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**Binaural Audio as a User Interface**

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# Abstract

Traditional 3D audio systems are often used to enhance the experience of movies and games. Their popularity has risen as more entertainment centers and theaters are outfitted with multiple speakers to provide a more immersive experience for content. The use of this technology has been explored in the context of user interface design but has not been implemented in any mainstream accessible user interfaces.

This paper explores previously researched conceptual models of binaural audio interfaces and intelligent agent designs. The goal is to integrate the theory behind intelligent notification systems and positional audio to assist users in multi-tasking environments. This paper demonstrates that the interplay of these types of systems offers the potential of increased productivity, smoother transitions, and a more fluid user experience.

# Introduction

This paper focuses on the roles of audio and notifications generated by intelligent agents within user interface design. It begins by reviewing previous findings of HCI research where audio is used as *the* primary element of an interface as explored by Arons et al [1]. Attention is then shifted to the work by Goose et al who used binaural audio as an interface for HTML presentation [9]. Finally we explore a number of works which have looked at binaural audio's role within interfaces incorporating other modals [20, 36].

Our work continues with the exploration of the role notifications have within interface design. Experiments have shown that the impact of variable reliability in a notification system biases users to ignore future notifications [18]. This paper examines the differences between two types of notifications: informative [19] and interpreted [11]. An informative notification is defined to be any interruption by a system to solely relay information from one of its components. Modern examples include notifications by a phone that an SMS or an email has been recieved. Interpreted notifications by contrast are defined to be non- direct notifications as a result of pre-defined criteria. We see these types of notifications when systems "suggest" items we may be interested in based on past behavioral observations. Often these systems are powered by algorithmic interpretations. We also explore the effective and judicial use of notification systems to inform future designs of our work [5].

The structure of this exploration is motivated by audible interfaces' ability to provide an alternate mode of access to computers whenever a user's visual focus is unavailable. Visual focus can be unavailable for a number of reasons, such as when users are driving, using hand-held devices while engaged in other physical activities that command your visual attention, or even as a result of physical disabilities [22]. There are a number of audible interfaces which only provide a text-to-speech component allowing systems to read the content of a visual interface to a user. Text-to-speech solutions often implement a monaural speech pattern that provides a user with a single channel of communication. Techniques exist to provide spatially placed (3D / binaural) audio to listeners. Our interest is in the use of spatial sound as a main interface element for an audio interface.

### 3.0.1 Motivation

T.V. Raman enumerated the differences between speech output interfaces and screen reading solutions . He argued that the key difference was the system’s ability to give an application a voice (like Emacspeak) versus simply reading a screen. Raman was introducing Emacspeak, an application intended to give a voice to the terminal, not simply allowing a machine to read what it is displaying. The precise difference he was making was demonstrating that in creating Emacspeak as a subsystem of Emacs, Emacspeak had context available to it that many screen readers simply cannot duplicate [24].

To this effect, our project researches how binaural audio and notification theory can be combined to create new user interface designs. Our paper begins to lay the foundation for future work by studying the roles of four particular combinations of speech (ambient versus direct) and intelligent agent notifications (purely informative versus interpretive). With our work we are exploring the ways in which sound and notifications can be combined by different types of intelligent agents to create interfaces with differing goals. We will explore the benefits of context aware interfaces and the impact vocalization has on multi-tasking environments.

We motivate our work by using a common scenario like driving to work on a typical morning. Eric Horvitz described how intelligent interfaces could be utilized to identify what type of notifications to present in these situations [11]. Some problems explored by Horvitz included what type of notifications a system should use when an event occurs given the user’s context. In his work, Horvitz explored the mechanisms that some systems could use to infer the types of actions specific events may require. After inference, systems could provide notifications that offer to automatically complete those actions. A typical system of interest to us focuses on the computer powering the navigation system in the previous scenario. While the computer is providing navigation, it is also checking current road conditions relative to the user’s location. A connected smartphone has resumed polling work email, the user’s calendar has been updated by a colleague, and the user’s family is messaging them with a reminder for a prior engagement. Each type stimulus requires a stochastic decision that must be made regarding both the best method and the proper time to alert the user. In his work, Horvitz quantified the risks and benefits of using different notification paradigms to express this



information [11]. We explore how these trade offs present themselves in the auditory domain.

### 3.0.2 Project

We describe a system that supports a new conceptual model which maps interface elements into a 3D audio space. Using binaural audio as the mechanism, novel features are explored that provide information to the user in terms of spatial attenuation, audio structural survey of content on the web, accurate positional audio feedback and an audible progress indicator. These new features may improve both the users' comprehension of content presented to them while providing users with cues to assist in the recall of information.

Human auditory localization has been studied extensively [4, 35]. Because humans are especially adept at localizing sounds in three dimensions we want to explore how predominant auditory cues for determining whether a sound is coming from the left or right directions can be used to portray other types of information.

The directional dependent filtering to each of a subject's ears can be expressed as a frequency response, called a head related transfer function (HRTF), and thus a pair of HRTFs describe how sound from one location reaches the two ears. HRTFs are usually measured using human subjects or dummy-head microphones which consist of response pairs for the left and right ears corresponding to a large number of source positions surrounding the head. This will be the mechanism powering the spatialization of this interface.

