

Your cycling performance results! - Aptomy server

ride date: 2015-07-26

cycling duration analyzed(min): 6.7 (of 194 min)

average cadence(pedal strokes/min): 85

# of pedal strokes analyzed: 53

% of cycling data analyzed: 3

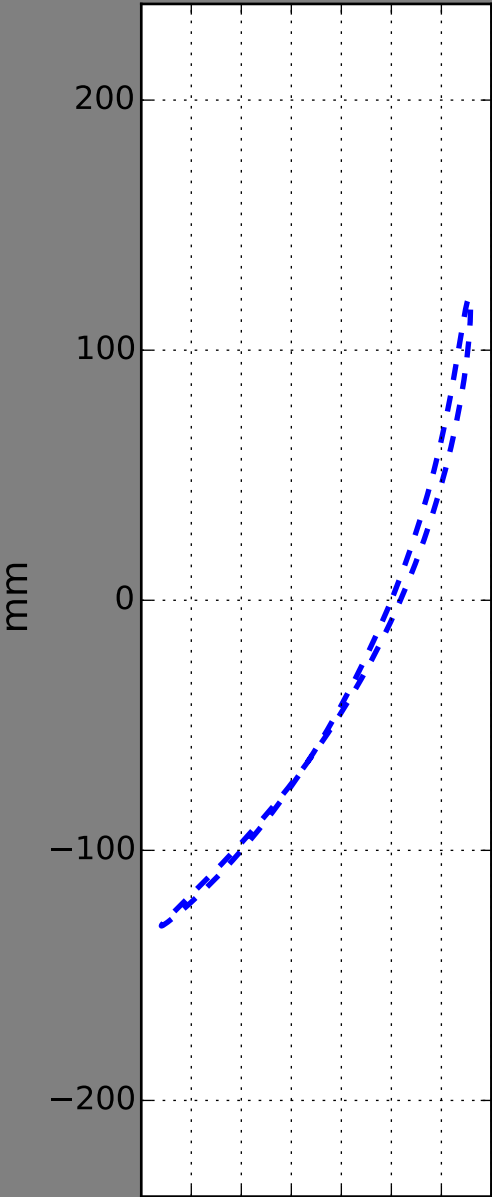
sensor sample rate: 10

# Saddle height analysis

Saddle height maybe too HIGH,  
lowering it may improve performance!



saddle height estimate



sensor movement in mm  
side view

# Side-to-side knee motion analysis

Side-to-side knee motion OUTSIDE recommended range, getting professionally fitted may improve performance and reduce risk of injury!

