

Looking back in my life I can tell I have a unique story to tell, a long one. As in any other story, there are highlights and a plot. Until now I have lived the plot of my life. But I can tell it changed suddenly after this event, changed for the better. In 2019 I suffered a cerebrovascular event, there was a small hemorrhage in my brain, and it caused lots of struggles in my life, mostly in middle school, that was the time I experienced this. I had partial and general convulsions and another type of effects from the event. This event made me mature faster than other teenagers, I had to be completely responsible for everything I did and being more careful and disciplined. This may sound good in a way, being even more mature is a great thing, but it had a cost, the mental stability and mental health of a 14-year-old girl. I went through a rough part of the story, my life seemed to be upside down. For some time, I couldn't see my friends, I was medicated and overwhelmed by everything and nothing at the same time. However, something bad can't last forever. Some months later I entered high school and was the best part of all that year. I created memorable moments with my new friends and with time I learned there was nothing to be scared about but giving up on you. I learned a way to control my emotions and to be disciplined, a word that was new for me.

This showed me how fragile my life or anybody's life can be. Health situations and problems make no exceptions. This moment in my life piqued my interest in general human health. I've always been interested in listening to people and helping them, being empathic and trying to understand them. For a moment I thought about studying medicine, but my doctor clearly said I couldn't, it's a lot of stress and staying up late at night and that can cause convulsions. I analyzed my skills better and I realized psychology it's the perfect fit for me. How different can all minds work seems amazing, and I'll like to know people's way of thinking, help them know better themselves, know how to deal with emotions and expand my knowledge about

it. My intended specialty to choose after finishing my psychology career is neuropsychology. I'm passionate about how mysterious the brain can be. In a neurological level, psychology can be even more complicated and interesting.

I'm who I am right now in part because of this event, and I have no idea what the future holds for me, but it depends on me and the effort I put into the things I want to accomplish.

A situation of a month lasts until now and I'll live my life with this scar I'm proud of. I'm proud of having patience, learning, and passing that rough moment in life. All people have their own wounds and scars, but the best part of them is when they heal, and you can remember that as a unique experience, a won battle, and part of the person you are now.