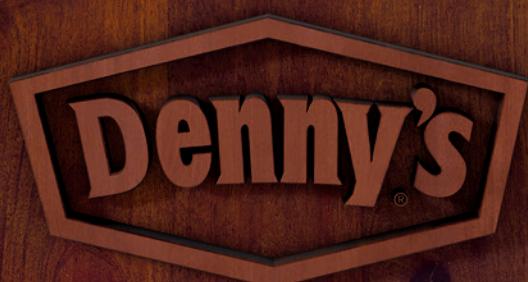


Gather
AROUND
OUR Table



Drinks & Shakes

COFFEE

OUR 100% ARABICA BEANS ARE SUSTAINABLY HARVESTED.

SIGNATURE DINER BLEND

FREE REFILLS. REGULAR • DECAF Cal 0

CREAMERS AVAILABLE:
HAZELNUT • FRENCH VANILLA



COLD BREW COFFEE

UNSWEETENED Cal 60 • SWEETENED Cal 130
ALSO AVAILABLE BLACK.



SMOOTHIES

MADE WITH REAL FRUIT, JUICE AND NONFAT YOGURT.

NEW! TROPICAL GREEN GF

Cal 320



STRAWBERRY BANANA

BLISS GF Cal 330



GROOVY MANGO GF

Cal 340



OTHER BEVERAGES

FREE REFILLS. SELECTION MAY VARY.

SOFT DRINKS



Cal 180 0 170 140 200 190 190

FREE FLAVOR SHOT. CHERRY • VANILLA Cal 80

HOT TEA / HERBAL TEA

Cal 0

HOT CHOCOLATE

Cal 190

MILK SHAKES

MADE WITH PREMIUM ICE CREAM AND TOPPED WITH WHIPPED CREAM. PLUS, A LITTLE EXTRA IN THE TIN.

CHOCOLATE PEANUT BUTTER GF

Cal 1200

PEANUT BUTTER BANANA GF

Cal 1150

STRAWBERRY GF

Cal 760

CAKE BATTER

Cal 1090

CHOCOLATE GF

Cal 870

VANILLA GF

Cal 800

OREO®

Cal 1050



PREMIUM LEMONADES

FREE REFILLS.

PREMIUM MINUTE MAID® LEMONADES ARE MADE WITH REAL LEMONS AND NATURAL FLAVORS.



LEMONADE

Cal 150

MANGO LEMONADE

Cal 210

STRAWBERRY LEMONADE

Cal 210

ICED TEAS

FREE REFILLS.

FRESH BREWED TEA

Cal 5 / 160



LEMONADE TEA

Cal 80

FUZE® RASPBERRY TEA



Cal 110

JUICE & MILK

MINUTE MAID®

ORANGE JUICE

Cal 210



OTHER JUICES

APPLE Cal 210 • TOMATO Cal 90
RUBY RED GRAPEFRUIT Cal 240

2% MILK

Cal 230

CHOCOLATE MILK

REDUCED FAT Cal 290

UPGRADE YOUR BUTTERMILK
PANCAKES TO HEARTY
9-GRAIN PANCAKES
Cal 410

Signature SLAMS

IF YOU PREFER EGG WHITES
OR SUGAR-FREE SYRUP,
TELL YOUR SERVER.



FIT SLAM®

Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. Cal 450



GF when you choose the Gluten Free English Muffin



LUMBERJACK SLAM®

Buttermilk pancakes, grilled ham, bacon strips, sausage links, eggs*, hash browns and choice of bread. Cal 1180-1480



ALL-AMERICAN SLAM®

Three scrambled eggs with Cheddar cheese, bacon strips, sausage links, hash browns and choice of bread. Cal 840-1210



NEW! HEARTY BREAKFAST SLAM®

Buttermilk pancakes, Hearty Breakfast Sausage, eggs* and hash browns. Cal 1040-1190



FRENCH TOAST SLAM®

Served with eggs*, bacon strips and sausage links. Cal 930-1080

GRAND SLAM SLUGGER®

Buttermilk pancakes, eggs*, bacon strips and sausage links. Served with hash browns or choice of bread, plus coffee and juice. Cal 1020-1460

BELGIAN WAFFLE SLAM®

Served with eggs*, bacon strips and sausage links. Cal 710-860

FIT FARE®: Over 20g of protein Under 15g of fat Under 550 calories

GF indicates food options that are **GLUTEN FREE**. Menu items marked as GF meet the FDA specified definition of less than 20 parts per million for a gluten free claim. Please note that our restaurants are not set up as a strictly gluten free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Cal = Calories 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

ADD Additional Items
TO YOUR
BUILD YOUR OWN GRAND SLAM®
(Limit two items.)
Additional charge for premium items.