This thesis begins explore questions of efficiency of different types of intelligent agents and how auditory interfaces can be used to better present multi-tasking computing environments. While exploring the research in the utilization of audible interfaces, this paper works towards two major goals. First a review of the prior methodologies, processes, and terms necessary to study audible interfaces is presented. In conjunction with this, an argument for the benefit of a 3D audio interface will be presented as it applies to accessible solutions for users with visual disabilities as well as the use by non-impaired users. In both cases, there is an overlap in the needs of each user as vision either is not available or not desired to be used as the primary interface with the

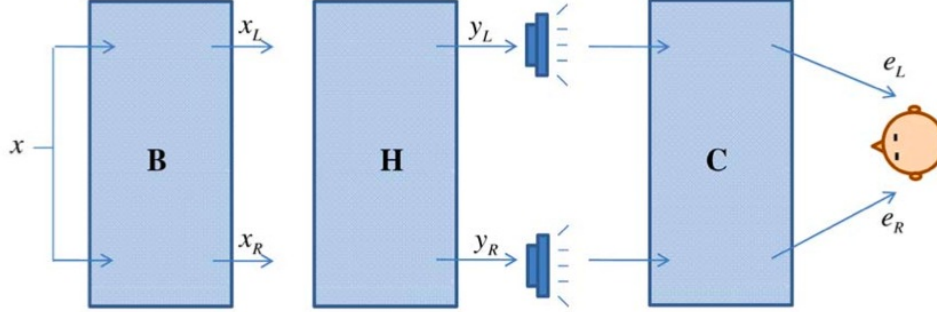


Figure 3.1: Schematic of a binaural audio system

system.

A general background of binaural audio and audible interfaces are provided in the following section. The related work connects ideas and findings both in the fields of Human Computer Interaction and Artificial Intelligence to form the basis for our approach in section 6. Finally, this work concludes with an overview and survey of future work necessary for the creation of a binaural audio interface as well as goals research in this area could pursue.

# Background

## 4.1 Sound Localization

Sound localization refers to a listener's ability to identify the origin of a detected sound in both direction and distance. Mammalian sound localization mechanisms have been extensively studied. The following section provides the reader with background information necessary for the remainder of the work.

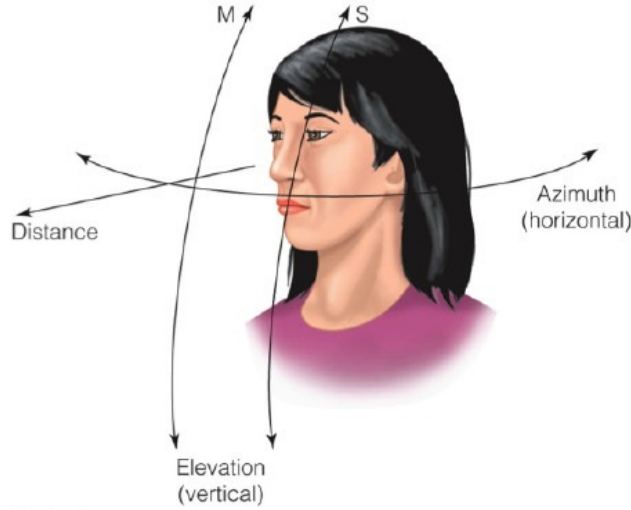


Figure 4.1: Measurements used for spatial sound processing analysis.

The brain is able to utilize subtle differences in a sound's intensities, spectral and timing cues to locate the origin of a given sound source. Often the measurements used to place a sound relative to a subject are the *azimuth* (the horizontal angle), the *elevation* (the vertical angle) and the *distance* (for static sounds) or *velocity* (for sounds that are moving) [29]. These measurements are illustrated in figure 4.1. Also portrayed in this illustration are two vertical axis: *M* refers to the axis aligned to the median of the subject and *S* refers to the vertical axis aligned to a side parallel with the subject's ear.

The primary mechanisms that an auditory system uses to determine a sound's location including time and level differences between the signals arrival at each of the subject's ears are illustrated below:

*Interaural Time Difference* (ITD) is shown in figure 4.2. The figure illustrates how sound emitted from different sources reach both ears. The sound emitted from point (A) which is directly in front of the subject arrives at both ears at the same time. However, when the tone is off to the side (B), it reaches the listener's right ear before it reaches the left. Interaural time differences is precisely the time difference that the ears perceive the same sound. ITD applies to low frequency localization for sounds that are less than approximately 1500Hz. The average distance between human ears is 20 cm resulting in a 600 microsecond delay between the incident sound in one ear and hearing in the other for a sound emitted from point A. As the azimuth changes, the delays increase, and provide a feature that the brain can use to place sound.

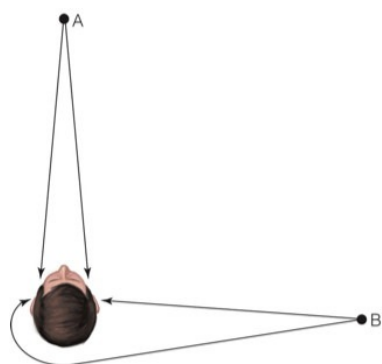


Figure 4.2: Diagrammed interaural time differences.

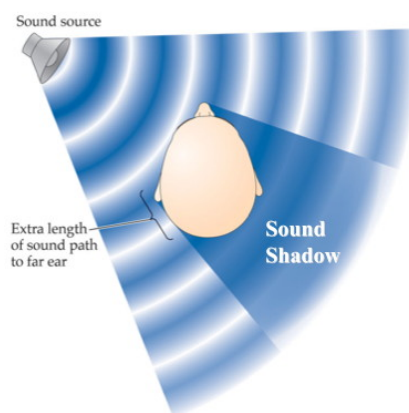


Figure 4.3: Diagram of sound level differences.

*Interaural Intensity Delay* (IID), like ITD is also dependent on the frequency of the sound emitted. If a sound's wavelength is equal to or greater than the listener's head then the sound will diffract around the head and be heard with the same intensity as the incident wave. What is being displayed in figure 4.3 is a high frequency sound where absorption of the sound energy occurs by a solid medium (in this case, the subject's head). This absorption of sound energy is called a sound shadow because there is effectively zero sound energy

from the original source in that space. The difference in magnitude of the frequency perceived by both ears is what is measured by interaural intensity delays.

## 4.2 Binaural Audio

**Binaural audio** is simply audio that is engineered with the intention of creating a 3-D stereo sound sensation for a listener. The goal is often to simulate the listener’s actual presence in a virtual environment where the recording was actually made. This acoustic virtualization can be accomplished with the use of specialized hardware or signal processing techniques.

