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Cell Therapy in Patients with Left Ventricular

Dysfunction Due to Myocardial Infarction

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Objectives: The purpose of this study was to determine the impact of autologous transplantation

of mononuclear bone marrow cells on myocardial function in patients with left ventricular (LV)

dysfunction due to an acute myocardial infarction. Methods: The randomized study included 82

patients with a first acute myocardial infarction treated with stent implantation. This presentation

is a subanalysis of 47 patients with left ventricular dysfunction (EF (ejection fraction)

40%). Group

H patients (n

17) received higher number (100,000,000) of cells; Group L patients (n

13) received

lower number (10,000,000) of cells. The patients of control Group C (n

17) were not treated with

cells. The Doppler tissue imaging and single photon emission computed tomography were performed

before cell transplantation and 3 months later. Results: At 3 months of follow-up, the baseline EF

of 35%, 36%, 35% in Groups H, L, and C increased by 6% (P

0.01 vs. baseline), 5% (P

0.01 vs.

baseline), and 4% (P

NS vs. baseline), respectively, as assessed by single-photon emission computed tomography (P

NS between groups). The baseline number of aknetic segments of 6.9, 7.0, and 6.2 in

H, L, and C groups decreased by 1.7 (P

0.01 vs. baseline), 1.5 (P

0.01 vs. baseline), and 0.7 (P

NS vs. baseline, P

NS between groups), respectively, as demonstrated by echocardiography. Conclusion :

In our study, the statistically important effect of transplantation of mononuclear bone marrow cells

on myocardial function was not found. Only an insignificant trend toward the improvement of global

LVEF fraction was found at 3-month follow-

up. (ECHOCARDIOGRAPHY, Volume 25, September

2008) stem cells

, coronary artery disease

, left ventricular dysfunction

Postmyocardial infarction congestive heart

failure remains to be a major clinical prob-

lem, despite advances in the medical and sur-

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gical treatment of acute coronary syndromes.

Coronary artery disease accounts for approx-

imately 50% of all cardiovascular deaths and

is the leading cause of congestive heart fail-

ure. The 1-year mortality rate for patients di-

agnosed with congestive heart failure is about

20%, and from 1994 to 2004, deaths from heart

failure increased 28%.

12 Development of heart

failure in survivors of acute myocardial infarc-

tion involves myocyte loss in the areas supplied

by the infarct-related artery and subsequent

formation of noncontractile fibrous tissue. To

date, no therapeutic procedure like angio-

plasty or thrombolytic agents could reverse the

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irreversible myocardial injury completely. The

recovery of contractile function after revascu-

larization occurs only in the areas of hibernat-

ing myocardium. Heart transplantation may be

an option in selected patients, but the donor

supply is strictly limited.

Recent experimental and clinical studies sug-

gest that cell transplantation into damaged my-

ocardium may have the potential to restore

myocardial viability and improve left ventric-

ular function. Different cell types can be po-

tentially used for transplantation. To avoid

problems with donor availability, immunolog-

ical rejection, arrhythmias, and ethical prob-

lems, autologous bone marrow cells appear par-

ticularly attractive. But in a majority of studies,

only patients with almost normal function or

only mild dysfunction of the left ventricle were

studied. 3. So the purpose of this study was to determine

the impact of autologous transplantation of

mononuclear bone marrow cells on myocardial

function in patients with moderate-to-severe

left ventricular dysfunction.

Materials and Methods

Study Population

The randomized study included patients with a first acute myocardial infarction treated with coronary angioplasty with stent implanta-

tion. Only patients with successful recanaliza-

tion of the infarct-related artery (TIMI flow grade 3) and the evidence of an irreversible

damage of at least two kinetic or dyskinesic

myocardial segments identified

by dobutamine

echocardiography, gated technetium-99m ses-

tamibis single photon emission computed to-

mography, and positron emission tomography

(performed in only 73% of patients) were in-

cluded. The exclusion criteria were: (1) age ≥ 70 years; (2) noncardiac disease adversely af-

flecting prognosis; (3) another cardiac disease

except coronary artery disease; (4) coagulopa-

thy, thrombocytopenia, leucopenia; (5) absence

of signs

of an increase in cardiac enzymes (cre-

atine kinase over 20
kat/l or creatine kinase-

MB over 3

kat/l or troponin I over 20
g/l. The normal upper limits in our laboratories are

2.85 kat/l, 0.42

kat/l, and 2.0

g/l, respec-

tively); (6) patient instability on days 3

to 7 after

MI; and (7) need for coronary revascularization

in the future for multivessel disease.

