

# CURRICULUM VITAE

## Andrew A. McAleavey, Ph.D.

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**Psychology License:** New York State License #012668

Date of licensure: 6/30/2016

Valid until: 11/30/2021

### Employment History

*Helse Førde Health Trust, Førde, Norway*

2019 – Researcher, Helse Førde Health Trust

*Weill-Cornell Medical College / New York-Presbyterian Hospital, New York, NY, USA*

2016 – Instructor of Psychology in Psychiatry

2016 – Assistant Attending Psychologist, NYPH

2015 – 2016 Postdoctoral Research Associate

### Education

2014 – 2015 New York-Presbyterian Hospital / Weill-Cornell Medical College, New York, NY  
Internship in Clinical Psychology

2008 – 2015 The Pennsylvania State University, University Park, PA

Ph.D. in Psychology awarded 2015, Dissertation: *Multilevel measurement models: Improving assessment of time-varying constructs with a limited number of observations per person.*

M.S. in Psychology awarded 2012, Thesis: *Insight in psychotherapy: Technique variables*

2002 – 2006 Brown University, Providence, RI

A.B., Psychology, with Honors, awarded May 2006

### Current Research Funding

*NORSE: Building bridges between psyche and soma through personalized and dynamic mental health systems*

Funder: Research Council of Norway (Norges Forskningsråd)

Role: Senior Investigator (Co-Principle Investigator) with Research Group Leader Christian Moltu, Ph.D.

Funding: 7M NOK (approx. \$1.1M) over four years, 2017-2021

### Under review:

*Personalized deterioration alarms in mental health: Improving treatment effectiveness and patient safety*

Funder: Helse Vest Health Trust, Norway

Role: Principle Investigator

Funding requested: 2,261,000 NOK (approx. \$250,000) over two years

### Websites

Google Scholar: <https://scholar.google.com/citations?hl=en&user=fq3HCxEAAAAJ>

ResearchGate: [https://www.researchgate.net/profile/Andrew\\_McAleavey](https://www.researchgate.net/profile/Andrew_McAleavey)

Weill Cornell Medical College: <http://vivo.med.cornell.edu/display/cwid-anm9256>

GitHub: <https://github.com/andrewmcaleavey>

### Publications

*Journal articles: Submitted for publication*

1. Nordberg, S. N., **McAleavey, A. A.**, Solstad, S. M., & Moltu, C. (under review). Three methodological obstacles for clinical feedback systems: Updating methods by continuous improvement. Manuscript submitted for publication.
2. **McAleavey, A. A.**, Castonguay, L. G., Hayes, J. A., & Locke, B. D. (under review). Multilevel vs. single-level factor analysis: Differentiating within-person and between-person variability using the CCAPS-34. Manuscript submitted for publication.
3. **McAleavey, A. A.**, Golden, S., Jick, A., Wyka, K., & Difede, J. (under review). Longitudinal relationship between PTSD and disability following the World Trade Center attacks: Disentangling effects using a random-intercepts cross-lagged panel model. Manuscript submitted for publication.