The only requirement to produce three dimensional audio systems or to render sound images around a listener is stereo sound output from either headphones or loud speakers [31]. In the case of 3D audio systems that use headphones, the 3D audio cues to localize a virtual source can be perfectly reproduced at the listener’s eardrums because the headphones isolate the listener from external sounds and room reverberations.

**Transaural audio** is the name for the technique of delivering signals to the ears of a listener using stereo loudspeakers. The primary difference between this technique and binaural audio is that transaural filters must take into account room reverberations. Transaural audio filters a binaural signal such that the subject can process the subsequent stereo representation as a 3D signal given the reverberations of the listener’s environment. This technique was first put into practice by Shroeder and Atal [27, 28]. It is possible to produce the accuracy of binaural audio from headphones through the use of loudspeakers, as is often observed with high end sound systems. Systems capable of calibrating the audio to a moving user with stationary stereo speakers in an open environment with the aid of head tracking web cams have been demonstrated. Researchers have shown how both the audio transformations necessary to mimic the physics of the 3D sound waves and the placement of the virtual sound sources relative to the listener can be updated in real-time using only loudspeakers [30].

Ultimately, both binaural audio and transaural audio systems aim to perfectly calibrate sound placement to create an experience that provides the user with

the perception that sound is placed in a 3D environment that exists around them.

### 4.2.1 Binaural Solutions

Binaural audio has a history dating back to 1881 where an array of microphones were installed on the front edge of the Opera Garnier allowing telephone subscribers to enjoy the music through their telephones with specialized headsets [14]. Since then, the novelty of the technology has waxed and waned with the introduction of the radio, television, and personal Walkmans. Binaural audio is experiencing a resurgence in popularity, specifically within the audiophile communities as headphones have become cheaper and capable of producing higher quality audio.

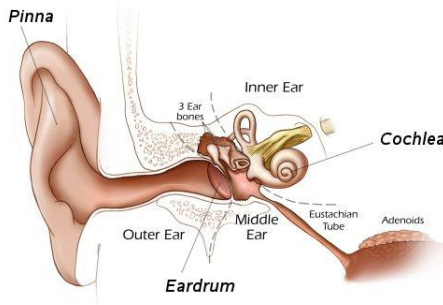


Figure 4.4: Anatomy of the ear.



Figure 4.5: Binaural microphone with the exact dimension and density as a human head. There are two input channels corresponding exactly to the location of human eardrums.

There are primarily two ways to produce binaural audio. The audio can either be generated using signal transformations or recorded. Figure 4.5 is a binaural microphone where two high-fidelity microphones are mounted inside a dummy head inset in ear shaped molds allowing the system to fully capture all of the audio frequency adjustments that happen naturally as sound is warped by the human head. There exist many variations of the microphone, each targeting different types of output (e.g. playback on headphones versus loud speakers).

The second method to produce binaural audio is through the actual manipulation of two sound channels using a **Head Related Transfer Function** (HRTF). The general idea is to reproduce the acoustic transformations that would normally occur at the listener's ears in a natural listening situation. Specifically, the HRTF describes exactly how a given sound wave input, originating from some location and having some frequency, is filtered by the diffraction and reflection properties of the head, pinna, and torso before the sound reaches the mechanical parts of the eardrum and inner ear (figure 4.4).

This process is accomplished by convolving each source signal with a pair of HRTFs corresponding to the sound sources intended location. The resulting signal is presented to the user through headphones. Figure 4.6 demonstrates the spatialization of a single sound source from an arbitrary distance and azimuth. The direction of the source ( $\theta = \text{azimuth}$ ,  $\phi = \text{elevation}$ ) determines which pair of HRTFs to use and the distance ( $r$ ) determines the gain. Figure 4.7 demonstrates how to spatialize multiple sound sources with constant level reverberation to enhance the listener's perception of distance [6].

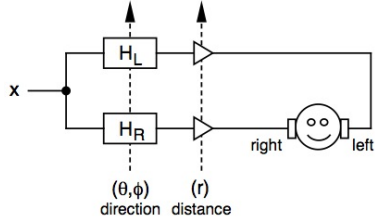


Figure 4.6: Single source binaural spatializer

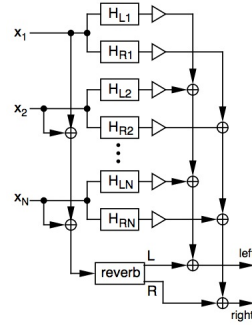


Figure 4.7: Multiple source binaural spatializer.

### 4.2.2 Binaural Issues

Given that humans are capable of processing sound signals to place the audio source in space, either prerecorded or simulated sounds used to produce the auditory experience of one or more sound sources arbitrarily located around

a listener are subject to certain constraints. Once recorded or produced, the spatialization requires stereo playback. To accurately reproduce the effect of hearing a sound in person, given the location of objects, user specific HRTFs should be calibrated to the individual user. In practice, average HRTFs work well enough for most young adults [33]. Secondly, the concept of externalization which is the placement of the sound sources in the 3D plane suffers when users use in-ear headphones. What can occur with in ear headphones is that the 3D plane is perceived to be inside of the head (a process called internalization). Other minor issues include the variance between individual user's in their ability to perceive sound elevations.

### **4.2.3 Accessibility**

There are many existing solutions that enable blind users to access computer interfaces. Screen readers such as JAWS and Windows-Eyes are proprietary special purpose software solutions that cost more than \$1000 per installation. Free alternative solutions do exist, such as NVDA, Orca and the Linux Screen Reader available to users on Linux and Windows [3]. The Macintosh operating system comes standard with Voice Over and is available on all Macintosh computers and iOS devices. There are other solutions available for web content and browsers as well as custom hardware solutions aimed at providing accessibility solutions. But these products that provide accessible solutions only produce monaural audio and provide no audio localization.

