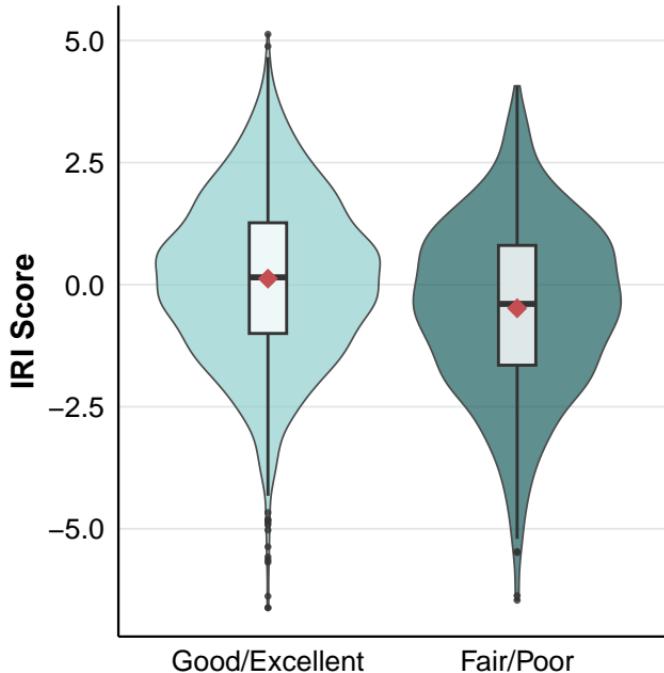


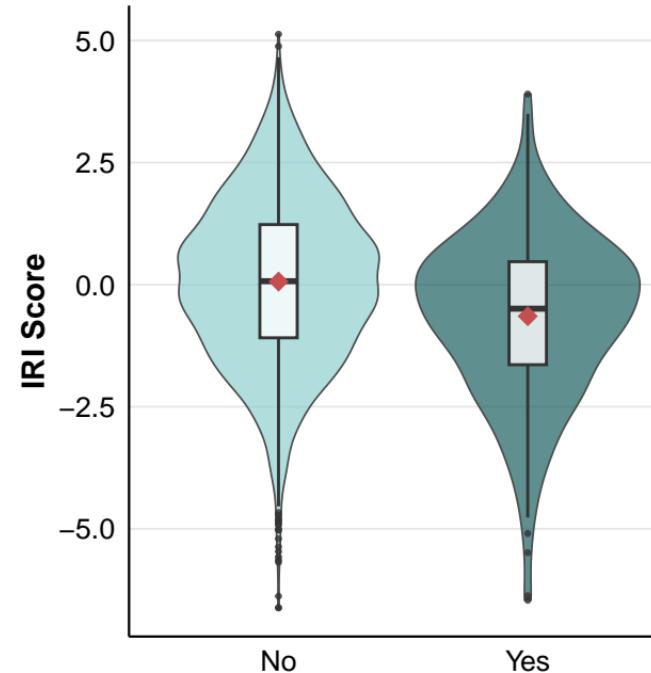
IRI Score Distribution by Functional Outcome Status

NHANES 2015–2020 | Lower IRI indicates lower inflammatory resilience

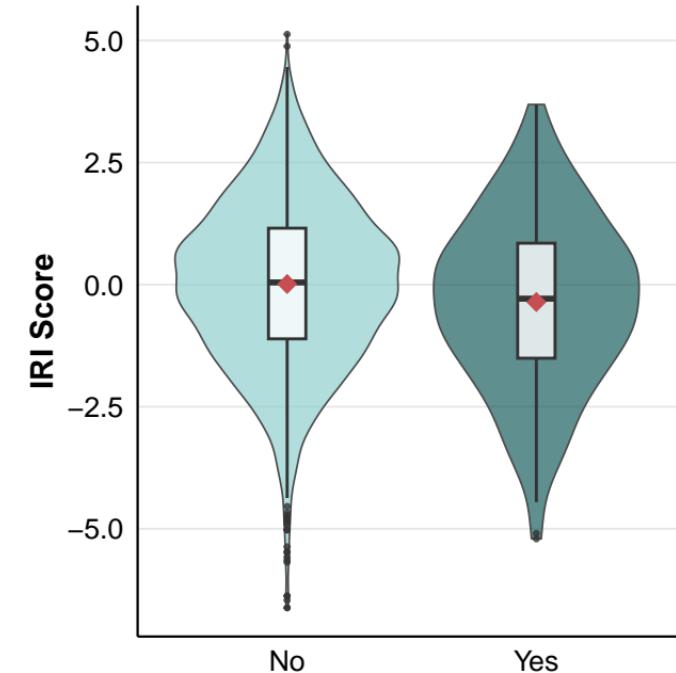
Self-Rated Health



Difficulty Walking 1/4 Mile



Depression (PHQ-9 >=10)



Violin plots show full distribution; box plots show median and IQR; red diamonds indicate means.
Participants with adverse outcomes have lower IRI scores (worse resilience).