## Maternal Health Foundation (MHF)

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The Maternal Health Foundation (MHF) is a non-profit dedicated to eradicating childbirth injuries and maternal mortality, particularly in sub-Saharan Africa by providing treatment and prevention to ensure all mothers experience safe births. MHF primarily serves women and girls in sub-Saharan Africa who are at risk of or suffering from preventable childbirth injuries, such as obstetric fistula, in a holistic manner [1]. They support programs that prevent childbirth injuries through excellent prenatal care, ultrasound services, patient delivery plans, and relevant information [1]. To help those suffering now, they provide access to surgical repairs for childbirth injuries with free transportation and childbirth injury repair by specially trained healthcare professionals [1]. After treatment, they offer emotional support and skills training to help women successfully rejoin their families and communities [1].

MHF's initiatives have a profound impact on local communities by reducing maternal and infant mortality rates, preventing childbirth injuries, and promoting women's health. This helps address the significant challenges communities in sub-Saharan Africa face including limited access to quality maternal healthcare and high rates of childbirth injuries[1]. Several organizations contribute to maternal health in the region such as Fistula Foundation which focuses on treating obstetric fistula by funding surgeries and training healthcare providers [2] and mothers2mothers, an international nonprofit dedicated to preventing mother-to-child transmission of HIV by providing education and support for pregnant women and new mothers living with HIV [3].

## References

- [1] "Treatment and prevention of childbirth injuries," Maternal Health Fund, https://maternalhealthfoundation.org/ (accessed Jan. 8, 2025).
- [2] "Fistula foundation," Wikipedia, https://en.wikipedia.org/wiki/Fistula\_Foundation (accessed Jan. 8, 2025).
- [3] "Mothers2mothers," Wikipedia, https://en.wikipedia.org/wiki/Mothers2mothers (accessed Jan. 8, 2025).