

UPS Technology Group Summer 2025 Internship - NJ

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Job Description

UPS Advantages

Career Path

Location

Primary Location 10 UPPER POND ROAD, Parsippany, New Jersey
Job ID R24029212



Full-Time Parsippany, New Jersey Level: Varies based on position



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the place for you! As a leader in Information Technology, UPS is excited to offer Summer 2025 Internship opportunities to talented and motivated college students. If you are pursuing a degree in Computer Science, Information Technology, Data Science, Data Analytics, MIS, Mathematics, Engineering, or a related field, the UPS Technology Group is the perfect place to start your career.

Please note: This role is **in-person and based out of one of our **New Jersey** offices (Mahwah or Parsippany). Please only apply if you live within a commutable distance or are willing to relocate for the duration of the internship.*

Internship Overview:

The UPS Technology Group is hiring for multiple summer internship positions including **software engineering**, **application developer**, **data analytics**, and **information security** roles. Based on your background and skillset, we will match you to a team within one of our seven Solution Delivery Groups (SDGs):

- **EDA** – Enterprise Data & Analytics
- **CET** – Customer and Enterprise Technology
- **IHS** – International, Healthcare, & Supply Chain Solutions
- **OPT** – Operations Technology
- **OTE** – Operations Technology Engineering
- **SEC** – Information Security
- **TEC** – Technical Services

Responsibilities:

- Contribute to projects within your assigned SDG.
- Apply and develop technical and soft skills through hands-on experience.
- Collaborate with team members and mentors to achieve project goals.

Technical Skills Required:

To qualify for this internship, you should be familiar with **at least three** of the technical skills listed in any of the categories below:



- **Programming Languages:** Java, Python, C++, .NET, C#, JavaScript, SQL

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- **Development & Testing:** Web Development, DEVOPS, Testing, Performance Testing, REST API, SOAP
- **Additional Skills:** Artificial Intelligence / Machine Learning, Container Platforms/Cloud Development

Note: Again, you are not required to have expertise in all listed technical skills, but you must possess knowledge of at least three combined from any of the categories above.

Soft Skills: Effective Written and Verbal Communication, Adaptability, Agility, Problem-Solving, Detail-Oriented, Organized, Critical Thinking

Other Requirements:

- Availability to work 40 hours per week during the summer months (Monday - Friday, June - August).
- Currently enrolled in or recently graduated from (within the last 24 months) a degreed program in Computer Science or a related field.
- This role is in-person and based out of one of our New Jersey offices (Mahwah or Parsippany). You must live within a commutable distance or be willing to relocate for the duration of the internship.

How to Apply:

Submit your application. Once you apply, our recruiters will match you with a team that best fits your unique skill set.

Start your career with UPS Technology Group and gain valuable experience that will shape your future in IT! To learn more about the internship program, visit <https://www.jobs-ups.com/information-technology-internships>.

Employee Type:

Intern

UPS is committed to providing a workplace free of discrimination, harassment, and retaliation.

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Everyone I work with is an important player in contributing to the overall success of our projects."

– Monica

Benefits & Career Advantages

IT Professionals get a full slate of benefits and rewards.



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Career Path

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New Jersey
Parsippany and Mahwah



Georgia
Alpharetta



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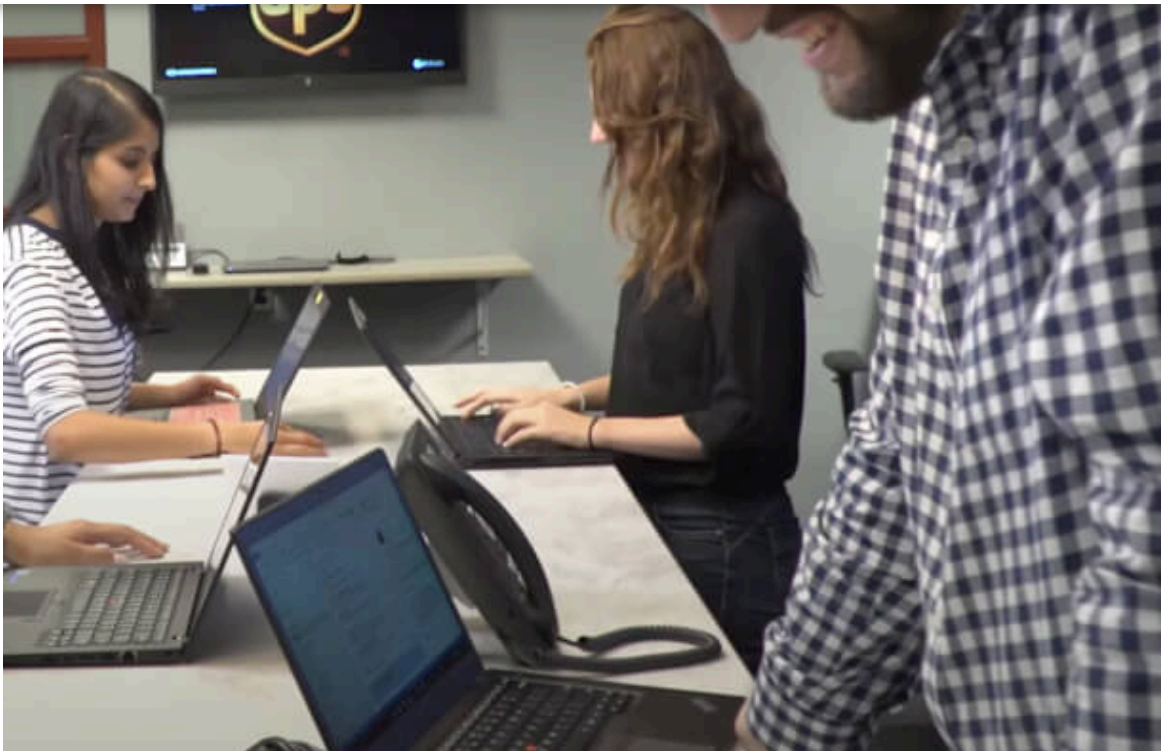
UPS I.T. Speaks With Bloomberg

Satyan Parameswaran, Vice President, UPS Information Technology (I.T.), Operations Technology (OPT), sat down with Lisa Abramowicz of Bloomberg TV to discuss intelligent automation and its effects on the UPS enterprise.



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Please note, some images and video were taken prior to the pandemic.