PREMIUM *Craft* PANCAKES

SERVED WITH TWO EGGS*, HASH BROWNS, PLUS TWO BACON STRIPS OR TWO SAUSAGE LINKS.



NEW! CLASSIC TRES LECHES PANCAKE BREAKFAST

Buttermilk pancakes cooked with cinnamon sugar and topped with whipped cream and more cinnamon sugar. Pour on the cream sauce for an authentic Tres Leches experience. Cal 1080-1310

PANCAKES ONLY Cal 770



CINNAMON ROLL PANCAKE BREAKFAST

Buttermilk pancakes cooked with cinnamon crumb topping and topped with whipped cream. Served with a pitcher of warm cream cheese icing for drizzling. Cal 1660-1900

Substitute warm salted caramel. Cal 1530-1780

PANCAKES ONLY Cal 1350 / 1220



SALTED CARAMEL & BANANA CREAM PANCAKE BREAKFAST

Buttermilk pancakes cooked with shortbread pieces and topped with vanilla cream, bananas and more shortbread pieces. Served with a pitcher of warm salted caramel for drizzling. Cal 1450-1690

PANCAKES ONLY Cal 1140

Fluffy PANCAKES



DOUBLE BERRY BANANA PANCAKE BREAKFAST

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries, bananas and whipped cream. Cal 860-1100
Berry selection based on seasonality.

BLUEBERRY PANCAKE BREAKFAST Cal 770-1010



CHOCONANA PANCAKE BREAKFAST

Ghirardelli® chocolate chips cooked inside buttermilk pancakes. Topped with bananas, more Ghirardelli® chocolate chips and whipped cream. Cal 1220-1470

UPGRADE TO
Hearty
BREAKFAST SAUSAGE GF
Cal 350



HEARTY 9-GRAIN PANCAKE BREAKFAST

Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar. Served with seasonal fruit instead of hash browns. Cal 650-900

SIDES

- 4 Bacon Strips **GF** Cal 210
- 4 Turkey Bacon Strips **GF** Cal 130
- 4 Sausage Links **GF** Cal 310
- Hearty Breakfast Sausage **GF** Cal 350
- Grilled Ham Slice **GF** Cal 90
- Eggs* (each) **GF** Cal 60-110
- 2 Slices of Toast Cal 230-280

- 2 Buttermilk Biscuits Cal 470
- English Muffin Cal 190
- Gluten Free English Muffin **GF** Cal 180
- Hash Browns **GF** Cal 170
- Cheddar Cheese Hash Browns **GF** Cal 250
- Everything Hash Browns Cal 310
(onions, Cheddar cheese & country gravy)

- Red-Skinned Potatoes **GF** Cal 200
- Grits (6 am - 2 pm only) Cal 90
- Oatmeal (6 am - 2 pm only) Cal 240
- Seasonal Fruit **GF** Cal 110
(Selection may vary.)

Cal = Calories 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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Savory THREE-EGG OMELETTES

SERVED WITH HASH BROWNS AND CHOICE OF BREAD.
GF when you choose the Gluten Free English Muffin



WILD WEST OMELETTE

Ham, fire-roasted bell peppers & onions, jalapeños and American cheese. Cal 650-1030



LOADED VEGGIE OMELETTE

Fresh spinach, sautéed mushrooms, sautéed zucchini & squash, tomatoes and Swiss cheese. Cal 530-910

when you choose egg whites, seasonal fruit and an English Muffin as your sides

MY HAMMY & CHEESE OMELETTE

Ham with Swiss & American cheeses. Cal 680-1060

AUTHENTIC French CREPES



NEW! BERRY VANILLA CREPE BREAKFAST

One crepe folded with vanilla cream and topped with fresh seasonal berries, strawberry sauce and powdered sugar.

Berry selection based on seasonality.

