

Chinese Center for Disease Control and Prevention

chinacdc.cn/yw_9324/202001/t20200128_211498.html

China CDC Calls on the Public to Protect Themselves

2020-01-28

Gao Fu, director of the Chinese Center for Disease Control and Prevention: No to gathering during the Spring Festival and yes to proper extension of holiday.



On the evening of January 23, Gao Fu, a member of the high-level expert group of the National Health Commission, academician of the Chinese Academy of Sciences, and director of the Chinese Center for Disease Control and Prevention, accepted an interview with CCTV News channel' "News 1+1" program, introducing the current situation of epidemic prevention and control. He specifically reminded that people should be conscious of not gathering together during the Spring Festival.

Gao Fu also called on the public to stay away from wild animals. He said that the staff had found the virus genome and isolated the virus from environmental samples. The evidence is solid, and the source of the disease is clearly from wild animal. However, since the market is closed, it remains unclear which animal was the cause of it.

Based on the current rapid increasing in cases, Gao Fu said that the new coronavirus pneumonia has gone through three stages: animal to human, limited human to human, and then human to human transmission. Therefore, we need to strengthen protective measures. People should be aware that they should not gather during the Spring Festival and stay at home as much as possible to provide good protection. Mask culture is mandatory.

Feng Zijian, Deputy Director of the Chinese Center for Disease Control and Prevention - Strengthen the prevention and control of the epidemic in the community and build the first line of defense



On January 27, in CCTV's "News 1+1" program, Bai Yansong interviewed Feng Zijian, deputy director of Chinese Center for Disease Control and Prevention.

Bai Yansong: The topic of the regular press conference held by the Health Commission this morning was community prevention and control. What goals do you hope to achieve? Are these the top priority at this stage?

Feng Zijian: This document was jointly researched and formulated by the Department of Disease Control of the National Health Commission and the Center for Disease Control and Prevention. The purpose of community prevention and control is to reduce the flow and contact of people, which is one core point.

Another core point is to discover as early as possible and in an integral and sensitive manner potential patients, including those with mild symptoms, and those with potential contact history, through the strength and efforts of the community, organizations in our community and health personnel of the community health institutions, so as to increase the rate of patients timely detected in such a way to control the spread of the disease.

The rural area is a place that we should highly focus, because medical conditions are relatively weak, and medical resources are not as abundant as in big cities. So, if there is a wider spread in the countryside, the challenge to medical services will be greater, leading to bigger pressure, thus we need to take more measures and pay more attention. We need to monitor the prevention and control of infectious diseases and epidemics in rural areas. I have also seen a lot of such short videos and various methods, people reminding each other, advising each other to minimize contacts, reduces gatherings, and reduces visits to friends across villages. These are all very good examples of how rural and urban communities actively cooperate with each other to support the prevention and control, and I believe that this will help to stop the disease spreading for us.

Bai Yansong: For those who return after the holiday, should they have to do self-quarantine for 14 days?

Feng Zijian: Not long ago, we have issued a set of guidance de disease prevention for different groups of people, based on different situations, and for different institutions and facilities. Everyone can refer to these guidelines. In response to this particular situation, after the extended holiday, people will return to their usual place of work and life. We will also formulate additional guidelines with more details. I think it is better to self-quarantine at home for 14 days after returning from epidemics area, such as Wuhan or certain cities in Hubei. In other areas where there is no highly community transmission, it is probably enough to do

personal self-protection, including wearing a mask at work, frequently checking body temperature, and timely medical treatment if there is any problem. All these can play a good preventive role.

Li Qun, director of the Health Emergency Center of the Chinese Center for Disease Control and Prevention: protect well your respiratory tract and mind hygiene of your hands



On January 15, CCTV's "News 1+1" program connected online with Li Qun, director of the Health Emergency Center of the Chinese Center for Disease Control and Prevention, and an expert from the National Health Commission's expert group, to learn about the progress of pneumonia prevention and control in Wuhan.

When answering "Can the current epidemic be effectively prevented for most of us?", he said: "For the public, besides paying attention to the latest understanding of the disease, they should protect well themselves in a targeted manner. However, the public does not need to pay too much attention to what the written documents tell. For the public, the most important thing is good personal protection. This is the most important basic measure, such as protection of respiratory tract, covering face with a mask in public places like a hospital, paying attention to hand hygiene, ensuring ventilation, and avoiding places where people gather. All these basic and effective protective measures should be carried out.

Video link:

Director Gao Fu

<http://www.caixin.com/2020-01-24/101508000.html>

Feng Zijian, deputy Director

<http://tv.cctv.com/2020/01/27/VIDEK488TzMmeSSEgy7QBk9t200127.shtml>

Director Li Qun, director of the Health Emergency Center

[http://tv.cctv.com/2020/01/15/VIDEVPaxZBFtDLGUA6mk5PW2200115.shtml?
spm=C45404.PIxDNolGigyV.EMWk0093O3NY.21](http://tv.cctv.com/2020/01/15/VIDEVPaxZBFtDLGUA6mk5PW2200115.shtml?spm=C45404.PIxDNolGigyV.EMWk0093O3NY.21)