Your guide to choosing the health insurance that gives you more.

July 2012



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Compare HCF hospital and extras cover at a glance. See pages 22 to 27 **Families** with kids Page 16 Singles & couples -35 to 65 Page 18 Complete peace of mind over 65 Page 20 LIFE

We'll help you make the Switch to HCF. Just call 13 13 34 to find out how.

You get more with HCF

We'll help you stay healthy, save on health care costs, and help you choose the right level of cover to suit your life stage.

MORE than just health insurance

- HCF Dental and Eyecare Centres offer a range of fully covered services
- My Health Guardian our unique online program to help you take charge of your own health
- HCF Life's affordable financial relief for when sickness, accidents or unemployment strike.



MORE benefits, MORE cover, MORE savings

- We consistently return more in benefits than the average health fund
- The best full coverage for medical services of any health fund in every state
- Only one hospital excess applies per person per calendar year
- No hospital excess for same day or accident related surgery
- No hospital excess for dependent children.

Because we're not-for-profit, members get more, not shareholders. And, unlike some major funds, we remain fully Australian owned. One more reason you'll be happier with HCE.

MORE cover for important hospital services

When it comes to your health, no one likes surprises. That's why all our hospital products include cover for heart conditions.

HIGHER limits on all extras

We offer some of the highest limits on the important services like dental, optical, physiotherapy, chiropractic and osteopathy.

YOUR CHOICE of doctor

Want a doctor you know and trust? With HCF, it's your choice.

If you choose a doctor who participates in our no-gap arrangements, you can avoid additional costs.

NO-GAP in-hospital medical services

Many doctors charge more than the Medicare Benefits Schedule (MBS) fee and that gap can end up costing you more than you expect in extra charges for in-hospital medical services. You can wipe that gap off your bill. Choose a doctor who participates in HCF's no-gap Medicover arrangements to make sure you don't pay a gap.

LESS EXCESS if you are hospitalised

An excess is the amount you nominate to pay if you are admitted to hospital. Depending on your level of cover, you can reduce your health cover premium by opting for a higher excess or pay a bit more to get a lower excess. Whatever excess you choose, you're likely to pay less overall with HCF. Because, unlike most other funds, we charge:

- Only one excess per person per calendar year
- No hospital excess for dependent children
- No excess for same-day surgery
- No excess for accidents.

HCF approved health management programs

HCF's health management programs offer a range of benefits to help members lead a fit and healthy life. The programs allow you to claim for:

- Exercise regimes and gym membership fees (doctor's referral required)
- Childbirth / Antenatal (before birth) education
- Lactation consultations
- Learn to swim
- Stress management
- Quit smoking
- Weight management
- Faecal occult blood testing.

This benefit is only available for members on some levels of extras cover who have served the six month waiting period. Before you start on any program, please contact us on 13 13 34 to ensure you are eligible for a benefit and what your annual limits are.



HCF has teamed up with Fitness First to give members a 10% discount on new Fitness First memberships. Terms, conditions and a one-off start-up fee apply. See our website for details. www.hcf.com.au/memberoffer

HCF hospital benefits

More for muscles

All members with extras cover are entitled to one gap-free physiotherapy initial consultation per year with a participating provider for a new health condition subject to their annual limits. We hope that by making the initial consultation fully covered, members will seek early rehabilitation following an injury and therefore recover more quickly.

For more information on the More for muscles program, including a list of participating physiotherapists, please visit www.hcf.com.au/more-for-muscles or call 13 13 34.

More for eyes

All members with extras cover are entitled to free eye health checks through digital retinal imaging from participating providers. This is a process where a photograph is taken of the inside of your eye to determine its health.

In addition, members can choose from a range of fully covered glasses from participating providers subject to their available limits. The program is available through HCF EYECARE Centres and participating providers nationwide.

For more details on the More for eyes program, including a list of participating providers, please visit www.hcf.com.au/more-for-eyes or call 13 13 34.

More for teeth

All members with extras cover are eligible for a range of fully covered diagnostic and preventative dental services (e.g. scale and

clean) from a participating dentist subject to their available limits. The program is available from our seven Dental Centres throughout Sydney, and over 3,500 participating providers in regional/rural NSW, ACT, Queensland, Victoria and South Australia.

For more details on the More for teeth program, or to find participating dentists in your area, please visit www.hcf.com.au/more-for-teeth or call 13 13 34.

Which hospital cover is calling your name?

No matter which cover you choose, you'll always get:

- Cover for accommodation in a public or HCF participating private hospital
- Coronary care
- Physiotherapy and pharmaceuticals related to your admission in a public or HCF participating private hospital
- Ambulance cover (see page 28)
- Cover for Medicare gap (25% of the scheduled fee)
- Access to HCF's no-gap Medicover scheme (see page 5 for more).

And unlike most other funds doesn't exclude any procedures or services where a Medicare benefit is payable. However, to keep benefits relevant (and the premium down), some of our hospital covers pay Minimal benefits on selected services such as:

- Gastric banding and obesity surgery
- Pregnancy and birth related services
- Government approved prostheses



- Assisted reproductive services (e.g. IVF, GIFT)
- Psychiatric services
- Total and partial hip and knee joint replacement
- Rehabilitation services
- Cataract and other lens related procedures
- Dialysis for chronic renal failure.

If you plan on having any of these procedures in a private hospital, talk to us and we'll direct you to the most appropriate level of cover. Read more about what we mean by Minimal benefits on page 32.

HCF Dental and EYECARE Centres

Blacktown

Dental: (02) 9852 2100 Eyecare: (02) 9672 9500

Bondi Junction

Dental: (02) 9386 2222 Evecare: (02) 9386 2333 Brookvale

Dental: (02) 9907 5600 Eyecare: (02) 9907 5100

Chatswood

Dental: (02) 8448 0144 Eyecare: (02) 8448 0111 Hurstville

Dental: (02) 8567 3244 Eyecare: (02) 9585 8400

Parramatta

Dental: (02) 9685 1255 Eyecare: (02) 9893 8344 Sydney

Dental: (02) 9290 0555 Eyecare: (02) 9290 0199 To find out more about HCF hospital cover and to compare levels of cover, please go to page 22.

Health and wellbeing services

We'll help you take better care of your health

HealthGuardian



It's like having your own personal health coach, 24 hours a day.



with our health and wellbeing services.

A unique program of personalised online health management tools to look after your health and well-being including:

- Well-being assessment a simple, guided process to assess your overall health and well-being.
- Well-being action plan use your assessment feedback to put together your online interactive action plan.
- Resource library puts a wealth of health information at your fingertips, with hundreds of articles, exercises and recipes.

It's available to members 18 years of age or older with hospital and/or extras cover.

Take a virtual tour at www.hcf.com.au/mhg

My Home Doctor[™]



After-hours home general practitioner service for you and your family. With HCF's new My Home Doctor service, you can call for the doctor in the middle of the night, or on the weekend, and they will come to your house – at no charge to you.

It's available to eligible members with hospital cover who are within the coverage area of the service.

This is currently North, Central and Western Sydney and South-East Queensland.

Find out more at www.hcf.com.au/mhd

MGlobal Specialist[™]



Giving members access to world leading medical experts.



If you or someone on your family membership had a serious illness, wouldn't it be reassuring to know that a leading medical expert was able to review your case?

Your specialist, chosen from a panel of 50,000 worldwide, will:

• review all your medical records

- provide a second opinion and detailed report
- answer any of your questions.

It's available to members on Top Plus Nil excess with either Multicover or Super Multicover. Upgrade to this level of cover and start using this service immediately.

Find out more at www.hcf.com.au/mgs

Guide to choosing your cover

Life stage level of cover:

Medium level of cover	- High level of cover	- Highest level of cover
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Life stage	Suitable for	Product options	Hospital	Extras	Page
Young singles	Healthy young singles and couples not planning a family	Top Plus + Multicover. Excess options: Nil, \$150, \$250 or \$450			12
& couples - under 35	r,	Hospital Advanced Savings + General Extras Plus. Excess options: \$250 or \$450			12
		Young Singles & Couples Cover. Excess: \$450			12
Planning	Those planning children.	Top Plus + Multicover. Excess options: Nil, \$150, \$250 or \$450			14
a family		Top Plus + General Extras Plus. Excess options: Nil, \$150, \$250 or \$450			14
Families	Healthy families with children.	Top Plus + Multicover. Excess options: Nil, \$150, \$250 or \$450			16
Singles & couples - 35 to 65		Top Plus + General Extras Plus. Excess options: Nil, \$150, \$250 or \$450			16
		Hospital Advanced Savings + Multicover. Excess options: \$250 or \$450			16
	Healthy and active singles and couples without dependent kids.	Top Plus + Super Multicover. Excess options: Nil, \$150, \$250 or \$450			18
	without dependent ride.	Top Plus + Multicover. Excess options: Nil, \$150, \$250 or \$450			18
		Fit & Free. Excess options: Nil or \$250			18
Complete peace of	Those who would rather leave nothing to chance.	Top Plus + Super Multicover. Excess options: Nil, \$150, \$250 or \$450			20
mind - over 65		Top Plus Hospital + Multicover. Excess options: Nil, \$150, \$250 or \$450			20

Young singles & couples - under 35



Ideal for young singles and couples wanting top hospital and comprehensive extras cover.

Top Plus and Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over \$10,000 in available extras limits per person.

