

## Insomnia Severity Index (ISI) (Last 2 Weeks)

**Investigator:**

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**eCRF ID:**

A103-013

**Filled By:**

Subject

**Scale:**

Double-blind Treatment (Day 28)

**Date:**

7/30/2025

**Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.**

### 1. Difficulty falling asleep:

Answer: 2 - Moderate

**Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.**

### 2. Difficulty staying asleep:

Answer: 1 - Mild

**Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.**

**3. Problem waking up too early in the morning:**

Answer: 2 - Moderate

**4. How SATISFIED/DISSATISFIED are you with your current sleep pattern in the LAST 2 WEEKS?**

Answer: 4 - Very Dissatisfied

**5. To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g., daytime fatigue, ability to function at work/daily chores, concentration, memory, mood), in the LAST 2 WEEKS.**

Answer: 3 - Much Interfering

**6. How NOTICEABLE to others do you think your sleeping problem is in terms of impairing the quality of your life, in the LAST 2 WEEKS?**

Answer: 3 - Much Noticeable

**7. How WORRIED/DISTRESSED are you about your current sleep problem, in the LAST 2 WEEKS?**

Answer: 2 - Somewhat

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