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# Instantaneous geometric rates via Generalized Linear Models

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#### Abstract

The instantaneous geometric rate represents the instantaneous probability of an event of interest per unit of time. In this paper, we propose to model the effect of covariates on the instantaneous geometric rate with two models: the proportional instantaneous geometric rate and the proportional instantaneous geometric odds model. We show that these models can be fit within the Generalized Linear Model framework by using two nonstandard link functions, which we implement in the user-defined link programs <code>log\_igr</code> and <code>logit\_igr</code>. We illustrate how to fit these models and how to interpret the results with an example from a randomized clinical trial on survival in patients with metastatic renal carcinoma.

## 1 Introduction

The geometric rate represents the average probability of an event of interest per unit of time over a specific time interval. Recently, Bottai (2015b) argued that in the case of events that occur only once, such as death or first diagnosis of a disease, the geometric rate is a better measure of occurrence than the incidence rate. In the same paper, Bottai proposed a regression method to model the conditional geometric rate given covariates. That method is based on applying quantile regression to a transform of the time variable and is implemented in the user-written command grreg (Bottai, 2015a).

As the length of the time interval over which the geometric rate is defined shrinks to zero, we obtain the instantaneous geometric rate. This measure has a very intuitive interpretation, as it represents the instantaneous probability of the event per unit of time.

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In this paper, we propose to model the effect of covariates on the instantaneous geometric rate with two models: the proportional instantaneous geometric rate and the proportional instantaneous geometric odds model. We show that these models can be conveniently fit within the Generalized Linear Model (GLM) framework (Nelder and Wedderburn, 1972) by using two nonstandard link functions. In doing so, we take full advantage of the ease with which link functions can be programmed into the official Stata command glm (Guan and Gutierrez, 2002).

The remainder of the paper is organized as follows. In section 2, we briefly review how the instantaneous geometric rate is defined. In section 3, we show how the instantaneous geometric rate can be modeled via GLM and present two user-defined link programs, log\_igr and logit\_igr. In section 4, we use data from a randomized clinical trial to illustrate some practical examples of how these link programs can be specified as an option of the glm command and how to interpret and present the analysis results. In section 5, we finish with a summary.

## 2 Geometric rate and instantaneous geometric rate

In this section, we follow the description provided by Bottai (2015b). Let T be a continuous random variable with support on  $(0, +\infty)$  representing the time-to-event of individuals in some population and let S(t) be its survival function. The geometric rate over the time interval (0, t) is defined as

$$g(0,t) = 1 - S(t)^{\frac{1}{t}}$$

and represents the average probability of the event per unit of time over (0,t). The geometric rate between any two time points  $t_1$  and  $t_2$ , such that  $0 < t_1 < t_2 < +\infty$ , is

$$g(t_1, t_2) = 1 - \left[ \frac{S(t_2)}{S(t_1)} \right]^{\frac{1}{t_2 - t_1}}$$

The limit of the geometric rate over shrinking time intervals  $(t, t + \Delta t)$  gives the instantaneous geometric rate

$$g(t) \equiv \lim_{\Delta t \to 0^{+}} g(t, t + \Delta t)$$

$$= \lim_{\Delta t \to 0^{+}} 1 - \left[ \frac{S(t + \Delta t)}{S(t)} \right]^{\frac{1}{\Delta t}}$$

$$= \lim_{\Delta t \to 0^{+}} 1 - \exp\left\{ \frac{\log S(t + \Delta t) - \log S(t)}{\Delta t} \right\}$$

$$= 1 - \exp\left\{ \frac{\partial \log S(t)}{\partial t} \right\}$$

$$= 1 - \exp\left\{ -\frac{f(t)}{S(t)} \right\}$$

$$= 1 - \exp\left\{ -h(t) \right\}$$
(1)

where f(t) indicates the probability density function of T and  $h(t) \equiv f(t)/S(t)$ , the hazard function. The instantaneous geometric rate represents the instantaneous probability of the event per unit of time.

## 3 Instantaneous geometric rates via GLM

In this section, we show how instantaneous geometric rates can be estimated by GLM using nonstandard link functions. We refer the reader to Hardin and Hilbe (2012) for an exposition of GLM specifically targeted at Stata users.