Top-level hospital cover:

- ✓ Our top hospital cover for complete peace of mind
- ✓ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✔ Accidents
- ✔ Pregnancy and birth related services
- ✓ Shoulder and knee reconstruction surgery
- ✓ Cataract and other lens surgery
- ✔ Rehabilitation services
- ✓ Gastric banding and obesity surgery
- ✔ Psychiatric services

Comprehensive extras cover:

- ✓ Over \$10,000 in extras limits per person
- ✓ More essential and major dental
- ✔ Plus more optical
- ✓ Higher limits for physio, chiro and osteo
- ✓ Higher limits and benefits for most. other services such as remedial massage. acupuncture and more
- ✔ HCF approved health management programs
- ✓ Additional therapies and services
- ✓ Loyalty benefits (see page 30)

PLUS bonus Permanent Disability from Accident cover (see page 40)

Ideal for healthy young singles and couples wanting comprehensive hospital and generous extras cover.

Hospital Advanced Savings and General Extras Plus

Choose \$250 or \$450 hospital excess. Over \$2,500 in available extras limits per person.

Comprehensive hospital cover:

- ✓ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✓ Accidents
- ✓ Shoulder reconstruction surgery
- ✔ Rehabilitation services

Generous extras cover:

- ✓ Over \$2,500 in extras limits per person
- ✓ Essential and selected major dental
- ✔ Optical
- ✓ High limits for physio, chiro and osteo
- ✓ Exercise physiology
- ✔ Remedial massage, acupuncture and more

Ideal for healthy young singles and couples not planning a family and looking for a cost-effective hospital and extras package.

Young Singles & Couples

\$450 hospital excess. Over \$1,400 in available extras limits per person.

Essential hospital cover:

- ✓ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✔ Accidents
- ✓ Shoulder reconstruction and more

Essential extras cover:

- ✓ Over \$1,400 in extras limits per person
- ✓ Essential dental
- ✔ Optical
- ✓ Physio, chiro and osteo
- ✓ Exercise physiology
- ✔ Remedial massage, acupuncture and more

These product packages are a recommendation only. To compare hospital and extras products and learn more about what's covered, please refer to pages 22 to 27.



More

Planning a family

Having kids means we have to hop to it. We need a plan that can cover us every step of the way, and expand as our family grows.



Choose this Cash
Assist option:
Cash Back Cover
gives even more

peace of mind

See page 39.



Ideal for those planning children, wanting top-level hospital and comprehensive extras cover.

Top Plus and Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over \$10,000 in available extras limits per person.

Top-level hospital cover:

- Our top hospital cover for complete peace of mind when planning a family
- ✓ Assisted reproductive services (e.g. IVF, GIFT)
- ✔ Pregnancy and birth related services
- ✓ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✔ Accidents
- ✔ Hip and shoulder reconstruction
- ✓ Cataract and other lens surgery
- ✔ Rehabilitation services

Comprehensive extras cover:

- ✓ Over \$10,000 in extras limits per person
- ✓ More essential and major dental
- ✓ More optical
- ✓ More for antenatal exercise classes by a registered physiotherapist
- ✓ More for physio, chiro and osteo
- ✔ Plus natural therapies coverage
- ✔ Plus HCF approved health management programs
- Higher limits and benefits for most services such as remedial massage, school accident cover and vaccinations
- ✔ Additional therapies and services
- ✓ Loyalty benefits (see page 30)

PLUS bonus Permanent Disability from Accident cover (see page 40)

Ideal for those planning children, wanting top-level hospital and generous extras cover.

Top Plus and General Extras Plus

Choose nil, \$150, \$250 or \$450 hospital excess. Over **\$2,500** in available extras limits per person.

Top-level hospital cover:	Generous extras cover:
✓ The same top hospital cover as above	✓ Over \$2,500 extras limits per person ✓ Essential and selected major dental ✓ Optical ✓ Physio, chiro and osteo ✓ Antenatal exercise classes by a registered physiotherapist ✓ Remedial massage ✓ School accident cover ✓ Vaccinations and more

If you are thinking of becoming pregnant or starting a family, please consider the following:

- Check that your cover includes pregnancy and birth related services.
- Ensure that you have served any relevant waiting periods.

If you are currently on a single or couple membership you will need to transfer to a family membership at least two months prior to your baby's birth. This will ensure that your baby is covered under your membership from their date of birth.

Families with kids



For families planning more children, or wanting top hospital and comprehensive extras cover.

Top Plus and Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over \$10,000 in available extras limits per person.

Top-level hospital cover:

- Our top hospital cover for complete peace of mind when planning a family
- ✓ Assisted reproductive services (e.g. IVF, GIFT)
- ✔ Pregnancy and birth related services
- ✓ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✔ Accidents
- \checkmark Hip and shoulder reconstruction
- ✓ Cataract and other lens surgery
- ✔ Rehabilitation services

Comprehensive extras cover:

- ✓ Over \$10,000 in extras limits per person
- ✓ More essential and major dental
- ✔ More optical
- ✔ More for physio, chiro and osteo
- ✔ Plus natural therapies coverage
- ✔ Plus HCF approved health management programs
- Higher limits and benefits for most services such as remedial massage, school accident cover and vaccinations
- ✔ Additional therapies and services
- ✓ Loyalty benefits (see page 30)

PLUS bonus Permanent Disability from Accident cover (see page 40)

If you are thinking of becoming pregnant or starting a family, please refer to 'Planning a family' on page 15.

For healthy families not planning any more children, wanting top hospital and generous extras cover.

Top Plus and General Extras Plus

Choose nil, \$150, \$250 or \$450 hospital excess. Over \$2,500 in available extras limits per person.

Top-level hospital cover:

✓ Same as above

Generous extras cover:

- ✓ Over \$2,500 extras limits per person
- ✓ Essential and selected major dental
- ✔ Optical
- ✓ High limits for physio, chiro and osteo
- ✓ Exercise physiology
- ✔ Remedial massage, acupuncture and more

For healthy families not planning any more children, wanting comprehensive hospital and extras cover.

Hospital Advanced Savings and Multicover

Choose \$250 or \$450 hospital excess. Over \$10,000 in available extras limits per person.

Comprehensive hospital cover:

- ✓ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✔ Accidents
- ✓ Shoulder reconstruction surgery
- ✔ Rehabilitation services

Comprehensive extras cover:

- ✓ Over \$10,000 in extras limits per person
- ✓ More essential and major dental
- ✓ More optical
- ✔ Plus natural therapies coverage
- ✔ Plus HCF approved health management programs
- ✓ More for physio, chiro and osteo
- Higher limits and benefits for most services such as remedial massage, school accident cover and vaccinations
- ✓ Additional therapies and services
- ✓ Loyalty benefits (see page 30)

PLUS bonus Permanent Disability from Accident cover (see page 40)





Singles & couples - 35 to 65



For those wanting top-of-the-range cover.

Top Plus and Super Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over **\$11,000** in available extras limits per person.

Top-level hospital cover:

- ✓ Our top hospital cover for complete peace of mind
- ✔ Hospital benefits (see page 22)
- ✓ Ambulance (see page 28)
- ✔ Accidents
- ✔ Pregnancy and birth related services
- ✓ Shoulder and knee reconstruction surgery
- ✓ Cataract and other lens surgery
- ✔ Rehabilitation services
- ✔ Gastric banding and obesity surgery
- ✔ Psychiatric services

Top-level extras cover:

- ✓ Over \$11,000 in extras limits per person
- ✓ More essential and major dental
- ✔ Dentures
- ✓ Even more optical
- ✔ Podiatry consultations
- ✔ Plus HCF approved health management programs
- ✓ Much higher limits and benefits for most services
- ✓ Loyalty benefits (see page 30)

PLUS bonus Permanent Disability from Accident cover (see page 40)

Ideal for singles and couples wanting top level hospital and comprehensive extras cover.

Top Plus and Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over \$10,000 in available extras limits per person.

Top Level hospital cover: Comprehensive extras cover: Over \$10,000 in extras limits per person Essential and major dental Optical Natural therapies coverage HCF approved health management programs High limits for physio, chiro and osteo W High limits for physio, chiro most services

Ideal for healthy and active singles and couples without dependent kids wanting tailored cover

– plus free overseas travel insurance.

Fit & Free

Choose nil or \$250 hospital excess. Over \$3,800 in available extras limits per person.

Comprehensive hospital cover:

- ✓ Hospital benefits (see page 22)
- ✓ Total and partial hip and knee joint replacement
- ✓ Cataract and other lens related procedures
- ✓ Dialysis for chronic renal failure
- ✔ Psychiatric services
- ✓ Ambulance (see page 28)

Tailored extras cover:

✓ Over \$3,800 in extras limits per person

✓ Additional therapies and services
 ✓ Loyalty benefits (see page 30)

- Essential and selected major dentalOptical
- ✔ Podiatry consultations
- ✔ HCF approved health management programs

More

- ✔ Physio, chiro and osteo
- ✔ Pharmacy and more
- ✓ Loyalty benefits (see page 30)

PLUS bonus Overseas travel insurance for persons under 75 (see page 44)

Complete peace of mind - over 65



Ideal for those wanting our top-of-the-range cover.

Top Plus and Super Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over **\$11,000** in available extras limits per person.

