

Name: _____

How Are You Intelligent?

Proofread this story. Correct any errors.

Many people ask, "How intelligent are you?" The question should be, "How are you intelligent"? Everyone is born with a certain amount of "brain capacity". You have probable heard someone refer to your IQ or intelligence quotient. Everyone has an IQ. but did you know that people can be intelligent in different ways?

Some people call these "intelligences" talents. You can use your talents to help you learn. schools focus on language and mathematical talents. You probably know someone who is really good with words. They speak and write very well. They read classical novels (and understand them!). Some may be poets or write for the school newspaper. They are thi English teachers dream and always get "A's" in literature classes. These people are word smart.

People who are good with numbers have another talent. These people love to do math in their heads. They get "a's" in trigonometry, and they can apply it to real life. Having good numerical reasoning skills is another way to be intelligent.

Some people are talented at sports. They hit homeruns, make the most baskets, and swim the fastest laps. "Body smarts" is another type of intelligence. Others are musical talented. These people can sing and dance. They play More than one musical instrument. They may hum or tap their pencils to a beat. Music and rhythm are very important in their lives.

Artistic talent is another type of intelligence. Artists are very aware of the spaces and objects around them. They draw and sculpt what they see. They can take what they see and represent it in a new form.

Do you know someone who is real good with people? Interpersonal skills are another kind of talent. People who have this talent understand others. They make people feel comfortable being around them. They like to work in groups. Helping people with their problems is Important to those with good interpersonal skills.

So what does all this have to do with learning. Your grandmother always said" ,Put your talents to good use." Once you identify how you are intelligent, you can use your talents to help you learn.

For example, if you are word smart you can use listening activities to help you learn. Attend lectures, plays, or debates about subjects you are learning. Keep a journal or write a news article about a cancept to help you understand it. If you are learning about important periods in history, interview someone who lived during that time. Teach a skill to sameone else. Use your word skills to help you learn.

If you have mathematical intelligence, you can use it to help you learn other subjects. Make graphs and charts of data. Create patterns of information. Learn concepts in a step-by-step sequence. Make spreadsheets, time lines, and scale diagrams to go with the information you are trying to learn or remember.

If you are "body smart," move as you are studying. Act out historic scenes. Build a model. Demonstrate to someone how to make or do something. Get your body involved in your learning.

If you have musical talent, you can use it to help you study. Listen to audiotapes. Set whatever you are trying to learn to music. Compose a song involving vocabulary words you must learn. Sing or rap the information as you study.

Art smarts can also help you learn. Try drawing a picture of the concept you are learning. Doodle as you listen to a lecture. Use graphic organizers to put information in spatial order. Use color schemes to organize data. Make a cartoon about the literature you are reading. Use your creative talent to help you remember what you are learning.

If you like working with people, form a study group. Interview someone who knows about what you are learning. Engage in a group project to demonstrate what you have learned. Invite a friend over for a quiz session before a test. Teach someone about the concepts you are learning.

Using your talents can make learning easier. It also makes it more fun. Put your talents to good use and help yourself to most bettered grades.

How Are You Intelligent?

1. What does IQ stand for? <hr/> <hr/>	2. What two talents do schools focus on? <hr/> <hr/>
3. People who are good at sports are _____. <input type="radio"/> A Body smart <input checked="" type="radio"/> B Artistic <input type="radio"/> C Language smart	4. Name two ways you can learn if you are art smart. <hr/> <hr/>
5. Name two ways to study if you have good interpersonal skills. <hr/> <hr/>	6. How can you use mathematical skills to help you learn another subject? <hr/> <hr/>

Gerunds and infinitives

Underline the gerunds and infinitive forms of the verbs in the text.

Handling Stress

To relieve stress, you must first understand which brain hemisphere is stressed. Feeling depressed or emotionally overwrought means your stress is in the right hemisphere. This is the creative, emotional, holistic side of your brain. To cut stress, switch to your matter-of-fact left hemisphere. How? Doing math or writing factual prose calms down the emotional right brain. Another option is to organize something; it has the same calming effect. Feeling time-stressed and overburdened means the left hemisphere of your brain is stressed. Singing or playing a sport will allow you to switch to your right brain and to reduce your stress.

