Individual Reflections 5:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - For next week I shall do some more research on python flask and HTML code so I can share and come up with some Ideas on how we shall solve the next upcoming tasks for next week.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - This week I helped the group to create an information page which was one of the user stories we had on the Trello board, and I was happy with the result. I also got time over to help the others in the team.
 - For next week I will still try to be efficient as possible and engaged with the group so that
 we together can achieve the next sprint plan like how we have done in the previously
 weeks.
- Changes/improvements from last week's reflection?
 - This week it felt that we had a very clear goal on what we wanted to achieve for this week and a very good plan to achieve it. It also made the workflow very effective.

Individual Reflections 4:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - This week I encountered some problems when I worked on my tasks, and I asked the group for some advice which was something I wrote down last week that I wanted to be better on by be more communicated in the group.
 - For next week sprint I want to aim for the same goal as last week that we have more discussions in the group so we can solve and keep up with the next sprints tasks together.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - This week I contributed the team by implement an undo function and an escape function, that also have been tested.
 - For next sprint if I manage to complete my task in time and have extra time, I should make sure if anyone in the team needs help to finish their task so that we are keeping up with the weekly sprint plan.
- Changes/improvements from last week's reflection?
 - I felt that we had more discussions in the group about how to solve some of the coding problems that we encountered and planning on how to achieve this weekly sprint planning, but it could get more improvement in that for the next week.

Individual Reflections 3:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - To our next work meeting, I want to become better on teamworking. Be more communicated in the group. This week I feel like that it was some miscommunication in the group.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - This week I continued to work on some of the view for the webpage and it feels that my coding skills using CSS and HTML has improved since last week.
 - As an improvement for next week sprint, I should communicate more with the group on the things I'm working on to reduce the risk of merging conflicts and that we start first making plans on what we shall focus and want to achieve.
- Changes/improvements from last week's reflection?
 - Since the code has become larger its now easier for us in the group to split up the tasks so we can implement more separately.

Individual Reflections 2:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - Before our next meeting we all agreed on that we should do more research on creating a GUI, we should read about SQL, I also want to learn more how CSS works so I can work on how the view will look.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - During our meeting we setup pair programming and it worked well. My main contribution was focused on details like colors and positioned buttons on the website. I also helped with some of the functions regarding amount of water you should drink dependent how much you weight.
 - Since we all should learn more about SQL and we will do pair programming again we should be able to help each other if anyone in the group has any questions.
- Changes/improvements from last week's reflection?
 - We had our meeting in person and it made the workflow very effective.

Individual Reflections 1:

- What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?
 - To our next working appointment, we all in the group agreed on that we should on our own time do research on how to create an application and GUI in python so we are prepared when we have our next meeting and to get started to work on the project.
- What is my contribution towards the team's deliveries? How can I help my team do better next sprint?
 - My contribution during this first sprint has been participating in the meetings and helped the group doing this week tasks like helped with the project scope and sharing my thoughts and ideas on the Trello board.
 - Since we all should do research on how to create an GUI in python and if there comes up any confusions, I should then try to help the team by sharing the things what I have learned.