

6K Se $f \in L^p(X)$, $\mu(X) < \infty$, então $f \in L^r(X)$, $1 \leq r \leq p$.

Dica: $|f|^r \leq 1 + |f|^p$

Também, $\|f\|_r \leq \|f\|_p \mu(X)^s$, onde $s = \frac{1}{r} - \frac{1}{p}$

Res:

Defato, note que $|f|^r \leq 1 + |f|^p$

pois, se $|f(x)| \leq 1 \Rightarrow$

$$|f(x)|^r \leq 1 \leq 1 + |f(x)|^p$$

e se $|f(x)| \geq 1$, $|f(x)|^r \leq |f(x)|^p$, logo

$$|f(x)|^r \leq 1 + |f(x)|^p$$

Segue que

$$\int |f|^r \leq \int 1 + |f|^p = \mu(X) + \|f\|_p^p < \infty$$

Logo $f \in L^r$.

Além disso, como $|f|^r \in L^{p/r}$, temos

$$\begin{aligned} \int |f|^r &= \int |f|^r \cdot 1 \leq \| |f|^r \|_{p/r} \|1\|_p \\ &= \left(\int (|f|^r)^{p/r} \right)^{1/r} \mu(X)^{p-r} \\ &= (\|f\|_p^p)^{r/p} \mu(X)^{p-r} \end{aligned}$$

$$\frac{1}{p/r} + \frac{1}{q} = 1$$

$$\frac{1}{q} = 1 - \frac{r}{p} = \frac{p-r}{p}$$

$$q = \frac{p}{p-r}$$

$$\Rightarrow \|f\|_r \leq \|f\|_p \left(\mu(X)^{\frac{p-r}{p}} \right)^{1/r} = (\|f\|_p^p)^{r/p} \mu(X)^{\frac{p-r}{p}}$$

$$= \|f\|_p \mu(X)^{\frac{p-r}{pr}} = \|f\|_p \mu(X)^{\frac{1}{r} - \frac{1}{p}} \quad \square$$

6.2. Prove que $\ell^p \subset \ell^s$, com $1 \leq p < s < \infty$ e
 $\|x\|_s \leq \|x\|_p, \forall x \in \ell^s$

RES)

Seja $x = (x_n) \in \ell^p$.

Então $\exists N, \forall n > N, |x_n| \leq 1$

$$\Rightarrow |x_n|^s \leq |x_n|^p, \forall n > N$$

Logo

$$\sum_{k=1}^{\infty} |x_k|^s = \sum_{k=1}^N |x_k|^s + \sum_{k=N+1}^{\infty} |x_k|^s \leq \sum_{k=1}^N |x_k|^s + \sum_{k=N+1}^{\infty} |x_k|^p < +\infty$$

Logo $x \in \ell^s$.

Algora

AF 1: $\|x\|_p \leq 1 \Rightarrow \|x\|_s \leq 1$

De fato, $\|x\|_p \leq 1 \Rightarrow |x_n| \leq 1, \forall n$, logo

$$\|x\|_s^s = \sum_{n=1}^{\infty} |x_n|^s \leq \sum_{n=1}^{\infty} |x_n|^p = \|x\|_p^p \leq 1$$

AF 2: $\|x\|_s \leq \|x\|_p$

De fato,

$$\| \frac{x}{\|x\|_p} \|_p = 1 \xrightarrow{p.T.1} \| \frac{x}{\|x\|_p} \|_5 \leq 1$$

$$\Rightarrow \|x\|_5 \leq \|x\|_p$$

6N Seja $f \in L^{p_1}, f \in L^{p_2}, 1 \leq p_1 < p_2 < \infty$
Prove que $f \in L^p, \forall p_1 \leq p \leq p_2$

RES)

Como $p_1 \leq p \leq p_2, \exists \theta, \frac{1}{p} = \frac{\theta}{p_1} + \frac{1-\theta}{p_2}$