#### *Journal articles*

1. Youn, S., Xiao, H., **McAleavey, A. A.**, Scofield, B., Pederson, T., Castonguay, L. G., Hayes, J. A. & Locke, B. D. (2019). Assessing and investigating clinicians research interests: Lessons on expanding practices and data collection in a large practice research network. in press. *Psychotherapy*, 56, 67-82.
2. Youn, S., Castonguay, L. G., **McAleavey, A. A.**, Nordberg, S. S., Hayes, J. A., & Locke, B. D. (2018). Sensitivity to change of the Counseling Center Assessment of Psychological Symptoms-34 (CCAPS-34). Advanced online publication. *Measurement and Evaluation in Counseling and Development*.
3. **McAleavey, A. A.**, Wyka, K., Peskin, M., & Difede, J. (2018). Physical, functional, and psychosocial recovery from burn injury are related and their relationship changes over time: A Burn Model System study. Advance online publication. *Burns*. doi: <https://doi.org/10.1016/j.burns.2017.12.011>
4. **McAleavey, A. A.**, Youn, S., Xiao, H., Castonguay, L. G., Hayes, J. A., & Locke, B. D. (2017). Effectiveness of routine care in psychotherapy: Method matters. Advance online publication. *Psychotherapy Research*. doi: 10.1080/10503307.2017.1395921
5. Boswell, J. F., Cain, N., Oswald, J. M., & **McAleavey, A. A.** (2017). Interpersonal pathoplasticity and trajectories of change in routine adolescent and young adult residential substance abuse treatment. *Journal of Consulting and Clinical Psychology*, 85, 676-688. doi: 10.1037/ccp0000219
6. Castonguay, L. G., Youn, S. J., Janis, R. A., Xiao, H., **McAleavey, A. A.**, Boswell J. F., Carney, D., Boutsellis, M., Braver, M., Chiswick, N., Hemmelstein, N., Jackson, J., Lytle, R., Morford, M., Scott, H., Spayd, C., & O'Leary Wiley, M. (2017). Clinicians' prediction and recall of therapeutic interventions: A practice research network study. *Counselling Psychology Quarterly*, 30, 308-322. doi: 10.1080/09515070.2017.1334628
7. Xiao, H., Hayes, J. A., Castonguay, L. G., **McAleavey, A. A.**, & Locke, B. D. (2017). Therapist effects and the impacts of therapy non-attendance. *Psychotherapy*, 54, 58-65. doi: 10.1037/pst0000103
8. Nordberg, S. S., **McAleavey, A. A.**, Duszak, E., Locke, B. D., Hayes, J. A., & Castonguay, L. G. (2016). The Counseling Center Assessment of Psychological Symptoms Distress Index: A pragmatic exploration of general factors to enhance a multidimensional scale. *Counselling Psychology Quarterly*. Advance online publication.
9. Nordberg, S. S., Castonguay, L. G., **McAleavey, A. A.**, Locke, B. D., & Hayes, J. A. (2016). Enhancing feedback for clinical use: Creating and evaluating profiles of clients seeking counseling. *Journal of Counseling Psychology*, 63, 278-293. doi: 10.1037/cou0000147
10. Hayes, J. A., **McAleavey, A. A.**, Castonguay, L. G. & Locke, B. D. (2016). Psychotherapists' outcomes with white and racial/ethnic minority clients: First, the good news. *Journal of Counseling Psychology*, 63, 261-268. doi: 10.1037/cou0000098
11. Youn, S. J., Castonguay, L. G., Xiao, H., Janis, R., **McAleavey, A. A.**, Lockard, A. J., Locke, B. D., & Hayes, J. A. (2015). The Counseling Center Assessment of Psychological Symptoms (CCAPS): Merging clinical practice, training and research. *Psychotherapy*, 52, 432-441. doi: 10.1037/pst0000029

12. Zack, S. E., Castonguay, L. G., Boswell, J. F., **McAleavey, A. A.**, Adelman, R., & Kraus, D. (2015). Attachment history as a moderator of the alliance outcome relationship in adolescents. *Psychotherapy*, 52, 258-267. doi: 10.1037/a0037727
13. Medaglia, J. D., **McAleavey, A. A.**, Rostami, S., Slocumb, J., & Hillary, F. (2015). Modeling distinct hemodynamics early after TBI: The relationship between signal amplitude and connectivity. *Brain Imaging and Behavior*, 9, 285-301. doi: 10.1007/s11682-014-9306-z
