## WIGGLE IT WAGGLE IT MOVE IT GROOVE IT JUST DON'T SIT ON IT



YOUR WORKPLACE CHAMPION FOR ON YOUR FEET BRITAIN

**WILL BE ORGANISING A** 

**ON THE** 

COME ALONG AND JOIN THE SECOND
NATIONAL CHALLENGE TO GET BRITAIN STANDING

**#SITLESS #MOVEMORE** 

<sup>®</sup>Active Working C.I.C, registered in England and Wales (09154581)

Event Organiser





