

# QUIET TIME

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QUIET TIME WORKSHOP – TAMBARAM ICEU 2020-2021



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WHAT IS QUIET TIME ?



## WHAT IS QUIET TIME ?

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“ Quiet Time is a daily time of private fellowship with God and the individual Christian. Quiet Time is that time where we set apart time daily to hear God speaking to us from His Word (the Bible)”



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- Take a moment and think, the God who created this universe, who is the beginning and the end wants to talk to YOU. This is Quiet Time and it is a privilege. Again, think about the fact that God wants to talk to you at a personal level, but such is His love.
  - God from Genesis always wants a personal relationship with humans. It is mind boggling.
  - Quiet Time is an opportunity to have a pilgrimage of the heart by developing an intimate relationship with God.



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In simple Quiet Time is God's classroom where you learn and prepare to be His disciple, a person who can influence the world, but above all Quiet Time is simply time spent with God, there can be nothing better than that.

While making decisions in life, God speaks to us through QT to point us in the right directions.



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HOW TO DO QUIET TIME ?



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## Four essential elements of Quiet Time

- Start with right attitudes
- Select a specified time
- Choose a special place
- Follow a simple plan



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# THE 'ASPECT' METHOD



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- A – About God – What can you learn about God through this passage?
  - S – Sin – Does it talk about any sin?
  - P – Promise – Is there any promise in the Word?
  - E – Example – Is there any example I can follow/not follow?
  - C – Command – Which command I need to obey?
  - T – Teaching – What can I learn from this passage?



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**Acts 4:32 - 5:11**



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- <sup>32</sup> All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. <sup>33</sup> With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God's grace was so powerfully at work in them all <sup>34</sup> that there were no needy persons among them. For from time to time those who owned land or houses sold them, brought the money from the sales <sup>35</sup> and put it at the apostles' feet, and it was distributed to anyone who had need.
  - <sup>36</sup> Joseph, a Levite from Cyprus, whom the apostles called Barnabas (which means "son of encouragement"), <sup>37</sup> sold a field he owned and brought the money and put it at the apostles' feet.



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<sup>5</sup> Now a man named Ananias, together with his wife Sapphira, also sold a piece of property. <sup>2</sup> With his wife's full knowledge he kept back part of the money for himself, but brought the rest and put it at the apostles' feet.

<sup>3</sup> Then Peter said, "Ananias, how is it that Satan has so filled your heart that you have lied to the Holy Spirit and have kept for yourself some of the money you received for the land? <sup>4</sup> Didn't it belong to you before it was sold? And after it was sold, wasn't the money at your disposal? What made you think of doing such a thing? You have not lied just to human beings but to God."

<sup>5</sup> When Ananias heard this, he fell down and died. And great fear seized all who heard what had happened. <sup>6</sup> Then some young men came forward, wrapped up his body, and carried him out and buried him.

<sup>7</sup> About three hours later his wife came in, not knowing what had happened. <sup>8</sup> Peter asked her, "Tell me, is this the price you and Ananias got for the land?" "Yes," she said, "that is the price."

<sup>9</sup> Peter said to her, "How could you conspire to test the Spirit of the Lord? Listen! The feet of the men who buried your husband are at the door, and they will carry you out also."

<sup>10</sup> At that moment she fell down at his feet and died. Then the young men came in and, finding her dead, carried her out and buried her beside her husband. <sup>11</sup> Great fear seized the whole church and all who heard about these events.



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- A – About God – What can you learn about God through this

God doesn't tolerate sin. He hates sin and His anger burns when people sin defiantly

- S – Sin – Does it talk about any sin?

Telling lies. Showing off. Doing something to get praise of men

- P – Promise – Is there any promise in the Word?

No promise in this passage



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- E – Example – Is there any example I can follow/not follow?

Example of believers, Barnabas can be followed. Negative examples – Ananias & Sapphira

- C – Command – Which command I need to obey?

There is no explicit commands in this passage

- T – Teaching – What can I learn from this passage?

Any sin has to be taken seriously. We should always remember that we are sinning against God and have fear of God in our heart.

Needs of other believers should be taken care. I have to be sensitive to other people's needs.

I shouldn't do things to get praise from men.

If anybody goes in wrong path I should correct that person, not conspire with them



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# Workout

## Psalms 23



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ARE YOU STRUGGLING WITH QUIET TIME ?



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- There is nothing wrong in struggling in Quiet Time. It's quiet natural for us due to our human weakness
  - Quiet Time is a question of 'Discipline'
  - Analyse what the problem is. Check your motives
  - Just trust in God. Ask His help. He will help you



### Internet

- Switch off phone/mobile data for sometime

### Laziness

- A disciple needs to be disciplined
- Have an accountability partner

### Atmosphere

- Find a spot where you won't be disturbed
- Change timing

### Taking QT for granted

- Humility
- Realise the privilege
- Don't harden your heart

### Discouragements

- Talk with your mentor/believer friend
- Be frank with God

### Dryness

- Have right mindset. Pray to God

### QT becoming a ritual

- Make QT personal
- Converse with God

### Busy schedule

- Prioritize QT
- Allocate a fixed time

### Sin

- Overcome the guilt
- Remember God just wants you back



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“Man does not live on bread alone but on every word that comes from  
the mouth of the Lord”

Deutonomy 8:3

QT is essential for the survival of a believer

So do you want to survive?