14. **McAleavey, A. A.**, Lockard, A. J., Castonguay, L. G., Hayes, J. A., & Locke, B. D. (2015). Building a practice research network: Obstacles faced and lessons learned at the Center for Collegiate Mental Health. *Psychotherapy Research*, 25, 134-151. doi: 10.1080/10503307.2014.883652
15. Castonguay, L. G., Pincus, A. L., & **McAleavey, A. A.** (2015). Practice-Research Network in a psychology training clinic: Building an infrastructure to foster early attachment to the scientific-practitioner model. *Psychotherapy Research*, 25, 52-66.
16. Effrig, J. C., Maloch, J., **McAleavey, A. A.**, Bieschke, K. J., & Locke, B. D. (2014). Change in depressive symptoms among treatment-seeking college students who are sexual minorities. *Journal of College Counseling*, 17, 271-285.
17. **McAleavey, A. A.**, Castonguay, L. G., & Xiao, H. (2014). Therapist orientation, supervisor match, and therapeutic interventions: Implications for session quality in a psychotherapy training PRN. *Counseling and Psychotherapy Research*, 14, 192-200. doi: 10.1080/14733145.2014.929418
18. Maloch, J. K., Bieschke, K. J., **McAleavey, A. A.**, & Locke, B. D. (2013). Eating concerns in college women across sexual identities. *Journal of College Counseling*, 16, 275-288.
19. Nordberg, S. S., Hayes, J. A., **McAleavey, A. A.**, Castonguay, L. G., & Locke, B.D. (2013). Treatment utilization on college campuses: Who seeks help for what? *Journal of College Counseling*, 16, 258-274.
20. **McAleavey, A. A.**, Castonguay, L. G., & Goldfried, M. R. (2014). Clinical experiences in conducting cognitive-behavioral therapy for Social Phobia. *Behavior Therapy*, 45, 21-35. doi: 10.1016/j.beth.2013.09.008
21. **McAleavey, A. A.**, & Castonguay, L. G. (2014). Insight as a common and specific impact of psychotherapy: Therapist-reported exploratory, directive, and common factor interventions. *Psychotherapy*, 51, 283-294. doi: 10.1037/a0032410
22. Lockard, A. J., Hayes, J. A., **McAleavey, A. A.**, & Locke, B. D. (2012). Change in academic distress: Examining differences between a clinical and non-clinical college sample. *Journal of College Counseling*, 15, 233-246. doi: 10.1002/j.2161-1882.2012.00018.x.
23. **McAleavey, A. A.**, Nordberg, S. S., Hayes, J. A., Castonguay, L. G., Locke, B. D., & Lockard, A. J. (2012). Clinical validity of the Counseling Center Assessment of Psychological Symptoms-62 (CCAPS-62): Further evaluation and clinical applications. *Journal of Counseling Psychology*, 59, 575-590. doi: 10.1037/a0029855
24. Boswell, J. F., **McAleavey, A. A.**, Castonguay, L. G., Hayes, J. A., & Locke, B. D. (2012). Previous mental health service utilization and change in counseling clients' depressive symptoms. *Journal of Counseling Psychology*, 59, 368-378. doi: 10.1037/a0028078
25. **McAleavey, A. A.**, Nordberg, S. S., Kraus, D., & Castonguay, L. G. (2012). Errors in treatment outcome monitoring: Implications for real-world psychotherapy. *Canadian Psychology*, 53, 105-114.
26. Locke, B. D., **McAleavey, A. A.**, Zhao, Y., Lei, P.-W., Hayes, J. A., Castonguay, L. G., Li, H., Tate, R., Lin, Y.-C. (2012). Development and initial validation of the Counseling Center Assessment of Psychological Symptoms-34 (CCAPS-34). *Measurement and Evaluation in Counseling and Development*, 45, 151-169. doi:10.1177/0748175611432642
27. **McAleavey, A. A.**, Castonguay, L. G., & Locke, B. D. (2011). Sexual orientation minorities in college counseling: Prevalence, distress, and symptom profiles. *Journal of College Counseling*, 14(2), 127-142.

