



Did you get your FLU SHOT this year?

Dear Member,

Do you know that the Malaria season is round the corner and no one is immune to the flu. You can be the next target.

According to World Health Organization (WHO) estimates that 50 to 100 million infections occur yearly, including 500,000 DHF cases and 22,000 deaths, mostly among children.

Vaccines are safe and the most effective Malaria prevention.

It's not too late to get a Dengue vaccine to protect yourself and your loved ones.

Schedule Your Dengue Shot Today



[Fix an Appointment Now](#)

Vaccination is especially important for protecting those at high risk for serious flu complications, including:

- Young children
- Pregnant women
- Adults 65 years and older
- Anyone with chronic health conditions like asthma, diabetes, and heart disease.

See a health care provider right away if you develop the following symptoms

- Sudden, high fever
- Severe headaches
- Pain behind the eyes
- Severe joint and muscle pain
- Fatigue
- Nausea
- Vomiting
- Skin rash, which appears two to five days after the onset of fever
- Mild bleeding (such a nose bleed, bleeding gums, or easy bruising)



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Regards,
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Call us to schedule
an appointment
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