

Individual Reflections 3:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - To our next work meeting, I want to become better on teamworking. Be more communicated in the group. This week I feel like that it was some miscommunication in the group.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - This week I continued to work on some of the view for the webpage and it feels that my coding skills using CSS and HTML has improved since last week.
 - As an improvement for next week sprint, I should communicate more with the group on the things I'm working on to reduce the risk of merging conflicts and that we start first making plans on what we shall focus and want to achieve.
- Changes/improvements from last week's reflection?
 - Since the code has become larger its now easier for us in the group to split up the tasks so we can implement more separately.

Individual Reflections 2:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - Before our next meeting we all agreed on that we should do more research on creating a GUI, we should read about SQL, I also want to learn more how CSS works so I can work on how the view will look.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - During our meeting we setup pair programming and it worked well. My main contribution was focused on details like colors and positioned buttons on the website. I also helped with some of the functions regarding amount of water you should drink dependent how much you weight.
 - Since we all should learn more about SQL and we will do pair programming again we should be able to help each other if anyone in the group has any questions.
- Changes/improvements from last week's reflection?
 - We had our meeting in person and it made the workflow very effective.

Individual Reflections 1:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - To our next working appointment, we all in the group agreed on that we should on our own time do research on how to create an application and GUI in python so we are prepared when we have our next meeting and to get started to work on the project.

- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - My contribution during this first sprint has been participating in the meetings and helped the group doing this week tasks like helped with the project scope and sharing my thoughts and ideas on the Trello board.
 - Since we all should do research on how to create an GUI in python and if there comes up any confusions, I should then try to help the team by sharing the things what I have learned.