

Don't let **FLU**
slow you down!



Dear

CDC estimates show that around 10 people out of every 100 suffer from Flu every season. It causes severe debilitating impact on various aspects of your life.

THE FLU IMPACTS



Professional Life

- » Leading to days off from work
- » Leading to complications such as pneumonia requiring hospitalization.
- » If impacted, flu takes its own course of time affects your productivity at work



Personal Life

- » Flu is infectious and can also spread to your other family members
- » Parents with kids having flu lose an average of 3 days to help the recovery of their kids



Quality of Life

- » Flu slows you down and affects all other aspects of normal daily activity
- » Several days of quarantine from family, friends and peers



FLU CAN HAVE SERIOUS IMPLICATIONS FOR



Senior Citizens

Seasonal Flu can be very serious disease, even deadly for the adults ≥ 65 years because of their weak immune systems.



Pregnant Women

Changes to immune system during pregnancy can make them more prone to severe illness from flu which can result in serious complications for their unborn baby.



Children & Infants

In children, flu associated with other illnesses leads to hospitalisation from few days to weeks because of their under developed immune systems.

DOES FLU VACCINATION WORK?

***45 percent of the U.S. population** got vaccinated, helping to prevent an estimated **6.6 million flu-related illnesses.**

(*According to CDC statistics 2012-2013)



Regards,

Dr. Brian
Interactive Health Clinic



Call us to schedule an
appointment

866-214-4524



Get your
FLU SHOT

It's a simple action that can save lives.