Assim

$$1 = \frac{p\theta}{p_1} + \frac{p(1-\theta)}{p_2}$$

Logo

$$\|f\|_p^p = \int |f|^p = \int |f|^{\theta p} |f|^{(1-\theta)p}$$

$$\text{Mas } |f|^{\theta p} \in L^{\frac{p_1}{\theta p}}, \| |f|^{\theta p} \|_{\frac{p_1}{\theta p}} = \|f\|_{p_1}^{\theta p}$$

$$\text{e } \|f\| \in \left[\frac{(1-\theta)^p}{\frac{p_2}{(1-\theta)^p}}, \frac{(1-\theta)^p}{\frac{p_2}{(1-\theta)^p}} \right] \|f\|_{p_2}^p = \|f\|_{p_2}^p$$

Assim, como $\frac{1}{\frac{p_1}{\theta p}} + \frac{1}{\frac{p_2}{(1-\theta)p}} = \frac{\theta p}{p_1} + \frac{(1-\theta)p}{p_2} = 1$, por Hölder:

$$\|f\|_p^p \leq \| |f|^{\theta p} \|_{\frac{p_1}{\theta p}} \| |f|^{(1-\theta)p} \|_{\frac{p_2}{(1-\theta)p}} = \|f\|_{p_1}^{\theta p} \|f\|_{p_2}^{(1-\theta)p}$$

$$\Rightarrow \|f\|_p \leq \|f\|_{p_1}^{\theta} \|f\|_{p_2}^{(1-\theta)}$$

□

6.D seja $\varepsilon > 0$, $f \in L^p$. Então $\exists \varphi$ função simples tal que $\|f - \varphi\|_p < \varepsilon$

De fato, escreva $f = f^+ + f^-$.

Então, existe $(\varphi_n^+)_n$ sequência de funções simples tal que $\varphi_n^+ \rightarrow f^+$, $0 \leq \varphi_n^+ \leq f^+$, $\forall n$.

Assim, $|\varphi_n^+ - f^+|^p \rightarrow 0$ q.t.p.

e

$$|\varphi_n^+ - f^+|^p \leq 2^p (f^+)^p \leq 2 \|f\|^p \in L^1$$

logo,

$$\lim_{n \rightarrow \infty} \int |\varphi_n^+ - f^+|^p = \int \lim_{n \rightarrow \infty} |\varphi_n^+ - f^+|^p = 0$$

i.e.: $\exists N + \varepsilon \forall n \geq N, \int |\varphi_n^+ - f^+|^p < \varepsilon$

Análogo, p/ φ_n^- e f^-

Assim, sendo $n \geq \max\{N, N'\}$, $\varphi_n = \varphi_n^+ - \varphi_n^-$ é simples e

$$\begin{aligned} \int |f - \varphi_n|^p &= \int |f^+ - \varphi_n^+ - f^- + \varphi_n^-|^p \\ &\leq 2^p \left(\int |f^+ - \varphi_n^+|^p + \int |f^- - \varphi_n^-|^p \right) \\ &\leq 2^p (\varepsilon + \varepsilon) = 2^{p+1} \varepsilon \end{aligned}$$

Como ε foi arbitrário, segue-se

Note que vale para $p = \infty$: Seja $M = \|f\|_\infty$
Então, sendo

$$E_k = \{x \in X; k \cdot \varepsilon \leq f(x) < (k+1) \cdot \varepsilon\}$$

temos que existem finitos $I \subset \mathbb{Z}$ tais que $\bigcup_{k \in I} E_k = X$
(Basta tomar $I = [-N, N]$, onde $N > \frac{M}{\varepsilon} \in \mathbb{N}$)

Dai, ponha

$$\phi(x) = \begin{cases} k \cdot \varepsilon, & x \in E_k \end{cases}$$

Dai

$$|f(x) - \phi(x)| \leq \varepsilon, \quad \forall x$$

pois

$$\begin{aligned} |f(x) - \phi(x)| &\leq (k+1)\varepsilon - k\varepsilon = \varepsilon \\ &\leq \end{aligned}$$

$$k \cdot \varepsilon - k \cdot \varepsilon \Rightarrow \|f - \phi\|_\infty \leq \varepsilon$$

6.E) Se $f \in L^p$, $1 \leq p < \infty$, então $E = \{x \in X; |f(x)| \neq 0\}$ é σ -finito.