From a total number of 82 patients who com-
pleted the baseline and 3-month follow-up ex-
amination, 66 patients were analyzed in the
previously published study.

12 This first 66 pa-

tients were randomized into three arms: (1) a

group treated with a higher number of mononu-
clear bone marrow cells (de
Benedas et al, 1991).
number of 1
108 cells); (2) a group treated
with a lower number of cells (de
Benedas et al, 1991).
mean number of 1
107 cells); and (3) a con-
trol group not treated with cell transplanta-
tion. Subsequent 16 patients were randomized
into only two arms: higher-dose-treated group
and control group. The reason for changing ran-
domization scheme was no signi-
ficant effect of
a lower-dose of cells in the previous study. This
presentation is a subanalysis of 47 (from all
the 82) patients with signi-
ficant left ventricu-
lar dysfunction-
dejection fraction (EF)
40%. Forty-
five patients underwent the primary an-
gioplasty (within 12 hours of chest pain on-
set) and two patients were retreated with angio-
plasty within the interval from 12 hours to
3 days after symptom onset.
Study Design
On day 3
6 days after myocardial infarction, rest
and dobutamine echocardiography was per-
formed to evaluate the presence of a kinetic or
dyskinetic left ventricular segment without
any contractile reserve. At the same time color
Doppler tissue imaging was performed. Within
the next 2 days patients underwent the gated
technetium-99m sestamibi single photon emis-
sion computed tomography and positron emis-
sion tomography. Patients with evidence of

an irreversible damage of at least two kinetic
or dyskinetic myocardial segments proved by
all methods were then randomized. Patients
of cell groups underwent subsequently a bone
marrow aspiration. Autologous bone marrow
mononuclear cells were retransplanted into the
infarct-related artery 20
± 21 hours after the
bone marrow aspiration, 5
± 9 days after my-
ocardial infarction. Immediately before and 10
and 20 hours after the procedure, blood samples
for cardiac enzymes (creatin kinase, creatine
kinase-MB and troponin I) were acquired.
Three months after randomization, rest
echocardiography with Doppler tissue imaging,
single photon emission computed tomography,
and coronary angiography were repeated. Pa-
tients of the control group underwent the same
procedures and examinations, as did the trans-
planted patients except for bone marrow aspi-
ration and cell transplantation.

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In this subanalysis, the changes of following
echocardiographic parameters were assessed:

- (1) the peak systolic velocity of the myocardium
adjacent to mitral annulus of infarcted wall
(S_{infarct}) (as a parameter of the regional longi-
tudinal left ventricular systolic function); (2)
the mean six-sites systolic velocity of the my-
ocardium adjacent to mitral annulus (as a pa-
rameter of the global longitudinal left ventric-

ular systolic function), which was calculated as

mean six-site

$(\text{S lateral S septal S anterior S inferior S antero-septal S posterior}) / 6$; and (3) number of kinetic segments.

The changes of following parameters derived from single photon emission computed tomog-

raphy were assessed: (1) left ventricle end-

diastolic volume; (2) left ventricle end-systolic

volume; (3) left ventricle ejection fraction; and

(4) perfusion defect size.

The institutional ethics committee approved the study and written consent was obtained

from each patient.

Echocardiography

Using commercially available equipment

Vivid 7 (GE/Vingmed, Milwaukee, WI, USA)

with an M3S transducer, echocardiographic ex-

aminations were performed in one center. Two-

dimensional and color Doppler tissue images of

apical views (apical 4- and 2-chamber and api-

cal long-axis views) were obtained and stored

digitally for the subsequent of

line quantitative

analysis using a software incorporated in Vivid

7 (Echopac 7 version 1.3, GE/Vingmed). The

wider-angle sector (60

to 70 degrees) was used to

depict two-dimensional images for wall motion

analysis. The narrow angle sector (30

to 45 de-

grees) was used to obtain color Doppler tissue

images of individual left ventricular walls (sep-

tum, lateral, inferior, anterior, posterior, and

anteroseptal walls) at the high frame rates of

172 to 234 frames per second.

