



**WE WIGGLED IT. WE WAGGLED IT.
WE MOVED IT. WE GROOVED IT.
BUT WE DIDN'T SIT ON IT.**

Name

.....

Workplace

.....

What we did

.....

What we will do in future

.....

On Your Feet Northern Ireland

29 April 2016

In Association
With

#SITLESS #MOVEMORE

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