De fato, note que $E = \bigcup_{n=1}^{\infty} E_n$ onde

$$E_n = \{x \in X \mid |f(x)|^p > 1/n\}$$

Logo, basta mostrar que $\mu(E_n) < \infty$, $\forall n$.

De fato, suponha, por absurdo, que $\mu(E_{n_0}) = +\infty$.
Então

$$+\infty > \int |f(x)|^p \geq \int_{E_{n_0}} |f(x)|^p > \int_{E_{n_0}} 1/n = \frac{1}{n_0} \mu(E_{n_0}) = +\infty$$

$\rightarrow \leftarrow$. Logo, $\mu(E_n) < +\infty$, $\forall n$.

6.F) Se $f \in L^p$ e $E_n = \{x \in X \mid |f(x)| > n\}$, então $\mu(E_n) \rightarrow 0$, p/ $n \rightarrow \infty$.

De fato, suponha que não. Então $\exists \varepsilon > 0$ tal que, $\exists n_k \rightarrow +\infty$,
 $\mu(E_{n_k}) > \varepsilon$, $\forall k$.

Mas daí

$$+\infty > M = \int |f(x)|^p \geq \int_{E_{n_k}} |f(x)|^p \geq \int_{E_{n_k}} n_k^p = n_k^p \mu(E_{n_k})$$

$$\Rightarrow \mu(E_{n_k}) \leq \frac{M}{n_k^p}, \quad \forall k \Rightarrow \text{com } \mu(E_{n_k}) > \varepsilon \quad \forall k$$

Quando:

$$M = \int |f(x)|^p \geq \int_{E_n} |f(x)|^p \geq \int_{E_n} n^p = n^p \mu(E_n)$$

$$\Rightarrow \mu(E_n) \leq \frac{M}{n^p}$$

$$\Rightarrow \limsup \mu(E_n) = \lim_{n \rightarrow \infty} \frac{M}{n^p} = 0$$

Mas $\liminf \mu(E_n) > 0$, logo segue p

(6.5) Seja X esp. de medida finita. Se f é mensurável
seja

$$E_n = \{x \in X; (n-1) \leq |f(x)| < n\}$$

Então

$$f \in L^p \Leftrightarrow \sum_{n=1}^{\infty} n^p \mu(E_n) < +\infty$$

Demo)

Note que

$$\sum_{n=1}^{\infty} n^p \chi_{E_n} \leq (|f(x)| + 1)^p$$

Relato, seja $x \in X$. Então $\exists n_0, x \in E_{n_0}$.

Poi

$$\sum n^p \chi_{E_n}(x) = n_0^p \chi_{E_{n_0}}(x) = n_0^p$$

$$\text{Mas } x \in E_{n_0} \Rightarrow n_0 - 1 \leq |f(x)| \leq n_0$$

$$\Rightarrow n_0 \leq |f(x)| + 1 \leq n_0 + 1$$

$$\Rightarrow n_0^p \leq (|f(x)| + 1)^p$$

$$\text{Mas } |f(x)| \in L^p \Rightarrow |f(x)| + 1 \in L^p, \text{ pois } \mu(X) < \infty$$

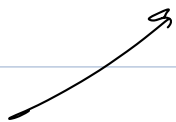
$$\Rightarrow (|f(x)| + 1)^p \in L^1$$

$$\Rightarrow \sum_{n=1}^{\infty} n^p \mu(E_n) < +\infty$$

Agora como,

$$|f(x)|^p \leq \sum_{n=1}^{\infty} n^p \chi_{E_n}(x)$$

$$\Rightarrow \int |f(x)|^p \leq \sum_{n=1}^{\infty} n^p \mu(E_n) < +\infty \Rightarrow f \in L^p$$



$$\text{pois } \int \sum n^p \chi_{E_n}(x) = \sum n^p \mu(E_n)$$

$$\text{Relato, } \sum_{n=1}^N n^p \chi_{E_n} \xrightarrow{\uparrow} \sum_{n=1}^{\infty} n^p \chi_{E_n}, \quad f_n \leq f_{n+1}, \quad f_n \geq 0$$

$$\text{logo } \int \lim = \lim \int_{\text{b}}$$