



# 2024 ThinkTennessee State of Our Counties Dashboard

Metric Summary: Poor Mental Health

## Metric Summary: Poor Mental Health

**Category:** Health

**Description:** The percent of adults ages 18 and up who reported 14 or more days during the past 30 days during which their mental health was not good.

**Years:** 2021

**Source:** Center for Disease Control

## Poor Mental Health – All Counties

County	County Rank	County Value	Value in Average TN County	Difference from Average
Anderson	#30	19.4%	19.7%	-0.3%
Bedford	#27	19.2%	19.7%	-0.5%
Benton	#85	21.1%	19.7%	+1.4%
Bledsoe	#41	19.7%	19.7%	0.0%
Blount	#17	18.5%	19.7%	-1.2%
Bradley	#19	18.7%	19.7%	-1.0%
Campbell	#87	21.3%	19.7%	+1.6%
Cannon	#50	20.0%	19.7%	+0.3%
Carroll	#33	19.6%	19.7%	-0.1%
Carter	#61	20.3%	19.7%	+0.6%
Cheatham	#13	18.3%	19.7%	-1.4%
Chester	#58	20.2%	19.7%	+0.5%
Claiborne	#72	20.6%	19.7%	+0.9%
Clay	#93	21.6%	19.7%	+1.9%
Cocke	#83	21.0%	19.7%	+1.3%
Coffee	#24	19.1%	19.7%	-0.6%
Crockett	#46	19.9%	19.7%	+0.2%
Cumberland	#41	19.7%	19.7%	0.0%

County	County Rank	County Value	Value in Average TN County	Difference from Average
Davidson	#4	17.5%	19.7%	-2.2%
Decatur	#61	20.3%	19.7%	+0.6%
DeKalb	#58	20.2%	19.7%	+0.5%
Dickson	#21	18.9%	19.7%	-0.8%
Dyer	#43	19.8%	19.7%	+0.1%
Fayette	#10	18.0%	19.7%	-1.7%
Fentress	#87	21.3%	19.7%	+1.6%
Franklin	#27	19.2%	19.7%	-0.5%
Gibson	#33	19.6%	19.7%	-0.1%
Giles	#33	19.6%	19.7%	-0.1%
Grainger	#79	20.7%	19.7%	+1.0%
Greene	#54	20.1%	19.7%	+0.4%
Grundy	#82	20.9%	19.7%	+1.2%
Hamblen	#46	19.9%	19.7%	+0.2%
Hamilton	#3	16.9%	19.7%	-2.8%
Hancock	#95	22.8%	19.7%	+3.1%
Hardeman	#43	19.8%	19.7%	+0.1%
Hardin	#61	20.3%	19.7%	+0.6%
Hawkins	#50	20.0%	19.7%	+0.3%
Haywood	#69	20.5%	19.7%	+0.8%
Henderson	#80	20.8%	19.7%	+1.1%
Henry	#69	20.5%	19.7%	+0.8%
Hickman	#33	19.6%	19.7%	-0.1%
Houston	#46	19.9%	19.7%	+0.2%
Humphreys	#33	19.6%	19.7%	-0.1%
Jackson	#72	20.6%	19.7%	+0.9%
Jefferson	#23	19.0%	19.7%	-0.7%
Johnson	#72	20.6%	19.7%	+0.9%
Knox	#8	17.9%	19.7%	-1.8%
Lake	#68	20.4%	19.7%	+0.7%
Lauderdale	#80	20.8%	19.7%	+1.1%
Lawrence	#61	20.3%	19.7%	+0.6%
Lewis	#92	21.5%	19.7%	+1.8%
Lincoln	#24	19.1%	19.7%	-0.6%
Loudon	#12	18.1%	19.7%	-1.6%
McMinn	#54	20.1%	19.7%	+0.4%
McNairy	#72	20.6%	19.7%	+0.9%
Macon	#87	21.3%	19.7%	+1.6%
Madison	#18	18.6%	19.7%	-1.1%
Marion	#46	19.9%	19.7%	+0.2%
Marshall	#33	19.6%	19.7%	-0.1%
Maury	#8	17.9%	19.7%	-1.8%

County	County Rank	County Value	Value in Average TN County	Difference from Average
Meigs	#50	20.0%	19.7%	+0.3%
Monroe	#61	20.3%	19.7%	+0.6%
Montgomery	#6	17.7%	19.7%	-2.0%
Moore	#24	19.1%	19.7%	-0.6%
Morgan	#61	20.3%	19.7%	+0.6%
Obion	#72	20.6%	19.7%	+0.9%
Overton	#72	20.6%	19.7%	+0.9%
Perry	#85	21.1%	19.7%	+1.4%
Pickett	#83	21.0%	19.7%	+1.3%
Polk	#54	20.1%	19.7%	+0.4%
Putnam	#33	19.6%	19.7%	-0.1%
Rhea	#58	20.2%	19.7%	+0.5%
Roane	#21	18.9%	19.7%	-0.8%
Robertson	#15	18.4%	19.7%	-1.3%
Rutherford	#5	17.6%	19.7%	-2.1%
Scott	#94	22.0%	19.7%	+2.3%
Sequatchie	#87	21.3%	19.7%	+1.6%
Sevier	#30	19.4%	19.7%	-0.3%
Shelby	#10	18.0%	19.7%	-1.7%
Smith	#30	19.4%	19.7%	-0.3%
Stewart	#20	18.8%	19.7%	-0.9%
Sullivan	#33	19.6%	19.7%	-0.1%
Sumner	#6	17.7%	19.7%	-2.0%
Tipton	#29	19.3%	19.7%	-0.4%
Trousdale	#15	18.4%	19.7%	-1.3%
Unicoi	#50	20.0%	19.7%	+0.3%
Union	#72	20.6%	19.7%	+0.9%
Van Buren	#91	21.4%	19.7%	+1.7%
Warren	#61	20.3%	19.7%	+0.6%
Washington	#13	18.3%	19.7%	-1.4%
Wayne	#43	19.8%	19.7%	+0.1%
Weakley	#54	20.1%	19.7%	+0.4%
White	#69	20.5%	19.7%	+0.8%
Williamson	#1	13.9%	19.7%	-5.8%
Wilson	#2	16.6%	19.7%	-3.1%