

NextMind – Questionnaire Report (Static)

Name: Alice Martin

Section 1 – Big Five (Score out of 5)

Openness — Score: 3.2/5 (moderate)

Strengths

- Balanced curiosity and practical creativity.

Weaknesses

- May prefer proven methods before adopting novel approaches.

Conscientiousness — Score: 4.8/5 (high)

Strengths

- Highly organized, reliable, strong follow-through.

Weaknesses

- May overinvest in planning and perfection.

Extraversion — Score: 2.4/5 (low)

Strengths

- Thoughtful contributor in small-group settings.

Weaknesses

- Less comfortable with spontaneous public speaking.

Agreeableness — Score: 4.0/5 (high)

Strengths

- Team-oriented, cooperative, empathetic.

Weaknesses

- May avoid necessary confrontation.

Emotional Stability — Score: 4.4/5 (high)

Strengths

- Calm under pressure; optimistic with perspective.

Weaknesses

- Can overlook subtle emotional cues.

Section 2 – DISC (Score out of 5)

Scores D/I/S/C: D=3.0, I=2.0, S=4.0, C=3.0

Dominant styles: S:4.0, D:3.0, C:3.0, I:2.0

Strengths

- Steady, cooperative; promotes team harmony (S).

Weaknesses

- Less comfortable with rapid-fire decisions and open conflict.

Section 3 – Workplace Well-being (Score out of 5)

Score: 4.0/5

Strengths

- Good perceived support and values alignment.

Weaknesses

- Monitor workload peaks to prevent fatigue.

Section 4 – Resilience & Emotional Intelligence (mean out of 5)

Score: 4.3/5

Strengths

- Labels emotions well; maintains motivation; de-escalates conflict.

Weaknesses

- Sustain micro-breaks and mindfulness habits.