

Anand Patel  
 IU2141230158, CSE Department  
 IITE, Indus University

Drashti Patel  
 IU2141230168, CSE Department  
 IITE, Indus University

Dev Salot  
 IU2141230245, CSE Department  
 IITE, Indus University

## INTRODUCTION

MindCare is a mental health support web application that combines AI and machine learning to help users track their mood, complete mental health assessments, and access therapy services. The platform features a chatbot for basic support, therapist profiles with online/offline booking, and a clean, pastel-themed UI for a calming experience. An integrated admin panel manages users, therapists, and appointments efficiently. Built with HTML, CSS, JavaScript, PHP, and Python, MindCare aims to make mental health care more accessible, interactive, and user-friendly.

## OBJECTIVES

To develop a user-friendly web application that allows individuals to monitor their mental health through daily mood tracking, mental health questionnaires, and receive basic emotional support via an AI-powered chatbot. To facilitate seamless access to professional therapy by providing detailed therapist profiles, scheduling options for online/offline sessions, and an admin panel for efficient management of users, appointments, and feedback.

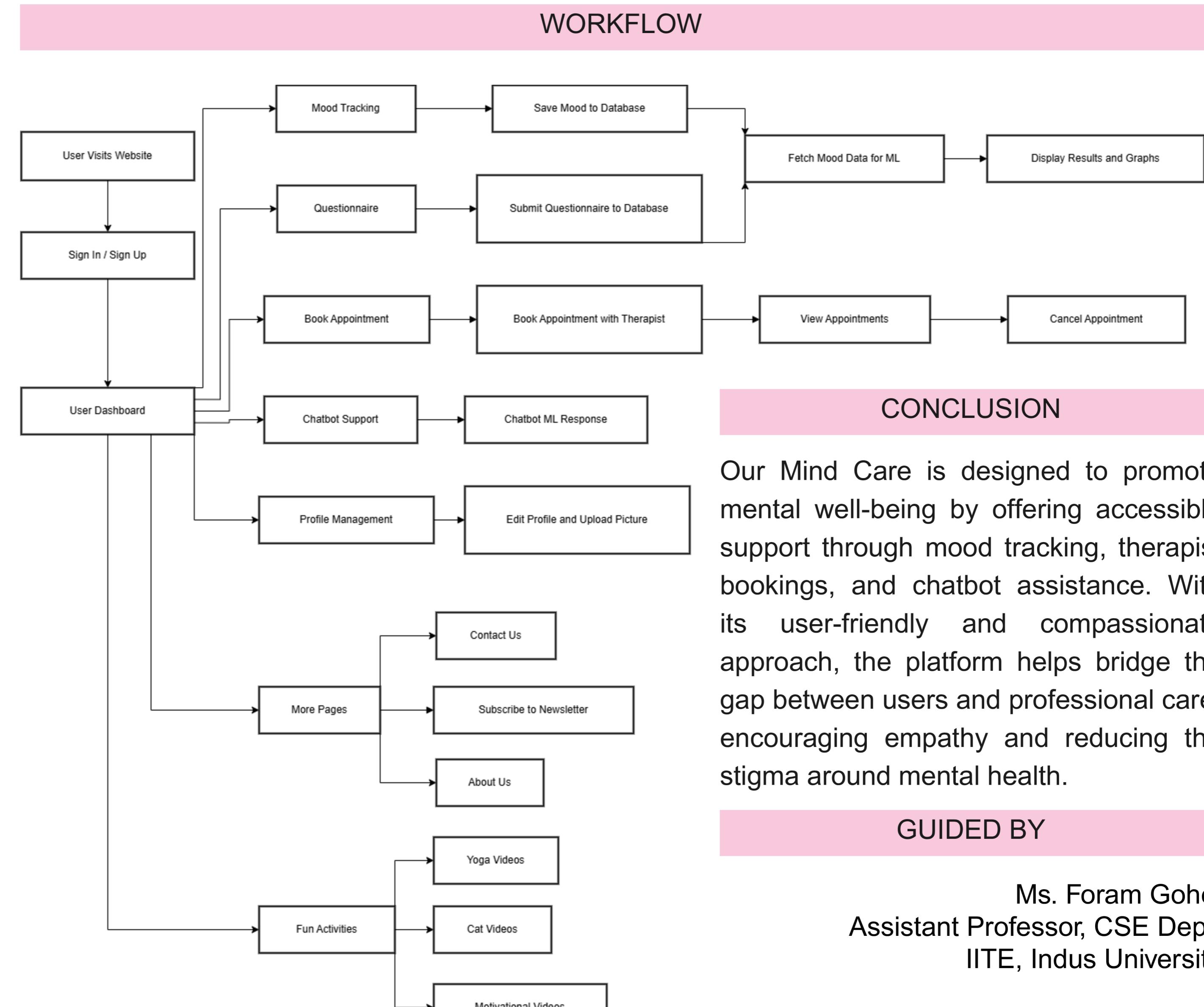
## APPLICATIONS

**Mental Health Awareness:** Encourages users to understand and prioritize mental well-being.  
**Accessible Support:** Connects individuals with therapists for online/offline consultations.  
**Early Detection:** Mood tracking and questionnaires help identify early signs of mental distress.  
**24/7 Assistance:** AI chatbot offers immediate emotional support anytime.  
**Data-Driven Insights:** Users receive personalized insights for self-care and progress tracking.

## OUTCOMES

Built a mental health platform with mood tracking, chatbot, and therapist booking. Enabled users to log and reflect on daily emotional states. Provided AI-driven suggestions based on user inputs. Offered access to professional help through online/offline booking. Designed a chatbot for basic mental health support. Developed an admin panel for therapist and user management. Increased awareness about mental health through engaging features.

## TECHNOLOGY STACK



## CONCLUSION

Our Mind Care is designed to promote mental well-being by offering accessible support through mood tracking, therapist bookings, and chatbot assistance. With its user-friendly and compassionate approach, the platform helps bridge the gap between users and professional care, encouraging empathy and reducing the stigma around mental health.

## GUIDED BY

Ms. Foram Gohel  
 Assistant Professor, CSE Dept,  
 IITE, Indus University