1 - Create an Artifactory "Entire System Export", the same used to migrate between Artifactory versions. It can be zipped or not, both are supported. The options "Include metadata" and "Create a .m2 compatible export" aren't relevant

Place this System Export on the server where Nexus is running.
Specify its location in Step 1. Load Artifactory Configuration, and then you will be presented with a list of available repositories and import options, which is customizable in

1. Load Artifactory Configuration

Enter the path on the server to the location of your Artifactory System Export and select "Load".

/usr/local/artifactory-2.2.5/20100820.161445.zip

2. Customize Import on Artifactory Import

Step 2. Customize Import on Artifactory Import.