

Updated: 13.04.2022  
Email: [aurocamps@aurobindoonline.in](mailto:aurocamps@aurobindoonline.in)  
Website: [www.sriaurobindoashram.net](http://www.sriaurobindoashram.net)



Tel: 011-26524810 (Delhi)  
05942-281215 (Madhuban)

## Summer Camps 2022 at Madhuban

### Talla Ramgarh, (Madhuban) Uttarakhand (ROOM /DORM ACCOMMODATION)

(36 Seats Inclusive of Speakers & Organizer)

CAMP NO.	DATES	TOPIC/ INSTITUTION	FACILITATORS	LANG.	ROOMS NO. OF PERSONS	DORMS NO. OF PERSONS	ORGANISER
M 216	19 March 2022 26 March 2022			English	30-40		Swami Sarvananda ji, (Kerala) 486772681,swamisarvananda@gmail.com
M 217	01 April 2022 08 April 2022			English	20		Dr. Saraswati Markus Robin, DAOM, LAc, ERYT saraswati@nourishinglife.com Asheville, North Carolina, USA 800.215.5020 (o)   619-925-2228 (m)
M 218	09 April 2022 13 April 2022 (Only 5 Days)						
M 219	14 April 2022 20 April 2022						
M 220	21 April 2022 27 April 2022	Life Positive		English	30-40		Megha Girdhar <b>8368555512,</b> <a href="mailto:megha@lifepositive.net">megha@lifepositive.net</a> , Aditya Ahluwalia F-1/9, 1st Floor, Okhla Phase - I New Delhi - 110 020, India Mobile: +91-98 113 12361 Mobile: +1-732 642 8994

M 221	28 April 2022 04 May 2022	Dharma Today: Manu or Modernity	Bharat Gupt	English	40		(S.R.Khanna,) Bharat Gupt, bharatgupt10@gmail.com or at 9810077914
M 222	05 May 2022 11 May 2022						
M 223	12 May 2022 18 May 2022	Study Camp	Dr. Sudhir Pandey	Marathi	25		Dr. Sudhir Pandey (Shrikrishna dixit" krish_dixit001@yahoo.com)
M 224	19 May 2022 25 May 2022			English	30		Veene & Niraj Sharma
M 225	26 May 2022 01 June2022	Two morning sessions: Gita. Two Afternoon sessions: First chapter of Synthesis of Yoga.	Kaivalya Smart	English	30		Kaivalya Smart, 9898021150, <a href="mailto:kaivalyasmart@gmail.com">kaivalyasmart@gmail.com</a> , Surat
M 226	02 June 2022 08 June 2022	Indian Classical Music	Barun Pal's Students	English	36		Chandrima , 9819441689, ahandrima@gmail.com
M 227	09 June 2022 15 June 2022	Vedanta and Ayurveda Retreat	Dr. Surindar Katoch	English	36		Dr. Surindar Katoch, 9811199167
M 228	16 June 2022 22 June 2022		Tai Chi	English	36		Sensei Sandeep Desai, taichiindia@hotmail.com
M 229	23 June 2022 29 June 2022		Vibhuti	English	36		Vibhuti Aggarwal

M 230	30 June 2022 06 July 2022						
M 231	07 July 2022 13 July 2022						

### **THE CAMP SITE:**

1. Madhuban is situated at a height of 5000 ft above a picturesque village in the Kumaon range of the Himalayas. Madhuban is the place where the beekeeping association of India took birth more than 50 years ago. The property was offered to the Ashram by a devotee in 2003 and is still in the process of being developed. The entire valley of Talla Ramgarh is a basin of fruit orchards and can best be enjoyed during the fruit season in July and August, which happens also to be the rainy season. Madhuban campsite is situated on a fruit orchard of about 30 acres and is one of the extensions of Sri Aurobindo Ashram – Delhi Branch.

**LODGING:** Twelve double and four single rooms with bath and toilet attached, are available with complete bedding. We also have three 6-bedded dormitories in case of pressure on the camps. The seats will be allotted on a **First come, first served** basis, and people applying late will have to take dormitory accommodation.

### **VILLAGE OUTREACH PROGRAMS:**

We are also doing a lot of Village Outreach programs, especially in the field of education where we are conducting several camps throughout the year for upgrading the quality of the village school teachers and imparting value education to students.

Several doctors from Delhi and other places are invited at regular intervals to conduct medical camps for several villages around Ramgarh, where we provide free consultation and medicines.

### **CAMP ACTIVITIES:**

- \* Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother.
- \* Daily Meditation and Yoga, Pranayam and ‘keep-fit’ sessions.
- \* Walks and treks through magnificent mountain forests and enchanting scenic **splendor**.

