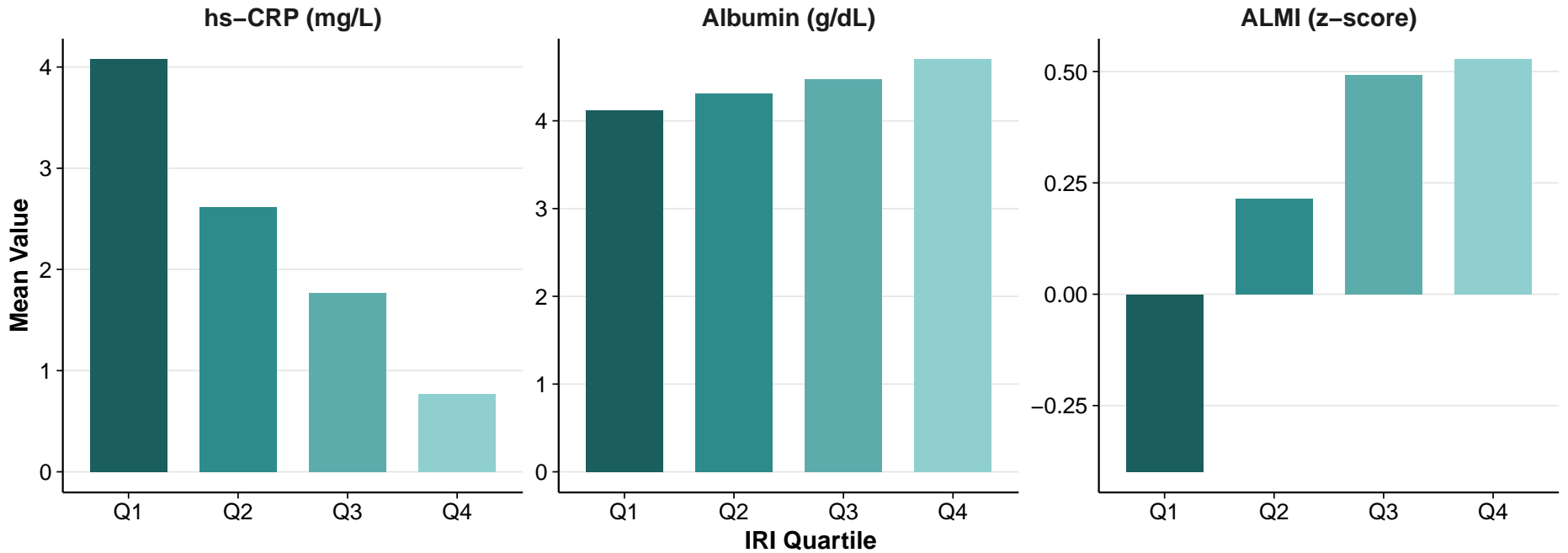


# IRI Component Values by Quartile

Lower hs-CRP, higher albumin, and higher ALMI indicate better resilience



Q1 = lowest resilience (highest inflammation, lowest muscle mass); Q4 = highest resilience