ONE CREPE BREAKFAST Cal 580-810

TWO CREPE BREAKFAST Cal 840-1040

CREPÉ À LA CARTE **ONE** Cal 270

TWO Cal 530



PHILLY CHEESESTEAK OMELETTE

Grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. Cal 780-1160



ULTIMATE OMELETTE®

Sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and Cheddar cheese. Cal 790-1170

BUILD YOUR OWN *Omelette*

Pick **FOUR** items and make it your own. Cal 430-1530

EXTRA ITEMS

VEGETABLES GF

Caramelized Onions Cal 70
Fire-Roasted Bell Peppers & Onions Cal 70
Fresh Spinach Cal 5
Jalapeños Cal 5
Pico de Gallo Cal 15
Sautéed Mushrooms Cal 50
Tomatoes Cal 10

CHEESES GF

American Cal 80
Cheddar Cal 80
Feta Cal 80
Italian Cheese Blend Cal 70
Pepper Jack Queso Cal 100
Swiss Cal 80

MEATS GF

Bacon Cal 100
Chorizo Sausage Cal 330
Ham Cal 90
Sausage Cal 180
Turkey Bacon Cal 60



SERVED WITH **TWO EGGS***, HASH BROWNS, PLUS **TWO BACON STRIPS OR TWO SAUSAGE LINKS**.



NEW! BANANA CHOCOLATE HAZELNUT CREPE BREAKFAST

One crepe folded with vanilla cream and topped with chocolate hazelnut spread and bananas.

ONE CREPE BREAKFAST Cal 710-940

TWO CREPE BREAKFAST Cal 1100-1340

CREPÉ À LA CARTE **ONE** Cal 400

TWO Cal 790

Cal = Calories. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

SIZZLIN' Breakfast SKILLETs

CAUTION: Skillets are hot. Handle with care.



SANTA FE SIZZLIN' SKILLET GF

Chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red-skinned potatoes. Topped with Cheddar cheese and eggs.* Cal 720-940



FIT FARE® VEGGIE SIZZLIN' SKILLET GF

Seasoned red-skinned potatoes, fire-roasted bell peppers & onions, mushrooms and broccoli. Topped with egg whites scrambled with fresh spinach and grape tomatoes. Served with a side of salsa. Cal 390



SUPREME SIZZLIN' SKILLET GF

Sausage, fresh spinach, fire-roasted bell peppers & onions, mushrooms, grape tomatoes and seasoned red-skinned potatoes. Topped with Cheddar cheese and eggs.* Cal 660-810

ADD *Toast or Tortillas*
TO ANY SKILLET
Cal 230-280 / 260

Cal = Calories. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Classic BREAKFAST FAVORITES

STEAK & EGGS

SERVED WITH TWO EGGS*, HASH BROWNS AND CHOICE OF BREAD.



COUNTRY-FRIED STEAK & EGGS*

A chopped beef steak smothered in country gravy. Cal 790-1080



T-BONE STEAK* & EGGS*

A 13 oz. seasoned T-Bone steak.* Cal 870-1170

GF when you choose the Gluten Free English Muffin

BREAKFAST MELTS

SERVED WITH HASH BROWNS.



THE GRAND SLAMWICH®

Scrambled eggs, sausage, bacon, ham and American cheese on potato bread grilled with a maple spice spread. Cal 1170-1320



MOONS OVER MY HAMMY®

Ham and scrambled egg sandwich with Swiss & American cheeses on grilled sourdough. Cal 800-950

Shareable STARTERS



BUILD YOUR OWN SAMPLER™

Served with choice of dipping sauces.

PICK FOUR Cal 1140-3730

PICK THREE Cal 860-2800

NEW! Premium Chicken Tenders Cal 270

Mozzarella Cheese Sticks Cal 280

NEW! Boneless Buffalo Wings Cal 460

Bacon Cheddar Tots Cal 300

NEW! Beer-Battered Onion Rings Cal 400

Wavy-Cut Fries Cal 400

NEW! Cheese Quesadilla Cal 680

Seasoned Fries Cal 490

Chips & Queso Cal 570

Calories & Queso Cal 570

MOZZARELLA CHEESE STICKS

Served with a side of tomato sauce. Cal 580

**Soup
OF THE DAY**



BOWL **CUP**

Mon & Tues: **VEGETABLE BEEF** Cal 310 / 200

Wed & Thurs: **LOADED BAKED POTATO** Cal 470 / 360

Fri, Sat & Sun: **CHICKEN NOODLE** Cal 390 / 260

Add a **CUP OF SOUP** to any entrée
Cal 200-360

Selection may vary by location.
Available from 11 am to 10 pm.