Dobutamine echocardiography was per-

formed in all patients with starting dose of

5 g/kg per min. The dose was increased at

5-minute interval to 10, and 20
 g/kg per
 min. The parasternal long-axis and three
 apical views were digitally stored at rest and
 at the last minute of all doses of dobutamine
 for a subsequent wall motion analysis. A
 16-segment model was used for regional wall
 motion analysis.
 13 The aknetic and dysknetic
 segments with no improvement in thickening
 after any dose of dobutamine were regarded
 as irreversibly damaged. A good interobserver
 and intraobserver variability in scoring dys-
 functional segments (agreement 93% and 96%,
 respectively) and in determining the contractile
 reserve (agreement 92% and 95%, respectively)
 has already been described.
 14 The regional longitudinal systolic function
 was evaluated from the color Doppler tis-
 sue imaging.
 15 16 Peaksystolic velocities (S)
 were determined for the basal myocardium
 of each wall adjacent to the mitral annulus
 (Slateral, Sseptal, Santerior, Sinferior, Santeroseptal, and
 Sposterior). The results were obtained as a mean
 from three consecutive heart cycles. Two expe-
 rienced echocardiographers who were blinded
 to the patient treatment performed the analy-
 ses. The reproducibility of estimation of S val-
 ues of individual walls was evaluated in our
 initial 3-month project.
 12 For all S values, the
 estimated 95% con-
 fidence limits for differences
 between intraobserver (JM) pairs of measure-
 ment revealed repeated results to vary in a
 range of
 10.6% as based on the mean primary

values and similarly
 11.5% for the interobserver variability (J Mand RP). The sufficient interobserver reproducibility was also proved in
 applied pairwise ANOVA models: only 4.8% of
 overall variability could be attributed to the differences among observers and the interobserver
 effect was unambiguously not significant ($P = 0.963$). Gated Technetium-99m Sestamibi Single
 Photon Emission Computed Tomography
 Seven hundred forty MBq technetium-99m
 sestamibi was injected at rest. Gated singlepho-
 ton emission computed tomography imaging
 acquisition (64 projections from the 45
 right anterior oblique projection to the 45
 left posterior oblique projection) began 1 hour after
 sestamibi injection using a 2-detector gamma
 camera (ecam, Siemens, Erlangen, Germany)
 equipped with low-energy, high-resolution
 parallel-hole collimators. The MIBI uptake
 was analyzed visually and quantitatively on
 computer-generated polar maps by an experienced
 nuclear cardiologist who was unaware
 of the patient's treatment. Pixels with a ses-
 tamibi activity
 2.5 SD below the corresponding
 normal mean values were considered ab-
 normal. The computer automatically expressed
 a perfusion defect as the number of abnormal
 pixels divided by the total number of left ven-
 tricle pixels
 100 project.
 17 In the viability
 analysis, the myocardial region with the maxi-
 mum sestamibi uptake was used as a reference
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region. The tracer uptake in other myocardial regions was then expressed as a percentage

of the activity measured in the reference re-

gion. Nonviable myocardium was de-

fin

thathaving sestamibi uptake below the thresh-

old of 50% of the maximum project.

¹⁸F-gated single photon emission computed tomography

rest left ventricular ejection fractions and left

ventricular end-diastolic/end-systolic volumes

were obtained using automated, commercially

available software four-dimensional-MSPECT

(University of Michigan, Ann Arbor, MI, USA).

Positron Emission Tomography

To assess myocardial viability, F-18-

fluorodeoxyglucose-positron emission to-

mography was performed with a whole-body

positron emission tomography scanner (ECAT

ACCEL, Siemens, Knoxville, TN, USA). Ac-

quisition was started 50 minutes after the

administration of

fluorodeoxyglucose (200

MBq intravenously) and images of glucose

utilization were acquired for 15

to 20 minutes

in a 3D mode. The metabolic defects were

analyzed on computer-generated polar maps.

The myocardial

fluorodeoxyglucose uptake for

each part of the left ventricle was normalized

to a myocardial region with the maximum

fluorodeoxyglucose uptake. A nonviable myo-

cardium was de-

fin

thathaving less

than 50% of the maximum

fluorodeoxyglucose uptake.