Top-level hospital cover:

- ✓ Our top hospital cover for complete peace of mind
- ✓ Hospital benefits (see page 22)
- ✓ Accidents
- ${m \prime}$ Total and partial hip and knee joint replacement
- ✓ Cataract and other lens surgery
- ✓ Dialysis for chronic renal failure
- ✔ Rehabilitation services
- ✔ Ambulance (see page 28)
- ✔ Gastric banding and obesity surgery
- ✔ Coronary care and more

Top-level extras cover:

- ✓ Over \$11,000 in extras limits per person
- ✓ More essential and major dental
- ✔ More dentures
- ✔ Loyalty rewards for crowns and bridges
- ✔ More optical
- ✓ More physio, chiro and osteo
- ✔ HCF approved health management programs
- ✔ More for podiatry consultations
- ✔ More for hearing aids
- Much higher limits and benefits on almost all other services such as pharmacy and blood pressure monitors
- ✓ Loyalty benefits (see page 30)

Our most popular top level hospital and comprehensive extras package.

Top Plus and Multicover

Choose nil, \$150, \$250 or \$450 hospital excess. Over **\$10,000** in available extras limits per person.

Top-level hospital cover:

✔ The same top hospital cover as above

Comprehensive extras cover:

- ✓ Over \$10,000 in extras limits per person
- ✓ Essential and major dental
- ✔ Dentures
- Optical
- ✓ Physio, chiro and osteo
- ✔ HCF approved health management programs
- ✔ Podiatry consultations
- ✓ Hearing aids
- ✓ High limits and benefits on almost all other services such as pharmacy and blood pressure monitors
- ✓ Loyalty benefits (see page 30)



Hospital benefits summary

	Top Plus	Fit & Free	Hospital Advanced Savings	Young Singles & Couples
Would be suitable for				
Singles & couples - under 35	V	V	V	V
Planning a family	V			
Families with kids	V		✓	
Singles & couples - 35 to 65	V	✓		
Complete peace of mind – over 65	V			
Available as hospital cover only (without extras)	Yes, with nil or \$450 excess	No	Yes, with \$450 excess	No
Available with extras cover	Yes, with Multicover or Super Multicover	Yes, with Fit & Free	Yes, with General Extras Plus or Multicover	Yes, with Young singles & couples cover
Excess	\$0, \$150, \$250, \$450	\$0, \$250	\$250, \$450	\$450
Example hospital procedures HCF participating private and public hospitals 🗸				
Accommodation, operating theatre, intensive care	v	✓	✓	V
Heart surgery	V	✓	✓	v
Physio & pharmaceuticals* related to admission	V	✓	✓	V
Removal of tonsils	· ·	✓	✓	✓
Removal of appendix	V	✓	✓	✓
Hernias	v	✓	✓	✓
Back surgery (e.g. slipped disc)	v	✓	✓	✓
Bowel surgery	✓	✓	✓	✓
Kidney stone & gall stone removal	✓	✓	✓	✓
Digestive disorders (e.g. stomach ulcers)	✓	✓	✓	✓
Govt. approved prostheses	✓	✓	✓	✓
Assisted Reproductive services (e.g. IVF, GIFT)	✓	Minimal benefits	Minimal benefits	Minimal benefits
Pregnancy & birth related services	✓	Minimal benefits	Minimal benefits	Minimal benefits
Psychiatric services	V	v	Minimal benefits	Minimal benefits
Total & partial hip and knee joint replacement	✓	✓	Minimal benefits	Minimal benefits
Cataract and other lens related surgery	✓	✓	Minimal benefits	Minimal benefits
Dialysis for chronic renal failure	✓	✓	Minimal benefits	Minimal benefits
Gastric banding and obesity surgery	V	'	'	Minimal benefits
Rehabilitation services	V	v	✓	Minimal benefits
Elective cosmetic surgery & podiatric surgery	Minimal benefits	Minimal benefits	Minimal benefits	Minimal benefits

Hospital waiting periods	
Psychiatric services	2 months
Rehabilitation services	2 months
Palliative care	2 months
Pre-existing ailments or conditions	12 months
Pregnancy & birth related services	12 months
All other hospital services	2 months

Extras waiting periods (Extras summary, see page 25)	
Health management programs	6 months
Orthodontics	
Oral surgery	
Occlusal therapy	
Endodontics	
Periodontics	
Dentures	
Dental crowns	12 months
Dental bridges	
Dental bleaching	
Prosthodontics	
Veneers	
Artificial appliances e.g. orthopaedic footwear/orthotics	
Pre-existing ailments or conditions	
Hearing aids	2 years
All other extras services	2 months

Waiting periods for Ambulance			
Emergency ambulance (where not for pre-existing ailments)	1 day		
Medically necessary non-emergency ambulance (where not for pre-existing ailments)	2 months		
Pre-existing ailments	12 months		

Extras benefits summary

		Benefits and annual limits (annual limits per person per calendar year, unless otherwise			ess otherwise spec	specified) Waiting periods for extras (see page 24)					
Service Category	Description	Super Multicov	ver er	Multicover		Fit & Free		General Extras I	Plus	Young Singles & C	Couples
	Examinations – general dentist	\$32 - \$76	2 services	\$30 - \$55	2 services	\$30 - \$55	2 services	\$30 - \$55	2 services	\$30 - \$55	2 services
Diagnostics	Examinations – specialist dentist	\$32 - \$76	1 service	\$30 - \$55	1 service	\$30 - \$55	1 service	\$30 - \$55	1 service	\$30 - \$55	1 service
	Single film x-rays – initial / subsequent	\$29/\$25	No limit	\$25/\$18	No limit	\$25/\$18	No limit	\$25/\$18	No limit	\$25/\$18	No limit
Preventative	Remove plaque & calculus	\$36 - \$63	2 services	\$33 - \$57	2 services	\$33 - \$57	2 services	\$33 - \$57	2 services	\$33 - \$57	2 services
rreventative	Application of fluoride	\$25	1 service	\$25	1 service	\$25	1 service	\$25	1 service	\$25	1 service
Fillings	Metallic and tooth coloured (direct)	\$97 - \$156	\$550	\$73 - \$118	\$550	\$73 - \$118	\$550	\$61 - \$115	\$400	\$61 - \$115	\$400
Orthodontics	Maximum accrual = lifetime limit for Orthodontist (General Dentist)	Accrues at \$440 per year. Up to \$2,6 (\$1,000 General Dent		Accrues at \$440 per year. Up to \$2,6 (\$1,000 General Den	540* for Orthodontist tist). ♥			Accrues at \$250 per year. Up to \$1,5 (\$1,000 General Den			
	Surgical extractions	\$160 - \$260		\$140 - \$220		\$140 - \$220		\$100 - \$170		\$100 - \$170	\$200
Oral surgery	Extractions	\$100 - \$130		\$80 - \$100		\$80 - \$100		\$60 - \$80	#2.22	\$60 - \$80	\$300
	Occlusal therapy	\$35-\$300	\$500	\$35-\$250	\$500	\$35-\$250	\$500		\$300		
Endodontic Services	Treatment of root canals	\$60 - \$170		\$50 - \$150		\$50 - \$150		\$38 - \$130			
Periodontic Services	Treatment of tissue around teeth	\$15 - \$305		\$10 - \$260		\$10 - \$260			'		
_	Complete dentures and components	\$25 - \$800	\$800 over 3 years	\$18 - \$800	\$800 over 3 years						
Dentures	Maintenance and repair	\$37 - \$200	\$200	\$29 - \$120	\$120						
Crowns & bridges	Preparation and placing	\$55 - \$635	\$800 - \$1,200 ♥	\$50 - \$625	\$800	\$50 - \$625	\$800				
g .	Spectacle frames	\$135	, , , , , , , , , , , , , , , , , , , ,	\$85	, , , ,	\$85	,	\$75		\$75	
Spectacles & contacts	Spectacle lenses - pair	\$130 - \$250	\$250	\$92 - \$180	\$220	\$92 - \$180	\$250	\$80 - \$140	\$180	\$80 - \$140	\$180
	Contact lenses - pair	\$140 - \$250	, , , , ,	\$140 - \$220	φ220	\$140 - \$220	,	\$140 - \$180	Ψ100	\$140 - \$180	Ψίου
	Psychology (after Medicare exhausted)	\$80 per visit	\$600	\$75 per visit	\$300	\$75 per visit	\$300	7210 7200		72,10 7200	
First / subsequent visits	Dietetics	\$55/\$40	\$350	\$45/\$35	\$300	\$45/\$30	-	-			
(unless otherwise specified)	Podiatry services	\$38/\$34	\$400	\$33/\$25	\$200	\$38/\$34	\$300 Max. \$200				
	Audiology	\$58/\$40	\$350	\$52/\$35	\$500 Max. \$200	\$52/\$35	for				
	Speech therapy	\$83/\$51	\$500	\$60/\$40	Audiology	\$60/\$40	Foot Orthotics	\$40/\$30			
	Occupational therapy	\$72/\$50	\$600	\$62/\$40	\$500	\$62/\$40		\$40/\$30	\$500		
	Chiropractic	\$42 visits 1-2, \$33 visits 3-11, \$18 visits 12+	\$600 - \$1,200 ♥ Max. \$600 each	\$32 visits 1-2, \$28 visits 3-11, \$14 visits 12+	\$600 - \$1,200 ♥	\$40 First visit, \$35 visits 2-6, \$20 visits 7+		\$28 visits 1-2, \$20 visits 3-11, \$10 visits 12+	Max. \$200 Speech	\$30 First visit, \$20 visits 2-6, \$10 visits 7+	
	Osteopathy	\$45 visits 1-2, \$35 visits 3-11, \$18 visits 12+	for Chiro, Osteo. Max. \$300	\$35 visits 1-2, \$29 visits 3-11, \$14 visits 12+	Max. \$600 each for Chiro, Osteo. Max. \$250 for EP	\$40 First visit, \$35 visits 2-6, \$20 visits 7+	\$600	\$30 visits 1-2, \$20 visits 3-11, \$10 visits 12+	Occupational Max. \$200 for EP	\$30 First visit, \$20 visits 2-6, \$10 visits 7+	\$350 Max. \$150 fo
	Exercise Physiology (EP)	\$40/\$33	for EP	\$30/\$28	Max. \$230 for Er	\$30/\$28		\$25/\$20		\$25/\$20	Remedial, Mass
	Physiotherapy	\$53 visits 1-2, \$38 visits 3-11, \$18 visits 12+	\$600-\$1,200 ♥	\$45 visits 1-2, \$32 visits 3-11, \$17 visits 12+	\$600-\$1,200 ♥	\$45 First visit, \$40 visits 2-6, \$22 visits 7+		\$33 visits 1-2, \$20 visits 3-11, \$10 visits 12+	Max. \$100 for Remedial, Massage, Myotherapy,	\$30 First visit, \$25 visits 2-6, \$10 visits 7+	Myotherapy, Acupuncture a
	Acupuncture / Chinese Herbal Medicine consultation (CHM)	\$40/\$25	\$600	\$30/\$17	\$200 Max. \$100 CHM	\$27/\$20		\$22/\$10	Acupuncture and CHM	\$25/\$20	CHM
	Remedial massage / Myotherapy	\$40/\$25	\$600 Max. \$250 per	\$30/\$17		\$27/\$20	\$300	\$22/\$10		\$25/\$20	
First / subsequent visit	Naturopathy / Nutrition consultation	\$40/\$25	therapy.	\$30/\$17	0222	\$27/\$20					
	Alexander Technique	\$40/\$25	Max. \$100 for CHM	\$27/\$20	\$200	\$27/\$20					
	Homoeopathy	\$40/\$25		\$27/\$17							
Travel & accommodation for hospital treatment	200km+ return trip	Up to \$100 per trip, per membership (\$30 per night accomodation)	\$400 (\$200 accomm. sublimit)	Up to \$100 per trip, per membership (\$30 per night accomodation)	\$400 (\$200 accomm. sublimit)						
HCF approved pharmacy	After PBS equivalent co-payment subtracted	Up to \$50 per script	\$700	Up to \$50 per script	\$600	Up to \$50 per script	\$500	Up to \$50 per script	\$500	Up to \$50 per script	\$200
Artificial aids	Approved appliances	\$20 - \$500	\$600	\$20 - \$500	\$500				_		
Hearing aids	Every 5 years (depending on length of membership)	Up to \$1,800	\$800-\$1,800 ♥	Up to \$1,600	\$600-\$1,600 ♥						
Health Management programs	HCF approved - single / family, couple	Up to \$200	\$200/\$400	\$150	\$150/\$300	\$200	\$200/\$400				
School accident Cover	Approved ancillary services only	Up to \$800	\$800	Up to \$800	\$800			Up to \$400	\$400		