ITALIAN SAMPLER

Mozzarella Cheese Sticks, garlic bread and seasoned meatballs covered in tomato sauce and Italian cheeses. Cal 1250



LOADED NACHO TOTS

House-made Bacon Cheddar Tots topped with Cheddar cheese, Pepper Jack queso, seasoned nacho meat, bacon, jalapeños and sour cream. Cal 980



ZESTY NACHOS GF

Tortilla chips freshly cooked and topped with Pepper Jack queso, Cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. Cal 1650

HALF ORDER Cal 870

New & Improved CHICKEN RECIPE



NEW! PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenderloins with choice of dipping sauce. Cal 690-930



NEW! BONELESS CHICKEN WINGS

All-white-meat boneless wings, lightly breaded and tossed in BBQ or Buffalo sauce. Served with celery and choice of dipping sauce. Cal 930-1170



Super SANDWICHES

SERVED WITH WAVY-CUT FRIES OR SEASONAL FRUIT.



NEW! HONEY BUTTERMILK CHICKEN TENDER SANDWICH

Premium golden-fried chicken tenderloins tossed in a honey buttermilk glaze with lettuce and pickles on a grilled split top bun. Cal 630-930
Also available tossed in Buffalo or BBQ.



NEW! CALI CHICKEN BURRITO

Grilled seasoned chicken breast, fresh avocado, pico de gallo, a blend of shredded cheeses and ranch dressing wrapped in a grilled flour tortilla. Served with freshly cooked tortilla chips and salsa. Cal 1350

GRILLED TUSCAN CHICKEN SANDWICH

Seasoned chicken breast topped with Swiss cheese, bacon, sun-dried tomato mayo, lettuce, tomato, red onions and pickles on our new multigrain bun. Cal 910-1200

POT ROAST MELT

Slow-cooked pot roast with melted American cheese, mushrooms and caramelized onions on grilled 7-grain bread. Cal 980-1270

Fresh SALADS



COBB SALAD GF

Bacon, fresh avocado, grape tomatoes, Cheddar cheese, hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with choice of dressing. Cal 460-850



THE SUPER BIRD®

Turkey breast with Swiss cheese, bacon and tomato on grilled sourdough. Cal 700-990



MEGA PHILLY CHEESE MELT

Choice of prime rib or grilled seasoned chicken breast with sautéed mushrooms, fire-roasted bell peppers & onions, Italian cheeses and Pepper Jack queso on a hoagie roll grilled with garlic & herbs.

PRIME RIB Cal 1010-1300

GRILLED CHICKEN Cal 910-1200



CALI CLUB SANDWICH

Turkey breast, ham, bacon, Swiss cheese and fresh avocado on toasted 7-grain bread with sun-dried tomato mayo, lettuce and tomato. Cal 930-1210

CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted 7-grain bread. Cal 940-1230

SIDES

NEW! Beer-Battered Onion Rings Cal 400
Seasoned Fries Cal 490
Wavy-Cut Fries **GF** Cal 400
Bacon Cheddar Tots Cal 300

Garden Side Salad Cal 190-390
Add to any entrée
Caesar Side Salad Cal 260
Add to any entrée
Seasonal Fruit **GF** Cal 110
(Selection may vary.)

CAESAR SALAD **GF**

Bacon crumbles and Italian cheeses on fresh romaine lettuce tossed with Caesar dressing. Cal 440

HOUSE SALAD

Cucumbers, grape tomatoes, Cheddar cheese and croutons atop a bed of iceberg mix. Served with choice of dressing. Cal 220-610

Salad ADD-ONS

NEW! Premium Chicken Tenders Cal 410
Grilled Chicken **GF** Cal 200
Prime Rib **GF** Cal 130
Wild Alaska Salmon **GF** Cal 310
Fresh Avocado **GF** Cal 45

Cal = Calories 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

100% BEEF BURGERS

SERVED WITH WAVY-CUT FRIES OR SEASONAL FRUIT.

NEW! AMERICA'S DINER DOUBLE

American cheese,
caramelized onions and
All-American sauce
on a brioche bun.