Choose one verb and in brackets state what it is being used as: subject or object of verb or preposition; add a noun if necessary.

Verbs				Nouns	
clean	fry	slice	counter	new recipes	salt
cook	mop	taste	dishes	olive oil	seafood
cut	peel	try	fruit	praise	tomatoes
eat	receive	use	meat	salad	vegetables

- I'm tired of cooking meals every day of the week. (object of preposition)
- Lisa's favorite hobby is _____. (_____)
- _____ is one of the benefits all cooks enjoy! (_____)
- It's almost impossible to make a meal without _____. (_____)
- While some people enjoy _____, I think it's a boring activity.
(_____)
- My mother is great at _____, but I'm not so good at it.
(_____)
- I don't mind _____, but I am tired of _____ every week!
(_____) (_____)

Use the verb in brackets with another verb of your choice in the correct form.

Studying for Exams

In order to pass the exam I just took, I should have considered studying
 1
 (consider) the lecture notes. Unfortunately, I thought I had lots of time, so
 I _____ (postpone) over them. I was confident that I knew
 2
 the subject, so I _____ about _____ (worry [negative]) the test.
 3
 Instead I _____ (go) at the mall, and later my friends
 4
 and I _____ (go) at a nearby club. That was a big mistake!
 5
 With only a few hours left before the exam, I opened my book. Later that night,
 while sleeping, I _____ about _____ (dream) the
 6
 test. I woke up from that nightmare and _____ (finish)
 7
 the rest of the chapter. Then I went to school and took the exam. I learned my
 lesson the hard way. What do I recommend? I _____ not _____
 8
 (recommend) what I did. Instead, I _____ (suggest)
 9
 your notes regularly. By reviewing them every day, you won't _____
 about _____ (worry) any exam!
 10

Piano Lessons

When I was a child, my mother (advise / me / study) advised me to study hard every
 day. She (not want / me / lose out) _____ 1 _____ on a quality
 education. For this reason, she (forbid / me / watch) _____ 2 _____
 3 _____ too much television. Instead, she would (tell / me / practice) _____
 4 _____ the piano. I absolutely hated my mother's forcing (me / play)
 _____, but I always did what I was told. She would
 5 _____ (invite / her friends / listen) _____ to my home
 6 _____ concerts, and it always made me so nervous! Well, today I must thank her. As a
 well-known pianist who travels around the world, I am happy that she (convince /
 me / appreciate) _____ hard work. I would never have
 7 _____ gotten where I am today without her focus on education and practice.

Circle the letter of the correct answer. Be prepared to explain your answers.

- Even small changes can result in weight loss. For example, my personal trainer cautioned me _____ real cream in my coffee.
 - to avoid using
 - avoid using
 - avoid to use
 - to avoid use
- He told me that _____ certain foods such as cream and cookies would really help me lose weight quickly.
 - not to eat
 - I do not eat
 - not eating
 - doesn't eat
- In fact, I stopped _____ dessert because the scales told _____!
 - eating ... me to stop
 - to eat ... to stop
 - to eat ... me stop
 - eating ... me stopping
- _____ vegetables is a good way to stay healthy, but I dislike _____ many of them.
 - To eat ... to prepare
 - Eating ... to prepare
 - To eat ... preparing
 - Eating ... preparing
- Do you _____ to go to the gym alone or with a workout buddy?
 - prefer
 - suggest
 - enjoy
 - appreciate
- For many people, _____ out with someone else increases their motivation and ultimately yields better physical results.
 - work
 - they work
 - working
 - if they work
- If you have a friend to work out with, you are not likely _____ working out from one day to the next.
 - for postpone
 - for postponing
 - to postpone
 - to postponing
- When I first started working out, running on the treadmill was difficult because my body was not accustomed _____ for so long.
 - for run
 - to run
 - for running
 - to running

Fill in the blank with the appropriate gerund or infinitive form of the verb in parentheses.

