

Montgomery Åsberg Depression Rating Scale (MADRS)

Investigator:

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eCRF ID:

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Filled By:

Investigator

Scale:

Screening (Day X)

Date:

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1. Apparent Sadness

Representing despondency, gloom and despair, (more than just ordinary transient low spirits) reflected in speech, facial expression, and posture. Rate by depth and inability to brighten up.

Answer: 2 Looks dispirited but does brighten up without difficulty.

2. Reported sadness

Representing reports of depressed mood, regardless of whether it is reflected in appearance or not. Includes low spirits, despondency or the feeling of being beyond help and without hope. Rate according to intensity, duration and the extent to which the mood is reported to be influenced by events.

Answer: 1

3. Inner tension

Representing feeling of ill-defined discomfort, edginess, inner turmoil, mental tension mounting to either panic, dread or anguish. Rate according to intensity, frequency, duration and the extent of reassurance called for.

Answer: 2 Occasional feelings of edginess and ill-defined discomfort.

4. Reduced sleep

Representing the experience of reduced duration or depth of sleep compared with the subject's own normal pattern when well.

Answer: 0 Sleeps as usual.

5. Reduced appetite

Representing the feeling of a loss of appetite compared with when well. Rate by loss of desire for food or the need to force oneself to eat.

Answer: 0 Normal or increased appetite.

6. Concentration difficulties

Representing difficulties in collecting one's thoughts mounting to incapacitating lack of concentration. Rate according to intensity, frequency, and degree of incapacity produced.

Answer: 0 No difficulties in concentrating.

7. Lassitude

Representing a difficulty getting started or slowness initiating and performing everyday activities.

Answer: 4 Difficulties in starting simple routine activities, which are carried out with effort.

8. Inability to feel

Representing the subjective experience of reduced interest in the surroundings, or activities that normally give pleasure. The ability to react with adequate emotion to circumstances or people is reduced.

Answer: 2 Reduced ability to enjoy usual interests.

9. Pessimistic thoughts

Representing thoughts of guilt, inferiority, self-reproach, sinfulness, remorse and ruin.

Answer: 2 Fluctuating ideas of failure, self-reproach or self-depreciation.

10. Suicidal thoughts

Representing the feeling that life is not worth living, that a natural death would be welcome, suicidal thoughts and preparations for suicide. Suicidal attempts should not in themselves influence the rating.

Answer: 0 Enjoys life or takes it as it comes.

Total Score: 13

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