

Subject	ct Sig	n	:		

## **Insomnia Severity Index (ISI) (Last 2 Weeks)**

Investigator:	Dr.Mohsin Qayyum				
eCRF ID:	A103-014				
Filled By:	Subject				
Scale:	Double-blind Treatment (Day 28)				
Date:	8/11/2025				
Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.					
1. Difficulty falling asleep: Answer: 1 - Mild					

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

## 2. Difficulty staying asleep:

Answer: 2 - Moderate

Please rate the SEVERITY of your sleep difficulties in the LAST 2 WEEKS.

3. Problem waking up too early in the morning:

Answer: 3 - Severe

4. How SATISFIED/DISSATISFIED are you with your current sleep pattern in the LAST 2 WEEKS?

Answer: 2 - Neutral

5. To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g., daytime fatigue, ability to function at work/daily chores, concentration, memory, mood), in the LAST 2 WEEKS.

Answer: 2 - Somewhat Interfering

6. How NOTICEABLE to others do you think your sleeping problem is in terms of impairing the quality of your life, in the LAST 2 WEEKS?

Answer: 3 - Much Noticeable

7. How WORRIED/DISTRESSED are you about your current sleep problem, in the LAST 2 WEEKS?

Answer: 1 - A Little

Disclaimer: By signing this document electronically, I acknowledge that I have reviewed its contents, understand its implications, and confirm its accuracy. I understand that my electronic signature is legally binding, the content of this document is confidential, and will not be shared with third parties without authorization.