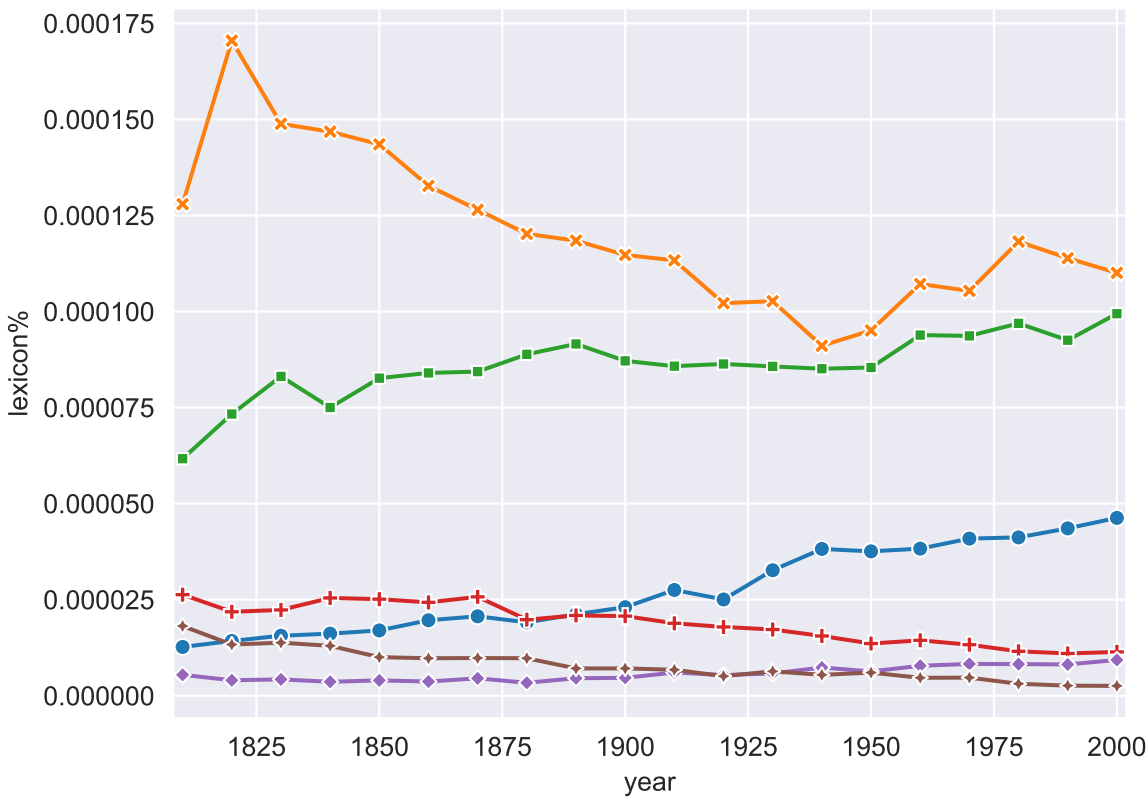more