Cal 1330-1620

SINGLE ONLY
Cal 900-1180

SPICY SRIRACHA BURGER

Cheddar cheese,
bacon, jalapeños,
creamy Sriracha
sauce, lettuce,
tomato, red onions
and pickles on a
brioche bun.

Cal 1020-1310

BOURBON BACON BURGER

Cheddar cheese,
bacon, sautéed
mushrooms,
fire-roasted bell
peppers & onions,
bourbon sauce,
lettuce, tomato,
red onions and pickles
on a brioche bun.

Cal 1020-1320

DOUBLE CHEESEBURGER

Choice of American,
Swiss or Cheddar
cheese with lettuce,
tomato, red onions
and pickles on a
brioche bun.

Cal 1240-1540

SLAMBURGER™

Hash browns, an
egg*, bacon and
American cheese on
a brioche bun.

Cal 1010-1380

BACON AVOCADO CHEESEBURGER

Bacon, fresh
avocado, Cheddar
cheese, mayo,
lettuce, tomato, red
onions and pickles on
a brioche bun.

Cal 1110-1400

NEW! Beer-Battered ONION RINGS

Cal 400



Seasoned FRIES

Cal 490



Bacon CHEDDAR TOTS

Cal 300



BUILD YOUR OWN

Burger

Lettuce, tomato, red onions and pickles included. Cal 430-1510

PICK YOUR PATTY

100% Beef Patty **GF** Cal 360

Grilled Seasoned
Chicken Breast **GF** Cal 200

Dr. Praeger's®
Veggie Patty Cal 210

EXTRA PATTY

FIND YOUR BASE

Brioche Bun Cal 250

NEW! Multigrain Bun Cal 200

SAY CHEESE

Swiss **GF** Cal 80

Cheddar **GF** Cal 80

American **GF** Cal 80

EXTRA CHEESE

ADD YOUR TOPPINGS

Caramelized Onions **GF** Cal 70

Jalapeños **GF** Cal 5

Mayo **GF** Cal 100

PREMIUM TOPPINGS

Fresh Avocado **GF** Cal 45

2 Bacon Strips **GF** Cal 100

BBQ Sauce **GF** Cal 70

Bourbon Sauce Cal 110

Ranch **GF** Cal 80

Sautéed
Mushrooms **GF** Cal 50

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Deluxe DINNER CLASSICS

SERVED WITH TWO SIDES AND DINNER BREAD**



NEW & IMPROVED! PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenderloins served with choice of dipping sauce. Cal 810-1770



SLOW-COOKED POT ROAST

Slow-cooked pot roast, sautéed mushrooms and caramelized onions covered in gravy. Cal 650-1370

| when you choose broccoli and sautéed zucchini & squash and without dinner bread



HOMESTYLE MEATLOAF

Seasoned meatloaf topped with tomato sauce. Cal 840-1560



MEDITERRANEAN GRILLED CHICKEN

Grilled chicken breasts seasoned with Greek herbs & spices, topped with tomato bruschetta and feta cheese. Cal 890-1610

GF when you choose two Gluten Free sides and the Gluten Free English Muffin



BROOKLYN SPAGHETTI & MEATBALLS

Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with a side of Italian cheeses. Cal 1100

****No dinner sides included.**

CAUTION: Skillets are hot. Handle with care.



CRAZY SPICY SIZZLIN' SKILLET GF

Chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red-skinned potatoes. Topped with grilled seasoned chicken breast, Cheddar cheese, a spicy five pepper sauce and Pepper Jack queso. Cal 1040

ADD TWO EGGS* GF Cal 80-220



BOURBON CHICKEN SIZZLIN' SKILLET

Grilled seasoned chicken breasts covered with a bourbon glaze, topped with fire-roasted bell peppers & onions and mushrooms, all atop broccoli and seasoned red-skinned potatoes. Cal 880

**ADD Toast or Tortillas
TO ANY SKILLET**
Cal 230-280 / 260

****No dinner sides or bread included with skillets.**

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Seafood & STEAKS

SERVED WITH TWO SIDES AND DINNER BREAD.



