

How to Blow & Hum (English) — LifeSafer Quick Guide

For L250 / FC100 style devices • InterlockGo NOCO (Evans, CO)

This one-page guide shows the easiest way to provide a passing breath sample using the blow and hum pattern. Practice a steady exhale while saying “doo” (like ‘DOOOOO’) to keep a smooth tone.

Before you start

- Attach a clean mouthpiece and sit parked in a safe location.
- Turn key to ACC / ON and wait for the prompt (screen/beep).
- Take a normal breath; relax shoulders and jaw (no clenching).

How to Blow & Hum (step-by-step)

- Seal lips around the mouthpiece; keep cheeks firm (no air leaks).
- Blow steadily for ~2 seconds to build pressure.
- Without stopping the exhale, start humming by saying “dooooo” in one continuous breath. Keep the tone even.
- Continue until the device beeps/clicks and the display shows PASS.

Rolling retests (while driving)

- While driving, the device may ask for a retest. Pull over if you cannot perform safely.
- Respond promptly when prompted; follow the same blow and hum pattern.
- If you miss a retest, the device may enter lockout. Safely stop and follow vendor instructions.

Tips for success

- Think ‘dooooo’ during the exhale; keep volume/pitch steady rather than loud.
- Use gentle, consistent pressure—too hard can abort; too soft may fail to register.
- Rinse your mouth with water and wait 10–15 minutes after alcohol-based mouthwash or vaping.
- Warm the mouthpiece in cold weather (hands/defroster) to avoid condensation aborts.

Avoid these

- Don’t ask someone else to blow or try to ‘trick’ the device—this violates program rules.
- Don’t sip, chew, or use mouth alcohol right before a test.
- Don’t remove your mouth mid test; keep a single, smooth breath.

Instrucciones rápidas (Español) — Soplar y Tararear

- Coloque la boquilla y espere la indicación en la pantalla/sonido.

- Selle los labios y sople de manera constante ~2 segundos.
- Sin dejar de exhalar, empiece a tararear diciendo “dooooo” (tono parejo).
- Mantenga hasta escuchar el pitido y ver PASA/OK en la pantalla.

Questions or service? InterlockGo NOCO • 3610 35th Ave #7, Evans, CO • 970-515-5740