

Bronze Extras

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This information is important, please read and retain for future reference.

Bronze Extras is an ideal option if you want to claim on popular extras services such as dental and optical.

Waiting periods

Waiting periods exist to protect members from claims made by those who join the fund or increase their level of cover because they have an ailment or illness that may require treatment.

Waiting periods will apply to:

- New memberships (previously uninsured).
- Additions to a membership (unless the addition/s has already served all waiting periods with GMHBA or another fund) except newborns, adopted and permanent foster children where the family membership has been in existence for at least 2 months.
- Existing GMHBA memberships, and transfers to GMHBA from another fund where the level of cover and/or benefit entitlement is upgraded or increased and/or where the waiting periods have not been completed.

Extras Service	Waiting Periods	Benefit
Dental		
General Dental For more information see general dental note)	2 months	
a) Diagnostic services	2 months	55%
b) Preventative services e.g. periodic examination 2 per calendar year, removal of plaque 3 per calendar year. Annual limit per person per calendar year.	2 months	55% up to \$300 per person
c) Simple extractions (not including surgical extractions of wisdom teeth)	2 months	55%
d) Restorative services (limited benefits apply to precious restorations)	2 months	55%
Annual limit (see important note for dental)		
Annual limit per person each calendar year		\$1,000
Fluoride dietary supplement¹	2 months	
Benefit of up to		55%
Maximum benefit per person each calendar year		\$45
Occupational therapy²	2 months	
Initial visit		55%
2-10 subsequent visits		55%
Further visits		55%
Annual limits per person /single membership each calendar year		\$300
Annual limit per family membership each calendar year		\$600
Optical³	6 months	
Prescription spectacles, contact lenses and frames – benefit of up to		55%
Annual limit per person each calendar year		\$150

Important note: The table opposite must be read along with the footnotes below

Important note for Dental: The benefits shown are the annual limits for each type of dental services. There are further sub limits within some of these dental services.

General Dental – There are a range of dental procedure that cannot be claimed when provided on the same day e.g. a filling on a tooth that has been removed. There are also limits on the number of dental procedures you can have e.g. periodic examinations are limited to two per calendar year.

Dental benefits for some procedures cannot be paid unless tooth identifications (ID) are supplied by the provider.

The general dental limits for dental examinations and scale and clean procedures are available per person on a calendar year basis.

For services other than Dental, benefits for one initial consultation are available each calendar year

Preventative Dental – Benefits are based on specific item numbers. We recommend you contact GMHBA for a benefit estimate to confirm the benefit payable.

1. **Fluoride dietary supplement** - Benefits are only payable towards the cost of dietary fluoride supplements (tablet or liquid form) dispensed by a chemist or dentist in private practice.
2. **Occupational therapy** - The annual limit of \$300 per person/single membership and \$600 per family membership each calendar year includes combined benefits for physiotherapy, myotherapy, occupational therapy and hydrotherapy.
3. **Optical** - Non-prescription sunglasses and repairs are excluded.

Orthopaedic appliances⁴	12 months	
Benefit of up to		55%
Limit per person every 3 years		\$400
Orthopaedic appliance repairs	2 months	
Annual limit per person each calendar year		55% up to \$30
Pharmacy – private script⁵	2 months	
Members pay the first maximum PBS contribution then the following benefit is paid towards the balance		55%
Annual limit per person/single membership each calendar year		\$150
Annual limit per family membership each calendar year		\$350
Physiotherapy/Myotherapy/Hydrotherapy⁶	2 months	
Initial visit		55%
2-10 subsequent visits		55%
Further visits		55%
Class attendance		55%
Annual limit per person/single membership each calendar year		\$300
Annual limit per family membership each calendar year		\$600
Pressure garments⁷	12 months	
Benefit of up to		55%
Maximum benefit per person every 3 years		\$100 every 3 years

4. **Orthopaedic appliances (GMHBA approved)** – Must be custom made or approved by GMHBA. A doctor's letter recommending the appliance must accompany each claim for benefits. Orthopaedic appliances attract benefits where the application of which has resulted from, and is required immediately following the injury or surgery to the injury necessitating the appliance, for purposes other than additional to support. For an appliance to be custom made, a plaster cast or mould must be taken. Customising, heat moulding, trimming or adjusting an existing 'off the shelf' appliance does not involve this process and therefore does not constitute a custom made appliance. There are some conditions therefore we recommend you call 1300 446 422. The limit of \$400 per person is available every three years. This limit includes combined benefits for orthopaedic appliances.
5. **Pharmacy - Private Script Benefits** are only payable towards the cost of prescription pharmaceuticals dispensed via a provider in a private practice. Benefits are not payable towards the cost of contraceptives or NHS (PBS) prescriptions, food supplements, natural therapies (including Modifast/Optifast), over the counter items purchased with or without a prescription and pharmaceuticals purchased overseas and not listed on the Australian Register of Therapeutic Goods.
6. **Physiotherapy/Myotherapy/Hydrotherapy** – For physiotherapy and hydrotherapy only class attendance is limited to \$240 per person each calendar year and this limit is included with your annual limit. Benefits will be paid for one consultation and/or treatment per provider per day. Physiotherapy consultation must be for a minimum of 15 – 20 minutes to qualify for one-on-one physiotherapy benefits. The annual limit of \$300 per person/single membership and \$600 per family membership each calendar year includes combined benefits for physiotherapy, myotherapy, hydrotherapy and occupational therapy.
7. **Pressure garments** – Are used for the treatment of burns, lymphoedema or for post-operative surgery up to 60 days from hospital discharge. For benefits to be payable garments must be supplied through a private company or therapist in private practice. A doctor's letter of recommending the appliance must accompany each claim for benefits. We recommend you contact GMHBA for a benefit to confirm the benefit payable.

Important

All extras services must be provided by practitioners in a private practice who are appropriately registered with recognised bodies approved by GMHBA. We recommend you contact us for a benefit estimate before commencing treatment to confirm the benefit payable. For services other than dental, benefits for one initial consultation per therapy type are available each calendar year.

Find out more

If you're planning treatment, please call us to discuss your options to ensure you're covered and have served all relevant waiting periods.

For further information please call 1300 446 422, visit your local branch or gmhba.com.au.