## **4.3 Assistive Audio Interfaces**

Work by researchers at Georgia Tech demonstrated the use of a single, radial axis in an audio interface to present information to blind individuals. They presented multiple user studies and work of assisting blind users navigate new or unfamiliar rooms. With smart phones and computer vision techniques the researchers in Bruce Walker's Sonification lab created an application helping blind users understand the orientation and placement of objects in new environments. Of note are the current practices that blind users employ to navigate these settings. The focus group Jeon et al. interviewed demonstrated that blind users employ various strategies to place objects in



a room such as one subjects summarization that by "listening to the room, we can detect where running refrigerators, computers, or other machinery exists" [13]. The second most common response was that layout is also often inferred by touch, or assisted navigation either with the use of inanimate objects (such as walking canes) or sighted volunteers.

The smart phone application presented in this work allows visually handicapped individuals to scan a room by holding an external camera connected to the phone, or a phone's native camera left to right across the room. The application then provides the user with 3 modes of information retrieval after video processing has been performed to identify the objects and their locations in the environment.

1) Linear Searching : allows the interface to communicate which objects are present in a room and the order in which they were observed. The authors found that this mode allowed users to quickly "scan" a setting and identify whether an object of interest existed in the space.

2) Directional Retrieval: provides the users of the interface with information on objects by grouping related objects and returning their location with respect to room walls and room center.

3) Spatially, using 3D audio, the app vocalizes the position of an object through the use of binaural audio when the user is wearing a headset. This allows the user to understand where objects are in relation to their current orientation.

Additionally, the lab has explored optimizations for auditory interfaces. The lab demonstrated how the use of spearcons (injections of compressed speech [12] that allows the sound to act as a cue within a given context) can be used to enhance menu navigation on mobile devices [32]. This work extends previous findings that auditory menus that rely solely on TTS vocalizations of the text prove to be much less efficient than menus that employ spearcons which allow the user to navigate based on injections and rely on the full speech for context. This work demonstrates how new constructs for navigation can be learned by users, and then used to optimize the navigation of auditory menus Using a Nokia phone with 50 contacts with randomized names, Walker et al. studied how 89 undergraduates navigated to a target user using the visual display only, visual display with TTS, visual display with spearcon, visuals off with TTS, and then TTS with spearcons. The results show that

conditions with visual cues led to the fastest responses. Once visuals are disabled, spearcons helped drive performance to the lower limits, while TTS solution initially afforded faster initial performance. With the same amount of practice, spearcons outperformed TTS engines due to their compressed nature. This work demonstrates some of the possible optimizations that can be built in to auditory interfaces.

# Related Work

The following section aims to organize previous research, enumerating aspects of both binaural audio and intelligent agents. By exploring prior work in this space we begin to observe the benefits arising from the interplay of these components, which will be explored in my future work.

## 5.1 Audio Only Interfaces

MIT's Media Lab has explored the area of "hyperspeech", a corollary to hypertext where the paradigm is presenting speech as data. The goal of the work was to understand the nuances necessary to both extract information from audio while also accessing it through speech [1].

Though speech is an incredible tool for communication, its temporal existence prevents humans from browsing sounds the way eye can scan text. Speech and audio interfaces must be sequential, while visual interfaces can be simultaneous in nature. Therefore, designing an interface focused solely on sound and speech, rather than text, video, or graphics presents a number of nuanced challenges. Navigation with speech is much more difficult as instructions are inherently fleeting, and as Arons demonstrated "one cannot simply 'click here' in the audio domain, for as the selection is made, time has passed and here has disappeared" [1].

To introduce hyperspeech, which is the use of sound as data, Arons conducted interviews with a number of leading interface design specialists. The interviews were brief in nature, completed in approximately 5 minutes. The speech recorded from the interview was then processed off line and put into a database. Labels and connections were created between associated statements, creating a graph of the topics discussed. What was studied was the interface with which hyperspeech could be used. Again, the primary goal of the interface was to allow a user to retrieve answers to questions such as, "How do persons A and B feel about C?" or "Who disagrees with person A's stance on B?". More specifically, the navigation between different topics through this specific

interfaces was studied to understand the ephemeral nature of sound’s influence on the interface.

By exploring how the design of hyperspeech’s interface influenced a user’s ability to navigate through the information of a database, it was demonstrated that it is important to be able to navigate in any direction arbitrarily from any node. Arons noted in his results that the nature of questions asked allowed for an arbitrary placement of both the subject and target information within the database. Therefore, having the ability to navigate the connected graph with the commands was hypothesised to be the most natural presentation of an interface. Arons noted that an added benefit of using speech as an input modality is that it is goal directed and very succinct. Complexity and variability of user’s usage of this system proved to be a difficulty for Arons when creating this interface.

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- 3) Spatially, using 3D audio, the app vocalizes the position of an object through the use of binaural audio when the user is wearing a headset. This allows the user to understand where objects are in relation to their current orientation.

In their work, Jeon et al. focused more on the process of designing this interface, what they learned from their participants, and the motivation for much of their design choices. The work did not discuss any experimental observations regarding the effect 3D audio had on the target users, instead choosing to leave the exploration of the effects 3D audio would have on its users for future work.

Additionally, the lab has explored optimizations for auditory interfaces. The lab demonstrated how the use of spearcons (injections of compressed speech [12] that allows the sound to act as a cue within a given context) can be used to enhance menu navigation on mobile devices [32]. This work extends previous findings that auditory menus that rely solely on TTS vocalizations of the text prove to be much less efficient than menus that employ spearcons which allow the user to navigate based on injections and rely on the full speech for context. This work demonstrates how new constructs for navigation can be learned by users, and then used to optimize the navigation of auditory menus. Using a Nokia phone with 50 contacts with randomized names, Walker et al. studied how 89 undergraduates navigated to a target user using the visual display only, visual display with TTS, visual display with spearcon, visuals off with TTS, and then TTS with spearcons. The results show that conditions with visual cues led to the fastest responses. Once visuals are disabled, spearcons helped drive performance to the lower limits, while TTS solution initially afforded faster initial performance. With the same amount of practice, spearcons outperformed TTS engines due to their compressed

nature. This work demonstrates some of the possible optimizations that can be built in to auditory interfaces.

