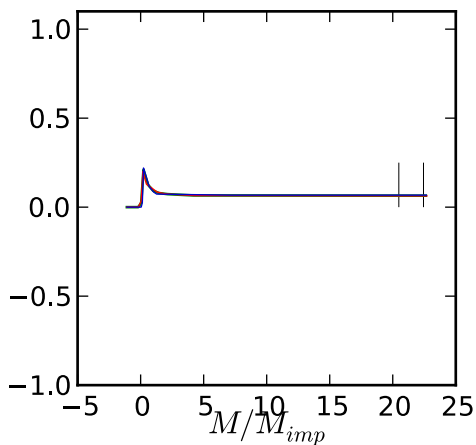
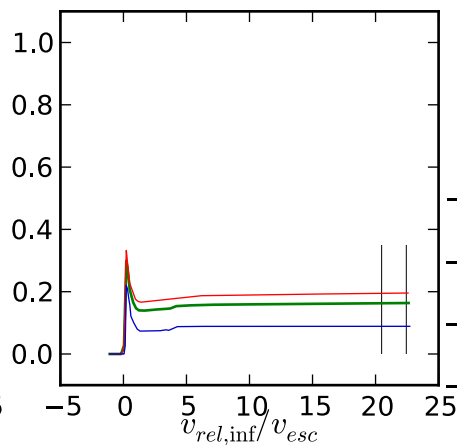
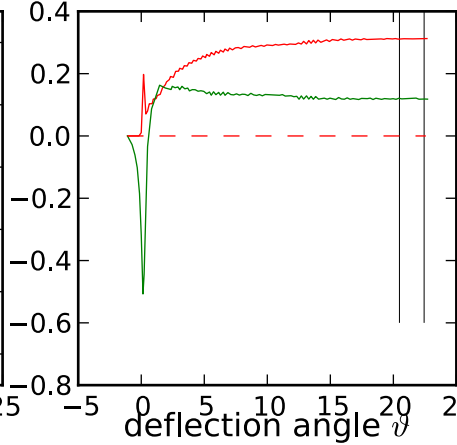


accretion efficiency



striping efficiency

 $E_{pot}, \Delta U / \frac{1}{2} \mu v_{imp}^2$ rot. stability $-E_{rot}/E_{pot}$ 