TOURNAMENT CHECKLIST

PUT IDENTIFICATION ON YOUR EQUIPMENT AND UNIFORM.

protective gear

- JACKET (no holes, must close in back or opposite weapon arm)
- UNDERARM PROTECTOR
- BREAST PROTECTOR (mandatory for women, chest protector optional in men)
- KNICKERS (no holes, must close in back or opposite weapon arm, must be overlapped by jacket by at least four inches)
- PROTECTIVE CUP for men
- FENCING SHOES or SNEAKERS
- LONG SOCKS (white, must reach bottom of your knickers)
- GLOVE (no holes except for body cord. Must cover approximately half your forearm)
- MASK (must pass 12K punch test, appropriate bib for weapon)
- LAMÉ (for foil and saber)

weapons

- WEAPONS *minimum* two working weapons (épées must pass weight and shim test, foils must have tip tape and pass weight)
- BODY CORDS minimum two working body cords
- MASK CORDS *minimum* two mask cords for foil and saber

other supplies

- IDENTIFICATION for Super Youth Circuit and National Tournaments such as a birth certificate, passport, or drivers' license
- FENCING BAG (to carry your equipment in)
- WATER BOTTLE
- TOWEL and EXTRA BAG to hold wet equipment
- TEAM WARM-UPS (for podium pictures) and HAT (to stay warm)
- TOOL KIT (see Fencer Repair and Armory Kit Checklist)

washing equipment tips

- Wash as you would any other whites, except do not use chlorine bleach
- Lamés, may be hung in the shower and spray rinsed and drip dry; some people use blow dryers
- Masks may be washed in dishwashers (make sure to wash by itself)

FENCER REPAIR AND ARMORY KIT CHECKLIST

both weapons (travel kit)

- jewler's screwdriver (for the tip screws)
- small pliers
- scissors to cut tip tape or strip wires
- screwdriver flat head 1/4 inch
- wrench approximately 6 inches or smaller
- inside hex wrench (6 mm) or outside hex wrench (6 mm) to tighten handle nut
- test box
- test weight (may be combination) 500 grams for foil and 750 grams for épée
- extra hex nut to hold handle (inside or outside)
- Ziplock bags to hold parts

épée specific (travel kit)

- shims
- extra tip screws specific to brand used on weapons
- extra épée contact springs (small one fitting on tip) specific to brand used on weapons
- extra épée pressure springs (large stiff one holding up weight) specific to brand used on weapons
- extra tip specific to brand used on weapons

foil specific (travel kit)

- tip tape (rules state length of insulating material should measure 15 cm)
- dollar bill to help measure tip tape length (length of dollar bill 15.59 cm)
- extra tip specific to brand used on weapon
- extra foil pressure springs specific to brand used
- extra tip screws specific to brand used on weapon

optional extras (travel)

- rubber bands (I put rubber bands on a handle for a weapon that is passing for competition)
- Sharpie permanent marker (to put name on gear)
- sewing kit
- thin screwdriver to tighten certain French grip pommels (Schermasport)
- washer for handle nut

home kit or north american cup

- isopropyl (rubbing) alcohol 70-95% for Q tips and barrel cleaning (may be alcohol pads)
- magnetic dish or small magnet to keep pieces in place
- reading glasses
- sandpaper 300 grit to clear varnish off blade wires after stripping off insulation.
- spaghetti tubing
- super glue for popped wires
- Q tips to clean barrels

really fancy home armory

- bending bar or giant wrench to kant blade
- bolt cutter or hacksaw to cut tang for pistol grips
- chain to bend weapon while gluing wire
- die (6 mm) and holder for tang threads
- hot glue for some layered parts like gloves
- soldering iron to repair wire alligator clips
- vise to hold down weapons to work on
- volt meter to test wires and lames

Notes: weapons may have British (Leon Paul), German (Allstar, Uhlmann, FWF), and French (least popular of the styles) tips which are not compatible with one another. Extra tip, springs, and screws should match the weapons a fencer has.

Recommended resource: *The Care and Feeding of All Things Fencing*. Michael Mergens 2008.

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