



# DID YOU GET YOUR FLU SHOT THIS YEAR?

**Dear Member,**

Do you know that the flu season is round the corner and you can be the next target. It's not too late to get a flu vaccine to protect yourself and your loved ones.

## ***Schedule your Flu Shot Today***

(Choose a time and location that is convenient for you)



***Fix an  
Appointment Now***



***Speak to our  
specialist***

Vaccination is especially important for protecting those at high risk for serious flu complications, including:

- young children
- pregnant women
- adults 65 years and older
- anyone with chronic health conditions like asthma, diabetes, and heart disease.

***Partner with us to deliver health***

***Sincerely,  
XYZ***

***Get your flu vaccine.***

***It's safe and your best protection against the flu***

See a health care provider right away if you develop the following symptoms

- Shortness of breath, rapid breathing or difficulty breathing
- Chest pain
- Bluish or grey skin colour
- Bloody or coloured mucus/spit
- Sudden dizziness or confusion
- Severe or persistent vomiting
- High fever lasting more than three days
- Low blood pressure

To find out where to get your flu vaccine or to learn more about the Influenza,  
Call **1800-333-6668**

***Visit us at***



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