

Team PALMY

Submitted by: Ana Carvallo, Lindsay Lipschultz, Patrick Giavelli, sahibzada mayed, Yaritza Chavez

Secondary Research Sources

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Impact of Incarceration on Childhood Development

1. [The Invisible toll of Mass Incarceration on Childhood Development](#)

Main takeaway(s): Children do not get enough access to their incarcerated parents to build meaningful relationships with them. Their experiences in waiting rooms also do not facilitate meaningful meetings with them when their visit starts.

Prison nurseries and programs that teach parents about child development should be expanded. Visiting times should be increased, parents should be allowed to hold their children during these interactions, and more financial and psychological support should be offered to people reentering society after prison. Every state in the nation should also adopt a law that enumerates the right of all children to have access to their parents and caregivers, including those who are incarcerated, and to the brain-building potential inherent in those relationships.

2. [Understanding the Needs of Children with Incarcerated Parents](#)

Main takeaway(s): Mental health support is what most children with incarcerated parents are missing and it can result in their inability to perform well in school

Impact of Prison Visits on Children

3. [Implications of in-Person Visits for Incarcerated Parents' Family Relationships and Parenting Experience](#)
4. [A Developmental Perspective on Children With Incarcerated Parents](#)
5. ["It's Not All Cupcakes and Lollipops": An Investigation of the Predictors and Effects of Prison Visitation for Children during Maternal and Paternal Incarceration](#)
6. [How Teachers Can Recognize Signs of Trauma in Students | Edutopia.](#))
7. ['Doing the Wait': An exploration into the waiting experiences of prisoners' families - Rebecca Foster, 2019](#)
8. [Riding the Bus: Barriers to Prison Visitation and Family Management Strategies - Johnna Christian, 2005](#)

Cook County Jail

9. [Cook County Visitor FAQ](#)

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10. [Cook County Rules and Regulations for Visitors](#)

Historical and Racial Trauma

11. [SYSTEMS OF TRAUMA | Racial Trauma](#)

12. [Coping with Racial Trauma | The Department of Psychology](#)

13. [Healing Justice: A Framework for Collective Healing and Well-being from Systemic Traumas](#)

Understanding the impacts of systemic and intergenerational trauma, community practices to move toward healing justice rooted in collective, grassroots, and pragmatic design interventions

Learning through Play

14. [Brief Interventions Influence the Quantity and Quality of Caregiver-Child Conversations in an Everyday Context](#)

Main takeaway(s): children from low income communities are already behind by the time they enter kindergarten. One way to prepare children for school is by encouraging caregivers to engage children in conversations about academically-relevant concepts by using numbers, recognizing shapes, and naming colors (Levine et al., 2010; Fisher et al., 2013). Previous research shows that caregiver-child conversations about these topics rarely take place in everyday contexts (Hassinger-Das et al., 2018), but interventions designed to encourage such conversations, like displaying signs in a grocery store, have resulted in significant increases in caregiver-child conversations (Ridge et al., 2015; Hanner et al., 2019).

15. [Guided Play: Principles and Practices](#)

Trauma-Informed Design

16. [Abolishing the cop inside your \(designer's\) head](#)

Critical read on the intersections of design and policing, in the broader context of the carceral state and prison industrial complex. Good starting point for thinking about how to engage in this work.

17. [Keeping Survivors Safe during UX Research](#)

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First-hand account of conducting survivor-centered UX research with sexual assault survivors. Practical guide of practicing principles of safety during research and what participant care could look like

Resources for Parents

- 18. [Incarcerated Fathers Library](#)
- 19. [Children of Incarcerated Parents Library](#)

Child Development

- 20. [Developmental milestones chart](#)
- 21. [Child Development Guide: Ages and Stages](#)
- 22. [Child Development Card 0-11](#)
- 23. [The Development of Children 0-16 Years of Age](#)