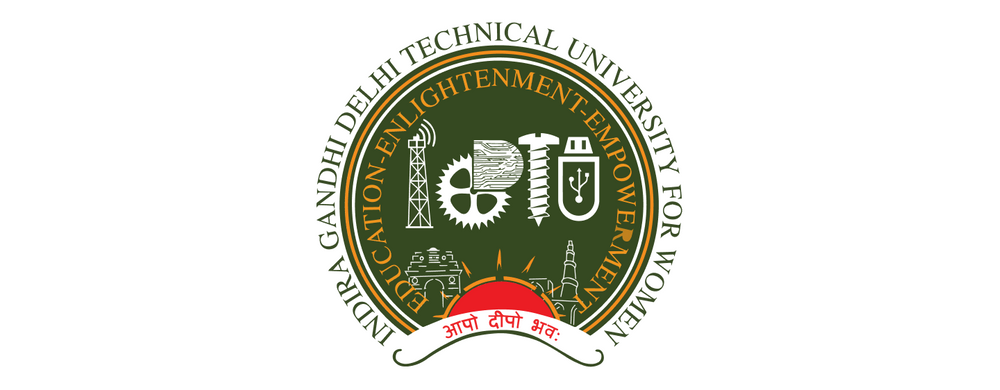
**INDIRA GANDHI DELHI TECHNICAL UNIVERSITY FOR WOMEN**



**EMP REPORT - 2023**

|  |  |
| --- | --- |
| **Submitted by:** | **Submitted to:** |
| Name: Ananya Sharma  Enrolment Number: 02301012023  Branch: CSE | Centre of Sustainable Development  IGDTUW |

**CSD EVENTS**

Impact on Daily Life

1. Increased Awareness: Participating in CSD events raised awareness about sustainability issues, helping me recognize the importance of sustainable practices.
2. Community Engagement: These events often foster a sense of community, inspiring me to work with others towards common sustainability goals.

Awareness of Sustainability and Youth related topics like Sex Education and Voting

1. Educational Workshops: Workshops on topics like Power Sustainability, Yoga and Wellness Workshop, and Water Conservation provide practical knowledge and skills.
2. Guest Lectures: Lectures by experts in such fields deepen understanding of global challenges and innovative solutions.

Incorporating Learning into Daily Life

1. Adopting Sustainable Practices: Implementing learned practices such as recycling, using public transport, and reducing water and energy consumption.
2. Advocacy and Education: Sharing knowledge gained from CSD events with peers and family to promote wider adoption of sustainable habits.

Understanding and Realizing SDGs

1. Clarity on Goals: CSD events break down the SDGs into understandable components, illustrating how each goal relates to local and global contexts.
2. Personal Relevance: By highlighting the personal relevance of SDGs, CSD events helped me see how my actions contribute to larger global objectives.

**EDUCATION MENTORING PROGRAM**

Participating as a mentor in the Education Mentoring Program (EMP) for school students (classes 11 and 12) has been highly rewarding. In the sessions, I initially assessed each mentee's academic standing and goals. We set clear, personalized objectives and developed tailored study plans.

I provided subject-specific tutoring, focusing on challenging areas, and conducted regular progress reviews. Additionally, I offered strategies for effective time management and exam preparation.

These sessions helped mentees improve their understanding of difficult subjects, enhance their study habits, and build confidence, ultimately better preparing them for boards and competitive exams like the JEE, BITSAT etc.

**SUSTAINABLE SUNDAYS**

Sustainable Sundays have been a community initiative to promote environmental awareness and sustainable practices.

**Activities**

**Educational Talks:**

**Topics:** Energy conservation, water-saving techniques, reducing plastic usage

**Method:** Practical tips.

**Impact**

* **Increased Awareness:** Raised knowledge about environmental issues and solutions.
* **Behavioural Change:** Neighbours adopted sustainable habits like reducing waste and conserving water.
* **Positive Attitudes:** Shifted perspectives to prioritize sustainability.

**Acknowledgement**

I am thankful to IGDTUW for providing me with the invaluable opportunity to enhance my understanding of sustainability.