

Insomnia Severity Index (ISI) (Last 2 Weeks)

Investigator:

Dr.Mohsin Qayyum

eCRF ID:

A103-020

Filled By:

Subject

Scale:

Baseline (Day 0)

Date:

7/16/2025

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

1. Difficulty falling asleep:

Answer: 2 - Moderate

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

2. Difficulty staying asleep:

Answer: 1 - Mild

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

3. Problem waking up too early in the morning:

Answer: 1 - Mild

4. How SATISFIED/DISSATISFIED are you with your current sleep pattern in the LAST 2 WEEKS?

Answer: 1 - Satisfied

5. To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g., daytime fatigue, ability to function at work/ daily chores, concentration, memory, mood), in the LAST 2 WEEKS.

Answer: 1 - A Little Interfering

6. How NOTICEABLE to others do you think your sleeping problem is in terms of impairing the quality of your life, in the LAST 2 WEEKS?

Answer: 0 - Not at all Noticeable

7. How WORRIED/DISTRESSED are you about your current sleep problem, in the LAST 2 WEEKS?

Answer: 1 - A Little

Disclaimer: By signing this document electronically, I acknowledge that I have reviewed its contents, understand its implications, and confirm its accuracy. I understand that my electronic signature is legally binding, the content of this document is confidential, and will not be shared with third parties without authorization.