



Diabetes:

Protecting your vision starts
with an **eye exam**

Dear <<Member>>,

Diabetes has various complications. One of them being eye disease, which when left untreated can cause severe vision loss or blindness. It is vital that you have regular eye check-ups to detect retinopathy before your vision becomes severely affected.

A Diabetic Retinal Eye (DRE) exam is especially important for protecting those at high risk of diabetes.

Partner with us to deliver better health.

Sincerely,
XYZ

To find out where to get your Diabetic Retinal Eye Exam
or to learn more about the Diabetes Complications, call **1800-333-6668**

VISIT



interactive
HEALTH CLINIC

<Address>

Interactive Health Clinic

<Clinic Address>

<Clinic Street>

<Clinic City>



<First Name><Last name>

<Address Line 1>

<Address Line 2>

<City>, <State><Zip>

Diabetes

The Complications

- Sight Loss
- Heart Attack
- Liver/Kidney Damage
- Nerve Damage

Health Tips

WHAT YOU CAN DO



Eat less and don't eat too many sweets or starches



Try to exercise everyday



Check your blood sugars and write them down to show your doctor



Take good care of your feet



Take your medicines