Suppose we have a sample of n observations. Let  $t_i$ , i = 1, ..., n, be the observed event or censoring time variable,  $d_i$  be an event indicator variable (0 for a censored observation, 1 for an event),  $\mathbf{x}_i = \{x_{1,i} ... x_{p,i}\}'$  be a vector of covariates, and  $\boldsymbol{\beta} = \{\beta_1, ..., \beta_p\}'$  be an unknown parameter vector.

#### 3.1 Proportional instantaneous geometric rate model

Let us consider the proportional instantaneous geometric rates model

$$g_i(t|\mathbf{x}_i) = g_0(t) \exp{\{\mathbf{x}_i'\boldsymbol{\beta}\}}$$
(2)

By taking the logarithm of both sides of equation (2) we get

$$\log[g_i(t|\boldsymbol{x}_i)] = \log[g_0(t)] + \boldsymbol{x}_i'\boldsymbol{\beta}$$

and by virtue of equation (1) we write

$$\log[1 - \exp\{-h_i(t)\}|\mathbf{x}_i| = s(t; \boldsymbol{\gamma}) + \mathbf{x}_i'\boldsymbol{\beta}$$
(3)

where  $s(t; \gamma)$  is a smooth parametric function of analysis time which depends on a vector of unknown parameters  $\gamma = \{\gamma_1, \dots, \gamma_r\}'$ .

To model the baseline log instantaneous geometric rate via  $s(t; \gamma)$ , we split each individual's follow-up into a number of intervals (or episodes) by choosing very fine split points. After splitting the follow-up, let  $t_{ij}$  be the length of the jth time interval (the time at risk) relative to the ith individual, and  $d_{ij}$  be the event indicator that takes value 1 if individual i develops the event in interval j and 0 otherwise.

Following the same rationale behind parametric proportional hazard models (Royston and Lambert, 2011, chapters 4 and 7), equation (3) suggests using the following link function

$$\eta_{ij} \equiv k(\mu_{ij}) = \log \left[ 1 - \exp\left\{ -\frac{\mu_{ij}}{t_{ij}} \right\} \right] \tag{4}$$

where  $\mu_{ij}$  is the expected value of  $d_{ij}$ , which is assumed to follow a distribution of the exponential family.

The calculations to program the link function (4), suppressing the subscripts, are

$$\mu = k^{-1}(\eta) = -t \log[-\exp{\{\eta\}} + 1]$$

$$\frac{\partial \mu}{\partial \eta} = t \exp{\{\eta\}} (-\exp{\{\eta\}} + 1)^{-1}$$

$$\frac{\partial^2 \mu}{\partial \eta^2} = t \exp{\{\eta\}} (\exp{\{\eta\}} - 1)^{-2}$$
(5)

We can now define the link program log\_igr contained in the ado-file log\_igr.ado, whose contents are listed below

```
capture program drop log_igr
program define log_igr
        version 7
        args todo eta mu return
        if `todo' == -1 { /* Title */
                global SGLM_lt "Log IGR"
                global SGLM_lf "log(1-exp(-u/$SGLM_p))"
                confirm numeric variable $SGLM_p
                exit
        if `todo' == 0 { /* eta = g(mu) */
                gen double `eta´ = log(-exp(-`mu´/$SGLM_p)+1)
        }
        if `todo' == 1 { /* mu = g^-1(eta) */
                gen double `mu' = -$SGLM_p*log(-exp(`eta')+1)
        }
        if `todo' == 2 { /* (d mu)/(d eta) */
                gen double `return´ = $SGLM_p*exp(`eta´)*(-exp(`eta´)+1)^(-1)
        }
           `todo' == 3 { /* (d^2 mu)/(d eta^2) */}
                gen double `return´ = $SGLM_p*exp(`eta´)*(exp(`eta´)-1)^(-2)
        noi di as err "Unknown call to glm link function"
        exit 198
end
```

To use this link, one specifies the option link(log\_igr varname) to the command glm, where the existing numeric variable varname contains the time at risk  $t_{ij}$ . See Guan and Gutierrez (2002) for a detailed explanation of how to program a custom link function.

