



## HELLO.

## Welcome to VA. Let's get started.

## WHAT'S INSIDE?

- YOUR BENEFITS
  Understand how VA can meet your needs
- YOUR ELIGIBILITY
  Understand more about it and how it affects your VA benefits
- 4 YOUR DISABILITY RATING
  Understand how your disability rating affects your eligibility
- 5 YOUR JOURNEY
  See how VA can support you throughout your life
- YOUR CHECKLIST

  Learn about ways to access the benefits and services you deserve
- 15 YOUR EMERGENCY RESOURCES
  Find mental health resources and access immediate care
- 17 YOUR QUICK START GUIDES

  Get additional details on accessing key
  VA benefits and services