¹⁸F Bone Marrow Aspiration and Preparation

The target volume of bone marrow blood
 (100 ml for the lower cell dose, 150 ml for
 the higher cell dose) was obtained from iliac
 crests under local anesthesia and moderate sedation
 with midazolam, mixed with 4% human
 albumin and 5,000 IU of heparin, and cen-
 trifuged (15 minutes, 240g) to receive buffy-
 coat. Mononuclear cells were collected using
 density gradient centrifugation of the buffy-
 coat (20 minutes, 1,200g, Histopaque 1077,
 Sigma-Aldrich, St. Louis, MO, USA), washed,
 and resuspended. One hundred twenty-
 five per-
 cent of the target amount of mononuclear cells
 was added to the CellGro serum-free medium
 (CellGenix, Freiburg, Germany) to reach 0.3
 $\times 10^6$ cells/ml. After an overnight cultiva-
 tion (37
 C, 5% CO₂) in a
 BioBag (VueLife,
 CellGenix), 105% of the target number of
 mononuclear cells was withdrawn, washed, and
 resuspended in the Hank
 B's salt solution (Sigma-
 Aldrich) with 4% human albumin and 1,000 IU
 of heparin into a total volume of 22 ml.
Cell Implantation
 Autologous mononuclear bone marrow cells
 were retransplanted 5
 days after the infarc-
 tion onset using a modi-
 fication of the method
 described previously by Strauer et al.
 19 Cells were implanted intracoronary via a percuta-
 neous transluminal catheter into the infarct-
 related coronary artery. A total of seven balloon
 inflations at the place of previous stent implan-
 tation lasting for 3 minutes were carried out
 with 3-minute intervals of balloon de-
 flation. At

the beginning of each balloon inflation, 3 ml of cell suspension was slowly injected into the artery. All patients were on daily doses of 75 mg of clopidogrel and 100 mg of aspirin and, in addition, a bolus of 100 units/kg of body weight of heparin was administered immediately before the procedure to minimize the risk of thrombotic complications.

Statistical Analysis

Standard descriptive statistics were used to summarize the sampled distribution of individual variables (means, standard errors, confidence limits). A univariate t-test for two independent samples was applied to compare values of parameters between the groups. A paired t-test was applied to compare changes in values prior and after the treatment. All parametric tests were performed with the verification of the assumption of normal distribution (Shapiro-Wilk test). Two independent samples were mutually compared on the basis of proved homogeneity of variance (Variance ratio F-test). The correlation analysis was based on Pearson correlation coefficient. A $P < 0.05$ was considered statistically significant. Repeated measures ANOVA model was used to test the results obtained by different observers (measured in all patients included in the reproducibility test). The pairwise difference included overall F-test of the main effects (i.e., differences among different observers) and then estimation of within-observer variability.

Results This subanalysis contains 47 patients. Thirty of them were treated with mononuclear bone
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TABLE I

Characteristic of the Study Population

Control (C) Lower Cell Dose (L) Higher Cell Dose (H)

Parameter Group (n

17) Group (n

13) Group (n

17) Age (years) 52 (2) 55 (2) 55 (5)

Men 15 (88%) 12 (92%) 15 (88%)

Hypertension 9 (53%) 5 (39%) 5 (29%)

Hyperlipidemia 6 (35%) 9 (69%) 7 (41%)

Diabetes mellitus 4 (24%) 1 (8%) 3 (18%)

Single-vessel disease 11 (65%) 9 (69%) 13 (76%)

Double-vessel disease 6 (35%) 3 (23%) 4 (24%)

Triple-vessel disease 0% 1 (8%) 0%

IRA: LAD 16 (94%) 12 (92%) 16 (94%)

IRA: LCX 0% 0% 0%

IRA: RCA 1 (6%) 1 (8%) 1 (6%)

Maximum CK (ukat/l) 80.2 (11.1) 80.2 (9.4) 68.9 (7.2)

Maximum CK-MB (ukat/l) 7.4 (0.6) 7.6 (0.9) 6.8 (0.7)

Time from infarction to set to 507 (240) 263 (53) 484 (192)
 reperfusion (min)

Time from infarction to set to cell

7 (0.4) 7 (0.3)

transplantation (days)

Dobutamine echo

No. of irreversibly damaged segments 6 (0.7) 7 (0.4) 7 (0.7)

Medication on hospital discharge

Aspirin 17 (100%) 13 (100%) 17 (100%)

Clopidogrel 15 (88%) 13 (100%) 17 (100%)

ACE inhibitor 17 (100%) 13 (100%) 17 (100%)

Beta blocker 17 (100%) 13 (100%) 17 (100%)

Statin 17 (100%) 13 (100%) 17 (100%)

The values are expressed as the means supplied by standard error (in parentheses) or number (%) of subjects. ACE, angiotensin-converting enzyme; CK, creatine kinase; echo, echocardiography; IRA, infarct-related artery; LAD, left anterior descending coronary artery; LCX, left circumflex artery; RCA, right coronary artery.