#### 3.2 Proportional instantaneous geometric odds model

We now consider the proportional instantaneous geometric odds model

$$\frac{g_i(t|\boldsymbol{x}_i)}{1 - g_i(t|\boldsymbol{x}_i)} = \frac{g_0(t)}{1 - g_0(t)} \exp\{\boldsymbol{x}_i'\boldsymbol{\beta}\}\tag{6}$$

Following analogous considerations to those made in Section 3.1, we get

$$logit[1 - exp{-hi(t)}|\boldsymbol{x}_i] = s(t; \boldsymbol{\gamma}) + \boldsymbol{x}_i' \boldsymbol{\beta}$$

Therefore, the second proposed nonstandard link function is

$$\eta_{ij} \equiv k(\mu_{ij}) = \text{logit}\left[1 - \exp\left\{-\frac{\mu_{ij}}{t_{ij}}\right\}\right]$$

and the necessary calculations to program it are

$$\begin{split} \mu &= k^{-1}(\eta) = -t \log[(\exp\{\eta\} + 1)^{-1}] \\ &\frac{\partial \mu}{\partial \eta} = t \exp\{\eta\}(\exp\{\eta\} + 1)^{-1} \\ &\frac{\partial^2 \mu}{\partial \eta^2} = t \exp\{\eta\}(\exp\{\eta\} + 1)^{-2} \end{split}$$

The contents of the ado-file logit\_igr.ado, which contain the link program logit\_igr, are listed below

Some notes:

- 1. Both models can easily accommodate time-varying covariates and time-dependent coefficients.
- 2. In model (2) the exponentiated coefficients  $\exp\{\beta\}$  are interpreted as instantaneous geometric rate ratios (IGRR), whereas in model (6) they are interpreted as instantaneous geometric odds ratios (IGOR).
- 3. If the instantaneous geometric rates are proportional across different populations, the instantaneous geometric odds are not, and vice-versa.
- 4. The inverse link function (5) is defined only for  $\eta < 0$ . This has two practical consequences. First, the default initial values  $\{\gamma_0, \beta_0\} = \{0, 0, \dots, 0\}$  used for the maximization of the log likelihood (Gould et al., 2010) are not feasible, since the log likelihood cannot be evaluated in  $\{\gamma_0, \beta_0\}$ . This can be solved by passing feasible initial values to glm or by specifying the option search (see [R] maximize). Second, the parameter space for  $\{\gamma, \beta\}$  is bounded, which means that the log likelihood is defined only within that parameter space. This introduces challenges in maximizing the log likelihood and may lead to failed convergence of the optimization algorithms, similarly to what happens to binomial models with log link (Williamson et al., 2013).

## 3.3 Installing the link programs

To install the two link programs, run the following code in a net-aware Stata

```
copy http://www.imm.ki.se/biostatistics/stata/l/log_igr.ado "`c(sysdir_plus)´1/"
copy http://www.imm.ki.se/biostatistics/stata/l/logit_igr.ado "`c(sysdir_plus)´1/"
```

## 4 Example: survival in metastatic renal carcinoma

We illustrate the use of the two proposed regression models using data from a clinical trial on 347 patients diagnosed with metastatic renal carcinoma (Medical Research Council Renal Cancer Collaborators, 1999). The patients were randomly assigned to either interferon- $\alpha$  (IFN) or oral medroxyprogesterone (MPA). A total of 322 patients died during follow-up.

#### 4.1 Data preparation

The numeric variable survtime represents the time in days to death or censoring, the binary variable cens indicates the death status (0 = censored, 1 = death), and the variable pid contains the unique patient identifier.

First, we declare the data to be survival-time data with the stset command and, at the same time, we rescale the analysis time from days to years with the option scale(365.24).

Next, we split each patient's follow-up in intervals of length equal to one week using the command stsplit with the option every('=1/52'). We also generate a new variable containing the time at risk within each interval (risktime).

