

Week 1 Individual Session: Success in Life

Session Goals

- ❖ Discuss what it means to be successful in life
- ❖ Explore how definitions of success differ between countries

Pre-Session Instructions for Learner

- ❖ Think about your future and come up with 5 goals you want to achieve in your life
- ❖ Think of 2-3 people who inspire you (people you know or famous people) and be ready to share their stories

Week 2 Individual Session: Job Interview

Session Goals

- ❖ Discuss jobs and work
- ❖ Practice doing an interview for your dream job

Pre-Session Instructions for Learner

- ❖ Watch [this video](#) about what kids want to be when they grow up. Write down any words or job titles that you don't understand.
- ❖ Think about your own childhood dream job and be ready to share it with your speaking buddy!
- ❖ **OPTIONAL:** Watch [this funny commercial](#) about a job interview. You'll be doing a mock interview with your speaking buddy during the session!

Week 3 Individual Session: Workaholism and Work-Life Balance

Session Goals

- ❖ Discuss work-life balance in the US and Ukraine
- ❖ Talk about workaholism and its potential harms and benefits

Pre-Session Instructions for Learner

- ❖ Think about your parents' or other relatives' occupations. How much do they work throughout the day? How does their life look like outside of work? Be ready to talk about your parents' or relatives' occupations and their life outside of work.
- ❖ Watch [this video](#) about what “workism” is and how it is affecting our lives.

Week 4 Individual Session: Personality and Career

Session Goals

- ❖ Take a personality test
- ❖ Discuss the relevance of personality to choosing a career

Pre-Session Instructions for Learner

- ❖ Pick 3 people you're close with (parents, siblings, friends, etc.) and describe each person's personality with 5 adjectives.
- ❖ **OPTIONAL:** Watch [this funny video](#) about the 16 personality types at a job interview. You're going to take a personality test with your speaking buddy during the session!

Week 5 Individual Session: Evolution of Jobs

Session Goals

- ❖ Discuss how jobs have changed over time
- ❖ Talk about the role of social media in the world of work

Pre-Session Instructions for Learner

- ❖ Watch [this video](#) about how jobs have changed over time. Write down any words or phrases that you don't understand.
- ❖ Watch [this video](#) about what social media marketing is. With your buddy, you'll be making your own social media marketing company during the session!