17 patients in the Group H with higher cell doses, while 13 in the Group L with lower cell doses, and 17 of them served as a control Group C. The baseline characteristics are represented in Table I.

There were no significant differences among the groups. The Effect of Cell Transplantation on Myocardial Function and Left Ventricle Remodeling

The results of echocardiographic examinations and single photon emission computed tomography data are demonstrated in Table II. There was a trend toward the prevention of the left ventricle dilatation (end-diastolic volume) and the improvement of the left ventricular ejection fraction in transplanted patients.

Patients of the high-doses group significantly improved their regional systolic function (S infarct) after 3-month follow-up. We proved significant improvement in these parameters (left ventricular ejection fraction, end-systolic volume, peak systolic velocity of infarcted myocardium and number of kinetic segments) in cell therapy patients, as it is documented through significant results of within-group testing. However, there were no statistically differences among the groups.

These effects have already been published. 12 Phenotype of Transplanted Cells

Thesampleswereanalyzedfrom29patients
(inonepatientasmallsamplesizedidnotallow

adequateanalysis).Thetransplantedleuko-

cytescontainedinthemean43.4%CD3
cells,
2.9%CD16
cells,11.0%CD19
cells,0.4%
CD33cells,and1.1%CD34
cells,respec-
tively.Theviabilityofmononuclearcellswas

evaluatedafterthecultivation.Inallcases,the

viabilityexceeded95%.

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TABLEII

ComparisonofBaselineand3-MonthFollow-
UpEchocardiographicandSinglePhotonEmissionComputedTomography
ResultsfortheTreatmentandControlGroups
MutualComparison(P-Values)

CGroupLGroupHGroup

Parameter(n

17)(n

13)(n

17)Cvs.LCvs.HLvs.H

Echocardiography

Mean6-siteS(cm/s)4.9(0.2)5.1(0.3)5.2(0.2)0.8210.4160.594

Baseline5.2(0.3)4.9(0.3)5.0(0.2)0.4850.6110.822

Follow-up0.3(0.2)

0.2(0.3)

0.2(0.2)0.2980.1530.813

Change0.3930.6250.193

P-valueSinfarct(cm/s)Baseline4.5(0.2)4.2(0.3)4.3(0.2)0.6910.9750.704

Follow-up4.8(0.3)4.4(0.3)4.7(0.3)0.2830.4320.728

Change0.3(0.2)0.2(0.2)0.4(0.1)0.2610.3420.215

P-value0.1530.3370.013

No.ofakinetics

Baseline6.2(0.6)7.0(0.4)6.9(0.6)0.3660.4110.889

Follow-up5.5(0.7)5.5(0.6)5.2(0.7)0.9950.7440.768

Change0.7(0.4)

1.5(0.5)

1.7(0.5)0.2420.1280.798

P-value0.0620.0010.001SPECTEDV(ml)171(9)176(12)178(13)0.7860.6770.907

Baseline183(13)180(12)181(12)0.8410.8760.957

Follow-up12(8)4(10)3(8)0.5090.4310.941

Change0.1530.6960.713
 P-valueESV(ml)
 Baseline112(7)112(9)117(10)0.9980.6740.694

 Follow-up115(11)106(9)107(9)0.5550.5720.949
 Change3(8)
 6(7)
 10(4)0.4020.0940.706
 P-value0.7130.4080.023
 LVEF(%)
 Baseline35(1)36(1)35(1)0.3430.9390.308

 Follow-up39(2)41(2)41(2)0.2840.3240.897
 Change4(2)5(1)6(2)0.6090.2620.589
 P-value0.0620.0010.001Perfusiondefect(%)
 Baseline52(4)51(4)53(4)0.8800.9110.799