28. Hayes, J. A., Youn, S. J., Castonguay, L. G., Locke, B. D., **McAleavey, A. A.**, & Nordberg, S. N. (2011). Rates and predictors of counseling center use among college students of color. *Journal of College Counseling*, 14(2), 105-116.
29. Locke, B. D., Buzolitz, J. S., Lei, P.-W., Boswell, J. F., **McAleavey, A. A.**, Sevig, T. D., Dowis, J. D., & Hayes, J. A. (2011). Development of the Counseling Center Assessment of Psychological Symptoms-62 (CCAPS-62). *Journal of Counseling Psychology*, 58(1) 97-109. doi: 10.1037/a0021282
30. Boswell, J. F., Nelson, D. L., Nordberg, S. S., **McAleavey, A. A.**, & Castonguay, L. G. (2010). Competency in integrative psychotherapy: Perspectives on training and supervision. *Psychotherapy: Theory, Research, Practice, Training*, 47(1), 3-11.

#### Book chapters

1. **McAleavey, A. A.**, Xiao, H. Bernecker, S. L., Brunet, H., Morrison, N. R., Stein, M., Youn, S. J., Castonguay, L. G., Constantino, M. J., & Beutler, L. E. (2019). An updated list of principles of change that work. In L. G. Castonguay and L. E. Beutler (Eds.) *Principles of Change: Howq psychotherapists implement research in practice*. New York, NY: Oxford University Press.
2. Castonguay, L. G., Janis, R. A., Youn, S. J., Xiao, H, **McAleavey, A. A.**, Boswell J. F., Carney, D., Boutselis, M., Braver, M., Chiswick, N., Hemmelstein, N., Jackson, J., Lytle, R., Morford, M., Scott, H., Spayd, C., & O'Leary Wiley, M. (2018). Clinicians' prediction and recall of therapeutic interventions: A practice research network study. In J. Paquin (Ed.) *Clinician-researchers in psychotherapy: Careers engaged in both practice and research*. New York, NY: Taylor & Francis Group.
3. Castonguay, L. G., Youn, S. J., Xiao, H., & **McAleavey, A. A.** (2018). The Therapeutic Relationship: A warm, important, and potentially mutative factor in cognitive-behavioral therapy. In O. Tishby and H. Wiseman (Eds.). *Developing the Therapeutic Relationship: Integrating Case Studies, Research, and Practice*. Washington, DC: American Psychological Association Press.
4. Youn, S. J., Xiao, H., Kim, H., Castonguay, L. G., **McAleavey, A. A.**, Newman, M. G., & Safran, J. D. (2017). Effective and less effective therapists for Generalized Anxiety Disorder: Are they conducting therapy the same way? In L. G. Castonguay and C. E. Hill (Eds.). *How and why are some therapists better than others? Understanding therapist effects*, (pp. 259-283). Washington, DC: American Psychological Association Press.
5. Youn, S. J., **McAleavey, A. A.**, & Castonguay, L. G. (2015). Practice research networks. In R. Cautin and S. Lillienfeld (Eds.). *The Encyclopedia of Clinical Psychology*. New York: Wiley-Blackwell.
6. **McAleavey, A. A.**, & Castonguay, L. G. (2015). The process of change: Common and unique factors. In O. Gelo, A. Pritz, and B. Rieken (Eds.) *Psychotherapy research: General issues, process, and outcome*. London: Springer.
7. LeMoult, J., Castonguay, L. G., Joorman, J., & **McAleavey, A. A.** (2013). Depression: Basic research and clinical implications. In T. F. Oltmanns & L. G. Castonguay (Eds.), *Psychopathology: Bridging the gap between basic empirical findings and clinical practice*. New York: Guilford.
8. Castonguay, L., Barkham, M., Lutz, W., & **McAleavey, A.** (2013). Practice-oriented research: Approaches and applications. To appear in M.J. Lambert (Ed.). *Bergin and Garfield's Handbook of psychotherapy and behavior change* (6<sup>th</sup> ed.), pp. 85-133. Hoboken, NJ: Wiley.
9. Castonguay, L. G., Boswell, J. F., Nelson, D. L., Nordberg, S. S., **McAleavey, A. A.**, Newman, M. G., & Borkovec, T. (2012). Corrective experiences in combined cognitive-behavioral and interpersonal-experiential psychotherapy for generalized anxiety disorder. In L. Castonguay and C. Hill (Eds.) *Transformation in psychotherapy: Corrective experiences across cognitive behavioral, humanistic, and psychodynamic approaches*, pp. 245-279. Washington, DC: American Psychological Association Press.
10. Castonguay, L. G., Constantino, M., **McAleavey, A. A.**, & Goldfried, M. R. (2010). The cognitive-behavioral alliance. In J. P. Barber & J. C. Muran (Eds.), *The working alliance: An evidence-based guide to practice*, pp. 150-171. New York: Guilford Press.

*Non-refereed works*

1. **McAleavey, A. A.** & Castonguay, L. G. (2010). You might think it's cold, but it has been hot since the beginning and it is only getting hotter: The therapeutic relationship in CBT. *Psychotherapy Bulletin*, 45(2) 14-20. [See also *Psychotherapy Bulletin* 45(3), p. 6.]

**Presentations and Posters**

*Submitted for review*

1. McAleavey, A. A., Emrich, M., Jick, A., McGuire, C., Gallagher, J., & Difede, J. (under review, 2020, March). To be presented at the American Burn Association annual meeting. Orlando, FL.
2. Emrich, M., McAleavey, A. A., Greenway, A., Difede, J., & Houn, A. (under review, 2020, March). To be presented at the American Burn Association annual meeting. Orlando, FL.

*Accepted for Presentation*

1. **McAleavey, A. A.**, Emrich, M., Jick, A., Wyka, K., Simon, N., & Difede, J. (2019, November). A Phase II Clinical Trial for PTSD with a Vasopressin 1a Receptor Antagonist: Design, Methods, and Recruitment for a Novel *edit* Pharmacological Intervention Study. Poster to be presented at the 35<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies. Boston, MA.

