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## **Insomnia Severity Index (ISI) (Last 2 Weeks)**

| Investigator:  | Dr Sangeetha Vulichi            |  |  |  |
|--|---------------------------------|--|--|--|
| eCRF ID:   | A101-103                        |  |  |  |
| Filled By:   | Subject                         |  |  |  |
| Scale:   | Double-blind Treatment (Day 14) |  |  |  |
| Date:  | 8/25/2025                       |  |  |  |
| Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS. |                                 |  |  |  |
|  |                                 |  |  |  |
| 1. Difficulty falling asleep: Answer: 3 - Severe                         |                                 |  |  |  |

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

## 2. Difficulty staying asleep:

Answer: 2 - Moderate

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

3. Problem waking up too early in the morning:

Answer: 3 - Severe

4. How SATISFIED/DISSATISFIED are you with your current sleep pattern in the LAST 2 WEEKS?

Answer: 3 - Dissatisfied

5. To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g., daytime fatigue, ability to function at work/daily chores, concentration, memory, mood), in the LAST 2 WEEKS.

Answer: 2 - Somewhat Interfering

6. How NOTICEABLE to others do you think your sleeping problem is in terms of impairing the quality of your life, in the LAST 2 WEEKS?

Answer: 2 - Somewhat Noticeable

7. How WORRIED/DISTRESSED are you about your current sleep problem, in the LAST 2 WEEKS?

Answer: 2 - Somewhat

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