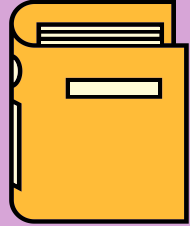


Planting Seeds of Justice

Critical Interventions to improve the waiting
experience in correctional facilities



Insights

01

Emotional Support

Parents should be given the opportunity to engage with and support their child's emotional needs

02

Parenting Decisions

Parents should have the opportunity to make informed decisions regarding their child

03

Safe Spaces

Parents and kids should have the opportunity to interact in spaces that makes them feel safe and comfortable

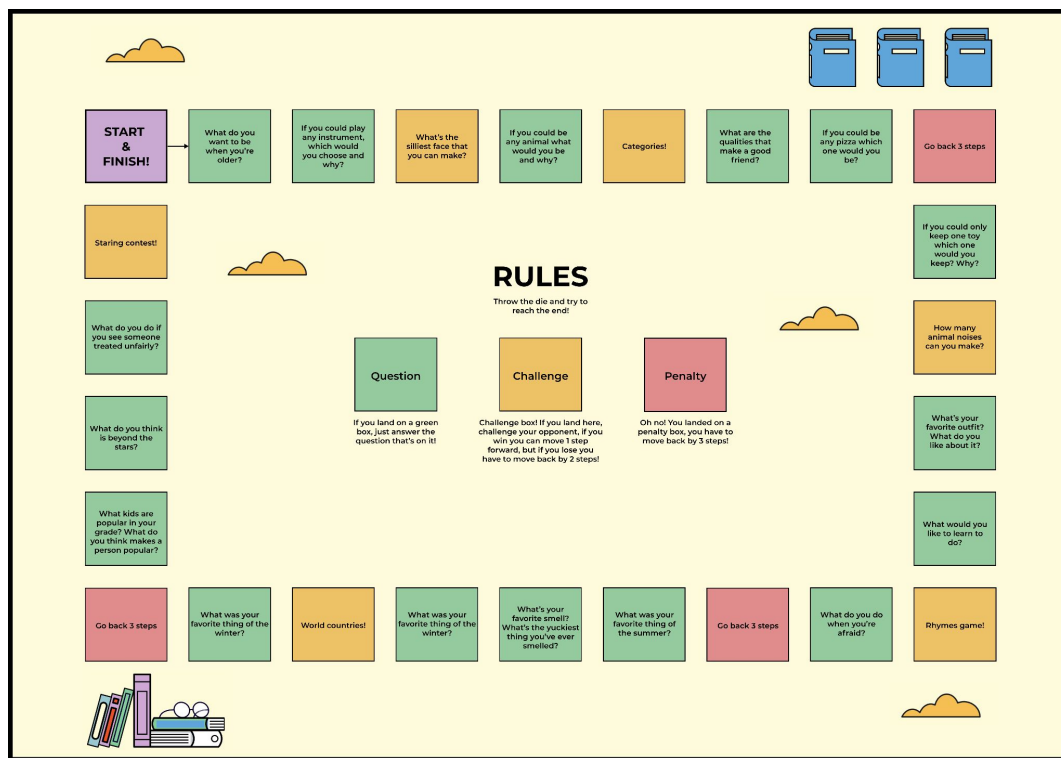
04

New Memories

Parents and kids should have opportunities to create new, fun memories

Boardgame

A fun, stress-free way for parents and children to engage in meaningful conversation during visit times.





Next Steps

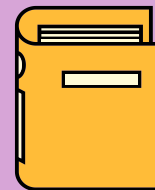
THINGS TO BE DONE



FACILITY RULES
should be researched
for each location and
necessary (materials,
etc) changes made



QUALITY could be
improved using a
professional printing
service (see appendix A)



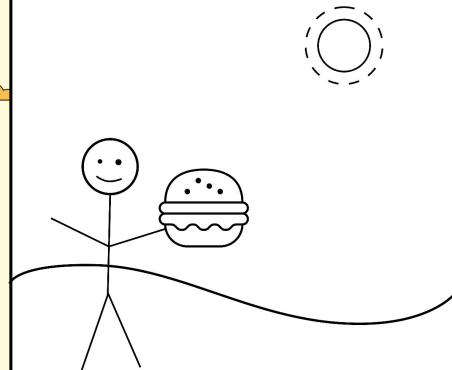
VARIATIONS should
be made that have
questions targeting
different age groups
(see appendix B,C)

Drawing Prompts

A fun way for children to prepare for the visit in the waiting room by reflecting on their week and their emotions

Me eating my favorite food!