^{*} Members receive \$1,720 for full upper and lower braces on Super Multicover and Multicover and \$1,200 on General Extras at a specialist orthodontist

[♥] Loyalty benefits. See page 30.

Stand alone products

"Hmmm – great assortment.

What if I just want a piece, and not the whole package."

Looking for protection from certain healthcare costs, but happy to pay your own way for others?

others?
Just pick and choose from our selection of stand-alone covers.

	PRODUCT	OPTIONS	COVERS YOU FOR			
	Hospital only	Top Plus (Nil or \$450 excess) or Hospital Advanced Savings (\$450 excess)	 Top Plus Top level hospital cover for peace of mind. Ambulance cover included (see below). Hospital Advanced Savings Comprehensive hospital cover for just in case. Ambulance cover included (see below). For more information see page 22, call us on 13 13 34 or visit www.hcf.com.au for a product summary 			
	Hospital only	Overseas Visitor Health Cover (Nil, \$500 or \$1,000 excess)	 Overseas Visitor Health Cover Designed for visitors to Australia with the right to work. It meets the requirements for health insurance for 457 visa applicants as set by the Department of Immigration. Top level hospital cover for peace of mind. Ambulance cover included (see below). Super Multicover and Multicover extras can be added to provide a comprehensive extras cover (see table page 25). 			
			For more information call us on 13 13 34 or visit www.hcf.com.au for a product summary.			
	Extras only	Multicover Only	 Multicover Only A comprehensive level of extras cover including: General dental, Orthodontics, Dentures, Crowns and bridges, Optical, Physiotherapy (annual limit \$600, loyalty benefits do not apply), Chiropractic and Osteopathy (annual limit \$500, loyalty benefits do not apply), Ambulance cover included (see below). For more information call us on 13 13 34 or visit www.hcf.com.au for a product summary.			
	Ambulance only	Ambulance Cover	 With all HCF hospital and/or extras covers you receive: Full cover for emergency ambulance services with State Government road or air services where you require hospital or on-the-spot treatment in Australia. Up to \$5,000 per person per calendar year for State Government medically necessary non-emergency ambulance services where your doctor requests ambulance transport because your condition requires monitoring and support in transit. Ambulance Cover is available without hospital or extras cover to residents of NSW, ACT, VIC, NT & SA. QLD and TAS residents are covered by their State Government schemes. Cover is not available to WA residents. For more information on Ambulance cover call us on 13 13 34 or visit www.hcf.com.au for a product summary. 			

Loyalty benefits **V**

More rewards for members

The longer you remain a member, the greater your extras benefits can become. On selected covers the amount you can claim for many of our extras benefits will increase each year up to a maximum limit to reward your loyalty to HCF. These increased limits are outlined below.

Waiting periods apply when you join, upgrade your cover, reduce your excess or rejoin after a break in cover. Waiting periods also apply to new dependants unless switching from another fund or policy where they've served equivalent waiting periods.

Orthodontics				
Products	Loyalty limits			
Super Multicover and Multicover	Limits accrue at \$440 per year up to \$1,000 for a general dentist or \$2,640 for treatment by an orthodontist (per lifetime).			
General Extras Plus	Limits accrue at \$250 per year up to \$1,000 for a general dentist or \$1,500 for treatment by an orthodontist (per lifetime).			

Note: Loyalty benefit applies whether extras product is stand-alone or packaged with hospital.

Physiotherapy, Chiropractic, Osteopathy and Exercise Physiology		
Products	Loyalty limits	
Super Multicover and Multicover	Limits accrue at \$120 per year up to \$1,200. Sublimits apply for chiropractic, osteopathy and exercise physiology.	

Note: Loyalty benefit only applies when these extras product are taken with a hospital product.

Hearing aids			
Products	Length of membership	Loyalty limits	
Super Multicover	Up to 2 years 2 and up to 5 years 6-9 years 10-14 years 15-19 years 20+ years	Nil \$800 \$1,100 \$1,400 \$1,800 \$1,800	
Multicover	Up to 2 years 2 and up to 5 years 6-9 years 10-14 years 15-19 years 20+ years	Nil \$600 \$800 \$1,000 \$1,200 \$1,600	

Note: Loyalty benefit applies whether extras product is stand-alone or packaged with hospital.



Things you need to know

Pre-existing ailments or conditions

A pre-existing ailment, illness or condition is one where the signs or symptoms existed during the six months before a member joined or upgraded to a higher level of cover, even though a diagnosis may not have been made.

If there is any doubt as to whether an ailment or condition is pre-existing, a medical practitioner appointed by HCF will examine information provided by your doctor, together with other relevant claim details.

Important considerations – hospital cover

In-patient services

Hospital benefits are payable when you're admitted to hospital for treatment. These are called 'in-patient' services, and only in-patient services are covered by your hospital cover.



Minimal benefits

What do we mean by 'Minimal benefits'?

If you choose a product which has Minimal benefits for some procedures (such as pregnancy and birth-related services), then you'll be covered in a public hospital shared room, but your private hospital costs won't be fully covered.

This means you may face significant personal expense if you have any of these procedures in a private hospital.

For procedures attracting Minimal benefits in a private hospital, HCF would:

- Pay a small amount towards your accommodation;
- Pay for government approved prosthesis list items; and
- Not pay operating theatre expenses, or labour ward charges.

In addition, there are some services where doctor's charges are not payable (for example, elective cosmetic surgery and surgery by an accredited podiatrist). For these, HCF will only pay a very small amount towards the total cost of the procedure (and no doctor's charges). This only applies to services which do not attract a benefit from Medicare.

What's not covered or included

There are a number of situations where HCF health insurance does not cover you:

- Claims made two years or more after date of service.
- When you or your dependants have the right to recover the costs from a third party other than us, including an authority, another insurer (e.g. motor

- vehicle or workers compensation), or under an employee benefit scheme.
- Treatment for pre-existing ailments or conditions.
- Goods and services received during any period where your payment is in arrears, your membership is suspended or you are within waiting periods.
- Treatment that we deem inappropriate or not reasonable, after receiving independent medical or clinical advice.
- Any service where the treatment does not meet the standards in the Private Health Insurance Accreditation Rules 2008 or as amended.
- Services that are not delivered face to face, such as online or telephone consultations, unless you are participating in one of our chronic disease management or health improvement programs such as My Health Guardian.
- Goods or services supplied by a provider not recognised by us.
- Goods or services provided outside Australia which do not meet the requirements under the Act.

