CODE BOOK

AGE: integer (years of age)
HEIGHT: integer (cm)
WEIGHT: integer (kg)
GENDER: categorical (1: female, 2: male)
AP_HIGH: systolic blood pressure, integer
AP_LOW: diastolic blood pressure, integer
CHOLESTEROL: categorical (1: normal, 2: above normal, 3: well above normal)
GLUCOSE: categorical (1: normal, 2: above normal, 3: well above normal)
SMOKE: categorical (0: no, 1: yes)
ALCOHOL: categorical (0: no, 1: yes)
PHYSICAL_ACTIVITY: categorical (0: no, 1: yes)