



Jazz 3 Curriculum

Jazz for ages 12 and older will expand beyond jazz basics as we dive into fun dance combos, improve flexibility, and increase our strength. As the class continues through the year, the students will learn many jazz steps and tricks that will be implemented into the choreography. In December, the students will perform for family and friends to showcase their progress through a dance number. In May, the class will have another opportunity to perform for loved ones through a formal recital. The final show of the dance year will be an opportunity for the students to perform in costume at a formal venue.

*All performances will depend on COVID-19 restrictions.

During each class period, we will generally observe the following schedule:

-Warm up (5 minutes): Time to condition and strengthen our bodies through fun and energetic steps.

-Stretch (10 minutes): Introduces new ways to stretch our muscles and increase flexibility.

-Introduction of New Dance Combo or Skill (15 minutes): The students will learn a new dance combo or skill each class to practice picking up choreography quickly.

-Choreography (25 minutes): We will review the dance taught from previous weeks and continue with choreography while implementing the new technique/skill taught that day.

-Conditioning (5 minutes): Allow our bodies and muscles to be strengthened through different workouts.

Monthly Focus

September: Introduce dance improvisation and allow students to express themselves through dance. Begin choreography and turning technique.

October: Start across the floor activities and intermediate jazz combos.

November: Begin more advanced turning skills.

December: Prepare for the first performance by reviewing and cleaning choreography.

January: Learn basic tumbling and acro skills. Begin new choreography.

February: Continue to improve tumbling and acro technique.

March: Continue to improve tumbling and acro technique.

April: Expand on across the floor activities with intermediate/advanced level leap and jumps.

May: Prepare for final recital.