The Hospital Building

NHS Foundation Trust

**Obstetrics & Gynaecology**

**Dr P H White** **Metropolis General Hospital**

**Simpsons Surgery,** Starlight Road

**1 Hobbs Bay,Central City,** Metropolis

**Daleside,** Derbyshire

**East Anglia,** XX45 7XX

**XX26 6XX**

Tel 01234 567890

Date Typed: 14th July 2014

Ref: AA/CCC

Christina, Secretary to Mr B Allen

Consultant Obstetrician &Gynaecologist

Telephone: 01234 567890 (direct line)

Obstetrics@Metropolishospital.org

Clinic: Allen/Rayner(Reg)-Am-Ch

Clinic Date: 14/07/2014

Dear Dr White

I have seen Lois Lane in the gynaecology clinic today. She came today for a change of pessary. Currently she is using a 65 mm ring pessary. Today she was worried that she had some bleeding and was concerned about an infection. She was very conscious about the pain during the procedure as well. During the examination the vulva and vagina were very atrophic. I applied clear gel and removed the pessary. The pessary was clean with no discharge or any bleeding. There was a small area of about 2 – 3 mms at the vaginal forchette area which was bleeding probably because it was opened up by the pessary removal. I have apologised for this happening during the examination despite using a lot of gel. I have taken a HVS and have it to the lab but on speculum examination I couldn’t see any areas of ulcers, bleeding or discharge present inside even though the vaginal mucosa was very dry and atrophic. I have re fitted her with a 65 mm size pessary without any difficulty. She has been advised to use vaginal oestrogen cream twice a week by you but she has stopped using this for a while. I have advised her to continue using this again and my plan is that we will chase the HVS results. We will contact her if she needs any treatment. We will change the pessary and re examine her in 4 months’ time. I have reassured her that this bleeding wasn’t coming internally from the vagina or around the cervix or area of the pessary which was pressing inside the vagina.

Yours sincerely

Dictated but not verified by:

H Jordan

Specialist Registrar to Ms B Allen

Consultant Obstetrician & Gynaecologist

GTOFFESNT

Copy to only

CC(#E)

Dr P H White

Simpsons Surgery,

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1 Hobbs Bay,Central City,

Daleside,

East Anglia,

XX26 6XX