L. (Summer 2021). The effect of nature imagery on event-related brain potentials. University of Utah. *Funded by the Summer Program for Undergraduate Research (\$5,000), presented at the Undergraduate Research Symposium and published in the Undergraduate Research Journal (RANGE).*

Hoffmann, N. (Summer 2021). The effect of nature imagery on event-related brain potentials. University of Utah. *Funded by Furman University Summer Internship Fellowship Program (\$5,000).*

Morse, R. (Fall 2020 & Spring 2021). The relationship between self-reported motivation and the error-related negativity. University of Utah. *Funded by the Undergraduate Research Opportunity Program (\$2,400), presented at the Undergraduate Research Symposium and published in the Undergraduate Research Journal (RANGE).*

Morse, R. (Summer 2020). Measuring cognitive control and response to reward using electroencephalography. University of Utah. *Funded by the Summer Program for Undergraduate Research (\$5,000).*

Weaver, V. (Fall 2019). Effect of cell phone use on driving behavior. University of Utah. *Completed as part of the undergraduate Human Factors Certificate Program.*

VOLUNTEER AND OUTREACH

Community-driven Research – Lead Researcher , Open Circle, Ojai, CA	2023-Present
Community-driven Research – Lead Researcher , Tracy Aviary, Salt Lake City, UT	2022-Present
Outreach Presentation , Mt. View Elementary School, Salt Lake City, UT	March 2024
Instructor , OSHER Lifelong Learning Institute, Salt Lake City, UT	Spring 2024
Poster Session Judge , Utah Conference for Undergraduate Research, Salt Lake City, UT	February 2023
Instructor , Utah Prison Education Program - Utah State Prison, Salt Lake City, UT	2021-2022
Advisory Council , Emerging Leaders Program, Jackson, WY	2021-2022
Poster Session Judge , Undergraduate Research Symposium, Salt Lake City, UT	August 2021
Outreach Presentation , Mathematics, Engineering, and Science Achievement Program	March 2021
Outreach Presentation , Bright Futures, Park City, UT	February 2021
Volunteer , Girls in STEM, Salt Lake City, UT	February 2019

PROFESSIONAL SERVICE

Conference Organizer, *Society for Nature and Cognition (SNAC)* 2025-Present
Annual Affiliate Meeting to the Psychonomics Society Annual Meeting

Guest Editor, *Human Factors* 2024-2026
Special Issue: "Investigating the Human Factors of Artificial Intelligence Use"

Lead Guest Editor, *Cognitive Research: Principles and Implications* 2023-2025
Special Issue: "Automation and Human Cognition"

Ad Hoc Reviewing

Computer Methods in Biomechanics and Biomedical Engineering, International Journal of Human-Computer Interaction, Cognitive Research: Principles and Implications, Frontiers in Psychology, Frontiers in Neuroergonomics, Human Factors, Journal of Environmental Psychology, Ecopsychology, Mental Health and Physical Activity, Scientific Reports, Journal of Cognitive Psychology, Frontiers in Human Neuroscience, Virtual Reality

Departmental Service

Diversity Graduate School Application Advisory , University of Utah, Department of Psychology	2019-2025
Diversity Committee , University of Utah, Department of Psychology	2018-2025
Faculty Tenure Review Committee , University of Utah, Department of Psychology	2021-2022
Professional Issues & Ethics Committee , University of Utah	2020-2021

IN THE NEWS

New York Times , “A Surprising (and Easy) Way to Boost Your Attention Span” <i>Article Link:</i> https://www.nytimes.com/2025/08/14/well/mind/nature-brain-attention.html	2025
Fish Untamed : Ep. 158 Your Brain on Nature with Amy McDonnell [Podcast] <i>Episode Link:</i> https://www.fishuntamed.com/podcast/episode-158	2025
@theU – Health and Medicine : Instruments of the U: Applied Cognition Lab <i>Article link:</i> https://attheu.utah.edu/health-medicine/instruments-of-the-u-applied-cognition-lab/	2025
Svenska Dagbladet : Hjärnforskare: “Enorm förbättring i kreativitet” [Swedish Newspaper] <i>Article link:</i> https://www.svd.se/a/dRbLn1/positiv-hjarneffekt-redan-efter-40-minuter-i-naturen-utan-mobil	2025
@theU - Health and Medicine : How a walk in nature restores attention <i>Article link:</i> https://attheu.utah.edu/health-medicine/new-strayer-research/	2024
PBS : America Outdoors with Baratunde Thurston, Season 2, Episode 5 <i>Full episode:</i> https://www.pbs.org/video/utah-choose-your-path-m1j4hf/ <i>Research highlight:</i> https://www.pbs.org/video/the-science-behind-outdoor-relaxation-e3jbzi/	2023
IMPACT Magazine : This is Your Brain on Nature <i>Article link:</i> https://impactmagazine.ca/health/health-and-wellness/this-is-your-brain-on-nature/	2021

PROFESSIONAL MEMBERSHIPS

Society for Nature and Cognition, Society for Applied Research in Memory and Cognition, Nature and Health Alliance, Society for Neuroscience, Human Factors and Ergonomics Society, Society for Psychophysiological Research, Nature and Human Health - Utah