

# Teacher – Follow-up Survey II

In field: 07.05.2024 – 11.07.2024

## Welcome

1. Welcome back!

About a year ago, you participated in the **Family Life Study** about family life and the reconciliation of work and family. Thank you for your effort and your time, we greatly appreciate your responses and feedback.

Today we want to kindly ask you to participate in the **third survey** to learn more about your expectations and experiences as a **working mother**. Today's survey takes approximately **10-15 minutes**. Among all participants who fully complete the survey, we will give away **5 Galaxus-vouchers**, each worth **300 CHF**.

Should you have any concerns or questions regarding the survey, please contact our research team at [family@econ.uzh.ch](mailto:family@econ.uzh.ch).

Kind regards

Your research team

## Satisfaction/Feelings

First, we would like to know more about your **satisfaction** with various domains of your life.

2. How **satisfied** are you with your current situation, in terms of ...

[Randomized order]

- ... the **quality** of time spent with your family?
- (If Partner = «Yes» in Baseline) ... your **partnership**?
- ... your family's and friends' **understanding** of the challenges you face as a mother?
- ... how you manage to **reconcile** work and family life?
- (If Partner = «Yes» in Baseline) ... the current **division** of household and childcare tasks with your partner?
- ... the **sense of purpose** you find in your job?
- ... your personal **work-life balance**?
- ... the time you have for **yourself**?
- ... your **individual** financial situation?

*Very dissatisfied; Rather dissatisfied; Neither nor; Rather satisfied; Very satisfied*

3. Next, we would like to know how you **felt** in the **last month**. **In the last month, how often** have you ...

[Randomized order]

- ... been **angry** due to an **unexpected event**?
- ... felt that you were **unable to control** the **important things** in your life?
- ... felt **nervous** and **stressed**?
- ... felt confident about your ability to **handle** your personal challenges?
- ... felt that **things** were **going your way**?

- ... found that you **could not cope** with all the **things** that you had to do?
- ... felt that you had **control** over the **challenges** in your life.
- ... felt that you were **on top of things**?
- ... been **angry** because of things **outside of your control**?
- ... felt that **difficulties** were **piling up** so high that you **could not overcome them**?

*Never; Almost never; Sometimes; Fairly often; Very often*

4. How do you feel at this moment when thinking about the future?  
Please select all feelings that apply.

[Randomized order, «None of the above» always last]

*Angry; Anxious; Hopeful; Discouraged; Happy; Motivated; None of the above*

## Perceived differences in ease of coping with work life and private life

Please think about your work and private life and how things have developed compared to previous school years.

5. Do you have the feeling that this school year it was **easier or more difficult** to:

[Randomized order]

- **Reconcile work and family** life.
- (If Partner = «Yes» in Baseline) **Coordinate** household **tasks** with your **partner**.
- **Coordinate** with your **colleagues** at school.
- Fulfil all **tasks** in your daily **work life** to your satisfaction.
- Fulfil all **tasks** in your daily **private life** to your satisfaction.
- Maintain a **close relationship** with **your child(ren)**.
- **Decide on** the **employment level** you want for the **next school year**.
- **Organize childcare** while you are working.
- (If Partner = «Yes» in Baseline) **Coordinate** with your **partner**.

*Much more difficult; More difficult; Neither nor; Easier; Much easier*

## Channels of Adjustment

6. Which type(s) of **childcare** do you currently use when you are at work?  
Please select all that apply. [Multiple answers are possible]

*Nursery (Kita); "Tagesmutter»/Babysitter/Nanny; (If Partner = «Yes» in Baseline) Partner; Grandparents/relatives/friends; After-school care center ("Hort/Tagesstruktur"); My children are old enough to take care of themselves; Other: [Inline text field]; None*

7. For each type of childcare you are using, please indicate the **number of half-days** you use it for in a typical workweek.

*(Choices selected at 6 are displayed)*

- *Nursery (Kita): [Dropdown 1(1)10]*
- *"Tagesmutter»/Babysitter/Nanny: [Dropdown 1(1)10]*

- *Partner*: [Dropdown 1(1)10]
- *Grandparents/relatives/friends*: [Dropdown 1(1)10]
- *After-school care center ("Hort/Tagesstruktur")*: [Dropdown 1(1)10]
- *Other*: [Dropdown 1(1)10]

8. (If Partner = «Yes» in Baseline) What is the current **employment level of your partner**?

*[Slider 0(1)100]*

9. (If Partner = «Yes» in Baseline) If you had the option to freely choose, what **employment level** would you have wanted for your **partner**?

*[Slider 0(1)100]*

10. How much **private leisure time** do you have in a typical school week, for instance, to do sports and meet friends?

*Less than 1 hour; 1-2 hours; 3-4 hours; 5-6 hours; 7-8 hours; more than 8 hours*

11. Do you employ a domestic help/cleaner?

*No; Yes*

12. In the last year, did you **change** your employer, the canton you work in, or the number of schools you work in?

*No; Yes*

## Takeaways

We are almost at the end of the survey. We would like to hear your opinion on what participation in the study has meant for you personally.

13. Do you feel that you have generally gained **something useful** from **participating** in the study?

*Not at all; No; Neither nor; Yes; Yes, a lot*

14. Do you have any comments here at the end which you would like to share with us?

*[Essay text field]*

15. END OF SURVEY. **Thank you** for your participation in the **Family Life Study**!