In addition, HCF hospital cover does not include:

- Medical Gap and hospital benefits for excluded items or procedures and/ or when the claim is not approved for payment by Medicare.
- Private room accommodation for same-day procedures.
- Experimental treatments.
- Experimental and high cost non-PBS drugs.
- Procedures normally performed in the doctor's surgery or as an outpatient.
- Private hospital emergency room fees.
- Respite care.

PLEASE NOTE

this is not a comprehensive list of items not covered under hospital or extras cover. Please call 13 13 34 to check what you are covered for prior to going to hospital or for treatment.

- Nursing home-type patients are limited to benefits set by the Commonwealth Department of Health and Ageing.
- Special nursing i.e. your own private nurse.
- Luxury room surcharge.
- Donated blood and blood products and donated blood collection and storage.
- PBS pharmaceutical benefits in nonparticipating private hospitals.
- Pharmaceuticals (including PBS pharmaceuticals benefits) and other sundry supplies not directly associated with the reason for admission.
- Take home items e.g. crutches, toothbrushes and drugs.
- Personal convenience items e.g. phone calls newspapers, magazines and beauty salon services.
- Massage and aromatherapy services.
- Some services provided while in hospital by non-hospital providers.
- Where a service is excluded from the payment of benefits in a hospital, any associated items (e.g. medical gap, prosthesis, pharmacy) are also excluded.
- The gap on government approved prostheses in non-participating private hospitals.
- The gap on government approved gap-permitted prostheses items.

Things you need to know

In addition, HCF extras cover does not include:

- Psychological and developmental assessments. Where psychology is included in your cover, psychology treatment is only payable when your GP has prescribed a Mental Health Plan under Medicare and your psychology entitlements from Medicare for that year are exhausted.
- Goods and services while a hospital patient except for eligible oral surgery.
- Pharmacy items that are not on our Approved Pharmacy list e.g. items listed on the PBS, items prescribed without an illness, items that are available without a prescription, or items that are not TGA approved.
- Goods or services that had not been provided at time of claim e.g. prepayment.
- Fees for completing claim forms and/or reports.
- Goods and/or services received overseas or purchased from overseas including items sourced over the internet.
- Where no specific health condition is being treated or in the absence of symptoms, illness or injury.
- Routine health checks, screening and mass immunisations.
- More than one therapy service performed by the same provider in any one day.
- Co-payments and gaps for government funded health services e.g. the copayment for PBS items.
- Where a provider is not in an independent private practice.

- More than one of the following therapies received on the same day (physiotherapy, chiropractic and osteopathy).
- Claims that do not meet our criteria.

Who can be covered?

Prior to taking out health insurance, please make sure you understand who can be covered under your policy.

Detailed information of who can be covered under your policy can be found in the HCF Member Guide or at www.hcf.com.au. Follow the link to the FAQ's section and look under 'who does my membership cover'.

Cover for your dependants

Your children are automatically covered at no extra cost under your family cover until the day before they turn 22, provided they are not married or in a defacto relationship.

If your children are full-time students aged between 22 and 24, are not married or in a defacto relationship and are primarily reliant on you for maintenance and support, you can register them as Student dependants, and they will be covered for no extra cost until the day before they turn 25.

If your children are not full-time students, you can also continue to cover them until they turn 25 with extended family cover, provided they are not married or in a defacto relationship. You can take out this cover for a surcharge of about 25% of your existing premium.

Extended family cover is available with Hospital Advanced Savings or Top Plus.

Three ways your rights are protected

1. Private Health Insurance Code of Conduct

HCF supports the Private Health Insurance Code of Conduct by ensuring:



- You receive correct information about private health insurance
- You are aware of the internal and external dispute resolution procedures
- You can make an informed decision about your purchase through informative policy documentation
- You are protected in accordance with the privacy principles.

For a full copy of the code, visit www. privatehealth.com.au/codeofconduct.php

2. Private Patients Hospital Charter

HCF also supports the Private Patients Hospital Charter, which outlines what members can expect from doctors, hospitals and their health fund. For a copy of the Charter, phone 13 13 34 or visit the Private Health Insurance section for consumers at www.health.gov.au.

3. Private Health Insurance Ombudsman

Should any problem arise concerning your HCF membership, contact us directly so that it can be resolved as quickly as possible. An Internal Dispute Resolution Officer has been appointed to independently review complaints. If your complaint is not dealt with satisfactorily, you can also contact the Private Health Insurance Ombudsman, an independent body formed to help resolve complaints and provide advice and information.

To contact the Ombudsman:

Call 1800 640 695 Visit www.phio.org.au Write to Private Health Insurance Ombudsman, Suite 2202, 580 George St, Sydney NSW 2000.



Australian Government rebate, surcharge and incentive

Australian Government Rebate on private health insurance

The Australian Government provides an income tested rebate to help make private health cover more affordable.

While most people will receive the full rebate, income testing will reduce the rebate for singles earning \$84,001 and over per year and couples/families earning \$168,001 and over combined per year.

The rebate levels range from:

- 0-30% for people aged below 65
- 0-35% for people aged 65-69
- 0-40% for people aged 70 and above.

The rebate is available to people with hospital, extras or ambulance cover, and registered with Medicare.

You can elect to take the rebate either as:

• a reduced premium; or

- a cash rebate from a Medicare office; or
- a tax offset credit in your annual tax return.

Using the table below, work out your tier to see how the changes will affect you. To avoid a potential tax liability, contact us and tell us which tier you are in so we can adjust your rebate.

We will issue you with a Private Health Insurance Statement after the end of each financial year, which advises your rebates received or rebates you may be entitled to claim.

Medicare Levy Surcharge

The Medicare levy surcharge is an Australian Government initiative designed to encourage high income earners to take responsibility for their health care.

	INCOME			
Type of Member	No change	Tier 1	Tier 2	Tier 3
Singles	\$84,000 or less	\$84,001 - \$97,000	\$97,001 - \$130,000	\$130,001 or more
Families*	\$168,000 or less	\$168,001 - \$194,000	\$194,001 - \$260,000	\$260,001 or more
Age^	REBATE			
Under 65	30%	20%	10%	0%
65-69	35%	25%	15%	0%
Over 70	40%	30%	20%	0%
SURCHARGE				
All ages	0.0%	1.0%	1.25%	1.5%

^{*}For families with more than one dependent child, the relevant threshold is increased by \$1,500 for each child after the first child. ^ If calculating for families, the eldest family member's age is taken.

It applies to those earning a taxable income \$84,001 and over per year for singles and \$168,001 and over for couples/families.

For families, the incomes threshold is increased by \$1,500 per child, after the first child, e.g. a family with two children can earn \$169,500 before the surcharge applies (these thresholds are as at 1 July 2012).

If you don't hold private hospital cover and you're classified as a higher income earner, from 1 July 2012, you may be charged up to an additional 1.5% surcharge (of your taxable income) on your Medicare levy when your tax return is assessed.

Please see the table for more details.

When calculating your income for the above purposes you need to include taxable income, fringe benefits, reportable superannuation contributions, net financial investment loss and more. Please consult the Australian Taxation Office at www.ato.gov.au for further information on what counts as declarable income.

Members are strongly advised to seek independent financial taxation advice when calculating the above.

Lifetime Health Cover

Lifetime Health Cover (LHC) is an Australian Government initiative designed to reward life-long membership of private health insurance.

A person who takes out hospital cover by 1 July following their 31st birthday, and maintains this cover, will be charged lower insurance costs throughout their life than someone who takes out hospital cover after 1 July following their 31st birthday. For each year their age exceeds 31, a person will pay an additional 2% loading on their standard premium, up to a maximum of 70%.

For example, Bob turned 31 on 1 August 2010 and only took out hospital cover on 4 July 2011. As Bob was 31 at 1 July 2011, he will pay an additional loading of 2% on his standard premium.

If you held private hospital cover at 1 July 2000, and have continued to hold it, you will not be affected.

If you are 31 or over, cancelling your hospital cover will have an effect on your LHC status.

Members who have paid an LHC loading on their private health insurance for 10 continuous years, will be entitled to have the loading removed.

People who benefit from the removal of the loading, and then leave private health insurance to rejoin in the future, will be subject to the LHC loading at the rate that would have applied had the loading not been removed.

We will issue a yearly policy summary in July, which will outline your level of cover and LHC status.

For further details, visit www.hcf.com.au, come into one of our branches, call us on 13 13 34 or email service@hcf.com.au.

Cash Assist

Cash Assist provides greater cover

Now that you've selected the right hospital and extras options, you should think about topping up your cover with one or more of these Cash Assist options. They offer you cash assistance to help you recover from accidents and illnesses.

You can choose an option that protects your kids, too.

Combined Product Disclosure Statement and Financial Services Guide

Product Disclosure Statement

This is a Product Disclosure Statement for Cash Assist insurance products and the Bonus \$10,000 Permanent Disability from Accident Benefit sold by HCF and issued by HCF Life Insurance Company Ptv Limited.