Lastly, to model the baseline instantaneous geometric rate, we generate Restricted Cubic Splines (RCS) transformations of analysis time, using the user-written command rcsgen (Lambert, 2008). We use four knots, which by default are located at the minimum, maximum and at the 33th and 66th centiles of the uncensored survival times' distribution. To do so, we add the options df(3) and if2(\_d == 1).

```
. use http://www.imm.ki.se/biostatistics/data/kidney, clear
(Metastatic renal carcinoma trial. MRCRCC. Lancet. 1999, 353:14-7)
. stset survtime, failure(cens) id(pid) scale(365.24)
               id: pid
     failure event: cens != 0 & cens < .
obs. time interval: (survtime[_n-1], survtime]
 exit on or before: failure
    t for analysis: time/365.24
       347 total observations
         0 exclusions
       347 observations remaining, representing
       347 subjects
       322 failures in single-failure-per-subject data
    375.687 total analysis time at risk and under observation
                                               at risk from t =
                                                                         0
                                     earliest observed entry t =
                                          last observed exit t = 6.209616
. stsplit click, every(`=1/52´)
(19,360 observations (episodes) created)
. generate risktime = _t - _t0
. rcsgen _t, df(3) if2(_d == 1) gen(_rcs)
Variables _rcs1 to _rcs3 were created
```

#### 4.2 Proportional instantaneous geometric rates model

We fit a proportional instantaneous geometric rates model using the glm command in combination with the  $log_igr$  custom link program. The variable risktime, containing  $t_{ij}$ , is passed as an argument to  $log_igr$ .

We start by including in the model the binary treatment indicator (trt) and the RCS transformations of analysis time (rcs1, rcs2, and rcs3). The outcome variable d contains the event indicator  $d_{ij}$ .

```
. glm _d i.trt c._rcs?, family(poisson) link(log_igr risktime) vce(robust) nolog search
initial:
               log pseudolikelihood =
                                           -<inf> (could not be evaluated)
feasible:
               log pseudolikelihood = -4804.4455
rescale:
               log pseudolikelihood = -1959.6083
Generalized linear models
                                                                           19,707
                                                    No. of obs
                                                    Residual df
                                                                           19,702
Optimization
                 : ML
                                                    Scale parameter =
Deviance
                       3239.4169
                                                    (1/df) Deviance =
                                                                          1644207
                                                    (1/df) Pearson =
Pearson
                    124086.9279
                                                                         6.298189
Variance function: V(u) = u
                                                    [Poisson]
               : g(u) = log(1-exp(-u/risktime)) [Log IGR]
Link function
                                                                         .1975652
                                                    AIC
Log pseudolikelihood = -1941.70845
                                                    BIC
                                                                        -191588.3
                              Robust
                     Coef.
                             Std. Err.
                                                  P>|z|
                                                             [95% Conf. Interval]
          _d
         trt
        IFN
                             .0678751
                                          -2.62
                                                  0.009
                                                             -.31077
                                                                        -.0447046
                  .1777373
                             .3029004
                                                  0.894
                                                            -.6339863
                 -.0403124
                                          -0.13
                                                                         .5533616
       _rcs1
                  .2691996
                             .6543659
                                          0.41
                                                  0.681
                                                            -1.013334
                                                                         1.551733
       _rcs2
                                                                         .4131879
                 -.1041928
                             .2639746
                                          -0.39
                                                  0.693
                                                            -.6215735
       _rcs3
                 -.3224326
                             .0887303
                                          -3.63
                                                  0.000
                                                            -.4963408
                                                                        -.1485244
       _cons
```

The estimated IGRR comparing the two treatment groups (IFN vs. MPA) is  $\exp(-0.178) = 0.84$  (95% confidence interval: [0.73, 0.96]), constant throughout the entire follow-up. That is, under this model, the instantaneous yearly probability of death in the IFN group was estimated to be 16% lower than in the MPA group. We can predict the log instantaneous geometric death rate for the two treatment groups with the postestimation command predict.

```
. predict log_igr, xb
. generate igr = exp(log_igr)
```

From figure 1 we see that the instantaneous yearly risk of dying in patients on MPA decreased from about 75% to 25% over the six years of follow-up. Figure 1 also clearly exhibits the assumption of proportional instantaneous geometric rates in that the vertical distance between

the two lines (on the log scale) is constant throughout the follow-up.

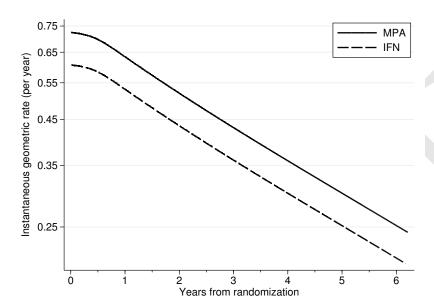


Figure 1: Predicted instantaneous geometric death rates for the two treatment groups from an instantaneous geometric proportional rates model. The vertical axis is on a log scale.