## 5.3 Binaural Interfaces

Researchers at Siemens Corporate Labs demonstrated the comprehensive benefits of delivering HTML content to users with a binaural interface. They created an interactive browser using audio as the primary interface which placed page elements around a user, focusing on aiding the user maintain orientation while browsing on the web [9].

The work by Goose et al. in [9] was the first work to demonstrate that binaural techniques could be applied to non prerecorded media. The authors began by researching how well multiple users could spatialize sound presented to them from regular PC audio hardware to determine the best design choice for the interface. The observation that most impacted their design was the inability of most users to accurately identify the source of sound along the y-axis. This motivated Goose et al. to adopt a horizontal axis interface depicted in 5.1.

By showing the inefficiency of the y-axis to convey accurate information in the audio space, they demonstrated why an interface simulating the reading down of a page would be ineffective. Since their work, a number of other researchers have verified that this limitation is imposed by the human hearing mechanism and not a limitation of the audio processing producing the 3D transformations [7, 20, 30]. Instead, by projecting a document onto the x-axis, Goose et al. effectively translated web pages into time lines. The interface could then compute the length of a given web page by calculating the time it would take to read.

The horizontal time domain allows the interface to communicate both inter-document and intra-document links effectively. To disambiguate the two forms of links, a “rhetoric of arrival and departure” was created where the interface would “take-off”, “fly”, and then “land” in the appropriate section of the horizontal display as depicted in figure 5.2. This rhetoric utilized unique and specific sounds that the user could associate with given transitions. With these unique transitions, later tests demonstrated that users could correctly identify

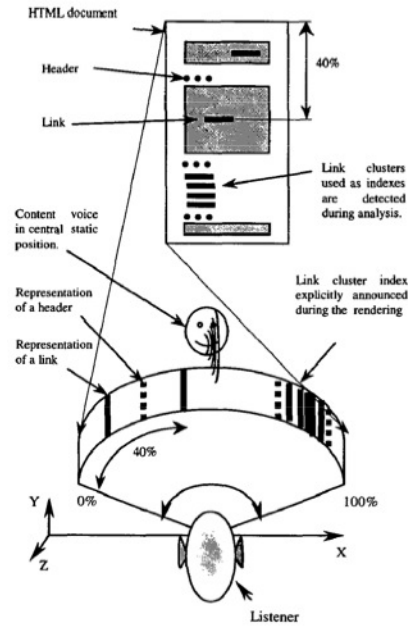


Figure 5.1: Mapping an HTML document horizontally

the action performed by links, as well as maintain their orientation while navigating web pages every time. Secondly, the interface could exaggerate this rhetoric by playing the sound of a launch into space, and then a subsequent landing at the beginning of a new document to communicate inter-document transitions. This demonstrated the elasticity of the metaphor which was able to deliver appropriate locational feedback (similar to scroll bar's location indicating where you are on a page).

Goose et al. also demonstrated how a system can be engineered to prevent a user from listening to every single document to extract relevant information. The interface they built allowed for multiple rendering modes (one reads the document, one that only announced links within a document, one announcing section headers). By having multiple rendering engines, multiple voices could present different bits of information simultaneously to the user, allowing the user to focus on the elements of interest when arriving at a given page.

Goose et al provided early results which indicated that binaural audio improved the user's comprehension of the HTML document's structure and their overall orientation within multiple pages. The authors argue that these factors

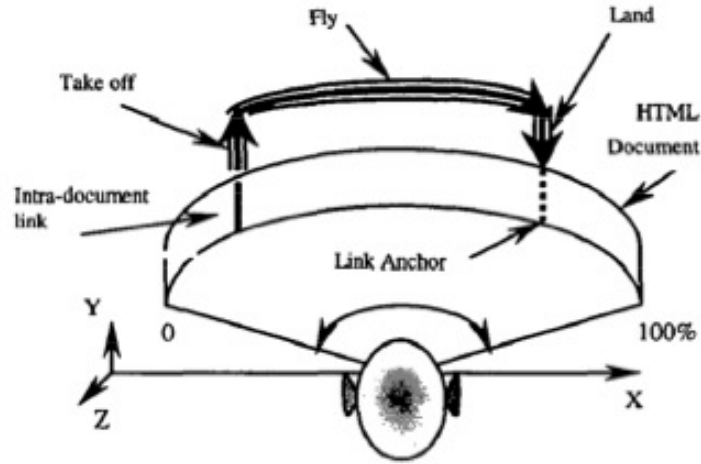


Figure 5.2: Binaural intra document traversal

can improve the effectiveness of the browsing experience for its users [9].

## 5.4 Binaural Audio Interfaces with other Modals

The viability of this work is exciting when considering how binaural audio can be used in conjunction with other interfaces. Research from the University of Glasgow noted the ergonomics and usability of different tactile interfaces when coupled with a 3D audio soundscape. Their work demonstrated how several interaction patterns (from gestural on mobile devices, to physical motions such as head nodding) might work with a given soundscape measuring the tactile interfaces accuracy and effectiveness. The researchers demonstrated some of the difficulties encountered when working with audio as an interface, citing the ambiguity of 'exact locations' in space when asking subjects to locate a sound. They observed that some of these ambiguities arose from blur introduced by non-calibrated HRTFs. Of note are the design choices Marentakis et al. made when integrating sound and visual displays that allowed for feedback to the user when guiding the user to interact with a specific sound source. They concluded that a 3D soundscape was effective with all of the tested interfaces and could be used as for flexible, eyes free interaction with a computer [20].



