Recipe Number 1

Carnitas  
========  
  
This recipe calls for both slow cooking the roast as well as frying before serving.  
  
\_\_Ingredients\_\_  
  
\* Pork shoulder roast  
\* Onion and Garlic powder  
\* Jalapenos  
\* Green Onions  
  
  
\_\_Directions\_\_  
  
1. Place a pork shoulder roast in a crock pot, cover roast completely with water.   
2. Sprinkle onion & garlic powder into crock pot.   
3. Cook for 6 to 8 hours on high, or 8 to 10 hours on low.  
4. If frying at a later time, refrigerate roast with some of the cooking water.  
5. When ready to make tacos, shred the meat.  
6. Chop up as much jalapenos and green onions as desired.   
7. In a large frying pan add some oil. When the oil is hot but not burning add the meat and fry.   
8. Add some of the cooking water as needed to fry pan to keep the meat moist.  
9. In the last 5 or so minutes of cooking the meat, add the jalapenos and onions to meat.  
10. Meat should come out crispy but still moist  
11. Serve on tortillas (preferably soft corn tortillas) with choice of condiments (salsa, cheese, onions, etc)  
  
  
  
  
Sriracha Salt  
=============  
  
I actually received this as a gift, but I found a recipe to make your own.  
  
\_\_Ingredients\_\_  
  
\* 1 cup Salt  
\* 10 tsp. Sriracha  
  
Mix the two ingredients together in a bowl. Spread it out on a baking sheet lined with foil or parchment paper. Put in a 200-degree oven, then turn the oven off and let it sit overnight inside. It will clump, but place in ziplock bag and attack it with a rolling pin. Tada!  
  
The effect on most food is as awesome as you'd expect but it is especially amazing with eggs. Add it to your breakfast tacos.  
  
  
Veggies for Fish Tacos  
======================  
  
Fish tacos are a special breed, requiring different vegetable options.  
  
\_\_Assemble your veg from the following options:\_\_  
  
\* Cabbage, purple, shredded  
\* Cabbage, other shades, shredded  
\* Radishes, sliced into thin slices  
\* Red peppers, diced  
\* Cherry tomatoes, sliced (if you're a heathen)  
\* Cilantro, if it doesn't taste like soap to you  
  
And one requirement:  
\* Limes, sliced for juicing over tacos.  
  
Place out your selections and assemble into your taco. Then squeeze a lime over the top.  
  
  
Baja White Sauce  
================  
  
This is a traditional white sauce for [Baja fish tacos](../full\_tacos/baja\_fish\_tacos.md).  
  
\* 1/4 cup mayo  
\* 2 tbsp sour cream  
\* 1 tbsp lime juice  
\* 1/4 tsp celery salt (or garlic salt, etc)  
  
Mix, and refrigerate for an hour if possible.  
  
  
Hard Corn Shells (Traditional; US)  
======================  
  
Mistakenly thought by many to be traditionally Mexican, hard shells were actually popularized in the US in the mid-20th century.  
  
While they can certainly be made at home (if you have access to a deep-fryer), the best method of obtaining hard taco shells is to head to the grocery store.

Recipe Number 2

Baked Tilapia  
=============  
  
Oven fried fish for when you think you want to pretend you're eating healthier.  
  
\* 1 pound mild fish (I usually use tilapia)  
\* 1 cup masa  
\* 2 tsp salt  
\* 1/2 to 1 tsp cayenne  
\* 2 tsp paprika  
\* 2 tsps chili powder  
\* 2 tsps garlic powder  
\* 1/2 to 1 tsp black pepper (to taste)  
\* olive oil  
  
  
1. Preheat oven to 400 degrees.  
2. Mix dry ingredients in a bowl to make the coating for the fish.  
3. Cut fish into slices or chunks, as your taste desires.   
4. Drizzle olive oil over cut fish, and dip fish into breading.  
5. Bake for 8ish minutes and finish, if you can, under the broiler.  
  
  
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Traditional Taco Mixins  
(makes about 20 servings)  
  
- 1 (16 ounce) container sour cream  
- 1/4 head iceberg lettuce (rinsed, dried, shredded)  
- 1 cup shredded cheddar cheese  
- 3 diced tomatoes  
- 1 (2.25 ounce) can black olives, drained  
  
Add ingredients to tacos in layers.   
  
  
  
  
  
Guacamole  
=========  
  
This is pretty canonical stuff right here.  
  
\* 1-2 ripe Hass avocados  
\* half a lime  
\* a clove or two of chopped garlic  
\* some chopped white or yellow onion  
\* salt  
\* pepper  
\* dry cayenne or red chile pepper powder  
\* a jalapeño, if that's your thing  
\* a small chopped tomato  
\* a handful of chopped cilantro  
  
Look, here's how this works: First, you squeeze the lime juice into your nice little ceramic bowl. Then you add the garlic, onion, spices, peppers if you're heating it up, and then \*\*walk away\*\*.  
  