1. Paula forgot _____ (tell) her husband she hadn't fed their cat. Her husband didn't feed the cat either, so the poor thing meowed all day long!
2. Paula forgot _____ (tell) her husband she hadn't fed their cat, so she worried all day long. However, her husband had fed the cat before he left for work.
3. Do you remember _____ (stop) the newspaper delivery for this week that we're on vacation?
4. I remembered _____ (stop) the mail, but I don't remember _____ (stop) the paper.
5. After getting my last credit card bill, I stopped _____ (spend) so much time at the mall. I need to follow my budget more closely.
6. I stopped _____ (spend) some time at the mall today. I've been pretty good about watching my money and decided to splurge and buy some new shoes.
7. Each week we try _____ (save) a little money to put toward a vacation. We hope to go to Japan next summer.
8. Each week we try _____ (save) the planet by volunteering to pick up trash along the highway.
9. The committee regrets _____ (inform) you that your request for a hearing has been denied. You may appeal this decision if you wish.
10. The committee regrets _____ (inform) you that your request for a hearing was denied. It has, in fact, been granted.

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Idioms

1. Down in the Dumps

Courtney was sad. She had lost her favorite bracelet. Her best friend was going away for the entire summer. She had just found out she was going to summer school. As a result, Courtney felt **down in the dumps**.

Down in the dumps means _____.

- ☐ A sad
- ☐ B bringing the garbage to the end of the driveway
- ☐ C excited

2. White Lie

Jodi's grandmother spent months knitting a sweater for Jodi. When Jodi took a look at it, she really disliked the colors. She couldn't tell her grandmother that, so she told a little **white lie** instead.

White lie means _____.

- ☐ A huge, made-up story
- ☐ B truth
- ☐ C lie that is told to avoid hurting someone's feelings

3. Cut Corners

The school play was getting too expensive. The team planning it had gone all out but they didn't have enough money to pay for it all. The principal came in to speak with the group. "You have some great ideas here. Now let's see where we can **cut corners** to make this play a success. We may have to change the scenery and the playbook to save some money; otherwise the play can't go on."

Cut corners means _____.

- ☐ A cut the edges of the play's program
- ☐ B clip some coupons
- ☐ C use money wisely and try to save by spending only what is necessary

1. **Read the Riot Act**

Patrick's parents will certainly **read the riot act** to him for not finishing his chores before he went out to play.

What does the idiom **read the riot act** mean?

Write your own sentence using the idiom **read the riot act**.

2. **Apple of My Eye**

Eleanor had 26 children. She loved them all. However, she had a special place in her heart for her first grandchild, Ellen, who came to visit her each day. "She is the **apple of my eye**," Eleanor always said.

What does the idiom **apple of my eye** mean?

Write your own sentence using the idiom **apple of my eye**.

3. **Too Many Cooks Spoil the Broth**

Kathy and Tina were trying to throw a baby shower for their sister. It was getting very complicated though. Friends, aunts, and grandmothers all wanted to help. Everyone, though, had a different plan and now things were all messed up. How true - **too many cooks spoil the broth**!

Too many cooks spoil the broth means _____.

- ☐ **A** your dinner is too spicy
☐ **B** things are wonderful
☐ **C** too many people working on a project can make it worse

1. **Scarce as Hen's Teeth**

The toy was so popular at Christmas that it was **scarce as hen's teeth** in the stores.

If a concert is almost sold out, are tickets as **scarce as hen's teeth**?

☐ A Yes

☐ B No

Scarce as hen's teeth means:

☐ A rare

☐ B chicken's feed

☐ C easy to find

2. **Catch More Flies with Honey than with Vinegar**

Bob needed to ask his neighbor for a ride to school. His neighbor wasn't his favorite person but he needed his help.

"Ask George nicely," Bob's mother said. "You **catch more flies with honey than with vinegar**."

If you are super polite when you ask your mother to let you stay out late, is that showing how you **catch more flies with honey than with vinegar**?

☐ A No

☐ B Yes

Catch more flies with honey than with vinegar means _____.

☐ A more can be accomplished by being nice than unpleasant

☐ B you are a flyswatter

☐ C you like to eat sweet things

3. **Scratch the Surface**

Priscilla wants to become a doctor. She finished her first year of college, had studied hard, and had learned a lot. However, she knows she has barely **scratched the surface**. She knows she will have to study a lot more for many more years before she can actually practice medicine.

What does the idiom **scratch the surface** mean?

2. **Salt of the Earth**

Peter is **salt of the earth**. He always does the kind thing and helps those in need.

What does the idiom **salt of the earth** mean?