Cash Assist options are available to permanent Australian residents between 16 and 60 with the exception of Kids' Accident Cover which is available for children under 17.

Kids' Accident Cover (KAC)

Only \$3.90 per child per month.

Pays up to \$100,000 if your child (under 17) is accidentally injured, 24 hours a day, anywhere in Australia provided the accident results in impairment immediately or permanent disability within six months. The sum is paid regardless of any liability or damages claimed and covers impairments detailed in the table opposite.

Kids' Accident Cover Benefits

	Benefits
Imana: mmanata	\$100,000 Maximum
Impairments	Maximum
Broken or fractured bones	
Skull	Ф2 222
- compound or depressed fracture	
hairline fracture	\$1,000
Spine	
– fractured vertebrae	\$2,000
chipped vertebrae	\$400
Neck	\$2,000
Hip, pelvis or jaw	\$1,500
Leg, ankle or knee	
compound (open)	\$1,000
- simple (closed)	\$500
Shoulder or cheekbone	\$600
Arm, elbow or wrist	
compound (open)	\$500
- simple (closed)	\$250
Ribs	\$500
Nose or collarbone	\$400
Foot other than toe	\$200
Hand (other than finger or thum)	5) \$200
Burns	
second degree	\$400
– third degree	\$650
Wounds	
requiring more than three stitche	s
– per stitch	\$10
Internal injuries	
Rupture of internal chest or abdo	
organ	\$500
Permanent disabilities	
Total and permanent paralysis of	all limbs

\$100,000

Total and permanent paralysis of	both legs
and the lower part of the body	\$50,000
Permanent loss of all sight in	
both eyes	\$50,000
Permanent loss of all sight in	
one eye	\$3,000
Permanent and total loss of use	
of both hands or both feet	\$30,000
Permanent and total loss of use	
of one hand or one foot	\$3,000
Permanent loss of all hearing	
in both ears	\$50,000
Permanent loss of all hearing	
in one ear	\$3,000
Permanent and total loss of use	
of one thumb of either hand	\$500

Cash Back Cover

Only \$4.30 for singles OR \$8.65 for families per month.

Pays you a cash benefit of \$2,500 if you or any person covered by your membership suffers an accident that requires surgery in an operating theatre within six months of the date of the accident.

You also receive \$2,500 for malignant cancer, chronic kidney failure, heart disease requiring bypass surgery, heart attack, stroke, or any disease requiring a major organ transplant.

A maximum of \$10,000 is payable for single cover and \$20,000 for family cover if you or your family have a number of accidents or illnesses during the life of the policy.

Permanent Disability Benefit Plus

Only \$4.30 for singles OR \$8.65 for families per month.

Pays you a cash benefit in the event you or any person covered by your membership has an accident which results in one of the disablements listed in the following table. Up to \$100,000 is paid for you and your spouse, and up to \$10,000 is paid for each of your children. A maximum of \$100,000 for singles and \$200,000 for families is payable during the life of the policy.

The disablement must occur within six months of the date of the accident.

Plus your HCF contributions will be paid up to \$1,000 for singles and \$2,000 for families if you are unable to work due to accident, sickness or involuntary unemployment.

Permanent Disability Benefit Plus benefits

Disablement	Benefit	
	Contributor or spouse	Other persons
Total and permanent paraly of all limbs	\$100,000 sis	\$10,000
Total and permanent paraly of both legs and to part of the body		\$10,000
Permanent loss of all sight in both	\$100,000 n eyes	\$10,000

Cash Assist 4

Permanent loss	\$50,000	\$5,000
of all sight in one	eye	
Permanent and	\$100,000	\$10,000
total loss of use of	both	
hands or both fee	t	
Permanent and	\$50,000	\$5,000
total loss of use of	one	
hand or one foot		
Permanent loss	\$100,000	\$10,000
of all hearing		
in both ears		
Permanent loss	\$50,000	\$5,000
of all hearing in o	ne ear	
Permanent and	\$40,000	\$4,000
total loss of use of	one	
thumb of either h	and	

Bonus \$10,000 Permanent Disability from Accident Benefit

If you choose a package with Multicover or Super Multicover, you will be covered for a benefit of \$10,000 if you are permanently and totally disabled in an accident that occurred after your cover commenced. Cover is provided by a group policy issued by HCF Life and copies are available on request.

To be able to claim, at the time of the accident you must:

- Be in paid employment
- Be under the age of 65
- Not have suffered the disablement as a result of drug or alcohol abuse, professional sport or deliberate self-injury

- Not be covered for the accident by workers compensation or third party liability insurance
- Not be receiving a discount under a corporate group plan.

Totally and permanently disabled means the disablement has lasted for at least 12 months and will completely prevent you, for the rest of your life, from engaging in any occupation for which you are suited by your education, training or experience.

You do not pay a premium in respect of the bonus \$10,000 accident benefit as this benefit is provided at no extra cost.

Exclusions

For all these 'Cash Assist' products, benefits are not paid for:

- Pre-existing conditions
- Events on or before the first day of cover
- Events that occur outside Australia
- Professional sport, military service, racing or private aviation
- War, hostility, civil commotion, terrorism or insurrection
- Events resulting from intentional selfinjury, illegal acts and drugs or alcohol.

For each of these products, benefits are not paid (NP) for certain additional events:

Insure your income if you're unable to work due to illness or injury.

Ask about our Income Assist Insurance by calling 13 13 34 or visit www.hcf.com.au

Event/reason for claim	Kids Accident Cover	Cash Back Cover	Permanent Disability Benefit Plus
Condition within first two months of cover		NP	
Conditions covered by workers compensation, third party insurance or social security benefits		NP	NP
Surgery for diagnostic purposes or not in an operating theatre		NP	
AIDS	NP	NP	
Intentional act by adult person living with child	NP		
Event resulting in death within seven days	NP		NP

For HCF Contributions Insurance

the contributions component of the Permanent Disability Benefit Plus benefits is not paid for:

- The first 30 days you are not working
- Pregnancy, childbirth, infertility, contraceptive procedures and related conditions
- AIDS
- Events resulting from intentional selfinjury, illegal acts and drugs or alcohol
- Events that occur outside Australia or within the first two months of cover
- Pre-existing conditions in the first 12 months of cover
- Unemployment in the first 12 months with your employer.

When cover ceases

Cash Assist policies and Bonus Permanent Disability from Accident Benefit expire when the total amount payable has been paid or when your premiums fall two months in arrears. With the exception of Kids' Accident Cover, where benefits expire at age 17, all Cash Assist policies and the Bonus Permanent Disability from Accident Benefit provide cover up to age 65.

Premiums

Premiums may only increase if this applies to all policyholders for the product and we will provide one month's notice to you. Your premium will also include any stamp duty charged by your state government, as well as any taxes that may be levied by state and federal governments.

Additional information

Select any of these options on your HCF application and you will promptly receive a Policy Document with full details on your benefits.

Cash Assist 43

A copy is available upon request. Your cover is automatic once we receive your application and payment instructions.

You have 30 days to review your policy. Should it not meet your needs, simply advise us in writing to cancel the policy and you will receive a full refund, provided you have not made a claim.

Taxation

Usually premiums are not tax deductible and benefits are paid free of personal tax. This is a general statement based on present laws and their interpretation. Individual circumstances may vary and you should consult a professional tax adviser in relation to your individual circumstances.

Protecting your privacy

For information on the HCF Group Privacy Policy, please see page 46.

Protecting your rights

If you have a complaint about your HCF Life policy, please contact our Policy Service Team on 13 13 34 and we will attempt to resolve it promptly. If you are dissatisfied with our response, you can contact the Financial Ombudsman Service. This is an independent body that is available to you free of charge.

The Service's address is: The Financial Ombudsman Service, GPO Box 3, Melbourne VIC 3001.

The phone number is 1300 78 08 08.

The Hospitals Contribution Fund of Australia Limited ABN 68 000 026 746 AFSL No. 241 414 403 George Street Sydney Telephone 13 13 34 Dated: 22 June 2012

Financial Services Guide

This Financial Services Guide (FSG) relates to the services provided by HCF in relation to the Cash Assist options and the Bonus \$10,000 Permanent Disability from Accident Benefit issued by HCF Life Insurance Company Pty Limited.

This guide is designed to assist you in deciding whether to use any of the services offered by HCF relating to the HCF Life products as set out in this FSG. It contains information about remuneration paid to HCF and its staff for the services offered and how complaints against HCF in relation to these services are dealt with.

If HCF offers or arranges to issue you with any of these products we will provide you with a Product Disclosure Statement relating to that product.

This sets out the significant features of the product and will assist you to compare and make informed decisions about the product.

HCF provides general advice about the suitability of these products for the needs of members. This means we do not take account of individual objectives, financial situation or needs. You should, before acting on that advice, consider the appropriateness of the advice, having regard to your objectives, financial situation or needs. Please read the Product Disclosure Statement before deciding to purchase any of these products.

HCF is licensed to provide general advice about, and arrange the issue of, life and general insurance products. HCF Life is a wholly owned subsidiary of HCF. When HCF issues you with a policy for a Cash Assist option, we do so under a binder that authorises us to enter into that contract of insurance on behalf of HCF Life.

The bonus \$10,000 Accident Benefit is provided by HCF Life through a group policy issued to HCF. You do not pay a premium in respect of the bonus \$10,000 accident benefit as this benefit is provided at no extra cost as part of Multicover and Super Multicover.

