## Click here to access the guidelines/NICE algorithm N&WICS - TA146 - Adalimumab - Plague psoriasis Before providing patient identifiable data on this form, please confirm that the patient (or in the case of a minor or vulnerable adult with the parent/legal guardian/carer) has given appropriate explicit consent for sensitive personal information on this form to be passed to the CCG and/or CSU for processing this funding request and validating subsequent invoices. Consent given: If there is more than one NICE-approved treatment available, a discussion between the responsible clinician and the patient has taken place about the advantages and disadvantages of the treatments available. This has taken into consideration therapeutic need and whether or not the patient is likely to adhere to treatment. The most appropriate, least expensive, will be chosen (taking into account administration costs, dosage and price per dose) unless an order of preference is stated in the TAs. Patient **Practice** Trust: NHS No: Name: **Patient** Consultant **Practice** Hospital Making Postcode: No. Request: Patient's **Practice** Initials and Code: DoB: Notification Contact Email (@NHS.net account ONLY) name & Address: number: Provider: Start date ☐ Private ☐ NHS of Supplier: Sub-Type: ☐ Homecare ☐ Hospital requested treatment: (if applicable) By completing this form, you confirm that you intend to use the requested medicinal product described below as agreed in the local commissioning statement. Any requests which fall outside of this use will require an individual funding request (IFR). For support regarding IFRs, please contact: norfolkicd@nhs.net For support regarding the criteria listed below, please contact: norfolknontariff@nhs.net Please indicate whether patient meets the following NICE criteria: Please tick 1. Adalimumab is recommended as a treatment option for adults with plaque psoriasis for whom anti-tumour necrosis factor (TNF) treatment is being considered and when the following criteria are both met. • The disease is severe as defined by a total Psoriasis Area Severity Index (PASI) of 10 or more and a Dermatology Life Quality Index (DLQI) of more than 10. ☐ Yes ☐ No • The psoriasis has not responded to standard systemic therapies including ciclosporin, methotrexate and PUVA (psoralen and long-wave ultraviolet radiation); or the person is intolerant of, or has a contraindication to, these treatments. 2. Adalimumab should be discontinued in people whose psoriasis has not responded adequately at 16 weeks. An adequate response is defined as either: □Yes □No • a 75% reduction in the PASI score (PASI 75) from when treatment started, or • a 50% reduction in the PASI score (PASI 50) and a five-point reduction in DLQI from start of treatment. 3. When using the DLQI, healthcare professionals should ensure that when reaching conclusions on the severity of plaque psoriasis they take into account a person's disabilities (such as physical impairments) and linguistic or other communication difficulties. In such cases, healthcare professionals should ensure ☐Yes ☐No that their use of the DLQI continues to be a sufficiently accurate measure. The same approach should apply in the context of a decision about whether to continue the use of adalimumab in accordance with section 1.2. 4. As per NICE guidance, treatment should normally be started with the least expensive drug (considering the dose required, price per dose and any additional administration costs). Please confirm that the choice of drug is considered the most cost-effective treatment for this individual patient, noting that alternative treatment options recommended by NICE may be lower in cost, including the ☐ Yes ☐ No use of biosimilar medications if applicable.

| Where an alternative lower cost treatment is available and has not been tried by the patient, please confirm that the clinical rationale for prescribing has been included in the patients' medical record for the purpose of auditing. |                  |
|---|------------------|
| I confirm that the patient meets the criteria for treatment   |                  |
| Name of person completing:  | Contact Details: |
| Designation of person completing:   | Date:            |
| Trust Authorising Pharmacist  |                  |
| Name: Date:   |                  |