

## Basic Extras (E7)

## FACT SHEET

For Basic Extras, all benefits are subject to waiting periods listed below. **A 12 month waiting period applies for any pre-existing conditions from the date of commencing cover before benefits are payable.**

Benefits are payable only for services provided by a recognised practitioner in private practice. It is recommended you contact us to ensure your practitioner is recognised by Australian Unity prior to your first consultation.

To obtain a full schedule of dental benefits call **13 29 39** or email [healthcover@australianunity.com.au](mailto:healthcover@australianunity.com.au). Maximum limits apply per calendar year (January to December).

Services	Benefits	Yearly Limit (per calendar year)			Waiting Period
Dental	Overall yearly dental maximum limits apply per membership	Year	Single	Family	Please see below
		1st	\$500	\$1,000	
		2nd	\$600	\$1,200	
		3rd	\$700	\$1,400	
		4th	\$800	\$1,600	
		5th	\$1,000	\$2,000	
<b>Preventative Dental</b> <i>Covers services such as periodic examinations, scale and cleans, fluoride treatment and mouth guards</i>	Set benefits apply per item  No out-of-pocket cost for selected preventative services at Australian Unity No Gap Dental Centres	Included in overall yearly dental limits above			No waiting periods except for pre-existing conditions
<b>General Dental</b> <i>Also covers services such as fillings, teeth extractions, endodontics and periodontics</i>	Set benefits apply per item	Included in overall yearly dental limits above			<ul style="list-style-type: none"><li>• Six months for surgical extraction of wisdom teeth</li><li>• No other waiting periods except for pre-existing conditions</li></ul>
<b>Optical</b> <i>For glasses, contact lenses or repairs prescribed by a registered optometrist/oculist in private practice</i>	100% of the cost  A prescription or copy must be supplied with the claim. Non-prescription sunglasses and non-prescription contact lenses are excluded	Year	Per Person		Six months
		1st	\$150		
		2nd & subsequent years		\$200	
<b>Physiotherapy, Myotherapy Chiropractic, Osteopathy, Podiatry (Excludes surgical podiatry)</b>	\$25 per consultation \$25 for chiropractic x-ray (limit of one x-ray per person per year)	Combined maximum of \$400 per person \$800 per family			No waiting period except for pre-existing conditions
<b>Acupuncture, Naturopathy</b>	\$25 per consultation	Combined maximum of \$350 per person \$700 per family			No waiting period except for pre-existing conditions
<b>Remedial Massage</b>	\$18 per consultation	Remedial Massage sub limit of \$90 per person \$180 per family			

### What is a pre-existing condition?

It is any illness, ailment or condition, the signs or symptoms of which were known, or which a medical or paramedical practitioner appointed by us considers, after examining information furnished by your doctor, and any other relevant information, were in existence at any time during the six months ending on the day on which you became insured. This is irrespective of whether you were aware of the illness, ailment or condition.

## Preventative Health Benefits

The following preventative health benefits are included with your health cover. For detailed information on benefit limits, waiting periods and program approvals please refer to your preventative health benefits brochure or visit [australianunity.com.au/wellnessbenefits](http://australianunity.com.au/wellnessbenefits). Claim forms are downloadable from [australianunity.com.au/claims](http://australianunity.com.au/claims)

### Doctor health checks\*

Regular check ups with your GP are all part of a good health regime and we'll help cover the consultation when not covered by Medicare.

### Quit smoking\*

When you're ready to quit, if you complete a course with one of our approved providers Smokenders, Allen Carr's Easyway or the QUIT Foundation, we're here to support you.

### Weight loss\*

Lose weight with one of our approved weight loss providers, Weight Watchers (excludes at home kits/online), Sure Slim, Jenny Craig or UltraLite, and we'll reward you at three different stages toward your weight loss goal.

### Travel vaccinations

Travelling is fantastic for the body, mind and spirit. Make sure avoidable health risks don't stop you in your tracks and get the right vaccinations before you go.

### Wellplan Online

Available exclusively to Australian Unity Health members, Wellplan Online offers personalised information and support to help you identify and manage your health risks. Visit: [australianunity.com.au/wellplanonline](http://australianunity.com.au/wellplanonline)

\* Where an Extras cover is taken with Hospital cover, benefits are payable under the Hospital cover only.



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