|  |  |  |
| --- | --- | --- |
| **variable** | **values** | **explanation** |
| number |  |  |
| name |  |  |
| class |  |  |
| exam date |  |  |
| age |  |  |
| sex |  |  |
| residence\_1 |  |  |
| residence\_2 |  |  |
| education\_1 |  |  |
| education\_2 |  |  |
| marriage |  |  |
| job |  |  |
| religion |  |  |
| height |  |  |
| weight |  |  |
| SBP |  |  |
| DBP |  |  |
| HR |  |  |
| BT |  |  |
| alcohol drink |  |  |
| alcohol frequency |  |  |
| alcohol intake |  |  |
| more than 7 cups |  |  |
| smoking status |  |  |
| first smoke |  |  |
| smoking amount |  |  |
| heavy exercise |  |  |
| middle exercise |  |  |
| walking |  |  |
| number of meals |  |  |
| mealtime |  |  |
| amount of meal |  |  |
| meal hour |  |  |
| skipping meal |  |  |
| skipping time |  |  |
| reason |  |  |
| meal with family |  |  |
| overeating |  |  |
| overeating time |  |  |
| amount of eat out |  |  |
| eat out time |  |  |
| eat out meal |  |  |
| number of snacks |  |  |
| snack time |  |  |
| snack type |  |  |
| late-night meal |  |  |
| not eating food |  |  |
| not eating reason |  |  |
| grains |  |  |
| fish or meat |  |  |
| fruit |  |  |
| vegetables |  |  |
| dairy products |  |  |
| fried foods |  |  |
| instant foods |  |  |
| junk foods |  |  |
| Scale of social support |  |  |
| NEO test |  |  |
| mood disorder test |  |  |
| MINI |  |  |
| suicidal |  |  |
| melancholia |  |  |
| HAM-D |  |  |
| HAM-A |  |  |
| Medical History 1 |  |  |
| Medical History 2 |  |  |
| Medical History 3 |  |  |
| family history |  |  |
|  |  |  |
| WHOQOL-BREF |  |  |
| BIS |  |  |
| BHS |  |  |
| K-MAIA |  |  |
| Pittsburgh sleep |  |  |
| STAI-X2 |  |  |
| PHQ-9 |  |  |
| GAD-7 |  |  |
| STAI-X1 |  |  |
| KSSI\_1 |  |  |
| KSSI\_2 |  |  |
| RAS |  |  |
| RSE |  |  |
| Before 18 |  |  |