

Insomnia Severity Index (ISI) (Last 2 Weeks)

Investigator:

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eCRF ID:

A101-101

Filled By:

Subject

Scale:

Double-blind Treatment (Day 14)

Date:

8/12/2025

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

1. Difficulty falling asleep:

Answer: 2 - Moderate

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

2. Difficulty staying asleep:

Answer: 1 - Mild

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

3. Problem waking up too early in the morning:

Answer: 2 - Moderate

4. How SATISFIED/DISSATISFIED are you with your current sleep pattern in the LAST 2 WEEKS?

Answer: 2 - Neutral

5. To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g., daytime fatigue, ability to function at work/ daily chores, concentration, memory, mood), in the LAST 2 WEEKS.

Answer: 2 - Somewhat Interfering

6. How NOTICEABLE to others do you think your sleeping problem is in terms of impairing the quality of your life, in the LAST 2 WEEKS?

Answer: 3 - Much Noticeable

7. How WORRIED/DISTRESSED are you about your current sleep problem, in the LAST 2 WEEKS?

Answer: 2 - Somewhat

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