



Game Proposal

Perfect Parenting (add logo)

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The premise of this game is to teach young and new parents how to properly take care of a child and what to expect.

This game will have 3 levels with 50+ screens and 1 player.

Target Audience: Parents

The game focuses on identifying acts of bad parenting and provides them with support to hopefully become a better parent.

Research

What is Poor Parenting?

- Often tied to expectations of poor outcomes
 - Children are seen as being at risk of neglect or maltreatment

<https://blogs.kent.ac.uk/parentingculturestudies/pcs-events/previous-events/poor-parenting/#:~:text=Poor%20parenting%20is%20most%20often,that%20provide%20more%20appropriate%20care.>

Signs of bad parenting:

- Child abuse
 - Low self esteem

- Distrust
- Mental health disorders such as anxiety, PTSD, and depression
- Suicidal thoughts
- Learning disorder
- Developmental delay
- Violent behaviour
- <https://www.qld.gov.au/community/getting-support-health-social-issue/support-victims-abuse/child-abuse/what-is-child-abuse/child-abuse-effects>
- Physical abuse
- Emotional neglect
 - It disrupts the brain development and information processing, increasing the risk of disorders
 - Low levels of confidence
 - Greater risk of anxiety and depression
 - (<https://developingchild.harvard.edu/science/deep-dives/neglect/>)
- Aggressive punishment is one of the biggest causes of juvenile delinquency
 - Increased child aggression
 - Anti-social behaviour
 - Poor relationship qualities between the parent and child
 - Mental health problems such as depression
 - <https://www.ms.govt.nz/about-msd-and-our-work/publications-resources/journals-and-magazines/social-policy-journal/spj27/the-state-of-research-on-effects-of-physical-punishment-27-pages114-127.html#:~:text=Physical%20punishment%20is%20associated%20with,%2C%20and%20diminished%20moral%20internalisation.>
- A bad childhood may lead to crimes, drug addiction, or alcoholism.
- Authoritarian: Require children to obey without questions
 - A strict parenting style that places high expectations on children
 - Low self esteem
 - Difficulty in social situations
 - Display aggressive behavior
 - Cannot accept failure
 - <https://www.webmd.com/parenting/authoritarian-parenting-what-is-it>

- Use intimidation to discipline (punishment is the go-to)
- Controlling
 - Unable to face the natural consequences
 - Limited creativity
 - Mental health problems such as anxiety
 - Fear mistakes
 - <https://www.verywellfamily.com/dangers-of-being-a-control-freak-with-your-child-1094802>
- Don't monitor/control a child's bad behaviour
- Choose the easier over better parenting practices
- Deny responsibility
- Not self-reflective

Bad parenting includes:

1. The failure to monitor/track the child's behaviour
2. The failure to recognize deviant behaviour when it occurs
3. The erratic and excessive punishment of deviant behaviour
4. When a parent prioritizes their own interests over their children's best interests

<https://www.parentingforbrain.com/bad-parenting/>

Solutions to poor parenting

- Listening to your children's thoughts and feelings
- Have proper punishments and rewards that are reasonable
- Label behaviour and not the child itself
- Don't ignore them
- Show love and display affection
- Let them make mistakes

<https://www.healthline.com/health/parenting/bad-parenting#how-to-stop-it>

- Don't lose your temper
- Don't play favourites
- Support their interests
- Don't force your child to eat anything
- Avoid letting your child become addicted to "gadgets"

https://www.momjunction.com/articles/parenting-problems-solutions_0074354/

- Don't be afraid to apologize

<https://www.quora.com/How-can-we-fix-poor-parenting>

- BE CONSISTENT
- Possibly no rewards
- Discipline over punishment
- "Parenting is a marathon, not a sprint"

<https://www.positiveparentingsolutions.com/parenting/positive-parenting-techniques>

- Trust your child
- Being accepting of your child's experiences rather than just yelling at them

<https://www.positiveparenting.com/parenting-problems-and-solutions/>

- You need to be a parent first and not their best friend
- Establish good eating habits within your home
- Make sure your child does their homework
- Set a curfew for when they must be home from hanging out with friends
- Play and have fun with your child
- Don't buy everything they want
- Hug and tell your child you love them

<https://ezinearticles.com/?10-Positive-Parenting-Solutions-for-Bad-Parenting&id=8784590>

- Don't reprimand the child excessively
- Do not discipline your child in front of other friends
- When you give advice, make sure you encourage them as well
- Set structure and boundaries for your child
- Support your child
- Don't constantly compare your child to others
- Praise your child for their accomplishments and achievements
- Don't be a hypocrite, setting a bad example
- Give them a choice
- Spend time with your child
- Don't be overprotective
- Don't resort to physical violence

<https://parenting.firstcry.com/articles/bad-parenting-signs-effects/>

Storyboard

Deficiencies room

This room will teach you all about poor parenting

- definition of poor parenting
- signs of poor parenting with buttons that you can click that go into different signs
- you complete the level when all the buttons are clicked

Panic room

This room will help teach you what to do in panic situations.

- Provide tips

Escape room

This room will test your ability as a parent.

- Have certain scenarios roll and the user makes a choice

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