

Anand Upender

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Objective

Seeking a BoH role in a creative, efficient kitchen environment. Strong knife skills with a passion for experimenting with food and designing eating experiences. Hungry to learn and motivated to add to an inspiring team culture. Previously a digital designer with 3+ years of experience organizing, building and launching products to millions of people.

Skills

Clean, efficient and hygienic in the kitchen
Autonomous self-starter and team player
Able to handle high pace, stressful work
[California Food Handler Card](#)

Design: Brand, Audience Research,
Graphic and Web design
Tech: Web development, SEO

Food Experience

Baker's Apprentice & Prep Cook, Golden View Restaurant **2018 - Firenze, Italia**

Assisted the head baker in preparing focaccia, schiacciata, cannoli, and other traditional baked goods
Prepared the mise for produce and seafood, made fresh pastas, and worked the dinner line

Food Course Instructor, Stanford Splash **2019 - Stanford, CA**

Co-led four workshops for middle schoolers, titled "Culinary Artists: Playing With Your Food"
Created a curriculum to build culinary confidence through play and a focus on plating techniques

Researcher, Stanford Food Design Lab **2019 - Stanford, CA**

Worked with Dr. Soh Kim to lead a team of students researching how Gen-Z audiences consume food media, use recipes and learn to cook (prototyped systems, published paper)

Host & Cook, Pop-up Dinners **current - Everywhere**

Conceptualize and run themed dinners with hundreds of guests in multiple countries
Lead kitchen crews of 5+ people with a focus on efficiency, personal growth, and quality food

Inventor, Malt Milkshake Maker **2017 - Palo Alto, CA**

Machined a portable milkshake machine with a solid aluminum body

Design Experience

Senior UX Engineer and Designer, TED Talks **2019 - 2021 - NYC**

Organized concurrent international partnerships, led weekly team meetings, created team rituals, conducted global user research, developed a new brand identity, and designed tech tools

Lecturer, Stanford d.school **2021 - Stanford, CA**

Design Strategist, Urgent.Agency **2020 - Copenhagen, Denmark**

Design Engineering Intern, Facebook **2019 - Menlo Park, CA**

Education

B.S. in Product Design, Stanford University **Stanford, CA**