

51000 people die
from colorectal cancer each year

**BEAT THE ODDS!
GET SCREENED TODAY**

Dear <Patient Name>,

Colorectal cancer is the leading **cancer killer** in the United States. But it can be **prevented**. Get **screened** early, when treatment works wonders. Regular colorectal cancer screening or testing is one of the easiest ways to detect and prevent colorectal cancer.

**CRC IS
PREVENTABLE
AND EASILY
TREATABLE IF
CAUGHT EARLY**



9 out of 10

individuals if diagnosed
with early stage CRC

SURVIVE 5 YEARS
(and many live much longer)

Regular screening can detect
cancer early and prevent them
from worsening.

**DO YOU HAVE ANY OF THESE SYMPTOMS?
CONSULT A HEALTHCARE PROVIDER RIGHT AWAY!**



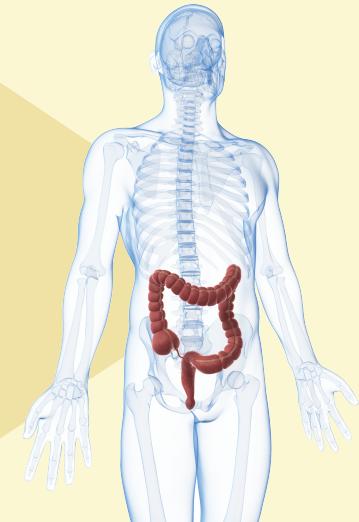
Change in Bowel habits: Diarrhea,
Constipation lasting for more days.



Blood on your toilet paper! Rectal bleeding,
dark stools, or blood in the stool



Abdominal pain



**THESE ARE FEW THINGS THAT MIGHT WORK TO FIGHT
AGAINST CANCER**

Consume foods rich in flavanols
like (apples,pomegranate)



Avoid Alcohol and Smoking

Have foods rich in carbohydrates
and Vitamin B (bread, cereals and
grains)



Avoid Red meat

Consume more garlic in your diet



Exercise Frequently

Regards,
Dr. Brian
Interactive Health Clinic

 Call us to schedule an appointment
866-214-4524