*Refereed Scientific Conferences*

1. **McAleavey, A. A.**, Nordberg, S. S., & Moltu, C. (2019, July). Developing deterioration warnings in routine outcome monitoring data: Using symptom and process feedback measures from the Normative Outcome Response System of Evaluation (NORSE). Paper presented as part of a panel at the 50<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research. Buenos Aires, Argentina.
2. Nordberg, S. S., **McAleavey, A. A.**, & Moltu, C. (2019, July). Multi-dimensional adaptive testing: Balancing information against length. Paper presented as part of a panel at the 50<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research. Buenos Aires, Argentina.
3. Heffernan, J., Branquino, C., Ngo, A., Herguth, K., Collins, C., Difede, J., & **McAleavey, A.** (2018, November). Implementing early posttraumatic stress disorder screening in an inpatient burn unit. Paper presented at the Northeast Region Burn Conference. Cambridge, MA.
4. **McAleavey, A. A.**, Peskin, M., Becket-Davenport, C., & Difede, J. (2018, November). Measurement of Psychopathology in a Highly Traumatized General Outpatient Clinic: The Clinical Global Impression Scale (CGI) is Not Enough. Poster presented at the 34<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies. Washington, DC.
5. Becket-Davenport, C., **McAleavey, A. A.**, Peskin, M., & Difede, J. (2018, November). Treating a Community Sample of Veterans in a Civilian Mental Health Program. Poster accepted for presentation at the 34<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies. Washington, DC.
6. Difede, J., **McAleavey, A. A.**, Jick, A., Wyka, K., Brownstein, M., Damiano, E., & Simon, N. (2018, August). Challenges in implementing a clinical trial using a first-in-class medication targeted to treat PTSD. Poster presented at the Military Health System Research Symposium. Kissimmee, FL.
7. Moltu, C., Nordberg, S., & **McAleavey, A.** (2018, June). NORSE: a multi-stage qualitative perspective on therapists' and patients' needs in the development of a dynamic and personalizable ROM and clinical feedback system for the mental health setting. Paper presented at the International Annual Meeting of the Society for Psychotherapy Research. Amsterdam, Netherlands.
8. **McAleavey, A. A.**, Nordberg, S. S., Moltu, C., Psychometric properties and proposed revisions of the Norwegian Outcome Response System for Evaluation (NORSE): Input towards 2.0. Paper presented at the International Annual Meeting of the Society for Psychotherapy Research. Amsterdam, Netherlands.

9. Heffernan, J., Branquino, C., **McAleavey, A.**, Ngo, A., Herguth, K., & Difede, J. (2018, April). Implementing Early Posttraumatic Stress Disorder Screening in an Inpatient Burn Unit. Poster accepted for presentation at the 50<sup>th</sup> Annual Meeting of the American Burn Association. Chicago, IL.
10. **McAleavey, A. A.** & Difede, J. D. (2017, March). Interaction between physical, functional, and psychosocial sequelae of burn injury: A Burn Model System Study. Poster presented at the 49<sup>th</sup> Annual Meeting of the American Burn Association. Boston, MA.
11. Eusini, A., Greenway, A., **McAleavey, A.**, Xuereb, K., Gallagher, J., & Heffernan, J. (2017, March). Identification of the Vulnerable Burned Child in the Burn Unit: Burn PEWS Score of Five. Paper presented at the 49<sup>th</sup> Annual Meeting of the American Burn Association. Boston, MA.
12. **McAleavey, A. A.**, Wyka, K., & Difede, J. (2016, November). Symptoms of PTSD and disability: Bidirectional longitudinal relationship in World Trade Center disaster workers. Paper presented as part of a symposium at the 32<sup>nd</sup> annual meeting of the International Society for Traumatic Stress Studies. Dallas, TX.
13. **McAleavey, A. A.**, Wyka, K., Cukor, J., Peskin, M., & Difede, J. (2016, October). Stimulus-specific extinction measured through SUDS during virtual reality exposure therapy for World Trade Center-related Posttraumatic Stress Disorder: Differences between sessions and stimuli. Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
14. Nordberg, S. S., **McAleavey, A. A.**, & Moltu, C. (2016, September) *Normative Outcome Response System for Evaluation: Methodology and Psychometrics*. Invited talk given at the 2016 Life Sciences Conference, Forde, Norway.
15. **McAleavey, A. A.**, Castonguay, L. G., Hayes, J., & Locke, B.D. (2015, June). What makes me different from you is not what makes me change: Multilevel factor analysis of within- and between-person symptom structure. Paper presented as part of a panel at the 2015 Annual Meeting of the Society for Psychotherapy Research. Philadelphia, PA.
16. Castonguay, L. G., Youn, S., **McAleavey, A. A.**, Boswell, J. F., Braver, M. ... O'Leary Wiley, M. (2015, June). The use of empirically supported techniques: Did I do what I thought I would do and/or what I thought I did? Paper presented as part of a panel at the 2015 Annual Meeting of the Society for Psychotherapy Research. Philadelphia, PA.
17. **McAleavey, A. A.**, Castonguay, L. G., Youn, S. (presenter), Xiao, H., & Locke, B. D. (2014, June). What counselors want to know: A survey of practicing psychotherapists' interest in research through a Practice Research Network. Paper presented as part of a panel at the 2014 Annual Meeting of the Society for Psychotherapy Research. Copenhagen, Denmark.
18. Castonguay, L. G. (presenter), Youn, S., **McAleavey, A. A.**, Boswell, J. F., Boutsellis, M., ... & O'Leary Wiley, M. (2014, June). The use of empirically-based techniques in day-to-day practice: Does it matter and if so for whom? Paper presented as part of a panel at the 2014 Annual Meeting of the Society for Psychotherapy Research. Copenhagen, Denmark.
19. Hayes, J. A., **McAleavey, A. A.**, & Locke, B. D. (Accepted for presentation, 2014: June). The multicultural "super-shrink:" Identifying therapist effects with racial and ethnic minority clients. Paper presented as part of a panel at the 2014 Annual Meeting of the Society for Psychotherapy Research. Copenhagen, Denmark.
20. Medaglia, J. D. (presenter), **McAleavey, A. A.**, Rostami, S., Slocumb, J., & Hillary, F. (2014, February). The relationship between blobs and connections in early traumatic brain injury. Poster presented at the 42<sup>nd</sup> Annual Meeting of the International Neuropsychological Society. Seattle, Washington.
21. **McAleavey, A. A.**, Youn, S. J., Xiao, H., & Castonguay, L. G. (2013, October). Evaluating routine practice and evaluating the methods of evaluation: How effective are routine practices for different symptom types, and what can different methods tell us? Paper presented as part of a panel at the conference of the North American Society for Psychotherapy Research, Memphis, TN.
22. Xiao, H. (presenter), **McAleavey, A. A.**, Youn, S. J., Castonguay, L. G., Hayes, J., & Locke, B. D. (2013, October). Predictors of premature termination: Modeling data to reduce drop outs. Paper presented

