

Kinder Ballet & Tap Combo Curriculum

Kinder Ballet & Tap Combo for ages 5-6 will introduce and build on previously learned ballet technique in a fun simple way through imagination and a hands on approach. Each month, as the students progress, we will introduce new terms and steps using good technique, coordination, and creativity, building on skills learned in the previous month. Mid year (December), they will be doing an in-class performance to show their progress to close friends and family. A more formal performance will be at the end of the dance year, in May. This is a fun time for them to shine and wear a fun costume, showcasing the things they have learned throughout the year as well as building their confidence in giving them a more formal venue at which to perform.

During each class period, we will generally observe the following schedule:

- <u>Stretching</u> (10 min): Includes fun and correct stretching of muscles through creativity and imagination.
- <u>Ballet Positions/Warm-up</u> (10 min): Provides an opportunity to introduce new steps and vocabulary through activities and games. It's also a time to practice musicality and rhythm.
- Tap (15 min): Works on proper alignment and balancing.
- <u>Center</u> (15 min): Gives children a chance to practice movement around the room and also works on coordination through creativity and group activities.

Monthly Focus

September: Introduce tap shoes, beginner tap moves. Begin learning basic ballet moves and stretches.

October: Work with groups and partners, learn how to channel creativity within tap noises, different ballet moves. Begin choreography.

November: Practice dance (either ballet or tap dance).

December: Prepare for the first in-class performance.

January: Begin new choreography.

February: Practice tap basics and choreography in groups to create unity and make new friends, as well as new turns and jumps in ballet.

 \mathcal{M} arch: Continue to improve rhythm and timing.

April: Introduce tap and ballet improvisation to build confidence and learn to support each other.

May: Prepare for final recital.

Presentation of the year's work through formal performance for friends and family.