Seriously, walk away for a minute. Crack open a nice Negra Modelo and use a wedge of the other half of the lime in it. Back in your bowl, let the strong stuff marinate in that lime juice for a few minutes. It's cooking.  
  
OK, now that you're back, mix in the rest of the non-avocado ingredients. If you have a pestle, now's it's time to shine. If not, use a small wooden spoon, or failing all else, a fork, you miserable lout.   
  
Mash up everything but the avocado. Get it pasty if you can. Squish it all up.  
  
Now you can add your avocado or two, dude. I usually go with about 1.5 avos to condiment tacos or taco-like structures for four humans of varying sizes.  
  
Just in case no one ever taught you how to deal with an avocado correctly, here's a quick lesson:  
\* Cut it in half, longways.  
\* Smack the pit with the sharp edge of your knife and give it a sensible 90-degree twist.  
\* Voila, the avocado pit is on your knife.  
\* Dispose of it, unless you're not going to finish all that guac now, in which case, hang onto it and put it in the bowl with the guac before you put it in the fridge.  
\* Now that your knife is free, use it to carve long slices into the flesh of your avocado, one half at a time. Cross-hatch that sucker a bit. Don't cut through the flesh.  
\* Finally, get your avocado half above your nice bowl full of deliciousness, and use the skin to gently push your nice slices into the spicy soup below. Turn it inside-out, if you must, but know that you can minimize the amount of avocado that gets all over your hands if you do this just right.  
  
To finish up your guacamole, mash your avocado up a bit and gently mix it into the magical citric-spice-tomato concoction. We're done here.  
  
\_Thanks to [The Awl](http://www.theawl.com/2010/02/half-baked-guacamole-by-the-ceviche-method) for limited inspiration regarding the limey and drinky parts.\_  
  
  
Fresh Corn Tortillas  
===================  
  
This is the only way to go. So worth it. Makes roughly 15 tortillas.  
  
\* 1 3/4 cups masa harina  
\* 1 1/8 cups water  
  
1. In a medium bowl, mix together masa harina and hot water until thoroughly combined. Turn dough onto a clean surface and knead until pliable and smooth. If dough is too sticky, add more masa harina; if it begins to dry out, sprinkle with water. Cover dough tightly with plastic wrap and allow to stand for 30 minutes.  
2. Preheat a cast iron skillet or griddle to medium-high.  
3. Divide dough into 15 equal-size balls. Using a tortilla press, a rolling pin, press each ball of dough flat between two sheets of wax paper.  
4. Place tortilla in preheated pan and allow to cook for approximately 30 seconds, or until browned and slightly puffy. Turn tortilla over to brown on second side for approximately 30 seconds more, then transfer to a plate. Repeat process with each ball of dough. Keep tortillas covered with a towel to stay warm and moist (or a low temp oven) until ready to serve.

Recipe Number 3

Swiss Chard  
===========  
  
This is actually a Rick Bayless recipe from his cookbook \_Mexican Everyday\_, but we've used it a fair amount on those days we feel like not eating meat but still want to have tacos.  
  
\_\_Ingredients\_\_  
  
\* 1 bunch swiss or rainbow chard. Could also do spinach I guess. Probably not good with kale.  
\* 1 onion sliced thin  
\* 1/2 cup of chicken or vegetable broth  
  
Slice up the chard into small slices. In a large skillet, heat the oil on medium-high. Cook the onions until soft, plus some garlic and red pepper flakes if you want. Put the chard in the skillet, add the broth. Cover the pan and reduce the heat to medium-low and cook until the greens are wilted and almost tender (about 5 minutes). Uncover, bring heat back to medium high and cook until almost dry. Salt as necessary. Enjoy.  
  
  
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Sweet Potato and Apple Hash  
===========================  
  
Sweet potatoes are my go-to taco punch-up. I was going my normal route of making small (1/4" or so) cubes of sweet potatoes when I thought: Hey, it's fall, I'm going to add an apple in there. Fuck yes.  
  
\* 2 Small sweet potatoes (you'd be amazed how little sweet potato you need for tacos)  
\* 1 Small apple  
\* One can diced green chilis  
\* A couple pinches of chili powder  
\* A queeze of honey  
\* Pat o' butter  
  
Mix this all into a pan, with about 1/4 cup of water, and boil it all up until the water goes away, toss in the butter, and continue to pan-fry until things get a little browned.   
  
  
Pickled Vegetables  
==================  
  
\_\_Whisk:\_\_  
  
\* 1/4 cup rice vinegar  
\* 2 teaspoons sugar  
\* 1 teaspoon soy sauce  
\* 1 teaspoon fish sauce  
\* Some red pepper flakes  
  
\_\_Then toss in some sliced vegetables. Suggestions include:\_\_  
  
\* cucumbers  
\* carrots  
\* onions  
\* radishes  
  
Mix, cover and chill in fridge for at least 30 minutes before using.  
  
  
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\* 1 1/8 cups water  
  
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