```python
import csv

with open('student_marks.csv', 'w', newline='') as f:
    writer = csv.writer(f)
    writer.writerow(['Reg_no', 'Name', 'Sub_Mark1', 'Sub_Mark2', 'Sub_Mark3'])
    writer.writerow([10001, 'Jack', 76, 88, 76])
    writer.writerow([10002, 'John', 77, 84, 79])
    writer.writerow([10003, 'Alex', 74, 79, 81])
```