as part of a panel at the conference of the North American Society for Psychotherapy Research, Memphis, TN.

23. Castonguay, L. G. (presenter), Barkham, M., Lutz, W., & **McAleavey, A. A.** (2013, June). Practice-oriented research: A complementary paradigm to evidence based research. Paper presented as part of a panel at the 44<sup>th</sup> international conference of the Society for Psychotherapy Research, Brisbane, Australia.
24. **McAleavey, A. A.** & Castonguay, L. G. (2012, June). The how and why of insight: How do we help clients achieve insight, and why do we bother? Paper presented as part of a panel at the 43<sup>rd</sup> international conference of the Society for Psychotherapy Research, Virginia Beach, VA.
25. Effrig, J. C. (presenter), Sheridan, J. K., **McAleavey, A. A.**, Locke, B. D., & Bieschke, K. J. (2012, June). Changes in depressive symptoms for treatment-seeking gender and sexual minority clients. Paper presented as part of a panel at the 43<sup>rd</sup> international conference of the Society for Psychotherapy Research, Virginia Beach, VA.
26. Youn, S. J. (presenter), **McAleavey, A. A.**, Nordberg, S. N., Castonguay, L. G., Locke, B. D., & Hayes, J. A. (2012, June). Sensitivity to change of the CCAPS. Paper presented as part of a panel at the 43<sup>rd</sup> international conference of the Society for Psychotherapy Research, Virginia Beach, VA.
27. Zack, S. E. (presenter), Adleman, R., **McAleavey, A. A.**, Youn, S. J. Boswell, J. F., Castonguay, L. G., & Kraus, D. (2012, June). Parental attachment as a common factor predicting youth alliance formation. Paper presented as part of a panel at the 43<sup>rd</sup> international conference of the Society for Psychotherapy Research, Virginia Beach, VA.
28. Castonguay, L. G. (presenter), **McAleavey, A. A.**, & Pincus, A. (2012, May). Toward a seamless integration of research, practice, and training: The PSU-PRN training clinic. Paper presented as part of a panel at the 28<sup>th</sup> annual meeting of the Society for the Exploration of Psychotherapy Integration, Evanston, IL.
29. **McAleavey, A. A.**, Castonguay, L. G., Hayes, J. A., & Locke, B. D. (2012, May). Building a partnership to better understand and improve psychotherapy for college students. Paper presented as part of a panel at the 28<sup>th</sup> annual meeting of the Society for the Exploration of Psychotherapy Integration, Evanston, IL.
30. Youn, S. J. (presenter), Castonguay, L. G., & **McAleavey, A. A.** (2012, May). Practice research networks: Toward the actualization of SEPI missions. Paper presented as part of a panel at the 28<sup>th</sup> annual meeting of the Society for the Exploration of Psychotherapy Integration, Evanston, IL.
31. Castonguay, L. G., **McAleavey, A. A.** & Szkodny, L. (presenter) (2011, November). Integration of clinical experience in conducting empirically supported treatments: Social Phobia. Paper presented as part of a symposium at the Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
32. Boswell, J. F. (presenter), **McAleavey, A. A.**, Locke, B., Hayes, J., & Castonguay, L. (2011, September). The effect of previous mental health service utilization on change in counseling clients' mood symptoms. Paper presented as part of a panel at the conference of the North American Society for Psychotherapy Research, Banff, Alberta, Canada.
33. Youn, S. J., Castonguay, L. G. (presenter), Hayes, J. A., Locke, B. D., **McAleavey, A. A.**, & Nordberg, S. S. (2011, September). Rates and predictors of counseling center utilization among college students of color. Paper presented as part of a panel at the conference of the North American Society for Psychotherapy Research, Banff, Alberta, Canada.
34. **McAleavey, A. A.** (2011, August). The dissemination of findings from clinician to researcher: clinical experiences in treating social phobia. Paper presented as part of a panel at the 119<sup>th</sup> Convention of the American Psychological Association, Washington, DC.
35. **McAleavey, A. A.** (2011, July). Assessing symptom change in psychotherapy across several symptom domains simultaneously: Exploring new applications of multivariate statistics. Paper presented as part of a panel at the 42<sup>nd</sup> international conference of the Society for Psychotherapy Research, Bern, Switzerland.