## 5.5 HCI : Interface Design

Interface designers focus on three main questions:

*Who is the target user?*

*What is the task the user is trying to accomplish?*

*How can you make an interface that is the most sensible for this task?*

These design principles were established to make computers more usable and receptive to a user's immediate needs. The goal of designing the best interface with given constraints, simultaneously optimizing for a desired property (such as efficiency or learn-ability) is not a trivial undertaking.

The field of HCI as such, experiments with new design methodologies and hardware, prototyping new systems, and exploring new paradigms for interaction to minimize the barriers between the human's cognitive model of what they are trying to accomplish and the computer's representation of the task [2]. The following sections explore findings of each goal as presented in the current research. What is important to note is that this project, though geared towards users with visual disabilities, adheres to the mantra of maximizing human cognitive and physical abilities using the guidelines found in [25].

## 5.6 Psychology of Interface Design

User interface design explores how systems can mediate effective operation. Before you can begin looking at the effectiveness of a particular operation or efficiency measure for a specific interface, metrics have to be established for the desired or given task. One goal for future work may be to increase the ability for a blind or visually disabled user to multi task in a given computing environment. In our work though, we are exploring how the use of 3D audio interfaces can be used to provide a new kind of interaction for users

The interplay of ergonomics and psychology are known facets of the field. As such, the design of novel interfaces are encouraged to either increase efficiency or user satisfaction (preferably both). To more concretely enumerate the goals, the literature provides a number of guiding examples. Exploring a

number of different goal oriented tasks, general patterns of interactions emerge that suggest a conversational metaphor would be an appropriate interface design choice because the user could leverage existing biological mechanisms to understand the interface and that the existing conversational mental model directly supports direct and simple inference of what information this interface is presenting [15].

### 5.6.1 Mental Models and Cognitive Loads

A limitation of most interfaces is simply the size and volatility of a user’s short term memory. To make real time captioning easier for untrained works Lasecki et al. demonstrated how time could be warped for any given users task. Warping the playback speed of previously recorded audio enabled users to perform the captioning task more efficiently by reducing the high cognitive load needed for captioning [17].

Simplifying information is not only beneficial for goal oriented and task driven processes, but they are also empirically preferred by users of a number of systems. Exploring a users collective preference for simpler representations of information, Patel et al. demonstrated that users preferred summarized directions that incorporated familiar paths to more detailed and exact routing instructions. The users in the study valued traveling on familiar routes enough to sacrifice overall trip distance and travel time required [23].

When an interface is controlled by a semi-autonomous intelligent agent, it becomes increasingly important to be aware of the interactions that users will have with the system as decisions are being made. In this system, the decisions that would be made relate to the verbosity for a given notification, the position to place the notification relative to the user, and what actions are available to the user when acting on a notification. Prior work has explored how an intelligent agent can explain itself to the user, the amount varying degrees by which an intelligent agent can reconfigure itself, and the effects of a user’s mental model soundness [16].

### 5.6.2 Mental Model Elasticity

Since this paper is an exploration of a new interaction technique, it's important to consider user's ability to learn how the system works. Work in HCI explores how well users are at creating new mental models for interactions as evidenced by shifting paradigms of technology hardware (changing from numeric keypads, to stylus, to keyboard, to touchscreen). Work from the Universitite Paris Sud explored how well users could remap existing mental models by exploring how users adapt to interaction techniques that use the temporal dimension versus more advanced uses of rhythmic patterns to convey information [8]. The researchers explored how rhythmic techniques, though a deviation from user expectation of temporal interactions (such as multiple clicks), can be particularly useful in situations where the visual channel is overloaded or even not available. They concluded that (i) rhythmic patterns can be efficiently reproduced by novice users and recognized by computer algorithms, and (ii) rhythmic patterns can be memorized as efficiently as traditional shortcuts when associating them with visual commands [8]. This work suggests that deviations from common interaction patterns can be beneficial to users when training is provided.

## 5.7 Interface Elements

Eric Horvitz depicted the divide in research focusing on the promise of creating new metaphors and tools that enhance a user's ability to directly manipulate objects *versus* an applications ability to provide automation. In his system LookOut, Horvitz explored the role of a user interface in guiding the user to task completion. He explained the benefits of building an interface that tailored the computer to drive task completions through what he coined as "Mixed Initiative" actions. He demonstrated how different modalities of interactions could allow a system to overcome uncertainty while delighting the user with a perceived automated experience that performed repetitive tasks for the user [11]. This application demonstrated how user interfaces could adapt to noisy data, such as uncertainty about times referring to an event that needs to be scheduled in an email. The influence LookOut has on modern interfaces can be seen with many common email clients such as Google's Gmail and Microsoft's Outlook performing similar mixed-initiative

actions. In relation to our work, a binaural system with intelligent agent powered notifications will have to learn how to notify users of changes by evaluating the costs and benefits associated with interruptions at different times.

### 5.7.1 Visual Notifications

While performing a task, it is important that an interface assists the user to work efficiently. Certain assumptions are made between the user and the interface as they are in fact entering a working relationship. When using an interface, users inherently trust that the system will assist them in completing tasks. The question of a users trust in a system is therefore important when designing notification interfaces, with the goal being mitigating all negative first impressions. Empirical evidence shows that users carry a historical bias when dealing with actionable notifications [18].

The study of information design and the options that are suitable for three often conflicting design objectives for notifications - interruption to primary tasks, reactions to specific notifications, and comprehension of information over time - are necessary to create the most efficient computing environment. Understanding the impact visual notifications have on a user directly inform the decisions made for an audible interface.

Given the stochastic nature of notifications, probabilistic reliability can be used to create intelligent messaging systems that gain a user's trust, rather than lose it [18]. Empirical evidence show that users will ignore all notifications that are not highly valid when performing demanding visual tasks [19], but there are also findings that demonstrate that a notifications timing determines the amount of disruption it causes a user [5]. In a study, Microsoft Researchers found that notifications occurring at the beginning of a task are more likely to completely derail focus while those occurring near the completion of tasks have mitigated effects.

