

Lite Extras

	Benefits up to	Maximum per person per calendar year	Waiting periods
Ambulance Road transport only	100%	100% covered for road transport emergency services and 100% covered for one non-emergency service. \$40 co-payment applies for all subsequent non-emergency services (all services must be medically necessary)	1 day
Chiropractic Initial consultations Subsequent consultations Chiropractic x-rays	\$27 \$19 \$60	\$366 combined benefit limit with osteopathy. 1 per year	2 months
Dental, General Consultations/examinations X-rays Scale and clean (1st visit) Extractions General Restorations (e.g. 1 surface adhesive filling) Mouthguard	\$23 - \$41 \$21 - \$47 \$55 \$75 - \$182 \$65 \$45	\$500 (<5yrs) \$1500 (>5yrs)	6 months
Natural Therapy Acupuncture – per consultation Naturopathy – per consultation Massage Therapy – per consultation	\$21 \$21 \$21	\$500 combined benefit limit for acupuncture, naturopathy & massage therapist	2 months
Optical – Spectacles Frames Single vision lenses Bi-focal lenses Multi-focal lenses Spectacle repairs (including lenses)	\$250	\$250 combined spectacles and contacts	2 months
Optical – Contacts Disposable contact lenses Non disposable contact lenses			
Osteopathy Initial consultation Subsequent consultations	\$17 \$13	1 per year \$366 combined benefit limit with chiropractic	2 months
Pharmaceutical GMF Health Pharmacy Schedule less member co-payment (equal to current Government PBS Scheme)		\$350	2 months
Physiotherapy Initial consultation Subsequent consultations Group & Hydro Therapy	\$39 \$28 \$13	1 per year \$550	2 months
Podiatry Consultations	\$33	\$450 combined benefit limit for foot orthotics and podiatry	2 months
Orthotic appliances Benefit is payable if supplied by a registered Podiatrist or GMF Health approved supplier.	80% of cost to max of \$200 for single, \$400 for pair	Limited to 1 pair per year	12 months