GARLIC PEPPERCORN SIRLOIN*

A USDA choice cut, 8 oz. seasoned sirloin steak* topped with garlic peppercorn butter. Cal 670-1400

| when you choose broccoli and sautéed zucchini & squash and without dinner bread



T-BONE STEAK*

A 13 oz. seasoned T-Bone steak*. Cal 750-1470

GF when you choose two Gluten Free sides and the Gluten Free English Muffin



SIRLOIN STEAK*

A USDA choice cut, 8 oz. seasoned sirloin steak*. Cal 600-1320

| when you choose red-skinned mashed potatoes and sautéed zucchini & squash and without dinner bread

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

WILD ALASKA SALMON

A grilled wild-caught Alaska salmon fillet with a buttery herb glaze. Cal 560-1290

| when you choose red-skinned mashed potatoes and broccoli and without dinner bread

GF when you choose two Gluten Free sides and the Gluten Free English Muffin



Wild, Natural & Sustainable®



NEW! GRILLED HADDOCK

A grilled wild-caught haddock fillet with a buttery herb glaze. Cal 540-1270

| when you choose red-skinned mashed potatoes and broccoli and without dinner bread

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

COUNTRY-FRIED STEAK

Chopped beef steak smothered in country gravy. Cal 880-1610



SIDES



SOUTHWEST CREAMED CORN GF
Creamed corn with jalapeños and Parmesan cheese. Cal 240



FRESH SAUTÉED ZUCCHINI & SQUASH GF Cal 70



RED-SKINNED MASHED POTATOES
Cal 120-170
GF without gravy



WAVY-CUT FRIES GF Cal 400



RED-SKINNED POTATOES GF Cal 200



BROCCOLI GF Cal 35

ADD
Additional Side



WHOLE GRAIN RICE Cal 240

55+ Diner MEALS

IF YOU PREFER EGG WHITES OR SUGAR-FREE SYRUP, TELL YOUR SERVER.

BREAKFAST

55+ SCRAMBLED EGGS & CHEDDAR BREAKFAST

Scrambled eggs with Cheddar cheese, plus bacon strips, sausage links and buttermilk pancakes. Cal 860-1010

55+ BELGIAN WAFFLE SLAM®

Served with an egg* and bacon strips or sausage links. Cal 480-650

55+ STARTER™

An egg* with one bacon strip or one sausage link. Served with choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast, biscuit or an English muffin. Cal 310-670

GF when you choose the Gluten Free English Muffin

55+ FIT FARE® LOADED VEGGIE OMELETTE

Egg white omelette with fresh spinach, sautéed mushrooms, sautéed zucchini & squash, tomatoes and Swiss cheese. Served with seasonal fruit and an English muffin. Cal 440



GF when you choose the Gluten Free English Muffin

55+ OMELETTE

Two-egg omelette with sautéed onions, bacon, tomatoes and Cheddar cheese. Served with choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast, biscuit or an English muffin. Cal 570-960

GF when you choose the Gluten Free English Muffin

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LUNCH

55+ CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted 7-grain bread. Served with wavy-cut fries. Cal 1090

55+ GRILLED CHEESE SANDWICH & SOUP

American cheese on grilled sourdough bread and a cup of soup. Cal 640-790

Soup available from 11 am to 10 pm. Other side choices available upon request.

DINNER

INCLUDES CHOICE OF CAESAR SIDE SALAD, GARDEN SIDE SALAD OR CUP OF SOUP.

Soup available from 11 am to 10 pm.

55+ GRILLED CHICKEN

Grilled seasoned chicken breast served with two sides and dinner bread. Cal 630-1560

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

55+ COUNTRY-FRIED STEAK

A chopped beef steak smothered in country gravy. Served with two sides and dinner bread. Cal 840-1760

NEW! 55+ GRILLED HADDOCK

A grilled wild-caught haddock fillet with a buttery herb glaze. Served with two sides and dinner bread. Cal 730-1650

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

FIT FARE®: Over 20g of protein Under 15g of fat Under 550 calories

DENNY'S WAS CREATED TO BRING PEOPLE
TOGETHER AND HAS ALWAYS BEEN A PLACE
WHERE PEOPLE CAN COME IN, SIT DOWN
AND CONNECT WITH ONE ANOTHER. A
PLACE WHERE WE CAN BE OURSELVES AND
FEEL LIKE WE BELONG. A PLACE WHERE
YOU CAN HAVE "THE USUAL" OR TRY
SOMETHING NEW. WE'RE SO GLAD YOU'RE
HERE, AND WE'RE ALREADY LOOKING
FORWARD TO YOUR NEXT VISIT—BECAUSE
WE LOVE SEEING YOU AT DENNY'S.



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