

WIGGLE IT WAGGLE IT JUST DON'T SIT ON IT.

on your
feet
Britain

Make more of your donation. Gift Aid it.

WHAT IS GIFT AID?

The UK Government allows charities to claim back tax on donations. This is called Gift Aid and it lets us reclaim the basic rate of tax on your gift – that's 25p for every £1 you give.

Gift Aid is great because it means charities like the British Heart Foundation get extra money added to your donations at no extra cost to you.

HOW TO GIFT AID YOUR DONATION

Gift Aid turns every £1 raised into £1.25.

If your friends, family or workmates are UK taxpayers, always ask them to Gift Aid their donations. By reclaiming tax on the money they give, every £1 raised is worth £1.25 – and it doesn't cost them a penny extra.

Remind them to fill in their full name, home address and postcode, and then tick the Gift Aid box overleaf. It's really important they use their home address and it's all in their own handwriting.

YOUR MONEY MAKES A DIFFERENCE

Our lifesaving heart research relies on the funds raised by amazing people like you.

£50 could fund two of our promising young scientists for an hour, as they work to find new ways to diagnose, prevent, treat and cure heart disease.

£100 could buy a year's worth of calibrated pipettes so our researchers can measure liquid precisely in the lab as part of a vital research project.

£231 will provide the proteins and amino acid 'building blocks' needed to help scientists build new working heart tissue, as part of a lifesaving research project.

Official Charity Partner



Make more of your donation. Gift Aid it.

Thank you for your donation. Please fill in the form with the amount you're giving and your home address. If you're a UK tax payer, please tick the Gift Aid box and each £1 you donate will be worth 25p more.

FUNDRAISER DETAILS

Full name:

Name of event:

Address:

Postcode: Phone:

Email:

Full name	Home address	Postcode	Gift aid*	Sponsorship total	Date paid	Hear more from BHF**
Joe Bloggs	My house, my street, my town	S W 1 8 4 L W	✓	£ 20·00	26/06/15	✓
				£ .		
				£ .		
				£ .		
				£ .		
				£ .		
				£ .		
				£ .		
				£ .		
Joe Bloggs	81 Sloane Road, Ruislip	N W 2 7 A B	✓	£ 25·00	06/02/15	✓
				£ .		
				£ .		
				£ .		
				£ .		
				£ .		
				£ .		

Total

Need another form?

Download more at onyourfeet.org.uk

* If I have ticked the box headed 'Gift Aid', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity or Community Amateur Sports Club (CASC) named above to reclaim tax on the donation detailed above, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

** Please tick in the 'Hear more from BHF' column if you would like to hear from us by post.

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PLEASE SEND YOUR COMPLETED FORM TO:

On Your Feet Britain, British Heart Foundation,
Lyndon Place, 2096 Coventry Road, Sheldon, B26 3YU

Make cheques payable to British Heart Foundation.
Please don't send cash in the post.