

on your
feet
Canada

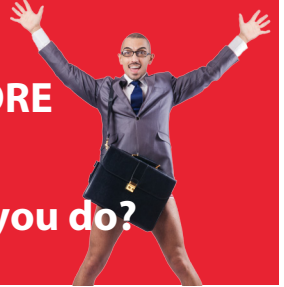
Sedentary behaviour?
strictly prohibited
in our office today

Organisers

In Association With



#SITLESS
#MOVEMORE
#OYF
What will you do?



 getcanadastanding.org  [@getCANstanding](https://twitter.com/getCANstanding)  [Get-Canada-Standing](https://www.facebook.com/Get-Canada-Standing)

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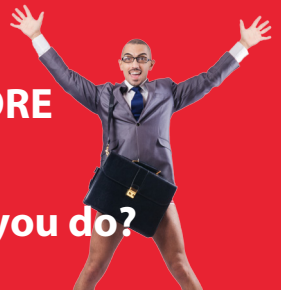
Get ready **you're next** to
get up offa that thing

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I am doing
standing time

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Canada