Draw here



Me playing my favorite sport

Draw here





Next Steps

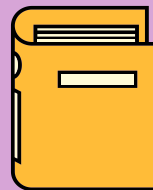
THINGS TO BE DONE



LITERACY across different ages should be addressed and different versions for children that can't read yet should be designed



WHITE BOARDS with drawing prompts printed on them could be placed in waiting rooms. This could reduce the need to replace drawing kits.



NON-TOXIC crayons and markers are preferable as safety measures for all age ranges.



Thank You

We would like to express our heartfelt gratitude for the invaluable assistance from our professors, Liz McChesney, WJI, our peers, and all the people that contributed to this project. Your support was critical in our efforts to identify the challenges that system-impacted people and their families face and to advocate for changes that would improve their lives.

Appendix

Printing and Game-Making Resources

Standard board games are printed on die-cut cardboard measuring 1.27mm (0.005) – 2.54 (0.10 in) in thickness

Local Services

- Allegra Marketing Print Mail (847)864-9797 (would need to bring board material, recommend coming in before purchasing)
- Quartet Digital Printing (847) 328-0720 (only offers foam board)
- MinuteMan Press (847) 866-9777 (quote requested)

Online Services

- [Print Ninja](#)
- [Print Play Games](#)



Appendix

Printing and Game-Making Resources

Standard board games are printed on die-cut cardboard measuring 1.27mm (0.005) – 2.54 (0.10 in) in thickness



Minuteman Press
1953 Sherman Avenue
Evanston, IL 60201
847.866.9777
www.evanston.minutemanpress.com

-QUOTE-

3/7/2023

Bill To: 1. Minuteman Press - Evanston Counter Sales -
JL
Phone: 847.866.9777
Email: evanston@minutemanpress.com

Ship To: 1. Minuteman Press - Evanston Counter Sales -
JL
Phone: 847.866.9777
Email: evanston@minutemanpress.com

Thank YOU!

Please ask about our Price Matching Policy.

1 Signs - PVC -11x17- Ana Carvallo <ana@anacarvallo.com> Job ID 73659 Total: \$32.81

Component 1 of 1:

Signs

1 Finished Piece
11 x 17 inches
0.25 mil gsm
1-sided
Non-Roll Substrate, Rollup 8mil Polyester W/ Grey Back
Miscellaneous
PVC - 1 Piece.

Salesperson: Herbert

Order Total: \$32.81

Click or Scan the QR Code
to Order Online



Quotes subject to review after 30 days
Thank you.

Payment in Advance



Minuteman Press
1953 Sherman Avenue
Evanston, IL 60201
847.866.9777
www.evanston.minutemanpress.com

-QUOTE-

3/7/2023

Bill To: 1. Minuteman Press - Evanston Counter Sales -
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Phone: 847.866.9777
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Ship To: 1. Minuteman Press - Evanston Counter Sales -
JL
Phone: 847.866.9777
Email: evanston@minutemanpress.com

Thank YOU!

Please ask about our Price Matching Policy.

10 Signs - PVC -11x17- Ana Carvallo <ana@anacarvallo.com> Job ID 73659 Total: \$155.85

Component 1 of 1:

Signs

10 Finished Pieces
Non-Roll Substrate PVC
Miscellaneous
PVC - 1 Piece.

Quantity	Price	Discount	Savings	Order Subtotal
10	\$155.85			\$155.85
20	\$209.75	\$50.00	23.98%	\$159.48
50	\$266.85	\$137.00	51.34%	\$99.85
				Order Total:
				\$155.85

Salesperson: Herbert

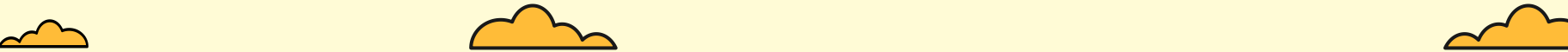
Click or Scan the QR Code
to Order Online



Quotes subject to review after 30 days
Thank you.

Payment in Advance






Questions, prompts, and how-to chatGPT

1. Ask stakeholders (children, system impacted parents, caregivers) for input and inspiration
2. Leverage tools such as chatGPT and existing board/card games ([WNRS](#), [THE AND](#))

Appendix

B

Example prompts given to chatGPT

- What are some conversation prompts for a board game that is being played between a child and an incarcerated parent during a visitation day? These should help build a relationship and create new fun memories. Include examples relevant to different age groups
 - Generate 100 conversation prompts for healthy conversations between child and parent
 - Come up with conversation prompts for a family board game
 - What are some questions that a parent could ask their child to get to know them
 - What are some fun parent-child games that can be played without any tools
- 

chatGPT sample answers conversation prompts



Appendix

For younger children (ages 5–8):

- Can you tell me about something you did this week that made you happy?
- If you could have any pet in the world, what would it be and why?
- What is your favorite thing to do outside of school?
- Can you tell me about a funny dream you had recently?
- What is your favorite food and why?

