

**WIGGLE IT  
WAGGLE IT  
TWERK IT  
WORK IT  
JUST DON'T  
SIT ON IT.**

on your  
**feet**  
Britain

**YOUR WORKPLACE CHAMPION FOR  
ON YOUR FEET BRITAIN**

**WILL BE ORGANISING A**

**ON THE**

**COME ALONG AND JOIN THE FIRST NATIONAL  
CHALLENGE TO GET BRITAIN STANDING**

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FRA  
FundRaising  
Standards Board  
give with confidence



Official Charity Partner

