

Your cycling performance results! - Aptomy server

2015-07-31

cycling duration analyzed(min): 6.7

average cadence(pedal strokes/min): 85

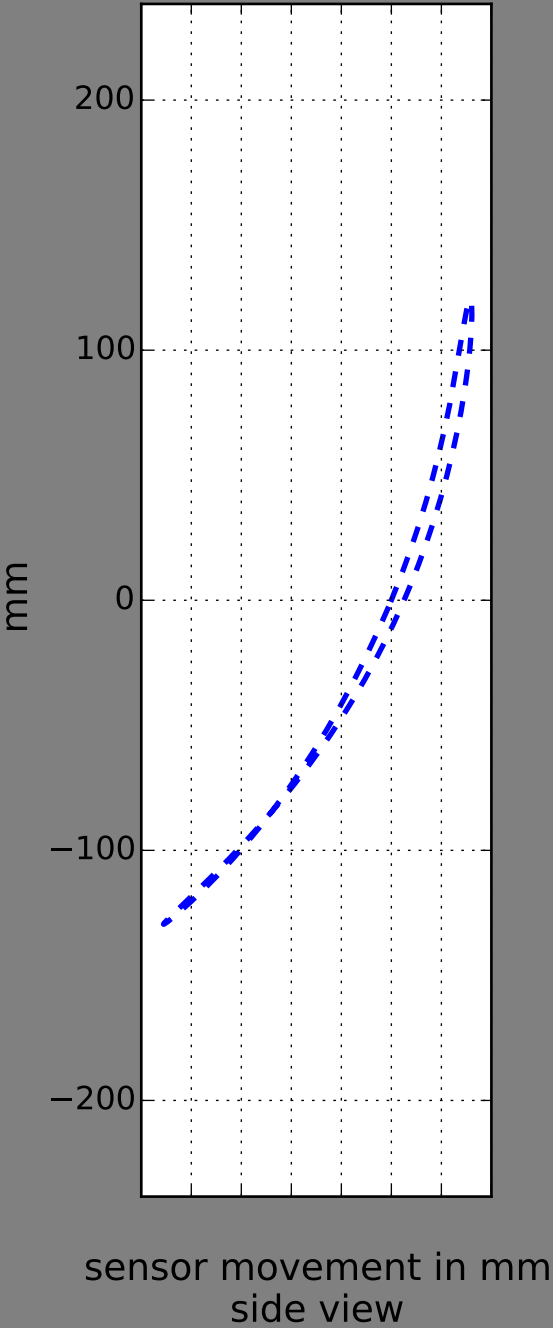
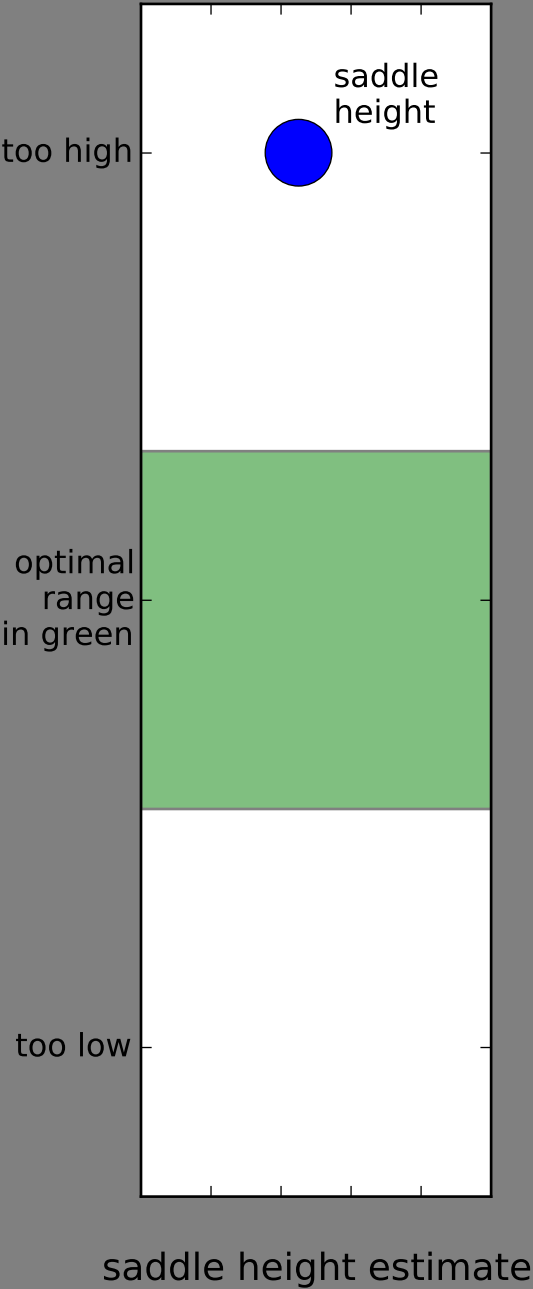
of pedal strokes analyzed: 55

% of cycling data analyzed: 100

sensor sample rate: 10

Saddle height analysis

Saddle height maybe too HIGH,
lowering it may improve performance!



Side-to-side knee motion analysis

Side-to-side knee motion OUTSIDE recommended range, getting professionally fitted may improve performance and reduce risk of injury!