36. Nordberg, S. (presenter), Locke, B., Castonguay, L., & **McAleavey, A.** (2011, July). Profiles of university students: Predicting treatment-seekers and projecting outcome in university counseling centers. Paper presented as part of a panel at the 42<sup>nd</sup> international conference of the Society for Psychotherapy Research, Bern, Switzerland.
37. Castonguay, L., De la Parra, G., Wang, L., Strauss, B., Grenyer, B., Serralta, F., **McAleavey, A.**, Iwakabe, S., Dyer, K., Chao, S. (2011, July). Hallmarks of psychotherapy research, take 3: Encounters and challenges between generations and cultures. Open discussion at the 42<sup>nd</sup> international conference of the Society for Psychotherapy Research, Bern, Switzerland.
38. **McAleavey, A. A.**, & Castonguay, L. G. (2011, June). Psychotherapy techniques and therapist interpersonal style: Effects and interactions on psychotherapy session quality and session impact. Paper presented at the international conference of the Society for Interpersonal Theory and Research, Zurich, Switzerland.
39. **McAleavey, A. A.** (2011, May). Integration of clinical experience in conducting empirically supported treatments: Social phobia. Paper presented as part of a panel at the 27<sup>th</sup> annual meeting of the Society for the Exploration of Psychotherapy Integration, Washington, DC.
40. **McAleavey, A. A.**, Chun-Kennedy, C. L., & Locke, B. D. (2010, August). Exploratory analyses of college students who identify their sexual orientation as questioning and bisexual in a national sample of college students seeking mental health treatment. Paper presented as part of a panel at the 118<sup>th</sup> Convention of the American Psychological Association, San Diego, CA.
41. **McAleavey, A. A.**, Locke, B., Hayes, J., Castonguay, L. G. (2010, August). How well does the CCAPS measure what it purports to measure? Concurrent Validity of the Counseling Center Assessment of Psychological Symptoms (CCAPS-62). Paper presented as part of a panel at the 118<sup>th</sup> Convention of the American Psychological Association, San Diego, CA.
42. Nordberg, S. S. (presenter), **McAleavey, A. A.**, Castonguay, L. G., & Locke, B. (2010, August). CCAPS sensitivity to change over time. Paper presented as part of a panel at the 118<sup>th</sup> Convention of the American Psychological Association, San Diego, CA.
43. **McAleavey, A. A.**, Nordberg, S., Boswell, Kraus, D., Castonguay, L. (2010, June). Discriminant function analyses of the Treatment Outcome Package's ability to predict diagnosis of Major Depressive Disorder. Paper presented as part of a panel at the 41<sup>st</sup> international conference of the Society for Psychotherapy Research, Asilomar, CA.
44. Joormann, J. (presenter), Castonguay, L., LeMoult, J., & **McAleavey, A.** (2010, June). Cognitive biases, rumination, and mood dysregulation: Can experimental studies inform psychological treatments for depression. Paper presented as part of a panel at the 41<sup>st</sup> international conference of the Society for Psychotherapy Research, Asilomar, CA.
45. **McAleavey, A. A.**, Boswell, J. F., Locke, B. D., Hayes, J., & Castonguay, L. G. (2009, October). Institutional differences within the CSCMH: Statistical vs. clinical significance. Paper presented as part of a panel at the Mid-Atlantic Regional conference of the Society for Psychotherapy Research, Philadelphia, PA.