For older children (ages 9–12):

- If you could learn any skill in the world, what would it be and why?
- What is something you've learned recently that you found interesting?
- Who is someone you look up to and why?
- Can you tell me about a time you helped someone else?
- What is your favorite memory with me outside of this visitation day?

For teenagers (ages 13–18):

- What are some goals you have for the future and what steps are you taking to achieve them?
- What is something you've accomplished recently that you're proud of?
- Who is someone who has had a positive impact on your life and why?
- Can you tell me about a time when you had to overcome a challenge?
- What is something you're interested in learning more about and why?

chatGPT sample answers drawing prompts



Appendix

For younger children (ages 5–8):

- Draw a picture of your favorite animal and give it a name.
- Draw a picture of your favorite place to play and tell me about it.
- Draw a picture of you and your family doing something fun together.
- Draw a picture of your favorite food and tell me why you like it.
- Draw a picture of a superhero and give them a special power.

For older children (ages 9–12):

- Draw a picture of your dream vacation destination and tell me about it.
- Draw a picture of your favorite book or movie character and explain why you like them.
- Draw a picture of a time when you overcame a challenge and tell me about it.
- Draw a picture of a person who has had a positive impact on your life and explain why.
- Draw a picture of something you're looking forward to in the future and tell me about it.

For teenagers (ages 13–18):

- Draw a picture of a place that makes you feel at peace and describe it.
- Draw a picture of something you're passionate about and explain why it's important to you.
- Draw a picture of a time when you felt proud of yourself and tell me about it.
- Draw a picture of something you're currently struggling with and describe how you're dealing with it.
- Draw a picture of a person who inspires you and explain why they're important to you.

D

Other Prototypes Art-storm Playdough

ART-STORM (PLAYDOUGH EDITION)



Can you make
an apple?



Can you make a
banana?



Can you make a
carrot?



Can you make a
dog?



Can you make an
elephant?



Can you make a
frog?



Can you make a
grasshopper?



Can you make a
heart?



Can you make
icecream?



Can you make a
jellyfish?



Can you make a
key?



Can you make a
lollipop?



Can you make a
monkey?

Dan

Can you write
your name?



Can you make
an octopus?



Can you make a
pizza?

D

Other Prototypes Reflection Worksheets

BUILDING EMOTIONAL RESILIENCE . . .

I feel calm when...



I feel frustrated when...



I feel scared when...



BUILDING EMOTIONAL RESILIENCE

In this activity, you will write down the different situations in which you might feel a certain emotion. For example, I feel happy when I am playing video games.

I feel happy when...



I feel sad when...



I feel annoyed when...



EXPRESSING GRATITUDE & SELF-LOVE

Draw yourself

Something you are grateful for

Three things you love about yourself



COMMUNICATING EMOTIONS

How have you been feeling this past week?
Below, you will find 6 different feelings. In each box, write down everything that happened (this past week) that made you feel that way.

HAPPY



SAD



CALM



FRUSTRATED



ANNOYED



SCARED





Other Prototypes Parental Coaching Poster

How to make a S.P.L.A.S.H

Seek support

Provide reassurance

Listen actively

Acknowledge their feelings

Stay positive

Honestly answer

Some Examples

"Why are you in jail?"

Depending on your child's age and level of understanding, you may need to use simple language and avoid providing too much detail.

Example answer: "I made some bad decisions and broke the law, and now I have to serve a sentence. I'm sorry that my choices have affected our family, but I want you to know that I love you and I'm doing everything I can to make things right."

"When are you coming home?"

Children may worry that their parent will never be able to come home, particularly if they have a long sentence. Be honest and set realistic expectations.

Example answer: "I'm not sure exactly when I will be able to come home, but I am working hard to complete my sentence as soon as possible. I know it's hard to be apart, but I want you to know that I am always thinking of you and can't wait to be reunited."

"Will you be able to come to my [special event]?"

Reassure your child that even though you are physically separated from them, you can still find ways to connect and engage with their special moments.

Example answer: "I wish I could be there for your birthday party/school play/sports game, but the rules of this facility may not allow me to attend. But I will be thinking of you and cheering you on from here, and I can't wait to hear all about it afterwards."

D

Other Prototypes Communication Watch

BabbleWatch - Connection during separation

