

WIGGLE IT
WAGGLE IT
MOVE IT
GROOVE IT
JUST DON'T
SIT ON IT

on your
feet
Canada

YOUR WORKPLACE CHAMPION FOR
ON YOUR FEET CANADA

WILL BE ORGANIZING A

ON THE

COME ALONG AND JOIN THE FIRST
NATIONAL CHALLENGE TO GET CANADA STANDING

#SITLESS #MOVEMORE

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Event
Organizer

In Association
With