*Invited and Non-Refereed Presentations and Posters*

1. **McAleavey, A. A.**, & Lockard, A. J. (2013, May 2). Science and practice in university and college counseling centers. Presentation as part of the American College Personnel Association Webinar Series. <http://www2.myacpa.org/professional-development/webinar-series>
2. **McAleavey, A. A.**, & Locke, B. D. (2010, March). Center for the Study of Collegiate Mental Health (CSCMH): Rethinking science and practice in college counseling. Invited presentation to the Northeast College Counseling Center Directors Conference, Smithfield, RI.
3. Nordberg, S. S. (presenter), **McAleavey, A. A.**, Castonguay, L. G., Levy, K. (2009, November). Analysis of the reliability of intake diagnosis at the Penn State Psychological Clinic. Presented at the Grand Rounds of the Department of Psychology, The Pennsylvania State University, University Park, PA.



4. **McAleavey, A. A.** (2009a, April). Generalizability and contextual factors in the CSCMH pilot sample. Paper presented as part of a panel at the Center for the Study of Collegiate Mental Health annual conference, University Park, PA.
5. **McAleavey, A. A.** (2009b, April). Sexual orientation and the family and social environment: Exploring depression and its potential mediators in a national sample of college students. Poster presented at the Center for the Study of Collegiate Mental Health annual conference, University Park, PA.

### **Research reviewing experience**

#### *Psychotherapy Research*

2019 – Associate Editor

2016 – Editorial Board

Ad hoc reviewer:

*Asia-Pacific Education Review, Assessment, Behavioral Medicine, Clinical Psychology & Psychotherapy, Clinical Psychology: Science and Practice, Counseling Psychology Quarterly, Journal of Affective Disorders, Journal of Clinical Psychology, Journal of Consulting and Clinical Psychology, Journal of Contemporary Clinical Trials, Journal of Counseling Psychology, Journal of Psychiatry Research, Measurement and Evaluation in Counseling and Development, Neurotherapeutics, Practice Innovations, Psychotherapy, SAGE Open*

Grant reviewer:

*Czech Science Foundation*

### **Awards and honors**

Travel grant – Society for Interpersonal Theory and Research – June, 2011

Bruce V. Moore Graduate Fellowship – The Department of Psychology, Penn State University. 2010.

Student Travel Award – Mid-Atlantic Society for Psychotherapy. October, 2009.

University Graduate Fellowship, The Pennsylvania State University. Fall 2008 – Spring 2011.

Muriel Fain Sher Memorial Premium in Psychology, Brown University Department of Psychology, May 2006.

### **Professional service**

#### *The Pennsylvania State University*

Clinic Research Committee, Student Member, Fall 2010 – Spring 2014

BRIDGE: The Diversity Action Group, member, Fall 2008-present

Training subcommittee, Fall 2008-Summer 2010

#### *American Psychological Association*

Publications and Communications Board

SECAP Liaison to the APA Publications and Communications Board: 2012–2016.

Student and Early Career Advisory Council on Publications (SECAP): Member, 2012-2016.

Division 29 Publications Board: Student Member, 2011-2012.

### **Professional affiliations**

Society for Psychotherapy Research

International Society for Traumatic Stress Studies

American Psychological Association

*Division 12: Society for Clinical Psychology*

*Division 29: Society for the Advancement of Psychotherapy*

Association for Behavioral and Cognitive Therapies

New York City Cognitive Behavioral Therapy Association

Society for Psychotherapy Integration

American Burn Association

Association for Psychological Science

## **Teaching/Supervision experience**

### Weill Cornell Medical College / New York Presbyterian Hospital

- 2016 – NYPH Military Family Wellness Center at WCM  
Outpatient PTSD and mood disorder treatment supervision, 1-3 trainees per year
- 2015 – Asst. Attending Psychologist, William Randolph Hearst Burn Center, NYPH  
Inpatient acute trauma clinical supervision, 3-6 trainees per year
- 2015 – Specialty trainings in Prolonged Exposure therapy for PTSD: Co-lead for PTSD assessment  
trainings in New York region
- 2015 – Primary Care Clerkship: Lead lectures on anxiety disorders in primary care

### The Pennsylvania State University

#### *Clinical Supervision*

- 2012 Introductory psychotherapy practicum, Co-supervisor  
*Co-supervisor / Mentor: Michael Wolff, Ph.D.*

#### *Academic courses*

- 2013 Introduction to Psychology – Instructor – Summer 2013  
*Designed course and lectures with for a full-credit intensive session.*
- 2010 Introduction to Psychology – Teaching Assistant
- 2009 Human Development and Family Studies: Internship Advanced Experience – Teaching Assistant