

2025-2026 Age Group Championship Time Standards (SCY - LCM - SCM)

Published 09/01/2025

Girls

Event	10 & Under			11			12			13			14		
	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM
50 FR	31.39	35.59	34.69	30.09	34.19	33.19	27.89	31.89	30.89	26.79	30.69	29.89	26.09	30.09	29.19
100 FR	1:10.49	1:20.19	1:17.89	1:05.49	1:14.69	1:12.29	1:00.49	1:09.49	1:07.89	57.79	1:05.79	1:03.99	56.29	1:04.09	1:02.49
200 FR	2:35.59	2:55.59	2:51.89	2:22.09	2:43.09	2:36.99	2:12.09	2:30.29	2:27.09	2:05.69	2:21.59	2:18.39	2:02.09	2:19.09	2:16.09
400/500 FR	6:43.99	6:04.29	5:53.59	6:24.09	5:43.09	5:36.09	5:51.39	5:15.39	5:08.59	5:43.19	5:07.39	5:00.39	5:33.19	4:57.39	4:51.59
800/1000 FR				13:17.69	12:06.49	11:38.09	12:09.49	11:03.39	10:38.49	11:47.59	10:34.59	10:19.29	11:30.29	10:16.09	10:04.09
1500/1650 FR				22:25.99	23:23.59	22:18.19	20:27.19	21:13.19	20:20.09	19:45.39	20:20.49	19:38.49	19:03.09	19:25.99	19:09.99
50 BK	36.69	42.89	40.59	33.99	39.39	37.59	31.99	36.89	35.19	29.89	35.19	32.99	28.89	34.29	32.49
100 BK	1:19.29	1:32.69	1:27.69	1:14.09	1:27.19	1:21.89	1:09.39	1:19.29	1:16.59	1:05.69	1:16.19	1:14.99	1:03.19	1:13.09	1:11.99
200 BK				2:38.39	3:04.39	2:55.09	2:30.89	2:49.89	2:43.29	2:21.19	2:43.59	2:36.09	2:16.59	2:36.69	2:32.89
50 BR	41.69	47.49	46.19	38.49	44.09	42.59	36.09	40.69	39.69	34.69	39.49	38.29	33.79	38.49	37.39
100 BR	1:31.89	1:44.89	1:41.49	1:23.99	1:37.59	1:33.29	1:18.19	1:29.69	1:26.39	1:14.49	1:25.69	1:23.69	1:12.59	1:23.99	1:21.79
200 BR				3:01.39	3:29.79	3:20.49	2:52.19	3:15.19	3:11.19	2:41.79	3:06.69	3:02.69	2:37.89	3:03.19	2:59.19
50 FL	36.19	40.79	39.99	32.59	36.89	36.09	30.59	34.29	33.79	29.49	33.09	32.59	28.89	32.09	31.99
100 FL	1:24.09	1:35.39	1:32.99	1:14.59	1:24.89	1:22.39	1:08.09	1:17.99	1:15.19	1:04.79	1:13.59	1:11.59	1:02.79	1:11.99	1:10.19
200 FL				2:49.39	3:10.69	3:08.09	2:34.29	2:55.09	2:52.29	2:23.99	2:42.49	2:39.09	2:22.09	2:40.29	2:37.79
100 IM	1:20.09		1:28.49	1:14.59		1:22.49	1:09.29		1:16.59						
200 IM	2:52.39	3:17.09	3:10.49	2:39.99	3:04.39	2:56.79	2:28.39	2:51.19	2:47.99	2:21.59	2:40.39	2:37.19	2:17.39	2:37.19	2:33.99
400 IM				5:41.79	6:34.19	6:17.69	5:19.19	6:04.59	5:58.19	5:06.79	5:50.79	5:38.99	4:57.19	5:40.99	5:29.89

Boys

Event	10 & Under			11			12			13			#	14		
	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM		SCY	LCM	SCM
50 FR	30.99	35.49	34.19	29.79	34.19	32.89	27.19	31.19	29.99	25.29	28.49	27.59		23.99	27.59	26.69
100 FR	1:09.69	1:19.49	1:16.99	1:05.19	1:14.59	1:11.99	59.29	1:07.49	1:05.89	54.39	1:02.09	1:00.89		52.39	59.89	59.19
200 FR	2:29.39	2:49.89	2:44.99	2:21.39	2:41.79	2:36.19	2:09.19	2:26.99	2:23.79	1:58.79	2:15.99	2:12.79		1:54.69	2:12.09	2:08.89
400/500 FR	6:37.09	5:59.49	5:47.59	6:14.69	5:40.39	5:31.29	5:47.49	5:08.49	5:04.09	5:27.39	4:56.39	4:46.49		5:13.89	4:43.19	4:36.09
800/1000 FR				13:11.69	11:57.69	11:32.79	11:56.79	10:51.99	10:27.29	11:19.79	10:17.19	9:54.89		10:51.29	9:52.29	9:39.49
1500/1650 FR				22:14.79	23:05.09	22:06.99	20:00.79	20:45.89	19:53.79	18:57.49	19:32.39	18:50.79		18:09.89	18:46.99	18:22.99
50 BK	36.99	42.99	40.99	34.69	39.99	38.29	31.59	36.49	34.89	28.49	33.09	31.49		27.09	31.79	29.89
100 BK	1:18.89	1:30.89	1:27.09	1:14.29	1:26.89	1:21.99	1:07.49	1:18.49	1:17.29	1:02.39	1:12.19	1:08.39		59.89	1:08.29	1:06.39
200 BK				2:38.69	3:03.39	2:55.29	2:27.39	2:45.99	2:43.59	2:16.79	2:36.79	2:34.39		2:10.49	2:32.89	2:30.49
50 BR	40.99	46.99	45.29	38.99	44.69	42.99	35.19	40.09	39.09	32.49	36.89	35.99		30.99	35.49	34.19
100 BR	1:28.99	1:42.69	1:38.29	1:23.59	1:37.69	1:32.59	1:15.89	1:27.69	1:25.69	1:10.39	1:20.49	1:16.89		1:06.69	1:17.29	1:13.09
200 BR				2:59.39	3:28.19	3:18.29	2:46.39	3:08.89	3:04.89	2:35.99	2:56.99	2:52.99		2:26.99	2:52.09	2:48.09
50 FL	35.39	40.19	39.09	33.39	37.59	36.89	30.19	34.09	33.49	27.89	31.39	30.79		26.69	29.89	29.39
100 FL	1:22.69	1:34.29	1:31.39	1:14.59	1:25.19	1:22.59	1:07.09	1:16.39	1:14.19	1:01.09	1:09.49	1:07.49		58.99	1:07.49	1:05.89
200 FL				2:49.39	3:10.69	3:08.09	2:28.39	2:48.79	2:45.99	2:17.79	2:38.49	2:35.69		2:10.99	2:31.49	2:28.69
100 IM	1:18.89		1:27.19	1:14.69		1:22.59	1:08.09		1:15.19							
200 IM	2:50.99	3:14.29	3:08.99	2:40.89	3:05.49	2:59.09	2:27.09	2:48.19	2:44.99	2:14.19	2:32.19	2:28.99		2:08.99	2:28.49	2:25.29
400 IM				5:42.09	6:33.39	6:18.09	5:12.19	5:53.39	5:44.99	4:50.59	5:35.59	5:21.09		4:37.49	5:28.39	5:16.29