## 5.8 Auditory Notifications

In their paper Hanson et al. discussed the interplay of social situations and auditory cues [10]. Current auditory notifications cues can be attention demanding, distinct, and can be perceived as intrusive in social situations. “The beeping and ringing is by nature an intrusive sound not unlike the sound of an alarm clock” referring auditory cues often heard arising from cell phones [10]. Nitin Sawhney performed an empirical study demonstrating how existing devices with audible notifications (read: pagers and phones) can detract from an owner’s concentration throughout a day. Their work demonstrated that there was around 10 minutes per hour spent on interruption handling by the average user in their study. To address this issue, researchers at MIT created Nomadic Radio, a physical device that would infer when the ideal time to present a notification to the user by listening to the environment [26]. In this paper, the researchers provide a mechanism for scaling a cue to the user providing the user with the ability to prevent an interruption. Other techniques are presented to allow the user to quickly identify senders based on items such as auditory signatures. Of interest is the fact that the ambient auditory introduction was the most requested feature as user’s cited the least cognitive effort required to anticipate the subject or content of the new notification.

# Research Directions

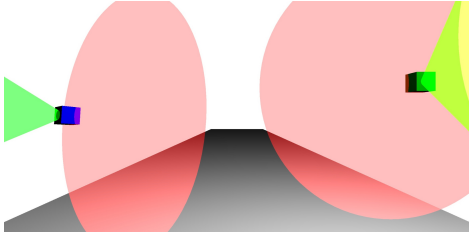


Figure 6.1: Sample rendition of sound images in 3D space

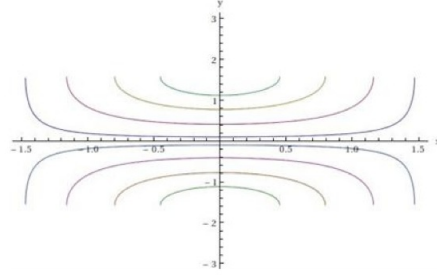


Figure 6.2: Sample sound paths tested

This project explores previous work which have utilized 3D audio. This thesis hopes to develop a road map for future work that might outline future research's path to understanding the full potential that a binaural interface might provide. As an interface places sound images around the user, new methods of information portrayal are provided to users as the interface's 3D sound environment allows for users to interact with technology when visual attention is either not available or not desired.

Before considering the state of prior art, it is important to clarify the technical concepts of interest and which ones we plan to avoid. For example, conventional binaural or transaural audio systems work well if the listener is stationary at the position (usually along the perpendicular bisector of the two points of sound) as graphically represented by rendition 6.1. However, once the listener moves away from the sweet spot, system performance degrades rapidly. There has been previous work in addressing the physics of this problem [30] but, because headphones alleviate these problems (as the user's location does not change relative to a sweet spot), we will simplify our system and not explore those types of technical questions.

For this project, we will not concern ourselves with the case that the user is moving independent of the audio source and assume that the user is either in a stationary environment or has headphones to remove the need for external monitoring and real time updating of the audio transformations.

This section presents possible points of exploration to help understand how 3D audio algorithms can be used to create new types of interfaces and the implications they have on usability. By building interfaces that draw audio images as depicted by the virtual rendition found in figure 6.1, binaural audio may be used to provide a more efficient interface when vision is not available. An environment that allows sound images to be placed arbitrarily around the user, content that is depicted audibly can be manipulated to drive a number of key metrics. In this section, we enumerate the direction of future work and the proposed aspects of exploration.

### **6.0.1 Notifications**

The essence of any event or update to user data is condensed into a notification. Current research has explored how notification systems attempt to deliver current, important information to computer screens. Previous works have also explored the costs, benefits, and optimal displays of these notifications from psychological perspectives that overlap with our ability to handle interruptions and distractions [5,21]. In this regard, any exploration of a binaural interface should empirically test the value of choosing different types of notifications and the presentation of the notifications to the user.

### **6.0.2 Current Results and Frameworks**

Currently, a prototype of a web enabled binaural audio system has been developed. The prototype is a personal 3D audio system that can be used to draw sound images around a user. The virtual environment created allows the user to interact with the space and sound, moving independently of the sound sources. The system can then recalculate the necessary HRTFs relative to the user's updated position in real time. The goal for this prototype was to create a development environment that allows a developer to use sound images to explore the interfaces efficacy in presenting content to a user without a visual display. The existing work has explored four physical interfaces : native desktop applications, Android handhelds, iOS handhelds, and the web. Each medium provides different drawbacks and benefits for the interface being built. Most importantly, the prototype demonstrates the availability of the necessary computing power in mobile devices to create 3D audio environments

and the ability of the web to present that content.

**OpenAL** is a cross-platform open sourced library that provides efficient rendering of multichannel three-dimensional positional audio. It has implementations on most native application frameworks, and at the onset of the project, seemed to provide a silver bullet for much of the interface across multiple devices. During the implementation cycle of this project, I found that OpenAL provided exciting abstractions, but distance was only provided by volume amplitude attenuation and not properly calculated with a delay.

Creating a native desktop, iOS and android application using OpenAL was quick, but upon evaluation by human subjects, it became apparent that the framework was too limiting. By using volume to place the sound, the user was left with jarring edge conditions as the sound image crossed planes of reference. Figure 3 represents pathways tested on users, where each line represents a sound traversal pattern relative to the user centered at the origin. Because OpenAL uses volume based attenuation and not delays in sound queuing, items were perceived to be traveling along a single flattened left-to-right (x-axis) plane.

Despite the flattening perception of the library, it was a great tool to test some of the concepts on both mobile and desktop environments to initially understand if such a framework was feasible and useful. With OpenAL, a framework is provided that allows for audio streams to be created and played in real-time (this is contrary to what can currently be done on the web, as HTML requires that the audio to be played already exist).

**HTML5** For the web, we were able to utilize a new audio tag introduced by the web standard community. The new HTML5 audio tag allowed us to modify the JavaScript on web pages to generate the necessary transforms and delays to place the sound in a 3D environment. Using the library Three.js we were also able to create the necessary callback scripts to perform the transformations as well.