**For all bookings and information, please contact the camp organizer of the particular camp only.**

**STAY AT DELHI:** Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch ONLY THROUGH THE **WEBSITE:** [www.sriurobindoashram.net/visitors](http://www.sriurobindoashram.net/visitors)

**IMPORTANT (Please note carefully):**

- \* **Please apply only if you are looking for a serious study and spiritual retreat.**
- \* Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.
- \* **People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply.** Any medical expenses will have to be borne by the participants themselves. There are hardly any medical facilities at the Talla Ramgarh village.
- \* **Kindly help in circulating this leaflet widely among genuinely interested people.**
- \* **Please note:** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic drinks and drugs is forbidden during the entire period of the camp.

**OTHER CAMPS:** We also have study and youth adventure camps at our Himalayan Centre in Nainital (40 km from Madhuban). You may look up for more details on our **website:** [www.sriurobindoashram.net](http://www.sriurobindoashram.net).

**FUTURE BOOKINGS:** We are also offering our space in September, October & November for any camps being organized on Sri Aurobindo's philosophy or any other serious spiritual topics. Please ask for dates very much in advance as we always have a lot of pressure on our limited space.

### **HOW TO APPLY**

Please fill in the form below and attach your donation and forward to the Camp convener at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **Camp number** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start your journey without** receiving a **proper acceptance letter** from us.

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**SRI AUROBINDO ASHRAM DELHI BRANCH TRUST**  
**BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN INDIA**

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**Sri Aurobindo Ashram Delhi Branch Trust**    SB-Account No. 90030110002667

Sri Aurobindo Marg

New Delhi – 110016

Email: [contact@aurobindoonline.in](mailto:contact@aurobindoonline.in)

PAN NO.    AAATS4031K

**Name of Bank**

UCO Bank

Sri Aurobindo Ashram Extension Counter

Sri Aurobindo Marg,

New Delhi-110016

Branch Code – 9003

IFS Code – UCBA0009003

MICR Code – 110028999

**IMPORTANT NOTE**

1. If you are making direct deposit in our above bank accounts, kindly send an email to [contact@aurobindoonline.in](mailto:contact@aurobindoonline.in) and a copy of same to [ashram.delhi@gmail.com](mailto:ashram.delhi@gmail.com) giving us the details of amount.
2. Please Provide Transition, Cheque No., Amount, Bank, Date of Donation.
3. This will help us Reconcile your amount with our bank account and issuing official Receipts.

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**People sending amount above Rs. 3000/- as donation should fill up the enclosed income tax form and return to us.**

**TO WHOM IT MAY CONCERN**

I hereby certify that a sum of Rs..... (Rupees ..... ) was paid to Sri Aurobindo Ashram – Delhi Branch. Sri Aurobindo Marg, New Delhi – 110016 by Cash / Cheque No. .... Dated ..... on ..... Bank on account of donation. I further state that I am assessed to income tax and my permanent account no. (PAN) is

.....Name.....Address.....

PIN .....E-mail Id .....

Telephone Nos (Res.)..... (Off.) ..... (Mobile) .....

Date: \_\_\_\_\_

Signature

Receipt No. .... Date .....

Email: [aurocamps@aurobindoonline.in](mailto:aurocamps@aurobindoonline.in)  
 Website: [www.sriaurobindoashram.net](http://www.sriaurobindoashram.net) 05942-281215 (Madhuban)  
 Dussehra: 5th October 2022 (Wednesday)  
 Diwali: 24th October 2022 (Monday)  
 Update: 15-02-2022



Tel: 011-26524810 (Delhi)

**AUTUMN Camps 2022 at Madhuban**  
 Talla Ramgarh, dist. Nainital, Uttarakhand **(ROOM /DORM ACCOMMODATION)**

CAMP NO.	DATES	TOPIC/ INSTITUTION	FACILITATORS	LANG.	ROOMS NO. OF PERSONS	DORMS NO.OF PERSON	ORGANISER
M 232	02 Sep 2022 08 Sep 2022						
M 233	09 Sep 2022 15 Sep 2022						
M 234	16 Sep 2022 22 Sep 2022	Yoga retreat		English	10-15		Namah French Group
M 235	23 Sep 2022 29 Sep 2022						
M 236	30 Sep 2022 06 Oct 2022						
M 237	07 Oct 2022 13 Oct 2022						
M 238	14 Oct 2022 20 Oct 2022						
M 239	21 Oct 2022 27 Oct 2022						
M 240	28 Oct 2022 03 Nov 2022						
M 241	04 Nov 2022 10 Nov 2022						
M 242	11 Nov 2022 17 Nov 2022						