HCF Life receives the premiums paid for the Cash Assist options. HCF receives monthly commissions from HCF Life in relation to the Cash Assist options: 40% of the first year's premium, plus an additional commission of 80% of HCF Life's underwriting profit each financial year, calculated as premiums less claims and expenses. HCF staff receive an incentive depending on the number of Cash Assist option policies they sell.

This will not exceed 20% of the first year's premium. HCF Life receives an annual premium of \$2.34 per single and \$4.68 per family from HCF for the bonus \$10,000 Accident Benefit. This is paid by us and is not an extra cost to you. HCF is a not-for-

profit organisation and all of the income it receives is applied for the benefit of its members.

HCF and HCF Life are each responsible for the entire contents of this Combined Financial Services Guide (FSG) and Product Disclosure Statement.

HCF holds Professional Indemnity insurance that complies with the compensation requirements of Section 912B of the Corporations Act. This includes cover for claims in relation to the conduct of representatives and employees who no longer work for HCF, but who did at the time of the relevant conduct.

Should you have a complaint about any of the services HCF offers in relation to the HCF Life products in this FSG please contact us on 13 13 34 and we will endeavour to resolve it as quickly as possible. If we have not resolved your complaint within 45 days or you are not satisfied with our response, you can contact the Financial Ombudsman Service on 1300 780 808 or by post at GPO Box 3, Melbourne VIC 3001.

This is an independent body available to you free of charge.

The Hospitals Contribution Fund of Australia Limited ABN 68 000 026 746 AFSL No. 241 414 403 George Street Sydney Telephone 13 13 34 Dated: 22 June 2012

More insurance options

More financial protection for you, your family, even your pets.

Medical Trauma Insurance

When a serious accident or illness strikes, the cost goes far beyond medical care. You want cash in hand to keep bills at bay, hold on to what's precious, and be able to concentrate on getting better.

HCF Medical Trauma Insurance is a simple, low-cost policy that pays you an extra cash lump sum – your choice of \$25,000 or \$50,000 – in the event of serious illness or accident.

Medical Trauma Insurance includes:

- Cover for over 40 major medical conditions
- No complex questionnaires or medical examinations
- Available to Australian permanent residents aged 18 to 54
- An ideal complement to your HCF private health cover and Medicare.

Get the details

We recommend that you read the Medical Trauma Insurance Product Disclosure Statement which is available by calling 13 13 34 or visit www.hcf.com.au/medicaltrauma before deciding to buy or continue to hold this product.

Medical Trauma Insurance is issued by HCF Life Insurance Company Pty Ltd.

HCF Travel Insurance

When you travel overseas, Australian health cover does not protect you.

As an HCF member, you get 10% off HCF International Travel Insurance. It provides:

- Worldwide emergency assistance
- A range of benefits for overseas medical and hospital expenses
- Legal assistance
- Compensation for journey delays or lost luggage, and more.

Get the details

We recommend that you read the Travel Insurance Product Disclosure Statement and Financial Services Guide which is available by calling 13 13 34 or visit www.hcf.com.au before deciding to buy or continue to hold this product.

The HCF Travel Insurance Policy is issued by QBE Insurance (Australia) Limited (ABN 78 003 191 035) (AFSL 239 545) (QBE).

BONUS

Fit & Free (see page 19) includes FREE travel insurance for persons under 75

The Hospitals Contribution Fund of Australia Limited (HCF) has obtained overseas travel insurance under a Master Policy issued by Chartis Australia Insurance Limited (Chartis), ABN 93 004 727 753, AFSL 381686. It is intended that this overseas travel insurance cover will remain in place while you remain a Fit & Free policy holder; however we reserve the right to remove or alter the cover by giving you 30 days notice. The terms, conditions and exclusions of the overseas travel insurance are specified in the Fit & Free overseas travel insurance 'Conditions of Use' and may be amended from time to time. The 'Conditions of Use' document must be reviewed to ensure that the overseas travel insurance meets your needs. The 'Conditions of Use' document is available at www.hcf.com.au/fitandfree or by calling 13 13 34.

HCF Pet Insurance

As an HCF member you also get 10% off HCF Pet Insurance. If your dog or cat is suddenly or unexpectedly injured or becomes ill, pet insurance can help pay for veterinary expenses.

- Choice of two comprehensive covers
- Up to 80% of covered veterinary expenses (less an annual excess that you choose) Visit www.hcf.com.au/petinsurance for more information.

Get the details

We recommend that you consider the Pet Insurance Product Disclosure Statement and Financial Services Guide which is available by calling 1800 630 681 or visit www.hcf.com.au/petinsurance before deciding to buy or continue to hold this product.

HCF Pet Insurance is issued by The Hollard Insurance Company Pty Ltd (Hollard). (ABN 78 090 584 73, AFSL 241 436)

PLEASE

be sure to read and consider the Product Disclosure Statement for each product to make sure it's right for you. Your privacy

Branches

Your privacy is protected

HCF Privacy Policy

HCF is committed to best practice privacy protection.

HCF collects your personal information so that we can comply with laws, manage our relationship with you, record your treatment, provide health insurance and related products and services to you, assess your insurance, health and related lifestyle needs, investigate fraudulent or improper claims, develop products and services that may better serve those needs, and assess your possible interest in such products and services.

The types of organisations to whom we disclose personal information include:

- Health service providers, if it is used to improve their ability to provide you with health services
- Research companies contracted to HCF to ask your opinion on improving HCF's service, benefits or product offerings
- Australian Government agencies.

Each of these organisations is required to keep your personal information confidential. You may request information we have collected about you by calling us on 13 13 34. HCF reserves the right to charge a reasonable cost for processing your request including photocopying, administration and postage.

How HCF collects, uses and keeps your personal information secure is described in the HCF Privacy Policy.

To view the HCF Privacy Policy:

- Visit the HCF website www.hcf.com.au
- Visit your local branch
- All new HCF members will receive a copy of the privacy policy with their membership card.

PLEASE

read and retain this brochure for future reference. However, note that some of the information in this brochure may be incorrect due to product changes, which may have occurred since it was printed.

Please contact HCF on 13 13 34 prior to purchasing any HCF products to ensure that you have the latest information available.

HCF reserves the right to make changes to prices, product specifications and other conditions relating to the products contained in this brochure.