The framework we present here, allows an individual to occupy a space and interact with the surroundings. The browser is able to perform the necessary transformations and displace the audio around the user in real time. It is the platform of choice as it is available across all devices and currently only relies on the availability of an HTML5 compliant browser and a device that can



produce stereo sound.

# Future Work

3D audio interfaces present a number of exciting capabilities in human computer interaction. With an initially completed framework and literature review, the suggested short-term goals for this project are to perform user studies and performance measures on the efficacy of this type of interface as it relates to specific tasks.

Because there are two targeted user bases for this interface, the empirical measures are inherently different. The first group consists of members of the blind or low vision community, and the other is comprised of non-disabled users performing other tasks that monopolize their vision (such as driving or walking).

The first set of evaluation goals are to perform more in-depth studies of how this interface can be used to best enable each group of users to interact with a given interface through multi-tasking techniques as afforded by the 3D placement of independent sound objects.

## 7.1 Empirical Measure of Efficiency

Having multiple sources of audio may be distracting for a user, so evaluation on the number of voices a user can focus on, what types of information are best presented to the user, and the optimal time locality of notifications are all metrics of interest for this interface. Search and navigation within this type of interface becomes an interesting research topic. How can a user query information audibly. Systems, such as Apples Siri and Google Voice attempt to provide an interface for general query and answer interactions, but how can a system be built to allow for in-depth querying of content in a spatial manner? Should context be provided to search or should the system only search the locality around the user?

Formally, we are interested in three aspects of binaural interfaces which can be used to quantify their efficiency for the target users.

### 7.1.1 Proposed Next Steps

Most importantly, the next major focus should be on quantifying the benefits of this type of interface. Metrics on goal completion on tasks in a 3D space as compared to regular interfaces as well as throughput as measured by multi-task capacity would assist in understanding the efficacy of this system. Finally, researching the ability of 3D audio to help users remember information by providing a tangible dimension to their information processing can lead to insights on the benefits these types of systems can have for their user bases.

The most important question we pose looks at the ability of these interfaces to reduce the users cognitive load. We describe auditory interfaces whose conceptual model maps interface elements into a 3D audio space. The hypothesis is that the extra dimension in the audio can reduce the users cognitive load. As binaural interfaces are built, one goal is to explore the features that allow audio and directionality to reduce the cognitive load for the user. As these 3D interfaces provide information to the user in terms of spatial attenuation and audio feedback, we can begin to explore the added benefits these new features have on improving both the users comprehension of content presented to them and their efficiency with interacting with the systems as they provide users with cues to assist recall of information.

We then shift our focus to the role of audio in interface design. Because of sound's transient properties, its ability to portray or navigate through interfaces elements changes. More importantly, audible interfaces provide an alternate mode of access to computers whenever a users visual focus is unavailable. Visual focus can be unavailable for a number of reasons, such as when users are driving, using hand-held devices while engaged in other physical activities that command visual attention, or even as a result of physical disabilities [22]. We are interested in understanding how a user's interaction with sound can quantitatively be used to more efficiently accomplish tasks in different scenarios.

Coupling 3D audio interfaces with intelligent agents driving notifications presents the next question. Future work should quantify the efficiency different types of intelligent agent models have when coupled with auditory interfaces as measured by a user's ability to multi-task, context switch, navigate through their content.

Finally, we will explore the decision making processes within each scope of intelligent agent and audio scheme. With each type of stimuli or notification, there is a stochastic decision that must be made regarding both the best manner and the proper time to alert the user. Future work can begin to explore how these trade offs present themselves in the auditory domain. Human computer interaction has very well established guidelines and methods for evaluating graphic interfaces. There are over 13 commonly accepted design principles encompassing many facets of visual perception and information processing [34]. Expanding on this research in the auditory domain with empirical studies on user satisfaction using these measures is the first step in understanding the potential for 3D interfaces.

# Conclusions

The lack of adoption of 3D audio as a primary interface is often attributed to a number of factors in the literature. Prior research in psychology has shown that humans base much of their communication on gestures, nuance, and inflection [31]. As a result of modern speech synthesizer's inability to communicate using these components, existing systems are often perceived as ineffective or poor communicators. Audible interfaces that are not based purely on speech, but complement other sensation modals, focusing on other kinds of non-communication based sounds have experienced more promising results (as is often demonstrated with games and movies) [31].

When using sound as a communication medium to interact with humans, certain factors need to be considered due to humans sensitivity to sound. An interface designed around audio must understand the psychological basis for tone, nuance, and inflections when portraying information to a subject. Humans have no choice but to follow an auditory patterning as long as it does not consist of too much distortion in the sense of noise pollution. Humans inability to ignore most sound plays an important role when creating an interface based primarily on sound to avoid user frustration.

We have explored these psychological effects and explored the background research needed to create four different patterns of interfaces. Much of our society is driven by information. Armed with devices that are constantly connected, the current generation of technology has the potential to communicate massive amounts of information, everything from weather forecasts and traffic conditions, to neighboring attractions, restaurant schedules, store specials, even to the location and discoveries of our friends. Fields of research have explored how to best communicate constantly changing information to interested parties at the appropriate time. With the influx of mobile devices that provide an always on channel, research has explored the effect disruptions have on a multitasking computing environment. The goal of much of this research has been to study how relevant and correct information can be efficiently delivered to a user in a manner that does not distract from their current tasks [21].

We have presented a survey of the prior research and posed necessary research

questions that should be explored when designing an interface that uses 3D audio to place sound around a user on any device. Such an interface could leverage techniques in binaural audio, artificial intelligence, and human computer interaction to provide users with an immersive environment to interact with their technology. This interaction would be useful, both as a tool for enabling blind users, augmenting the capabilities of non-handicapped individuals, and as an approach to test spatial layout of information for humans when interacting with machines.

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