

Summary

The following proposal recommends hiring an Associate Dean/Director of Health & Wellness for the Faculty of Mathematics. The proposal goes over the description of the role, the responsibilities, some possible initiatives, the qualifications of the person, benefits for both the math faculty and students, and its reporting structure.

Description

The Associate Dean/Director of Health & Wellness will work alongside Counselling Services and the Faculty of Mathematics to create initiatives that will impact the life of the students, help school to determine mental health policies, create events that raise awareness about mental health issues like self-harm, anxiety, suicide, among many others.

Responsibilities

- Work alongside to university bodies to create students initiatives
- Understand “happiness” surveys
- Lead workshops that discuss self-harm, anxiety, suicide among others
- Liaison between staff and the student body about the effectiveness of initiatives
- Determine mental health policies for the math faculty
- Raise awareness about mental health issues
- Budget for initiatives

Possible Initiatives

The following list includes some examples of the initiatives that the director could create. This is not an exhaustive list.

- Creation of an exam schedule for the incoming first years that would minimize their stress and anxiety during finals
- Peer Support workshops for staff and students
- Suicide prevention clinics
- Anxiety control workshops

- Conversation circles for the students to come and discuss their mental health

Qualifications

- Experience in the field of mental health of at least 2 years
- Experience being a liaison between different governmental bodies
- Experience running workshops and creating initiatives about mental health
- Pasion about Mental Health and the wellness of students
- Research experience is preferred since the person needs to become familiar with the culture in the faculty of mathematics.
- Budgeting Experience
- It would be preferred to have experience working with students
- Experience working with different cultures

Benefits

The position would create benefits for both students and the faculty of mathematics.

Students:

- Creation of conversation about issues that they feel in a daily basis at the school
- The possibility of better support system provided by the school
- Creation of healthy student network.

Faculty of Mathematics:

- Better understating of the student culture
- Being the first faculty to take proactive action towards issues surrounding mental health
- Improvement of brand image

Reporting Structure

The position would be reporting to a board of directors that would be comprised of several stakeholders in the math faculty and student leaders. The inclusion of students in the board of directors would allow the school to determine the efficiency of the approaches. The board of

directors would meet at most once a month. The board of will be comprised from members from the Dean's Advisory Committee.