 Follow-up41(4)41(5)43(4)0.8720.6570.800
 Change11(3)
 10(2)
 10(2)0.6010.5370.958
 P-
 value0.0010.0010.001Thevaluesareexpressedasthemeansuppliedbystandarderror
 (inparentheses).
 Identifed as nonviable on pretransplant
 dobutamine echocardiography.
 Mutualsigni
 ficance between groups
 tested by
 t-test for two independent samples.
 Pairwise
 calculated within group
 change of values tested by
 t-test for two-paired samples.
 EDV
 end-diastolic volume; ESV
 end-systolic volume; LVEF
 left ventricular ejection fraction; m
 myocardium; S
 peak systolic velocity of basal myocardium adjacent to mitral annulus;
 S infarct peak systolic velocity of the infarcted wall;
 Mean 6-sites
 (S lateral S septal S anterior S inferior S antero-septal S posterior) / 6; s
 segments; SPECT
 single photon
 emission computed tomography; other abbreviations as in Table I.
 Discussion Potential Effect of Cell Therapy
 Bone marrow contains a great number of
 primitive cells that are able to differentiate

 into specialized cells, for example into endothe-
 lial cells or myocytes.
 2024 Some of these prim-
 itive cells produced different growth factors,
 21 for example vascular endothelial growth fac-

 tor, basic
 fibroblast growth factor, and cytokines

with proangiogenic effect. For these reasons,

many experimental studies were performed and

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proved the possibility of cell therapy to improve
perfusion and function of dysfunctional my-

ocardium. Despite numerous unresolved questions con-
cerning the cell transplantation, these
first hopeful experimental studies were immediately

followed by clinical trials, mostly in patients

with acute myocardial infarction. The num-

bers of patients included are relatively small.

Many of these studies are not randomized. The

type and amount of cells that are necessary

to implant to really regenerate damaged my-

ocardium are not known.

At present, we do not know the mechanism

of action of the implanted cells in studies that

found improvement in myocardial function or

perfusion following the cell therapy. Recently,

several experimental projects described no or

only negligible transdifferentiation of adult

stem cells into the myocytes.

27-30 The bene-

fit of cell transplantation may be induced by the

paracrine stem cell effect.

31-32 Studies in Patients with Acute Myocardial

Infarction: Transplantation of mononuclear bone mar-
row cells into the region of infarcted my-

ocardium has been previously suggested as a

promising alternative treatment for left ven-

tricular dysfunction. Nevertheless, the results

of randomized studies are controversial.

34-39 Some of them indicated that patients with
the most depressed left ventricular contrac-

tile function had the greatest improvement in
 contractile function after intracoronary admin-
 istration of bone marrow cells. For example,
 REPAIR-AMI,
 33 so far the largest randomized
 multicenter cell study,
 showed signi-
 ficantly greater increase in the global left ejection frac-
 tion in the bone marrow cell group (5.5% vs.
 3.0% in the control group) at 4 months follow-
 up. Higher impact of cells was found among pa-
 tients with a baseline left ventricle ejection frac-
 tion below the median value (48.9%). In these
 patients, the absolute increase in ejection frac-
 tion was three times higher than in the placebo
 group (7.5% as compared with 2.5%; absolute
 difference: 5.0%). Among patients with a base-
 line ejection fraction above median, the abso-
 lute difference between groups was only 0.3%
 (4.0% vs. 3.7%). Similar observations were pre-
 viously described in TOPCARE-AMI trial,
 34 in which baseline left ventricle ejection fraction
 was the only signi-
 ficant predictor of improve-
 ment in ejection fraction during the 4-months
 follow-up.
 In the randomized, double-blind, placebo-
 controlled study of Janssens group,
 35 in 67 pa-
 tients with ST-elevation myocardial infarction
 treated with coronary intervention, no effect
 of autologous bone marrow-derived stem cell
 transfer on left ventricle ejection fraction was
 found. However, the treatment was associated
 with a signi-
 ficant reduction in myocardial in-

farct size and better recovery of regional systolic function. The effect of treatment on the probability of improvement in regional function showed a predominant interaction in the most severely affected segments. In addition to that, on positron emission tomography examination, patients with larger myocardial infarction had a greater increase in metabolic activity after cell therapy than after placebo infusion. On the other hand, BOOST trial 3637 did not describe the inverse relation between baseline left ventricular ejection fraction and absolute improvement of the left ventricle function after implantation of the bone marrow cells into the infarcted myocardium. At 6-month follow-up, patients in a control group of this study improved their ejection fraction from 51.3% to 52% (0.7% absolute change), while the bone marrow cell group from 50.0% to 56.7% (6.7% absolute change). The bone marrow cell subgroup patients with the ejection fraction of the left ventricle 52% increased their ejection by 8.0%, but patients with the ejection fraction 52% only by 4.5%. The main limitation of these studies is the fact, that patients with only mild left ventricular dysfunction were included.