Adelaide

Shop 1 49 Gawler Place Adelaide SA 5000

Albury

Shop 8 495-499 Dean Street Albury NSW 2640

Armidale

186 Beardy Street Armidale NSW 2350

Bankstown

Level 2, Centro Bankstown Stacey Street Bankstown NSW 2200

Bathurst

117 George Street Bathurst NSW 2795

Bega

201 Carp Street Bega NSW 2550

Belconnen

Shop 138 Westfield Belconnen Belconnen NSW 2617

Blacktown

Shop 3005 Westpoint Shopping Centre Blacktown NSW 2148

Bondi Junction

438 Oxford Street Bondi Junction NSW 2022

Bowral

Shop 3, Corbett Plaza 14 Wingecarribee Street Bowral NSW 2576

Brisbane

Shop G7/8 MacArthur Central Cnr. Queen and Edward Street Brisbane QLD 4000

Brookvale

Cnr Pittwater Road & Condamine Street Brookvale NSW 2100

Burwood

99 Burwood Road Burwood NSW 2134

Campbelltown

Shop 69 Campbelltown Mall 271

Queen Street Campbelltown NSW 2560

Canberra

128 Bunda Street, Civic Canberra NSW 2601

Castle Hill

Shop 459 Castle Towers Castle Hill NSW 2154

Chadstone*

Chadstone Shopping Centre 1341 Dandenong Road Chadstone VIC 3148

Charlestown

Level 1, Shop 121A Charlestown Square Charlestown NSW 2290

Chatswood

Level 2, Shop 254 Westfield Chatswood Chatswood NSW 2067

Chermside*

Level 1, Westfield Chermside Cnr Gympie and Hamilton Roads

Chermside QLD 4032

Coffs Harbour
3 Harbour Drive
Coffs Harbour NSW 2450

Cootamundra

214 Parker Street Cootamundra NSW 2590

Deniliquin

1B 344 Cressy Street Deniliquin NSW 2710

Doncaster*

Ground Level Westfield Doncaster 619 Doncaster Road Doncaster VIC 3108

Dubbo

244 Macquarie Street Dubbo NSW 2830

Erina

Shop T62 Erina Fair Erina NSW 2250

Garden City*

Lower Ground Crn Logan & Kessels Roads Upper Mt Gravatt QLD 4122

George Street

403 George Street Sydney NSW 2000

Grafton

Shop T68 Shoppingworld (The Link) 52-74 Fitzroy Street Grafton NSW 2460

Griffith

370 Banna Avenue Griffith NSW 2680

Hornsby

Shop 2 16 Hunter Street Hornsby NSW 2077

Hurstville

237 Forest Road Hurstville NSW 2220

Leeton

76 Pine Avenue Leeton NSW 2705

Lismore

89 Molesworth Street Lismore NSW 2480

Liverpool

Shops 21 & 22 Liverpool Plaza 165 Macquarie Street Liverpool NSW 2170

Maitland

411 High Street Maitland NSW 2320

Marion*

Level 2, 297 Diagonal Road Oaklands Park Marion SA 5046

Melbourne

330 Collins Street Melbourne VIC 3000

Miranda

Shop 1005, Westfield Miranda The Kingsway Miranda NSW 2228

North Ryde

Shop 50, Macquarie Centre Herring Road North Ryde NSW 2113

North Sydney

P47, Northpoint Centre 100 Miller Street North Sydney NSW 2060

Nowra

Shop 2 Nowra Mall Kinghorne Street Nowra NSW 2541

Orange

Cnr Summer & Anson Streets Orange NSW 2800

Pagewood

Shop 179 Westfield Eastgardens Eastgardens NSW 2035

Parramatta

Shop 1139/1140 Westfield Parramatta Parramatta NSW 2150

Penrith

Shop 2 Riley Street Penrith NSW 2750

Port Macquarie

Shop 50 Port Central 40-42 Horton Street Port Macquarie NSW 2444

Robina*

Level 3 Robina Town Centre Robina Town Centre Drive Robina QLD 4226

Roselands

Shop F16 Roselands Shopping Centre Roselands NSW 2196

Southland*

Level 1 Westfield Southland 1239 Nepean Highway Cheltenham VIC 3192

Tamworth

Shop 3 City Plaza Peel Street Tamworth NSW 2340

Tweed Heads

Shop 26 Tweed Mall Tweed Heads NSW 2485

Wagga Wagga

Shop 28, Sturt Mall Wagga Wagga NSW 2650

Woden

Shop 35 Westfield Woden Woden NSW 2606

Wollongong

140 Crown Street Mall Wollongong NSW 2500

^{*}These branches do not accept cash payments for premiums or pay cash for claims.

How to join

Ready for MORE benefits, cover and savings and LESS worry, all at an affordable price?

Then get more by joining HCF.

To apply:

- **CALL** 13 13 34 between 8am and 8pm, Monday to Friday, or 9am-5pm on weekends (AEST).
- **VISIT** any one of our 50 branches. See www.hcf.com.au to find a location near you.
- JOIN ONLINE at www.hcf.com.au
- **COMPLETE** the attached application form.
- **ASK** one of our sales representatives to come to your workplace by emailing corporatesales@hcf.com.au



Want MORE from your current fund? Making the switch couldn't be simpler.

We'll take care of all the paperwork for you. Say goodbye to your current fund and enjoy the benefits of HCF cover with no additional waiting periods for similar levels of cover.

Just call 13 13 34 to find out how.





The Hospitals Contribution Fund of Australia Limited. ABN 68 000 026 746 HEAD OFFICE: 403 George Street, Sydney NSW 2000 Telephone: 13 13 34. Postal Address: GPO Box 4242, Sydney NSW 2001 Email: service@hcf.com.au Internet: www.hcf.com.au

HCF Online Application for health insurance	-
(Please mark 'X') Join HCF health fund – new to private health insurance (complete sections 1-8 Add people to my membership (complete sections 1, 2 and 8) Change my level of cover (complete sections 1, 3 and 8) Change my payment details (complete sections 1, 6 and 8)	5 d.y .=
HCF Membership No.	Rate code
a) Your personal details (PLEASE USE CAPITAL LETTERS AND A BLATO be completed by the Policyholder – see section 8 for definition Title First name Surname See M Home address: Unit No. Street No. Street name Phone - home Phone - work Postal address (if different from your home address) Suburb Email Date of birth (DD MM YYYY) Date you wish your membership to commen	Middle initial ((Please mark 'X') F State Postcode Mobile State Postcode
b) Choose your cover requirement (Please mark 'X') Couple/Family (go to Section 2) Single Parent Family (go to Section 2) Extended Family Cover (which include Top Plus or Savings) (go to Section 2)	Hospital Advanced Single (go to Section 3)
Other persons to be covered (Use another form if space is insufficiently out are unsure of who can be covered on your membership, please see First name Surname Date of birth (DD MM YYYY) Sex (Please mark 'X') M F Relationship	
Surname Date of birth (DD MM YYYY) Sex (Please mark 'X') M F	Surname Date of birth (DD MM YYYY) Sex (Please mark 'X') M F
Relationship	Relationship
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HCF product choices (Please mark 'X') HCF Package Options			HCF Stand Alone Products	
Please see the HCF Brochure for further information	n)	Hospital excess options	_	Hospital excess optio
Top Plus + Super Multicover	\$0 \$150	\$250 \$450	Multicover	
Top Plus + Multicover	\$0 \$150	\$250 \$450	Top Plus	\$0 \$450
Top Plus + General Extras Plus	\$0 \$150	\$250 \$450	Hospital Advanced Savings	s \$450
Fit and Free	\$0	\$250	Ambulance	
Hospital Advanced Savings + Multicover		\$250 \$450		
Hospital Advanced Savings + General Extras	s Plus	\$250 \$450		
Young Singles and Couples		\$450		
Cash Back Cover Permanent Disability Benefit Plus* Kids' Accident Cover† Office Use Only			e covered for Permanent Disabilit	
		(Use another form if spac	e is insufficient)	
Australian Government Rebate a		premiums	, 	+ustralian Governmen
If all people on this health policy are listed or Rebate on private health insurance as a redu	n a Medicare Cai	premiums rd or entitled to a Medica Please complete the relev	re card, you may apply for the Arant details below:	
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Payment method (Please mark 'X') HCF offers you a number of easy ways to pay your premiums. Please fill out one of the options below to pay your premiums automatically.
Ezipay Direct Debit (please complete Section 6a)
Credit Card Authority (please complete Section 6b)
Group Payroll Deduction (please complete Section 6c)
a) Ezipay Direct Debit Request I/We authorise The Hospitals Contribution Fund of Australia Limited User ID Number 245164 to arrange for funds to be debited from my/our account and as prescribed below through the Bulk Electronic Clearing System (BECS). (Please mark 'X') Weekly Fortnightly Monthly* Quarterly* Half yearly* Yearly*
(DD MM YYYY) +
Please debit on the day* of the month. First debit* to occur on (*Please nominate day: Debit dates of 28, 29, 30, 31 are only available for weekly and fortnightly debits)
Details of account to be debited (all details must be supplied) Name of financial institution BSB No. Account No.
Branch Account holder name (first initial and surname)
This authorisation is to remain in force in accordance with the terms described in the HCF Direct Debit Customer Service Agreement.
b) Credit Card Authority
Cardholder name (exactly as it appears on your card)
Type of card (Please mark 'X') Visa Mastercard American Express Monthly* Quarterly* Half yearly* Yearly*
Credit card No. Expiry date (MM YY)
Please debit my account on theday* of the month (*Please nominate day: Debit dates of 28, 29, 30 and 31 are not available) This authorisation is to remain in force in accordance with the terms described in the HCF Direct Debit Customer Service Agreement.
c) Group Payroll Deduction Authority
Payroll deductions are available only when your employer has an arrangement with HCF. Employer's name Payroll or employee ID
I hereby authorise my employer to deduct from my wages or salary. (Please mark 'X')
Weekly Fortnightly Monthly Quarterly Half yearly Yearly
Employee's personal detailsMiddleMembership No.TitleFirst nameinitial(if already a member)
Date marking the end of the first Total contribution
Surname deduction pay period (DD MM YYYY) deductions (if known)
Other contribution details Cash Cash
If you are currently paying for other HCF memberships please give their details below: Assist \$ Full name
Total \$
Membership No.

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•	_
7 Interfund transfer (Complete this section if you have been registered with Complete the following details and we'll take care of the transfer for you	
I authorise HCF to terminate my membership with my existing health fund Myself All persons covered	d and obtain details concerning (Please mark 'X'):
If you have a direct debit arrangement with your existing health fund please (if you pay by payroll deduction) to cancel your deductions. Title First name	remember to personally advise your bank or your pay office Middle Date of birth initial (DD MM YYYY)
Surname Name of existing health fund Home address: Unit No. Street No. Street name	Membership No.
Suburb Please note: Due to privacy reasons, your existing health fund may send you	Cancellation effective State Postcode from (DD MM YYYY) I the clearance certificate, which you will need to forward to HCF.
8 Declaration (Please read and sign)	
I acknowledge and agree that:	I confirm that I have read and understand:
 I have the authority to provide the information and act on behalf of other persons to be covered under the policy; 	 this declaration and the information relating to my product choice and privacy;
 The Policyholder is the person responsible for payment of the contribution rates, the ongoing maintenance of the policy, and the receipt of all policy correspondence; 	 the Product Disclosure Statement and Financial Services Guide provided to me with this application, for any Cash Assist options I have chosen.
 I am bound by the Health Fund rules of The Hospitals Contribution Fund of Australia Limited (available in HCF branches); 	I agree that my insurance will commence once my application is accepted.
 HCF deals with personal information of all members in accordance with the HCF Privacy Policy (available on the HCF website and in HCF branches). 	
I declare the information provided to be true and correct.	
I have understood the following conditions – please mark 'X' in all box Hospital excess Pregnancy & birth related services Waiting pe	
Signature X	Date (DD MM YYYY)

The Hospitals Contribution Fund of Australia Limited. ABN 68 000 026 746 AFSL 241 414. HCF Life Insurance Company Pty Limited. ABN 37 001 831 250 AFSL 236 806 HEAD OFFICE: 403 George Street, Sydney, NSW 2000 Telephone: 13 13 34. Postal Address: GPO Box 4242, Sydney NSW 2001 Email: service@hcf.com.au Internet: www.hcf.com.au



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