

Ecological Factors Associated with Self-Reported Mental Health Status

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Project Description

Ecological factors are known predictors of many health outcomes¹⁻⁹ and neighborhood level deprivation is a useful measure in assessing these outcomes to create targeted interventions.¹⁰⁻¹⁴ Machine learning and spatial analysis also have potential to improve these methods¹⁵⁻¹⁸ but there is little benefit over traditional approaches.¹⁹⁻²⁰ This kind of research within mental health is limited²¹ and needs methodological improvement.²² Therefore, there is a need for studies that can inform both data science²³⁻²⁵ and translational science in mental health.²⁶⁻²⁸

Specific Aims

1. Identify local socioeconomic factors associated with a higher prevalence of poor self-reported mental health status
2. Identify area health resources that are associated with a lower prevalence of poor self-reported mental health status

Research Design

1. Collect estimated zip code level self-reported poor mental health status as percent of population from the 2020 release of the CDC and RWJF PLACES dataset.
2. Collect approximately 400 zip code level socio-economic variables as percent estimates from the 2020 release of the US Census American Community Survey.
3. Connect outcomes with predictors, remove observations with missing values, impute missing data for predictor variables using median values, standard scale all variables.
4. Collect approximately 2000 county level health resource variables from the 2020 release of the HRSA Area Health resource File.

Specific Aim 1:

5. Utilize open-source machine learning algorithms to identify socioeconomic variables with both high variation and high importance. Conduct cross-validated prediction to identify the smallest number of variables that will achieve the best fitting model for zip codes.
6. Calculate spatially adjusted rates and use an artificial neural network with backwards elimination to predict zip codes in the top quartile. Compare the predictive capability of all predictors, a random set of predictors, other known predictors, and the variables obtained in step 4.
7. Test for OLS assumptions and use domain knowledge to develop an appropriate mixed effects regression model for the purpose of identifying parameter estimates for socioeconomic predictors.

Specific Aim 2:

8. Using local Empirical Bayes smoothing and LISA quadrants, identify 'hot and cold spot' regions and assign nominal labels to contained counties. Use algorithms capable of multi-nominal prediction to identify health resources associated with each category.
9. Using zip code predictors, conduct geographic weighted regression to identify regions where each predictor has significantly higher or lower coefficients. Assign nominal labels and use algorithms capable of multi-nominal prediction to identify health resources associated with each category.
10. Test for OLS assumptions and use domain knowledge to develop an appropriate mixed effects regression model. The purpose is to identify parameter estimates for each county predictor identified in step 8 and an interaction term for county and zip code predictors in step 9.

Timeline

Our group has been meeting weekly to discuss project ideas and collaborate since January 29th, 2021. Current work at <https://github.com/andrewcistola/PHC6194> (private). Preliminary results available for steps 1-5 of specific aim 1 and step 1-4 of specific aim 2

January-March: Finalize project ideas and proposal

March 22-April 9: Conduct analysis

April 9-April 23: Interpret Results and Finalize Report

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