Studies in Patients with Moderate-to-Severe Left Ventricular Dysfunction

There are only few trials studying cell therapy in patients with moderate-to-severe left ventricular dysfunction and their results are controversial too. Bartunek et al. 3 described improvement of the left ventricular perfor-

mance and increased myocardial perfusion and viability among patients with acute myocardial infarction treated with stenting and intracoronary administration of CD133 progenitor cells. The left ventricular ejection fraction in-

creased from 45.0% to 52.1%.

Controversially, ASTAMI trial

11 did not

find any signi-

ficant difference between 47 patients

treated with cell transplantation and 50 pa-

tients in the control group. The left ventricular

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ejection fraction and end-diastolic volume were assessed by single photon emission computed

tomography, echocardiography, and magnetic

resonance. Improvement versus baseline val-

ues was found in both groups, but they did not

significantly differ. Results were consistent for all the three methods. No improvement in car-

diac function was also found in Kueth et al.

38 in their study with

12 patients with a large acute

anterior myocardial infarction and intracoro-

nary mononuclear bone marrow cell implanta-

tion. In our previous study,

12 the signi-

ficant and

dose-related improvement was found in the re-

gional systolic function of the infarcted wall af-

ter cell transplantation. As compared to con-

trols, a higher cell dose signi-

ficantly improved

global LV systolic function. Both cell doses pre-

vented the left ventricle from the dilation, while

the end-diastolic volume signi-

significantly increased in the control group. Because patients with the greatest damage to their myocardium are the ones who need treatment most, the substudy of these patients was performed. In this substudy the statistically important effect of autologous transplantation of mononuclear bone marrow cells on myocardial function was not found in patients with moderate-to-severe left ventricular dysfunction. Only an insignificant trend toward the prevention of the left ventricular dilatation and improvement of global left ventricular ejection fraction was found at 3-month follow-up.

Study Limitations

Except the fact that our study is a subanalysis, the major limitations of our study are the small number of patients enrolled. However, to this moment it is one of the studies with the highest number of patients with more severe left ventricular dysfunction ever published. Compared to other studies, the very rigorous myocardial viability assessment was performed before inclusion into this study. The groups differ slightly in time from onset of infarction to reperfusion. The differences were not statistically significant. The heterogeneity was caused by the inclusion of two patients with delayed coronary angioplasty (one patient in the Group B and one patient in the Group C). In our previous study the biggest effect of cell transplantation was found between higher dose and control groups. In this

study, the difference in time from infarction to reperfusion between Groups H and C was just 23 minutes. So this difference has not been supposed to affect the results. Because of ethical consideration, the patients included in the control group did not undergo the identical procedures, as did the bone marrow cell patients, being excluded from the bone marrow aspiration and coronary angiography with the sham cell transplantation. For technical reasons, the positron emission tomography (PET) was not performed in all our patients. In addition to the limited study population, another explanation of four results could be the very severe myocardial damage with almost no surviving myocytes. In these conditions, there is no suitable milieu for catching implanted cells and their differentiation into cardiomyocytes. Also the severe destruction of microcirculation could make the cell homing more difficult compared to patients with less severe myocardial damage.

Conclusion The important thing is the fact that the selection of cells and the whole method of cell therapy are just at the beginning of the way. Probably, it is not realistic to expect some greater changes of left ventricle function in this manner of treatment. It is necessary to look for the best cell type, an optimal way and time of cell delivery, and the help of some cytokines. For solving these clinical questions, we must also better understand the mechanisms of potential positive effect of the cell therapy.

Taking together, the results of trials show that there is still work to be done to understand

a lot of questions related to the cell therapy. Fur-

ther studies, including larger numbers of pa-

tients, are needed to resolve all these tasks.

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