We now relax the assumption of constant IGRR. To do so, we add interactions (product terms) between trt and the three RCS transformations of analysis time. The log time-dependent IGRR is obtained with the postestimation command predictn1 and plotted in figure 2 after exponentiation, together with the instantaneous geometric death rates for the two treatment groups.

```
. glm _d i.trt##c._rcs?, family(poisson) link(log_igr risktime) vce(robust) nolog search
               log pseudolikelihood =
initial:
                                          -<inf> (could not be evaluated)
feasible:
               log pseudolikelihood = -4804.4455
               log pseudolikelihood = -1959.6083
rescale:
Generalized linear models
                                                   No. of obs
                                                                         19,707
Optimization
                                                   Residual df
                                                                         19,699
                                                   Scale parameter =
                                                                              1
                   3237.985686
                                                   (1/df) Deviance =
Deviance
                                                                       .1643731
                    122535.5358
                                                   (1/df) Pearson
                                                                       6.220394
Pearson
Variance function: V(u) = u
Link function
                : g(u) = log(1-exp(-u/risktime)) [Log IGR]
                                                   AIC
                                                                        .197797
Log pseudolikelihood = -1940.992843
                                                   BIC
                                                                      -191560.1
                             Robust
```

_d	Coef.	Std. Err.	z	P> z	[95% Conf.	Interval]
trt						
IFN	3683698	.1914883	-1.92	0.054	7436799	.0069403
_rcs1	3103316	.3603476	-0.86	0.389	-1.0166	.3959368
_rcs2	2934956	.8245528	-0.36	0.722	-1.909589	1.322598
_rcs3	.1167311	.3344125	0.35	0.727	5387053	.7721675
trt#crcs1 IFN trt#crcs2 IFN	.7833079 1.572779	.6631432 1.383879	1.18	0.238	5164289 -1.139574	2.083045 4.285131
trt#crcs3 IFN	6156042 2639627	.5543412	-1.11 -3.02	0.267	-1.702093 4353452	.4708846
	.2300021		J.02	3.300	. 1030 102	

```
. predict log_igr, xb
. generate igr = exp(log_igr)
. predictnl log_igrr = _b[1.trt] + _b[1.trt#c._rcs1]*_rcs1 + _b[1.trt#c._rcs2]*_rcs2 + ///
> _b[1.trt#c._rcs3]*_rcs3
. generate igrr = exp(log_igrr)
```

By visual inspection of figure 2, it seems that the assumption of constant IGRR throughout the follow-up is tenable. We can formally test this assumption by testing the coefficients of the interaction terms to be jointly equal to zero. This can be done with the postestimation command testparm.

From this output, we fail to reject the null hypothesis of proportionality of the instantaneous geometric rates (p-value = 0.6983).

#### 4.3 Proportional instantaneous geometric odds model

To illustrate the proportional instantaneous geometric odds model, we now explore whether white cell count (wcc), a continuous prognostic factor, affects the treatment effect as measured by the instantaneous geometric odds ratio. This analysis builds upon the findings reported by Royston, Sauerbrei, and Ritchie (2004), where they observed a beneficial effect of IFN, in terms of relative

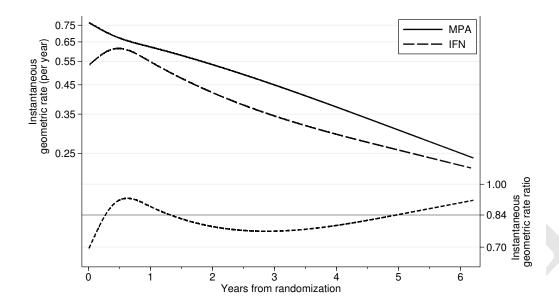


Figure 2: Predicted instantaneous geometric death rates for patients on MPA (solid black line) and IFN (long-dashed black line), and predicted time-dependent IGRR (short-dahsed black line) (IFN vs. MPA). The grey solid line indicates the time-fixed IGRR, equal to 0.84. The vertical axes are on a log scale.

hazard, only among patients with a white cell count lower than about  $10 \times 10^9$  l<sup>-1</sup>.

