# YOUR PSYCHOSOCIAL TEAM: ADDRESSING YOUR EMOTIONAL, PSYCHOLOGICAL, & PRACTICAL NEEDS

# YOUR EMOTIONAL WELL-BEING

We know that a cancer diagnosis and the treatment that follows can be stressful. To ensure that your emotional, psychological, and practical needs are met, members of our **Department of Psychosocial Oncology** (consisting of **Clinical Social Workers**, **Psychiatrists**, **Psychologists**, **Nurses**, and **Patient Navigators**) work closely with your oncology providers to integrate psychosocial care into your overall cancer care.

# YOUR CLINICAL SOCIAL WORKER

Your Clinical Social Worker will work closely with you and the rest of your care team to ensure that your emotional, psychological, and practical needs are met during your treatment here. Your Clinical Social Worker has a Master's degree and is experienced working closely with individuals who have cancer.

Your Clinical Social Worker will coordinate your psychosocial care and can meet with you in person or by teleconference or telephone. To ensure that you have the support that you need during your treatment, they can also connect you with other members of the psychosocial team. They can also help you or your loved ones access helpful resources in the community.

We encourage you to contact your Clinical Social Worker for assistance (both for personal support and tangible needs)

For urgent issues outside of business hours, please call your medical team, the National Suicide Prevention Lifeline (1-800-273-8255), or 911

### YOUR ONCOLOGY PROVIDERS

In addition to providing quality cancer care, all of your oncology providers are dedicated to maximizing your emotional wellbeing and quality of life. It is very important that you inform your Clinical Social Worker or someone else on your care team about any distressing emotional or psychological symptoms, such as depression or anxiety. Many of these problems are common with a cancer diagnosis and are treatable. Your Clinical Social Worker and the rest of your psychosocial team will work with you to find the best solutions.

#### YOU

You are the most important person on your team. To help you, your team needs to hear how you are doing and what you need help with. Together, you and the rest of your team can help you get through your treatment.