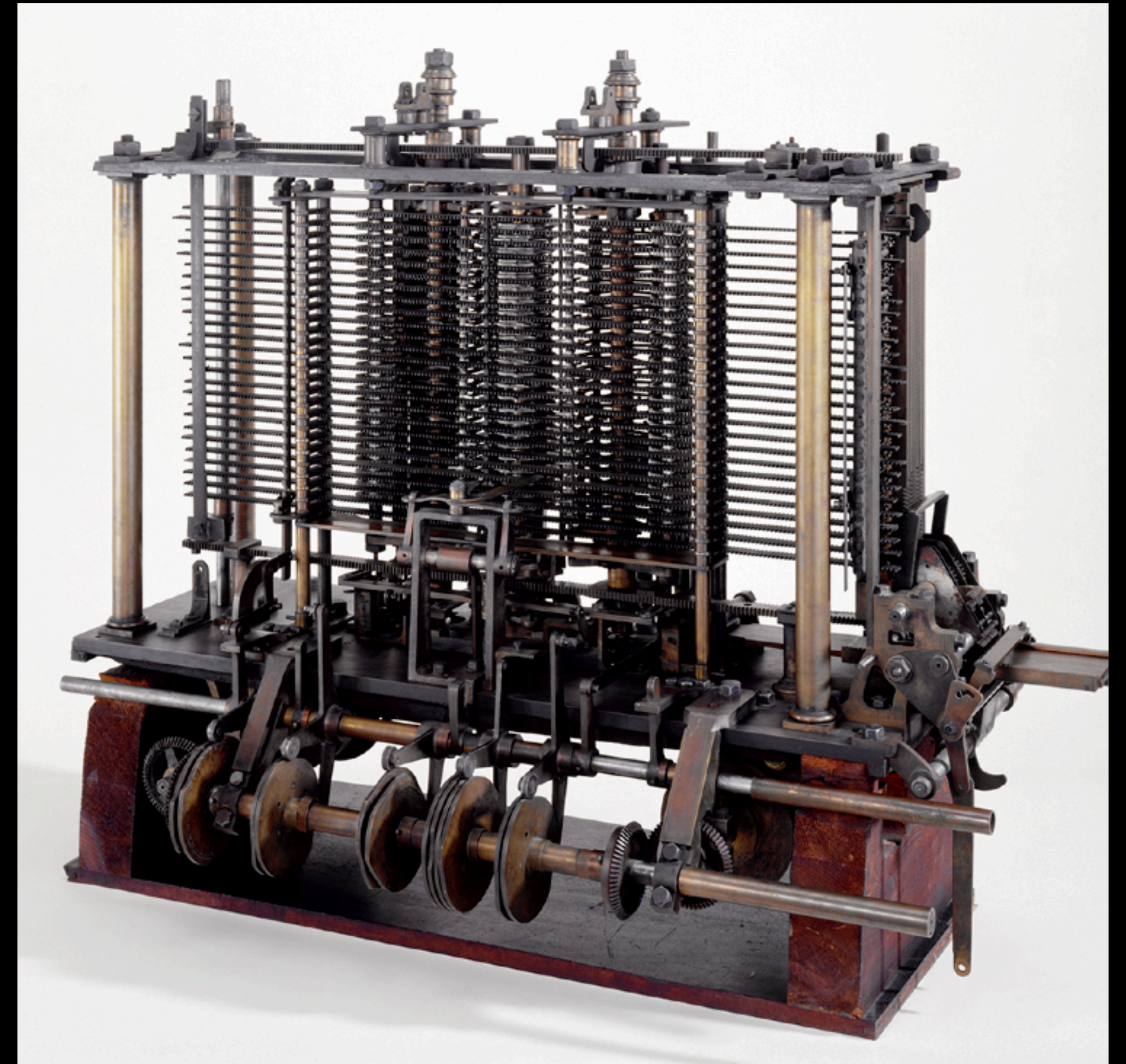# Solution: we have loops

- Computers were designed to automate repetitive tasks through programming

- Programming languages give us iteration statements or looping statements or simply loops

- To iterate means to repeat something

uc3m

Looping statements

- Allow the execution of a statement or a block of statements multiple times (loop body)