We include as covariates the treatment indicator, white cell count, their interaction term, and the three RCS transformations of analysis time. We specify the option link(logit\_igrrisktime) to fit a proportional instantaneous geometric odds model.

. glm _d i.trt	t##c.wcc _rcs	?, family(po	isson)	link(logit	_igr ris	sktime,	) vce(robust)	nolog
Generalized linear models				No. o	f obs	=	19,707	
Optimization : ML				Resid	ual df	=	19,700	
				Scale	paramet	er =	1	
Deviance	= 3210.59	96989		(1/df	) Devia	ice =	.1629745	
Pearson	= 119282	2.802		(1/df	) Pearso	on =	6.054965	
Variance funct	tion: V(u) = u	1		[Pois	son]			
Link function : g(u) = logit(1-exp(-u/risktime))[Logit IGR]								
				AIC		=	.1963057	
Log pseudolikelihood = -1927.298494				BIC		-	-191597.4	
		Robust						
_d	Coef.	Std. Err.	z	P> z	[95%	Conf.	Interval]	
trt								
IFN	-1.674116	.5957372	-2.81	0.005	-2.84	1739	5064921	
	ı							

WCC	.0824596	.0453305	1.82	0.069	0063865	.1713058
trt#c.wcc IFN	.1620935	.0705864	2.30	0.022	.0237467	.3004403
_rcs1	.7416164	.8740937	0.85	0.396	9715757	2.454809
_rcs2	2.101511	1.771603	1.19	0.236	-1.370766	5.573789
_rcs3	8266814	.7022011	-1.18	0.239	-2.20297	.5496075
_cons	0688033	.4756726	-0.14	0.885	-1.001105	.8634979

Based on the p-value for the interaction term we reject the null hypothesis of constant treatment effect throughout the observed range of white cell count (p-value = 0.022). The log IGOR comparing mortality among patients on IFN and patients on MPA as a function of white cell count can be obtained with the postestimation command predictnl and then plotted (figure 3).

```
. predictnl log_igor = _b[1.trt] + _b[1.trt#c.wcc]*wcc, se(log_igor_se)
. generate igor = exp(log_igor)
. generate igor_lo = exp(log_igor - 1.96*log_igor_se)
. generate igor_hi = exp(log_igor + 1.96*log_igor_se)
```

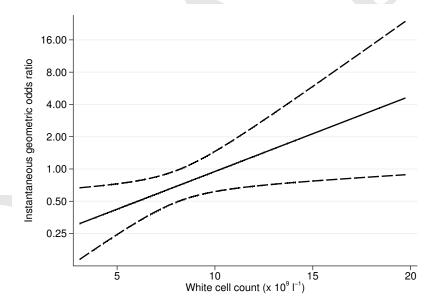


Figure 3: Predicted IGOR for IFN versus MPA (solid line) with 95% confidence interval (long-dashed lines) as a function of white cell count. The vertical axis is on a log scale.

The treatment effect seems to be largest among patients with low white cell count. For example, the estimated IGOR for white cell counts of 4.9 and  $13.7 \times 10^9$  l<sup>-1</sup> (5th and 95th centiles

of wcc distribution) were 0.40 (95% confidence interval: [0.23, 0.72]) and 1.72 (95% confidence interval: [0.74, 4.04]), respectively.

## 5 Summary

In this paper, we proposed to model the effects of covariates on the instantaneous geometric rate within the GLM framework by using two nonstandard link functions. We showed how these link functions could be easily programmed into the glm command by creating two compact, independent ado-files, log\_igr.ado and logit\_igr.ado.

Using data from a randomized clinical trial on survival in patients with metastatic renal carcinoma, we illustrated how to use these link programs and how to interpret results from the proportional instantaneous geometric rate model and the proportional instantaneous geometric odds model. At the same time, we showed that a clear advantage of using glm to fit these models is that postestimation commands for glm are readily available.

In conclusion, the intuitive interpretation of the instantaneous geometric rate together with the ease with which the proposed regression models can be fit in Stata make them a useful addition to the existing tools for the analysis of survival data.

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